

**THE ANNUAL QUALITY ASSURANCE  
REPORT OF THE IQAC  
2014-15**

Submitted to  
**National Assessment and Accreditation Council  
Bangalore**



**Sri Ramakrishna Mission Vidyalaya  
Maruthi College of Physical Education  
(Accredited with 'B<sup>++</sup>' Grade by NAAC)  
(Autonomous and Affiliated to Tamil Nadu Physical  
Education and Sports University, Chennai)  
Coimbatore – 641 020**

# The Annual Quality Assurance Report (AQAR) of the IQAC

## Part – A

**AQAR for the year**

2014-2015

### 1. Details of the Institution

**1.1 Name of the Institution**

Sri Ramakrishna Mission Vidyalaya  
Maruthi College of Physical Education

**1.2 Address Line 1**

Periyanaickenpalayam

**Address Line 2**

Sri Ramakrishna Vidyalaya (Post)

**City/Town**

Coimbatore

**State**

Tamilnadu

**Pin Code**

641 020

**Institution e-mail address**

rmmcpe@gmail.com

**Contact Nos.**

0422-2692443

**Name of the Head of the Institution:**

Dr. Ch. VST. Saikumar

**Tel. No. with STD Code:**

0422-2692443

**Mobile:**

9443294170

**Name of the IQAC Co-ordinator:**

**Mobile:**

**IQAC e-mail address:**

**1.3 NAAC Track ID**

**1.4 NAAC Executive Committee No. & Date:**

**1.5 Website address:**

**Web-link of the AQAR:**

**1.6 Accreditation Details**

Sl. No.	Cycle	Grade	CGPA	Year of Accreditation	Validity Period
1	1 <sup>st</sup> Cycle	B++	8.1	2006	2006 to 2011
2	2 <sup>nd</sup> Cycle				
3	3 <sup>rd</sup> Cycle				
4	4 <sup>th</sup> Cycle				

**1.7 Date of Establishment of IQAC:**

**1.8 AQAR for the year:**

**1.9 Details of the previous year's AQAR submitted to NAAC after the latest Assessment and Accreditation by NAAC**

- i. AQAR 2010-2011 submitted to NAAC on
  - ii. AQAR 2011-2012 submitted to NAAC on
  - iii. AQAR 2012-2013 submitted to NAAC on
  - iv. AQAR 2013-2014 submitted to NAAC on (online submission)
- } 16.05.2015

- v. AQAR 2014-2015 submitted to NAAC on 17.07.2015 (online submission)

### 1.10 Institutional Status

**University** State  Central  Deemed  Private

**Affiliated College** Yes  No

**Constituent College** Yes  No

**Autonomous college of UGC** Yes  No

**Regulatory Agency approved Institution** Yes  No

(eg. AICTE, BCI, MCI, PCI, NCI)

**Type of Institution** Co-education  Men  Women

Urban  Rural  Tribal

**Financial Status** Grant-in-aid  UGC 2(f)  UGC 12B

Grant-in-aid + Self Financing  Totally Self-financing

### 1.11 Type of Faculty/Programme

Arts  Science  Commerce  Law  PEI (Phys Edu)

TEI (Edu)  Engineering  Health Science  Management

Others (Specify)

### 1.12 Name of the Affiliating University (*for the Colleges*)

TAMIL NADU PHYSICAL EDUCATION  
AND SPORTS UNIVERSITY, CHENNAI

### 1.13 Special status conferred by Central/ State Government- UGC/CSIR/DST/DBT/ICMR etc

**Autonomy by State/Central Govt. / University**

University with Potential for Excellence  UGC-CPE

DST Star Scheme	<input type="text"/>	UGC-CE	<input type="text"/>
UGC-Special Assistance Programme	<input type="text"/>	DST-FIST	<input type="text"/>
UGC-Innovative PG programmes	<input type="text"/>	<b>Any other (Specify)</b>	<input type="text"/>
UGC-COP Programmes	<input type="text"/>		

## **2. IQAC Composition and Activities**

<b>2.1 No. of Teachers</b>	<input type="text" value="6"/>
<b>2.2 No. of Administrative/Technical staff</b>	<input type="text" value="2"/>
<b>2.3 No. of students</b>	<input type="text" value="1"/>
<b>2.4 No. of Management representatives</b>	<input type="text" value="1"/>
<b>2.5 No. of Alumni</b>	<input type="text" value="5"/>
<b>2.6 No. of any other stakeholder and community representatives</b>	<input type="text" value="2"/>
<b>2.7 No. of Employers/ Industrialists</b>	<input type="text" value="1"/>
<b>2.8 No. of other External Experts</b>	<input type="text" value="1"/>
<b>2.9 Total No. of members</b>	<input type="text" value="18"/>
<b>2.10 No. of IQAC meetings held</b>	<input type="text" value="4"/>

**2.11 No. of meetings with various stakeholders:**

No.	<input type="text" value="50"/>	Faculty	<input type="text" value="23"/>
Non-Teaching Staff	<input type="text" value="10"/>	Students	
Alumni	<input type="text" value="2"/>	Others	<input type="text" value="15"/>

**2.12 Has IQAC received any funding from UGC during the year?** Yes  No

If yes, mention the amount

## 2.13 Seminars and Conferences (only quality related)

(i) No. of Seminars/Conferences/ Workshops/Symposia organized by the IQAC

Total Nos.  International  National  State  Institution Level

### (ii) Themes

1. Our college organized UGC Sponsored National Seminar on ‘The Role of Sports Sciences in Achieving Human Excellence’, during 13th & 14th March, 2015 at GKD Auditorium. A total number of 120 delegates from outside participated in the seminar.

2. State level workshop cum referee examination in ‘Throwball’ was conducted by our college on 03rd and 4th September, 2014. The total numbers of participants are given below:

S. No	Name of the Institution	No. of students participated
1	Maruthi College	67
2	Vivekananda Univ. GAPEY	52
3	Avinashilingam University	63
4	Others	23
<b>Total</b>		<b>205</b>

3. State level workshop cum referee examination in ‘Athletics’ was conducted by our college on 19.12.2014 & 20.12.2014. Particulars of the participants are given below:

S. No	Name of the Institution	No. of students participated
1.	Maruthi College	100
2.	Vivekananda Univ. GAPEY	45
3.	Sarada College, Salem	06
4.	Others	07
<b>Total</b>		<b>158</b>

## 2.14 Significant Activities and contributions made by IQAC

The following activities are proposed and implemented at regular IQAC meetings:

- The academic programmes and related activities ensure that students who graduate from the institution are committed citizens and leaders ready to participate in building stronger communities and society.
- Expand the intellectual capacity of the students of various academic programmes, recent developments in subjects are offered to them.
- Introduction of employable and need based career oriented courses in our regular curriculum.
- Imparting to the students the value proven human relations.
- Skill improvement through curriculum guidance.
- Our college is pursuing qualitative research programmes in M.Phil., and Ph.D.,

- Individual project for PG students is compulsory.
- High definition appliances are used to make teaching-learning more effective.
- Research promotion and quality Publication are done through Research and Publication Council”.
- Workshops, seminars and research programmes are conducted by our teachers.
- Leadership and soft skills training programme and community integrated play festival are being carried out by our institution and also multifaceted extension activities are undertaken. Students’ participation in these activities is subject to evaluation.
- Our course of study includes internships, projects, field visits, seminars etc. Modernized up-to-date retrieval facilitated library, internet access, and various associations for the development of students.
- Research aspirants are invited for the consultancy.
- M.Phil., and Ph.D., with multi specialized subjects guidance are given by our teachers to part-time scholars of Tamil Nadu physical education and Sports University and other universities.
- Promotion of minor and major UGC/DRDO/other projects.
- Value education is imparted to the students.
- An extensive informative exhibition is displayed to public on RAMAKRISHNA PARAMAHAMSA’S BIRTHDAY celebrations (Gurupuja) and our college participation is an appreciable contribution in this event.
- Computer training is given to teaching and non-teaching staff of our college.

### 2.15 Plan of Action by IQAC/Outcome

- The plan of action and action taken are chalked out by quarterly wise from the beginning of the year to the end of the year (2014-2015) is tabulated as **Annexure - I**
- The plan of action and the outcome achieved by the year 2014-2015 consolidated report had been attached as **Annexure - II**
- The Academic Calendar 2014-2015 had been attached as **Annexure - III**

2.16 Whether the AQAR was placed in statutory body      Yes       No   
    Management       Syndicate       Any other body

Provide the details of the action taken

- All the staff members are prime contributors for the IQAC functioning. Their views, opinions and suggestions are the nucleus of the IQAC organization.
- Every staff meeting agenda is given importance to the IQAC agenda discussion.

- All the staff members reveal their feedback and suggestions to enhance the quality of the IQAC.
- The proposals and reviews discussed in the staff meeting are placed in the College Committee, Academic Council, Board of Studies and Finance Committee.
- Any directions given by the above statutory bodies are executed to revise the IQAC plan and implementation progression.
- Finally executable plan draft of IQAC is placed before Governing Body for its successful implementation.

## Part – B

### Criterion – I

#### 1. Curricular Aspects

##### 1.1 Details about Academic Programmes

Level of the Programme	Number of existing Programmes	Number of programmes added during the year	Number of self-financing programmes	Number of value added / Career Oriented programmes
PhD(Full Time)	1	1		
PG	1			
UG	1			
PG Diploma				
Advanced Diploma				
Diploma				
Certificate	5		5	
Others (M.Phil.,)	1			
<b>Total</b>	<b>09</b>	<b>1</b>	<b>5</b>	

##### 1.2 (i) Flexibility of the Curriculum: CBCS/Core/Elective option / Open options

###### (ii) Pattern of programmes:

Pattern	Number of programmes
Semester	3
Trimester	-
Annual	-

1.3 Feedback from stakeholders\* Alumni  Parents  Employers  Students   
(On all aspects)

Mode of feedback : Online  Manual  Co-operating schools (for PEI)

\* Analysis of the feedback enclosed in the Annexure - IV



**1.4 Whether there is any revision/update of regulation or syllabi, if yes, mention their salient aspects.**

Yes. There is a regular revision/update of syllabi every year. For details refer Annexure - V

**1.5 Any new Department/Centre introduced during the year. If yes, give details.**

-

**Criterion – II**

**2. Teaching, Learning and Evaluation**

<b>2.1 Total No. of permanent faculty</b>	<b>Total</b>	<b>Asst. Professors</b>	<b>Associate Professors</b>	<b>Professors</b>	<b>Others</b>
	5	2	1	1	1

**2.2 No. of permanent faculty with Ph.D.** 3

<b>2.3 No. of Faculty Positions Recruited (R) and Vacant (V) during the year</b>	<b>Asst. Professors</b>		<b>Associate Professors</b>		<b>Professors</b>		<b>Others</b>		<b>Total</b>	
	R	V	R	V	R	V	R	V	R	V
		5								

**2.4 No. of Guest and Visiting faculty and Temporary faculty** 0 1 1

**2.5 Faculty participation in conferences and symposia:**

<b>No. of Faculty</b>	<b>International level</b>	<b>National level</b>	<b>State level</b>
Attended	1	87	49
Presented papers	1	25	-
Resource Persons	-	7	9

## 2.6 Innovative processes adopted by the institution in Teaching and Learning:

### INNOVATIONS IN TEACHING-LEARNING

#### TEACHING

- With the help of modern teaching aids, teaching and learning became more understandable and fulfil the present needs of the students.
- The feedback from the subject teachers, students, evaluators and other stake holders inferred that the students are able to get the depth of the course content, satisfied towards the coverage of the course, satisfied towards delivering lectures by the faculty, students are able to apply the knowledge at their work place/real time situations in a best manner, students liked the environment of the institution and infrastructure and gained communication skills, behavioural skills and level of confidence.
- In teaching the theory subjects, all the teachers are encouraged to prepare e-techniques to improve the attention span of the students and also concentration levels.
- While teaching the practical, our staff members make use of the following teaching aids to make the classes more interesting and effective:

S. No.	Name of the game	Name of the teaching aid
01	Ball badminton Wall practice	stroke targets
02	Basketball Shooting for accuracy	Basketball Shooting for accuracy
03	Cricket	Batting: Hanging balls, bowling machine Bowling: Bowling accuracy, bowling high arm action marker Fielding: Uneven catching, throwing in to the net, throwing for accuracy
014	Football	Rebound board, Accuracy ring, Hanging ball to improve Heading, Dodging, stick, cones, mini goals.
05	Handball	Rebound board, Shooting ring
06	Hockey	Hitting and stopping, rebounder board, Dribbling and dodging: dribbling around the cones, Scooping: scooping ring, shooting: shooting target, Passing: passing accuracy
07	Kabaddi	Escaping bar, raiders kicking the ball and touching Indian clubs

08	Kho-Kho	Chasing: Frame kho, Pole dive: Nail board, pole dive and touching the banging ball, Dive: reach dive (horizontal and vertical), dive and touch the hanging ball
09	Shuttle badminton	Hitting for accuracy, serving for accuracy, targets for various strokes
10	Table Tennis	Table tennis ball feeding machine, strokes target
11	Tennis	Tennis ball feeding machine, wall practice, targets for various strokes.
12	Throwball	Shooting for accuracy ring, Rebound wall
13	Volleyball	Over head pass ring, Under arm pass ring

### LEARNING

- Experienced learning is exercised through the external events i.e. visiting (High Level Sports Meets and Tournaments, advanced play surfaces and play courts)
- Knowledge thrust is fulfilled through National Information Consortia like Information and Library Network (INFLIBNET) and other open sources.
- Language laboratory for self learning
- Organizing class seminars and question relay for students
- Working models for all the games and track and field
- Models and charts for teaching theory subjects.
- In addition to the above all, our teachers are encouraged to prepare CD's of their game of specialization with the fundamental skills, drills and lead up games.

**2.7 Total No. of actual teaching days during this academic year**

200

**2.8 Examination/Evaluation Reforms initiated by the Institution (for example: Open Book Examination, Bar Coding, Double Valuation, Photocopy, Online Multiple Choice Questions)**

- Optical Mark Reader Evaluation System
- Centralized CIA test
- Double valuation for PG
- Transparency - supply of photocopy
- Online Examination and Evaluation
- Results through mobile and website
- Supplementary Examination
- Improvement Examination

2.9 No. of faculty members involved in curriculum restructuring/revision/syllabus development as member of Board of Study/Faculty/Curriculum Development workshop

0	1	1
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2.10 Average percentage of attendance of students

92%
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2.11 Course/Programme wise distribution of pass percentage :

Title of the Programme	Total no. of students appeared	Division				
		Distinction (%)	First Class (%)	Second Class (%)	Third Class (%)	Pass (%)
B.P.Ed.,	100	17%	83%	-	-	100%
M.P.Ed.,	18	24%	76%	-	-	100%
M.Phil.,	6	17%	83%	-	-	100%

2.12 How does IQAC Contribute/Monitor/Evaluate the Teaching & Learning processes:

- The IQAC of our institution contributes monitors and evaluates the Teaching and Learning processes by way of reviewing through the periodical faculty meetings.
- The outcomes of various proposals suggested in the IQAC are put in to practice for enhancing the quality of education system.
- The IQAC also decides on the modifications to be taken to improve and sustain the quality of our higher education.
- The IQAC extends its expertise by observing outside colleges and other corporate and government organizations.

2.13 Initiatives undertaken towards faculty development : 105

Faculty / Staff Development Programmes	Number of faculty benefitted
Refresher courses	1
UGC – Faculty Improvement Programme	88
HRD programmes	5
Orientation programmes	2
Faculty exchange programme	5
Staff training conducted by the university	-
Staff training conducted by other institutions	2
Summer / Winter schools, Workshops, etc.	2
Others	-

## 2.14 Details of Administrative and Technical staff

Category	Number of Permanent Employees	Number of Vacant Positions	Number of permanent positions filled during the Year	Number of positions filled temporarily
Administrative Staff	4	2	-	2
Technical Staff	6	3	-	3

## Details of Administrative and Technical staff (Unaided)

Category	Number of Permanent Employees	Number of Vacant Positions	Number of permanent positions filled during the Year	Number of positions filled temporarily
Administrative Staff	5			
Technical Staff	3			3

## Criterion – III

### 3. Research, Consultancy and Extension

#### 3.1 Initiatives of the IQAC in Sensitizing/Promoting Research Climate in the institution

- The IQAC meets regularly to discuss various plans to promote research climate and motivate the faculty for academic advancement. Through the research equipments, quality of research is enhanced.
- The full fledged research centre working since 6.2.2014 is anchored for extending our research facilities to the other institutions and research scholars by collecting nominal charges towards the maintenance cost of the equipment.
- IQAC of the institution encourages the staff members to undertake major and minor research projects and to organize and to participate in the seminars, workshops and conferences, etc.,
- The staff and students are given proper guidance to avail the fellowships offered by various funding agencies for research.
- Staff and Students are encouraged to undertake research activities.

### 3.2 Details regarding major projects

	Completed	Ongoing	Sanctioned	Submitted
Number	-	Second and final instalment to be received from UGC	1	-
Outlay in Rs. Lakhs		6,93,000.00		

### 3.3 Details regarding minor projects

	Completed	Ongoing	Sanctioned	Submitted
Number	1	-	1	1
Outlay in Rs. Lakhs	70,000.00			

### 3.4 Details on research publications (Refer Annexure – VI & VII)

	International	National	Others
Peer Review Journals	9	10	-
Non-Peer Review Journals	-	-	-
e-Journals	-	-	-
Conference proceedings	-	26	-

### 3.5 Details on Impact factor of publications:

Range  Average  h-index  Nos. in SCOPUS

### 3.6 Research funds sanctioned and received from various funding agencies, industry and other organisations - Nil

3.7 No. of books published i) With ISBN No.  Chapters in Edited Books

ii) Without ISBN No.

### 3.8 No. of University Departments receiving funds from

UGC-SAP  CAS  DST-FIST   
DPE  DBT Scheme/funds

### 3.9 For colleges

Autonomy  CPE  DBT Star Scheme   
INSPIRE  CE  Any Other (specify)

3.10 Revenue generated through consultancy

Rs.78,950.00

3.11 No. of conferences organized by the Institution

Level	International	National	State	University	College
Number	-	1	2 (workshops)	-	-
Sponsoring agencies	-	UGC	Management	-	-

3.12 No. of faculty served as experts, chairpersons or resource persons

16

3.13 No. of collaborations

International

-

National

-

Any other

3

3.14 No. of linkages created during this year

1

3.15 Total budget for research for current year in lakhs :

From Funding agency

Rs.12,54,146.00

From Management of University/College

Rs.3,33,299.00

Total

Rs.15,87,445.00

3.16 No. of patents received this year: Nil

3.17 No. of research awards/ recognitions received by faculty and research fellows  
Of the institute in the year: Nil

3.18 No. of faculty from the Institution who are Ph. D. Guides and students registered under them

4

20

3.19 No. of Ph.Ds awarded by faculty from the Institution

4

3.20 No. of Research scholars receiving the Fellowships (Newly enrolled + existing ones)

JRF

SRF

Project Fellows

Any other

3.21 No. of students Participated in NSS events: Not Applicable

**3.22 No. of students participated in NCC events: Not Applicable**

**3.23 No. of Awards won in NSS: Not Applicable**

**3.24 No. of Awards won in NCC: Not Applicable**

**3.25 No. of Extension activities organized**

University forum	<input type="text"/>	College forum	<input type="text" value="8"/>		
NCC	<input type="text"/>	NSS	<input type="text"/>	Any other	<input type="text"/>

**3.26 Major Activities during the year in the sphere of extension activities and Institutional Social Responsibility**

- The college encourages the faculty and students to take up various activities relating to extension and social responsibilities.
- Apart from the regular work, all of our faculty and students actively took part in various social activities like “Swachh Bharath”, National Unity day, Independence Day and Republic Day, rural coaching, play festival for rural based elementary schools to create awareness on fitness and wellness, national integration, yoga and spirituality.
- As a part of ‘Swachh Bharat’, Sri Ramakrishna Mission Vidyalaya Maruthi College of Physical Education, has taken up the responsibility of cleaning and maintaining the Periyanaickenpalayam Railway Station on 06.11.2014. Around 170 students and 15 staff members of Maruthi College took part in cleaning the railway station. In this inaugural function, Swami Nirmaleshanandaji Maharaj, Assistant Secretary, Sri Ramakrishna Mission Vidyalaya, Dr. Ch.VST. Saikumar, Principal & Secretary, Maruthi College of Physical Education, Sri Prakash Mohan, Chief Commercial Inspector, Sri S. Ramanathan, President Periyanaickenpalayam Railway Passengers Association, Sri S. Ramajothi, Secretary, Periyanaickenpalayam Railway Passengers Association took part. Then the ‘Swachh Bharat’ was continued with our college students and staff in cleaning the Periyanaickenpalayam Railway Station on 12.12.2014 , 26.12.2014, and 17.03.2015.
- In commemoration of Sardar Vallabai Patel’s birth anniversary on 31.10.2014, National Unity Day was observed by our college staff and students and took pledge for India’s Unity, Integrity and Security.
- Our alumni association conducted workshops and training classes for the benefit of physical education teachers of various schools.
- The college ensures the involvement of the staff and students in its outreach activities such as Blood Donation camps, Anti-Ragging Campaign, Awareness, Road Safety Awareness, Anti-Tobacco Awareness, Voters’campaigns, Swine Flu prevention awareness campaigns and contributes to the community development through various co-curricular forums and the Alumni association.
- Parents association and Alumni association offer constructive suggestions regarding outreach programmes.



## Criterion – IV

### 4. Infrastructure and Learning Resources

#### 4.1 Details of increase in infrastructure facilities:

Facilities	Existing	Newly created	Source of Fund	Total
Campus area	11,735.26 (sq.mts.)			
Class rooms	7			7
Laboratories	8			8
Seminar Halls	2	-		2
No. of important equipments purchased ( $\geq$ 1-0 lakh) during the current year.	2	3	UGC Grant, UGC Grant (MRP), UGC Autonomy and Equipment Grant	5
Value of the equipment purchased during the year (Rs. in Lakhs)	21,84,751.00	1,303,388.00	UGC Grant, UGC Grant (MRP), UGC Autonomy and Equipment Grant and Examination fee fund	34,88,139.00
Others				

Important equipments purchased ( $\geq$  1-0 lakh) during the current year.

S.No	Name of the Equipment	Qty	Amount
1	Trampoline (16' x 19')	1	3,28,320.00
2	Badminton Robot	1	1,97,600.00
3	Core I 3 computer system with all accessories	6	1,58,400.00
	<b>Total</b>	<b>8</b>	<b>6,84,320.00</b>

#### 4.2 Computerization of administration and library

##### Computerization of administration

Our college is following partial e-governance with below mentioned applications:

- College administrative activities have been computerised.

- e-search has been provided to all staff and students.
- College activities are uploaded in our college website.
- e-learning content development programme is initiated.
- Institutional repository is updated.

### Computerization of library

The following Integrated Library Management Activities are computerized:

- e - Stack of Books and Journals.
- Books Issue and Return is computerized.
- Student's entry is registered through e-Gate Register.
- e-search is facilitated for in-house materials through OPAC (Online Public Access Catalogue).
- Books are marked with Barcode Label.
- Students can register their entry through Barcode reader.
- e-Resources are referred through digital library.
- e-Reference is provided through library e-mail ([infomcpelibrary@gmail.com](mailto:infomcpelibrary@gmail.com)).
- e-Bibliography compilation is followed.

### 4.3 Library services:

	Existing		Newly added		Total	
	No.	Value	No.	Value	No.	Value
Text Books	3935	4,68,806.00	536	31,589.00	4471	5,00,395.00
Reference Books	153	3,95,930.11	18	39,644.00	171	4,35,574.11
e-Books	-	-	-	-	-	-
Journals	-	-	12	87,171.00	12	87,171.00
e-Journals	-	-	-	-	-	-
Digital Database	01	5000.00	N-List	-	01	5000.00
CD & Video	203	4060.00	100	10,000.00	303	14,060.00
Others (specify)	-	-	-	-	-	-

\*N-LIST: National Library and Information Services Infrastructure for Scholarly Content

### 4.4 Technology up gradation (overall)

	Total Computers	Computer Labs	Internet	Browsing Centres	Computer Centres	Office	Departments	Others
Existing	30	1	3	2	1	4	7	4
Added	12	12	-	-	-	-	-	-
Total	42	13	3	2	1	4	7	4

#### 4.5 Computer, Internet access, training to teachers and students and any other programme for technology upgradation (Networking, e-Governance etc.)

- e-facilities are provided to our staff and students for teaching and learning and personal development.
- e-library consortium (INFLIBNET) is used by the staff and students for their research development.
- e-smart classes are in three numbers leveraging teaching more comprehensive.
- Regular computer training is provided to our staff and students in association with our Vidyalaya polytechnic college, IT faculty.

#### 4.6 Amount spent on maintenance in lakhs :

i) ICT	12,750.00
ii) Campus Infrastructure and facilities	21,53,609.00
iii) Equipments	13,03,388.00
iv) Others	3,54,068.00
<b>Total :</b>	<b>38,23,815.00</b>

### Criterion – V

## 5. Student Support and Progression

### 5.1 Contribution of IQAC in enhancing awareness about Student Support Services

- Stakeholders feedback and current needs of the students are presented in the IQAC meetings and college activities are also reformed and updated for the enhancement of the quality of the institution.
- IQAC creates awareness among the students about the students support services available in the institution.
- IQAC's contribution to the students betterment coincided with the motto of the IQAC's achievement without fear or favour.

### 5.2 Efforts made by the institution for tracking the progression

The institution monitors and ensures the achievements of the learning outcome through analysis of the tests, examination results and the pass percentage arrived in the Results Passing Board Meeting

**5.3 (a) Total Number of students**

UG	PG	Ph. D.	Others
100	50	6	7

(b) No. of students outside the state

5

(c) No. of international students

-

Men	No	%	Women	No	%

Last Year(2013-2014)						This Year(2014-2015)					
General	SC	ST	OBC	Physically Challenged	Total	General	SC	ST	OBC	Physically Challenged	Total
47	37	3	62	-	149	51	35	4	73	-	163

Demand ratio 1:4.67

Dropout % 1.23%

**5.4 Details of student support mechanism for coaching for competitive examinations (If any)**

UGC-NET coaching classes were conducted for our M.Phil and MPEd II year students from 10.12.2014 to 13.12.2014. Dr. P. Rajinikumar, Assistant Professor, Department of Exercise Physiology and Nutrition, Tamil Nadu Physical Education and Sports University, Chennai and Mrs. NS. Kothai, Assistant Professor, Department of Computer Application, Dr. MGR. Janaki College of Arts and Science for Women, Chennai. Mr. S. Viswanathan, Bharathidasan University, Trichy are the external resource persons.

No. of student beneficiaries

85

**5.5 No. of students qualified in these examinations**

NET	1	SET/SLET		GATE		CAT	
IAS/IPS etc		State PSC		UPSC		Others	

**5.6 Details of student counselling and career guidance**

- A separate 'Career guidance and counselling cell' is established with a staff in-charge and the students are encouraged to reveal their problems, and they were addressed suitably.
- As Students have to feel at home in our campus, class teachers are taking care of every student personally to solve their grievances.
- The institution has class-wise ward advisors for student support and mentoring.
- To improve the communication skills in English, our college included a paper on "Communication skills" in the curriculum as a supportive paper.
- Our college invites eminent human resource personnel from the reputed employment franchises to create awareness to the students how to face the interviews successfully.

- Low achievers are not left but due attention is given to improve them by conducting special classes in their weak areas.
- Placement Cell arrange campus interviews by inviting various resourceful bodies for placement of the students.
- Through the students welfare association, the students are encouraged to exhibit their skills and talents through various activities.
- Tutor ward meetings are conducted for the guidance and counselling.
- Students are encouraged to publish their articles, poems and drawings in the college magazine.

No. of students benefitted

147

### 5.7 Details of campus placement

On campus			Off Campus	No. of Students opted for Higher Studies
Number of Organizations Visited	Number of Students Participated	Number of Students Placed	Number of Students Placed	
16	123	52	28	43

### 5.8 Details of gender sensitization programmes

Not Applicable

### 5.9 Students Activities

#### 5.9.1 No. of students participated in Sports, Games and other events

State/ University level

42

National level

1

International level

-

No. of students participated in cultural events

State/ University level

National level

International level

### 5.9.2 No. of medals /awards won by students in Sports, Games and other events

Sports: State/ University level  National level  International level

Cultural: State/ University level  National level  International level

### 5.10 Scholarships and Financial Support

	Number of students	Amount
Financial support from institution	15	3,00,000.00
Financial support from government	73	7,22,350.00
Financial support from other sources		-
Number of students who received International/ National recognitions	-	-

### 5.11 Student organised / initiatives

Fairs : State/ University level  National level  International level

Exhibition: State/ University level  National level  International level

5.12 No. of social initiatives undertaken by the students

### 5.13 Major grievances of students (if any) redressed:

- Spoken English coaching
- Arrangements of computer classes
- Providing pure water by installing water doctors.
- Providing internet facilities at our library.
- Facilitating physical education institutions visit

## Criterion – VI

## 6. Governance, Leadership and Management

### 6.1 State the Vision and Mission of the institution

#### VISION

The vision of the college is to provide personal, intellectual and professional growth of its students and staff and to produce an ideal physical education teacher with emphasis on man making and character building education.

## MISSION

- Preparing physical education teachers of highest caliber both in theory and practical.
- Aspiring for global standards of quality teaching, research and publication and commitment to service to the community.
- Imbibing Indian cultural values and work ethics in the minds of student teachers.

### 6.2 Does the Institution has a management Information System

Yes. The Institution has a well established management Information System with the software ICAS (Integrated College Administrative Software).

- Administrative procedures including finance
- Class Time table
- Generating Transfer Certificate and Course Efficiency Certificate
- Student admission
  - Registration
  - Generating selection list and waiting list
  - Students name and address list
- Student attendance
- Consolidated attendance list
- Attendance defaulters list
- Evaluation and examination procedures
- Generating examination time table
  - Entry of internal assessment marks
  - Generating odd and even semester mark sheets
  - Online publication of results
- Research activities
  - Research scholars' admission details
  - Research topics database formation
- Others
  - Students' feedback
  - Teacher Appraisal Reports

### **6.3 Quality improvement strategies adopted by the institution for each of the following:**

#### **6.3.1 Curriculum Development**

- Many innovations in curriculum design and evaluation are carried out by the institution through experts and stakeholders.
- On the basis of students feedback too, new curriculum designed to support the industry-institution interactions.
- The syllabi reformation suggested by the National Council for Teacher Education (NCTE) and expert bodies like Tamilnadu State Council for Higher Education (TANSCHÉ) are taken into consideration.
- Curriculum construction is based on the job market competency.
- Choice Based Credit System (CBCS) is made effective by providing many courses in allied and non major subjects.
- All the courses are designed to increase the employability skills of the students. The following career oriented courses are offered: Aerobics, Fitness, Kalaripayattu, Tennis and Yoga

#### **6.3.2 Teaching and Learning**

- Traditional teaching and learning of all courses are transformed into the student centric.
- The computer aided teaching and learning is central point of our teaching and learning methods.
- Faculty members submit their course plan for theory and practical which are reviewed by IQAC with the assistance of external experts.
- Faculty members prepare course materials for students self study.
- Our college provides extramural inputs to develop the professional skill experts' interaction and experiential learning.
- Teaching and learning process is moulded through feedback mechanism by evaluating the teaching and learning activities and reviews collected at the right times in an academic year helps to make necessary changes and to implement to ease the teaching and learning.
- Our faculty is potential and competent enough to make students ready to become an employable graduate.
- Library quality improvement initiatives increase the usage of library and digital library.
- Self study is motivated through compulsory library based assignments from books, journals, internet and skill convallescening library services.

#### **6.3.3 Examination and Evaluation**

- Our college follows even and odd semester examination systems.
- Students are informed about the evaluation processes in the students handbook and syllabus prepared by the IQAC.
- Online circulation of semester examination time table is available in our college website.
- Dummy number system is followed for the semester examinations.
- Internal Continuous Assessment Examination for all theory papers.
- Central valuation by external examiners



- Results are published through our college website.
- The declaration of results is done within the 15 days from the date of last examination.
- The question paper pattern is prepared with a view of our students should read and understand the subject knowledge by studying the subject thoroughly.
- Display of best answer scripts after the publication of results.
- Evaluation and feedback about question papers from students, faculty and evaluators are used for constant best performance monitoring and suggestions for improvement to the mentors.

#### **6.3.4 Research and Development**

- Our college “Research Centre” in Physical Education and Sports Sciences provides research scholars necessary inputs derived from national and international level.
- Our college has research committee consisting of inter faculty members to encourage and monitor research activities. Our research committee meets regularly to monitor the research progression and explores the new avenues in our discipline.
- Staff members are encouraged to avail, major and minor projects from University Grants Commission (UGC) development programme.
- Staff and students are encouraged to attend seminar and workshops pertaining to their specialised areas.
- To conduct advanced research, college provides latest research equipments.
- We are publishing a biannual research journal, known as ‘Journal of Physical Education and Sports Sciences’(JOPESS) with ISSN – 0976-6618.

#### **6.3.5 Library, ICT and physical infrastructure / instrumentation**

##### **Library infrastructure / instrumentation:**

Our library is well spaced internally to accommodate 100 students at a time an effective reading.

Display of new arrivals, paper clippings, informations frontline and state, national and international events are routine functions of our library.

Separate section is available to our research scholars for reference purpose.

A forefront **Integrated Library Management Automation System** is functioning for the following library services:

- e - Stack of Books and Journals.
- Issue of books and return is computerized.
- Students entry is registered through e-Gate Register.
- e-search is facilitated for in-house materials through OPAC (Online Public Access Catalogue).
- Books are marked with Barcode label.
- Students can register their entry through Barcode reader.
- e-Resources are referred through digital library.
- e-Reference is provided through library e-mail ([infomcpelibrary@gmail.com](mailto:infomcpelibrary@gmail.com)).
- e-Bibliography compilation is educated to User / Information literacy is followed.
- A new external hard disk is installed for library back up and repository purpose as follows:

S.No	Name of the Equipment	Qty	Amount	Account
1	2TB HDD External Hard disk	1	6,695.00	UGC Grant Account

- Literary orientation programme is organized for new users at the beginning of every year to ensure that users can make use of library resources and services to their own satisfaction and feel at home in the library and understand the competency of the library.

### ICT infrastructure / instrumentation:

Three class rooms are equipped with LCD projectors for modern teaching

A smart class room is available with latest interactive e-board

Our staff members are motivated to teach with power point presentations, instruction models and teaching aids.

To ensure the hi-fi status of our research centre every laboratory is fully equipped with modern research instruments.

**The following equipments are available in our research laboratories as follows:**

### Educational Technology Laboratory

S.No	Name of the Equipment	Qty	Amount	Account
1	Epson EBX03 Slide Projector	1	41,003.00	UGC Grant Account
2	Projector Screen wall mountable	1		
3	Optima DLP S316 LCD Projector	1	35,000.00	
4	Sony DSC H400 Digital Camera with 8GB SD Card	1	21,050.00	
5	LCD Projection Screen	1	5,100.00	
6	LCD Ceiling Kit	1	2,100.00	
7	Power Cable	1	600.00	
<b>Total</b>			<b>104853.00</b>	

### Computer and English language laboratory

S.No	Name of the Equipment	Qty	Amount	Account
1	Core I 3 System - Computer	2	57,000.00	English Language Lab(IQAC Account)
2	Core I 3 System - Computer	4	1,00,000.00	
3	Computer System Spares	1	3,000.00	

4	Core I 3 System - Computer	6	1,58,400.00	UGC Autonomy Grant Account
<b>Total</b>			<b>318400.00</b>	

### Physical infrastructure / instrumentation:

Our college exercises its efforts to elevate the physical infrastructures/instrumentation from mere teaching learning substratum to competition organizable base as follows:

- Standard Track and Field with drainage system (anti water logging system)
- Two Indoor synthetic tennis courts.
- Four Indoor badminton “Garbo Synthetic” courts with flood light facility.
- Table Tennis Hall
- Modernised Multi Stationed Gym
- Various complexes for all games
- Modernised Advanced Research Laboratories
- Computerised Administrative Block
- Air conditioned conference hall with modernized audio visual backup
- Hostel facility to accommodate more than 300 students

### Sport Equipments

S.No	Name of the Equipment	Qty	Amount	Account
1	Vinex Starting Block Olympic Mark IV	1	5,440.00	Sports Equipments (Equipment Grant 25 Lakhs)
2	Gold 100 (RBA-SO8 Senior Set for 8 PCS)	1 Set	674.50	
3	Super 200(RBP-SO8 Senior Set for 8 PCS)	1Set	313.50	
4	Classic (RBA-SO8 Senior Set for 8 PCS)	1 Set	642.20	
5	High Jump Stand Olympic New(HJS-A11)	1 Set	35,151.90	
6	Pole Vault Stand Aluminium Competition(PVSCPTA)	1 Set	47,401.20	
7	Vinex Cross Bar Fibhre Glass 4 Mts	1	2,670.45	
8	Vinex Cross Bar Fibhre Glass 4 Mts	1	2,968.75	
9	Pole Vault Box Competition(PVT-SS1)	1	8,778.00	
10	Weighted Sledge(Power Sied Pro)	1	2,633.40	
11	Agility Ladder Flat Fixed(Cloth Ladder 8 Mts)	1	1,109.60	
12	Training Hurdles-Stepsa (VTHST19PK12)	1 Set	285.00	
13	Football & Rugby Hurdles 6"	1	125.40	

14	Football & Rugby Hurdles 9"	1	133.95	Sports Equipments (Equipment Grant 25 Lakhs)	
15	Football & Rugby Hurdles 12"	1	150.10		
16	Football & Rugby Hurdles 16" BTH - 16E	1	174.80		
17	Football Coaching Kit(VFCK-100P12)	1 Set	3,260.40		
18	Football Coaching Kit(VFCK-100P15)	1 Set	3,667.95		
19	Multi-Physical Activity Set - Rubber (MPAS-6BR12P12C)	1 Set	2,602.00		
20	Economic Agility Training Hurdles (Cone15" with Holes)	10 Sets	6,963.50		
21	Football Passing Training Arcs(FPA-1320S10)	1 Set	1,987.40		
22	Football Passing Training Arcs Indoor/Outdoor(Passing Arc)	1 Set	3,830.40		
23	Cone 2" Concave Cut Set of 10(Cut Top Disc Cone)	5 Sets	2,821.50		
24	Speed Reaction Ball	10	807.50		
25	Coaching Clip Board-School Football (Score Board)	1	3,325.00		
26	Soccer Goal Steel Junior(SGP-STJ20)	1	3,385.80		
27	Gymnastic Spring Board Super	1	14,421.00		
28	Trampoline(16"X18")	1	3,28,320.00		
29	Gymnastic Mats Made of High Density(Polyurethane Form)	1	39,900.00		
30	Badminton Robot V-328	1	1,97,600.00		
31	Ball Carrying Cage-Club(VBCCG-C-100)	1	8,401.80		
32	Coaching Clipboard-School Hockey(Score Board)	1	3,325.00		
33	Hockey Goal Post-Foldable(HGP-S38)	1	3,553.00		
34	Kabaddi Inter Locking Flooring Mat	1	2,850.00		
35	Coaching Clipboard-School Volleyball	1	3,325.00		
36	Coaching Clipboard-School Basketball	1	3,325.00		
37	Coaching Clipboard-School Tennis(Score Board)	1	3,325.00		
38	Coaching Clipboard-School Cricket	1	3,325.00		
<b>Total</b>			<b>752735.00</b>		

### **Furniture's for Administrative Office, Conference Hall and Principal Room**

S.No	Name of the Equipment	Qty	Amount	Account
1	Table (5' X 2.5 X 2.5)	1	8,750.00	UGC Autonomy Grant Account
2	Table (4.5 X 2' X 2.5)	2	14,650.00	

3	All in copier Table (3'X2X2.5')	1	3,350.00	UGC Autonomy Grant Account	
4	Table(3'X2'X2.5')	2	6,700.00		
5	Web Chair	1	4,350.00		
6	Office Executive Chair	2	6,400.00		
7	Visitor Chair	2	6,400.00		
8	Executive Chair	2	2,750.00		
9	Chair	2	7,000.00		
10	File Rack (16' X 1.25 X 5.5')	1	1,90,050.00		
11	File Rack (10' X 1.25' X 2.5')	1			
12	Table Chair (5' X 8')	1			
13	Steel Sofa	2			
14	Table-Vessels Rack	1			
15	Table-Vessels Rack	1			
16	Voltas Air Conditioner (3Star)	1	43,500.00		
<b>Total</b>			<b>293900.00</b>		

#### Gymnasium cum Badminton Indoor Courts

S.No	Name of the Equipment	Qty	Amount	Account
1	Best Water Doctor Model Hima 5NC ABS	1	33,000.00	UGC Autonomy Grant Account

#### Controller of Examinations

S.No	Name of the Equipment	Qty	Amount	Account
1	HPLI1025 Color Printer	1	19,335.00	Examination Fee Fund Account
2	1TB External Hard disk	1	5,295.00	UGC Grant Account
<b>Total</b>			<b>24,630.00</b>	

## Administrative Block

S.No	Name of the Equipment	Qty	Amount	Account
1	HPLI1025 Color Printer	1	19,335.00	UGC Grant Account

### 6.3.6 Human Resource Management

- Our college is managing our human resources in a free and democratic manner.
- Our faculty members are provided with opportunities for personal, professional along with institutional growth.
- Our teaching and non-teaching members are encouraged to go for higher studies by providing necessary facilities.
- Teaching and non-teaching members' views on organizational developments are invited and studied thoroughly for the proper implementation.
- Our college latest sports infrastructures play facilities and relevant research facilities committed to upgrade our staff potential and student's skills development
- Our college is following creative pedagogy with the innovative ICT facilities.
- Our college students are provided with field practice and experience at schools, colleges, industries, government bodies and to the selected rural areas outside the campus which enables the sources to fit enough for their professional competency.
- Faculty members and students are provided with necessary facilities for the teaching learning innovations such as attending training externally, internship, field visit, attending seminars and workshops of national and international level.
- Staff and students achievements are recognized with appreciation and rewarding.

### 6.3.7 Faculty and Staff recruitment

The staff requirement is assessed on the basis of the students' strength, vacancies arising due to retirement and as per the workload norms prescribed by the government.

- The qualifications for teachers of various courses are prescribed by the UGC and the Government of Tamilnadu from time to time.
- The posts both for teaching and non-teaching in the aided stream are sanctioned by the Director of Collegiate Education based on the work load of the individual department submitted by the college.
- The posts are filled up following the Roster system as prescribed by the Directorate of Collegiate Education. Faculty members by a seven member selection committee.
- The selection of the candidates is then approved by the college committee. For unaided programmes, a five member selection committee comprising of two members from the Management, Principal, Administrative Officer, and Head of the concerned Department are involved in recruiting the candidate..

### 6.3.8 Industry Interaction/Collaboration

Our college is having Memorandum of Understanding (MOU) with the following organisations for the mutual benefit.

- Nanjappa fitness equipments, Coimbatore.
- Tamilnadu State Kho-Kho Association, Chennai.
- Levo Sports, Coimbatore.
- Tamilnadu State Amateur Kabaddi Association, Tiruppur.
- Tamilnadu Handball Association, Chennai.
- Tamilnadu Athletic Association, Chennai.
- RVS College of Physiotherapy, Coimbatore.
- KG College of Physiotherapy, Coimbatore.
- Tamilnadu State Forest Department, Coimbatore.

### 6.3.9 Admission of Students

- College admission committee is formed to plan and implement the strategies for the admissions.
- Our college admissions are done according to the norms prescribed by the Tamilnadu State Government and Tamilnadu Physical Education and Sports University. It is to be noted that management quota also filled on the basis of merit, no capitation fees is collected from the students.
- For our college admission, advertisement is given in all the regional dailies and also through college website and alumni. Our teaching staff visited various colleges and addressed the students to create an awareness about the physical education courses offered by our college.
- Every year a review meeting of the Admission Committee is held to ensure the improvement in admission process.

### 6.4 Welfare schemes for

Staff	Aided	Self Financing
Teaching	Group Insurance, campus Quarters and New Health Fund Scheme	Medi-claim, campus Quarters
Non Teaching	Group Insurance, campus Quarters and New Health Fund Scheme	Medi-claim, campus Quarters
Supportive Staff	Uniform, Group Insurance and Campus Quarters, New Health	Uniform , Group Insurance and

	Fund Scheme and Medical	Campus Quarters
Students	Sports Scholarship , Group insurance and medical services at our Vidyalaya charitable dispensary, Career counselling, sports scholarship, spiritual retreat ad youth convention	

**6.5 Total corpus fund generated**

**6.6 Whether annual financial audit has been done** Yes  No

**6.7 Whether Academic and Administrative Audit (AAA) has been done?**

Audit Type	External		Internal	
	Yes/No	Agency	Yes/No	Authority
Academic	Yes	Experts from other universities	Yes	Inter departmental
Administrative	Yes		Yes	Management Audit

**6.8 Does the University/ Autonomous College declares results within 30 days?**

For UG Programmes Yes  No

For PG Programmes Yes  No

**6.9 What efforts are made by the University/ Autonomous College for Examination Reforms?**

- Internal Board of Studies is convened to plan the examination and evaluation procedures of our college and which will be implemented accordingly.
- The plans chartered out in the Internal Board of Studies are submitted in the Board of Studies meeting, then recommends to the Academic Council for approval.
- Examination and evaluation procedures implemented after the approval of Academic Council.
- Online circulation of semester examination time table in our college website.
- Dummy number system is followed for the semester examinations.
- Internal Continuous Assessment Examinations are conducted for all theory papers.
- Practical examinations are conducted with external examiners.
- Central valuation was conducted by external examiners
- Results are published though our college website.
- The declaration of results is done within the 15 days from the date of last examination.



- Examination contents is assessed by feedback collected from students, faculty members and external evaluators.

#### **6.10 What efforts are made by the University to promote autonomy in the affiliated/constituent colleges?**

The Tamilnadu Physical Education Sports University, Chennai is co-ordinating in all aspects of our requirement for the facilitating of autonomy of our college.

#### **6.11 Activities and support from the Alumni Association**

- Maruthi Alumni Association (MAASS) of 1988-89 batch students organized a meeting in our campus on 04.08.2014 at 2.30 pm. They visited our college infrastructural facilities, research laboratories, digital library and other developments of the institute. After the visit they expressed their appreciations and deliberately assure their support for the institution's improvement.
- Maruthi Alumni Association (MAASS) of 1991-1992 batch students organized a meeting in our campus on 04.10.2014 and promised their support for the development of their alma mater.
- Alumni Association arranges for the 'Alumni Home Coming' of various batches to meet at the college and to spend the day
- Two workshops have been conducted with firm cooperation of our alumni:
  - State level workshop cum referee examination in 'Throwball' was conducted by our college on 03.09.2014 and 04.09. 2014.
  - State level workshop cum referee examination in 'Athletics' was conducted by our college on 19.12.2014 & 20.12.2014.
- All the major activities of our college are informed to the alumni.
- Alumnus supports in the curriculum development functioning in the IQAC and Board of studies meetings.
- Alumnus play vital role in the placement services of our students.
- Achievers felicitation function was celebrated on 25.3.2015. One of our alumni designated as Deputy Superintendent of Police, Tamilnadu was invited as the chief guest and he gave an inspired talk to our students.
- The state level workshop cum referee examination in 'Throwball' was conducted by our college on 03rd and 4th September, 2014. Our alumni Sri M. Somasundaram, Inspector of Police (Special Branch), Coimbatore was invited as chief guest of the inaugural function.
- Alumni are also supporting college admission.
- Alumni are invited as resource persons for workshops, guest lectures and as judges for various competitions and fests held in our college.

## **6.12 Activities and support from the Parent – Teacher Association**

- Feedback survey from parents reflected their fullest satisfaction of their wards and their performance.
- The Parent-Teacher Association agreed to render moral support to the students' wellbeing in maintaining the students discipline, placement cell services and smooth running of our college.
- The Parent-Teacher Association agreed to support, to elevate the students to be an ideal physical education teacher with a commitment to serve the society.
- Parents suggestions are acknowledged by making necessary arrangements for the students to create a homely atmosphere in our campus.

## **6.13 Development programmes for support staff**

- The institution deputed support staff to attend staff development programmes organized by Government and non-Government bodies.
- Support staff are provided with computers, internet and ICT facilities.
- Our college encourages support staff to continue their higher education
- Support staff are empowered with proper skill training
- Personal counselling facility is extended to the supportive staff to alleviate their personalized inconveniences.

## **6.14 Initiatives taken by the institution to make the campus eco-friendly**

- Students are encouraged to plant the tree saplings, in and around the college campus, and also to look after them. These tree saplings are procured from our sister institution, Institute of Agricultural and Rural Development and also from the Tamil Nadu Forest department.
- Our college conducted in campus and off campus cleaning awareness programmes through “Swachh Bharat”. All of our students and staff served as volunteers in cleaning and maintaining the Periyanaickenpalayam Railway Station and our campus is kept litter free zone.
- Plastic usage is avoided.
- Rain water harvesting structures are developed.
- Renewable waste water is recycled to use for gardening.
- Efforts for carbon neutrality are achieved by thick plantations.

## **Criterion – VII**

### **7. Innovations and Best Practices**

#### **7.1 Innovations introduced during this academic year which have created a positive impact on the functioning of the institution. Give details.**

- Specific training programmes are prepared by the staff members to give training in their area of specialisation to various categories of players.
- New research programmes are being undertaken by the staff for their major and minor research projects.

- Innovative teaching is provided with smart class and other latest ICT facilities to make them understand that education is a lifelong learning process.
- The staff members have prepared e-content gadgets to teach fundamental skills in their respective specialization.
- Adapted physical activities are specially designed by our staff for the benefit of special children in and around our college campus.

**7.2 Provide the Action Taken Report (ATR) based on the plan of action decided upon at the beginning of the year**

**Enclosed as Annexure - II**

**7.3 Give two Best Practices of the institution (please see the format in the NAAC Self-study Manuals)**

- Community development programme - Play Festival
- Serving the society through sports coaching

For further details Refer **Annexure –VIII**

**7.4 Contribution to environmental awareness / protection**

- The Institute is very conscious towards the conservation and safety of the environment. It has undertaken the following measures:
- Nurturing plants and greenery, both inside and outside the campus.
- Buildings are constructed to have natural light and ventilation for the entire building.
- Water Conservation techniques are adopted.
- Organizing a guest lectures with the forest department for the cause of environment conservation.
- Recycled water is used for gardening.

**7.5 Whether environmental audit was conducted?** Yes  No

**7.6 Any other relevant information the institution wishes to add. (SWOC Analysis)**

**Strengths**

- Sri Ramakrishna Mission Vidyalaya is known for discipline in general and our Maruthi College of Physical Education is specially meant to prepare an ideal physical education teacher
- ‘Value Education’ is imbibed in each and every activity of our college

- Our campus provides peaceful and spiritual ambience for an ideal transaction of teaching – learning
- The best infrastructural facilities are available for teaching physical education activities
- Our college is having enough laboratory and library facilities to do research (M.Phil and Ph.D.)
- Our institution's co-curricular and extension activities do provide excellent exposure to our students.
- Our institution is imparting education with latest ICT techniques

### **Weaknesses**

- Most of our students are from rural areas and economically poor, their exposure to the good academic institutions was not there
- Most of the students are finding it difficult to follow the english medium, particularly the post graduate students
- Many of the students are introverts, and low in self-confidence

### **Opportunities**

- Eventhough the students are introverts and are not confident, but they are having talent, which can be nurtured
- Many educational institutions, both schools and colleges are coming forward to conduct campus interviews and to recruit our students as they find our students as sincere, punctual and disciplined when compared to the students of other colleges.
- Our college management gives lot of encouragement to conduct many number of extra curricular and extension activities, which enhances the personality of the student –trainees.
- Sacred atmosphere, with the learned teaching faculty, and best infrastrutrual facilities are the salient features of our institution.

### **Challenges**

- Students are coming from various colleges and various beckgrounds, initially they find it difficult to adjust with the disciplined nature of our institution.
- Students are not good enough in english and in basic computer skills

## **8. Plans of institution for next year 2015-2016**

### **1. Curricular aspects**

#### **Syllabus:**

From this academic year onwards, one year B.P.Ed course has been changed into as two year course. Accordingly, syllabus has to be modified and updated by integrating B.P.Ed and M.P.Ed syllabus.

#### **Admissions:**

- a. Brochures are to be prepared with the details of courses offered and circulate them to various colleges.
- b. Staff members may visit prominent Arts and Science Colleges and address the students to create an awareness about the availability of various courses in our college and the eligibility criteria for each course.

- c. Teaching staff should submit the course plan and also prepare the course materials for the new syllabus.

## **2. Teaching, Learning and Evaluation**

- a. Proposed to encourage our faculty to take part in the more number of seminars, workshops, conferences and symposia.
- b. Proposed to initiate examination/ evaluation reforms in our institution as per NCTE norms.
- c. Proposed to motivate the staff members to pursue faculty development programmes.
- d. Proposed to encourage the administrative and technical staff to take part in the skill development programmes.
- e. Working models are to be prepared for all the games of specialisation and the teaching staff should utilize them for the purpose of explaining various strategies and tactics to the students.
- f. Teaching staff and students should prepare the innovative teaching aids and training gadgets which would be useful for an effective teaching – learning.

## **3. Research, Consultancy and Extension**

- a. Proposed to initiate quality research through our research center.
- b. Proposed to acquire more research funds from various funding agencies, industry and other organizations.
- c. Proposed to increase the publication of books with ISBN number.
- d. Proposed to encourage our faculty to serve as experts or resource persons in conferences, seminars, symposia and workshops etc., at state, national and international level.
- e. Proposed to widen research activities in M.Phil., Ph.D. guidance by the faculty from our institution.
- f. Proposed to induce all of our staff to apply for minor and major research projects of University Grants Commission (UGC) and other corporate bodies.
- g. Proposed to conduct the following activities in the sphere of research, consultancy and extension activities:
  - Taking part in the Swach Bharat as well as clean Vidyalaya campaigns
  - World Environment Day is to be observed
  - Recycled water is to be used for plants and trees
  - Students may be acted as volunteers in the medical camps
  - Pollution awareness programme is to be conducted
  - Energy Conservation initiatives are to be taken

#### **4. Infrastructure and Learning Resources**

- a. UGC had sanctioned to our college financial assistance of Rs. 2.5 Crores for the development of sports infrastructure and equipment in the XII plan (2012-2017) Stage-III . It is proposed to construct a fitness centre with sports sciences back up.
- b. It is proposed to have solar lights for the tennis indoor stadium, Badminton indoor stadium and to the Basketball complex.
- c. Proposed to develop library portal for the e-contents for e-learning of physical education.
- d. Proposed to increase the library collections.
- e. Proposed to train the teachers and students in computer and software technology.

#### **5. Student Support and Progression**

- a) Proposed to extend financial support to the 15 outstanding sportsmen of our college
- b) Proposed to provide free noon meal scheme to the economically backward students
- c) Proposed to implement the feedback collected from stakeholders, students and parents
- d) Proposed to conduct special coaching classes for preparing the students to appear in the competitive examinations
- e) Proposed to conduct orientation classes to our students by inviting eminent people, to face the campus interviews
- f) Proposed to conduct soft skill coaching to our students
- g) Proposed to conduct campus interviews through career guidance and counseling cell.
- h) Special Coaching classes are to be arranged for the low scoring students

#### **6. Governance, Leadership and Management**

- a) Proposed to develop the management information system by introducing software technology
- b) Proposed to develop e-content for e-learning
- c) Proposed to develop the question bank software
- d) Proposed to invite alumnus to IQAC and major activities of our college
- e) Inviting partents to major activities of our college
- f) Providing health insurance scheme for Teaching, Non teaching and Students
- g) Proposed to conduct academic audit, library audit and audit in the controller of examination section by inviting the experts in the relevant areas.

#### **7. Innovations and Best Practices**

- Various working models may be prepared by our students which would help to teach the safety guidelines to the school children.
- Proposed to conduct health and fitness awareness programme to Vidyalaya walkers and general public.

- Proposed to display of our students exhibits in the prominent institutions.
- Proposed to constitute an award/prize to students for preparing innovative modules which would help for an effective teaching – learning.

### 8. Proposed Special Programmes to be organised for Diamond Jubilee Celebrations of our college:

- Conducting state level invitation tournaments for any two games.
- Organising a National / International seminar.
- Organising a state level cultural competition.
- Organising a Mega Alumni function.
- Honouring the prominent alumni of our college.

Signature of the Coordinator, IQAC  
**Dr. T. JAYABAL. Ph.D,**  
 (Associate Professor),  
 Sri Ramakrishna Mission Vidyalaya  
 Maruthi College of Physical Education  
 Sri Ramakrishna Vidyalaya Post  
 COIMBATORE - 641 020.

Signature of the Chairperson, IQAC  
**Dr. Ch. VST. SAIKUMAR**  
 M.P.Ed., M.Phil., Ph.D., NIS Diploma in Cricket  
**PRINCIPAL**  
 Ramakrishna Mission Vidyalaya  
 Maruthi College of Physical Education  
 SRKV Post, Coimbatore - 641 020, Tamil Nadu

## ANNEXURE - I

The plan of action and action taken are chalked out by quarterly below from the beginning of the year to the end of the year (2014-2015) as tabulated below:

### FIRST QUARTERLY OF 2014-2015 (FROM 15.4.2014 to 02.07.2014)

#### PROPOSALS CHALKED OUT

The valuable suggestions given by our Internal Quality Assurance Cell (IQAC) members are chalked out as the future plan of actions and proposals for first quarterly (2014-2015) from 15.4.2014 to 02.07.2014.

1. Proposed to permit teaching and non-teaching staff to attend various administrative development programmes.
2. Proposed to develop faculty improvement programme.
3. Proposed to conduct Central valuation for the even semester examinations
4. Proposed to conduct Viva-Voce examination for the MPed IInd year students
5. Proposed to conduct curriculum development meetings
6. Propose to continue the extension activities as done in previous years.
7. Proposed to conduct selection trials BPed and MPed-I year applicants
8. Proposed to organize Swami Vivekananda State Level Tennis Tournament – 2014

#### PROPOSALS IMPLEMENTED

##### i. Staff Activity:

Dr. Ch. VST. Saikumar attended the following assignments

S. No	Name of the Assignment	Place	Date
1.	Attended interface meeting of Autonomous colleges	University Grants Commission, Southern Regional Office, Hyderabad	13.05.2014
2.	Attended the Academic council meeting	Tamil Nadu Physical Education and Sports University, Chennai	21.05.2014
3.	Attended Result Passing board meeting	Ramakrishna Mission Vivekananda University, GAPEY	30.05.2014
4.	Attended the meeting in connection with Rainwater harvesting system	Joint Director of Collegiate Education, Coimbatore	05.06.2014
5.	Attended Academic Council meeting	Ramakrishna Mission Vivekananda University, GAPEY	06.06.2014



6.	Attended the meeting convened by the member secretary Tamilnadu State Council for Higher Education	Loyola College, Chennai	09.06.2014
7.	Member of the selection committee to select Principal	Sri Ramakrishna Mission Vidyalaya College of Arts and Science	23.06.2014

Dr. Ch. VST. Saikumar, Principal has been nominated by the Vice Chancellor of Tamil Nadu Physical Education and Sports University, Chennai as the syndicate member of the above said university for the period of 3 years (12.06.2014 to 12.06.2017)

Dr. E. Amudhan, Assistant Professor attended the following assignments

S. No	Name of the Assignment	Place	Date
1.	Gave a guest lecture on "Physical Education and Yoga"	Sri Ramakrishna Mission Vidyalaya Polytechnic College, Coimbatore	18.06.2014

#### ii.Scholarship:

The District Adi-Dravidar and Tribal Welfare department, Government of Tamilnadu sanctioned scholarships as follows:

S. No	Scholarship	No. of students benefited	Amount
1.	SC scholarship (2013-2014)	38	3,74,064.00
<b>Total</b>		<b>38</b>	<b>3,74,064.00</b>

#### iii.UGC Grant:

Item	Amount sanctioned	Amount received	Balance amount
UGC Financial Assistance to Autonomous Colleges during the year 2014 – 2015	10,00,000.00	8,00,000.00	2,00,000.00
Construction of indoor sports training facilities category – I	70,00,000.00	(already received 63,00,000.00) (received at present) 7,00,000.00	Nil
Plan Block Grant (PBG) during XII plan period	35,43,840.00	10,17,536.00	25,26,304.00

Financial Assistance for conducting Seminar entitled "Relevance of Swami Vivekananda's Philosophy on Education and Physical Education to the Current High Tech Era" during XII Plan Period	1,50,000.00	1,20,000.00	30,000.00
Financial Assistance under the Scheme of Establishment and Monitoring of the Internal Quality Assurance Cells (IQACs) in the Colleges during XII Plan Period	3,00,000.00	3,00,000.00	Nil

**iv. College Activity:**

- Dr. Ch. VST. Saikumar, Principal and Sri V. Mohanraj, Junior Assistant (Spl.Gr) attended joint sitting meeting organized by the Joint Director of Collegiate Education, Coimbatore at Nirmala College for Women, Coimbatore on 30.04.2014.
- Central valuation for the even semester examinations was held from 03.05.2014 to 06.05.2014.

**v. Examination:**

- Viva-Voce examination for the MPed IInd year students was conducted on 29.04.2014, Dr. T. Radhakrishnan, Assistant Professor, Department of Physical Education, Bharathiar University, Coimbatore was the external examiner.
- Tamil Nadu Physical Education and Sports University, Chennai, Distance Education examinations are being conducted at our college campus from 24.05.2014 to 31.05.2014.

**vi.Meeting:**

The following meetings were held at our college

S. No	Name of the meeting	Date
1.	Board of Studies and Finance Committee	05.05.2014
2.	Academic Council	12.05.2014
3.	College Committee and Governing Body	22.05.2014

Result passing board meeting was held on 10.05.2014 for our BPed & MPed students.

Course	Appeared	Distinction	First class	Failed
MPed II	18	04	14	0
MPed I	25	05	20	0
BPed	100	22	78	0

Parents meeting was held on 02.07.2014 for our BPed and MPed I year students.

**vii.Extension Activity:**

- Coimbatore District Tennis Association (CDTA) had utilized our Tennis Indoor stadium for two days on 8<sup>th</sup> and 9<sup>th</sup> May 2014 to conduct All India Tennis Ranking tournament for men.
- Sports Meet for Home Guards, Coimbatore District was conducted at our college premises on 15.06.2014.

**viii.Academic Activity:**

Selection trials were conducted for MPEd-I year students on 28.05.2014. 55 students appeared for the selection trials.

**xi.Auditing:**

The Joint Director of Collegiate Education, Coimbatore Region, Coimbatore audited our college accounts for the year 2008-2009 and 2009-2010 on 11<sup>th</sup> and 12<sup>th</sup> June 2014.

**x.Sports Activity:**

Our college organized **Swami Vivekananda State Level Tennis Tournament – 2014** from 20.06.2014 to 22.06.2014 at our tennis indoor stadium. This maiden state level tennis tournament was inaugurated by the revered Swami Abhiramananda, Secretary, Sri Ramakrishna Mission Vidyalaya, Coimbatore on 20.06.2014 at 08.10 am. In this tournament the competitions were conducted in five categories, i.e., under-10, under-12, under-14, under-16 age categories and also doubles (open). Totally 148 players participated in singles and 19 teams participated in the doubles tournament. The valedictory function was held on 22.06.2014 at 5.30 pm. Swami Abhiramanandaji Maharaj presided over the function. The other guests who took part in the function are Sri G. Sreehari, Honorary Secretary, Coimbatore District Tennis Association, Sri B. Balaji, Area Commander, Home Guards, Coimbatore District, Dr. VR. Suresh, M.D., Cardiologist, RR Clinic, Thudiyalur and they also distributed the prizes to the winners. Dr. S. Alagesan, Professor, RMVU GAPEY welcomed the gathering and Dr. VST. Saikumar, Principal, Maruthi College of Physical Education proposed vote of thanks.

**xi.Admission Status:**

S. No	Courses	Received Applications	No of Students Admitted	Sanctioned Strength
1	BPEd	140	100	100
2	MPEd	58	23	25

**xii.Status of our Maruthi Fitness Centre membership:**

Vidyalaya	-	89
Non Vidyalaya	-	184
Total	-	<u>273</u>

**xiii.Status of our Shuttle Badminton Academy membership: 50**

## SECOND QUARTERLY OF 2014-2015 (FROM 03.7.2014 to 05.10.2014)

### PROPOSALS CHALKED OUT

The valuable suggestions given by our Internal Quality Assurance Cell (IQAC) members are chalked out as the future plan of actions and proposals for second quarterly from 03.7.2014 to 05.10.2014.

1. Propose to conduct interview for M.Phil scholars (2014-2015).
2. Propose to organize 7A side football tournament
3. Propose to permit our students to participate in various extension activities and sports and games at district, state and university level.
4. Propose to organize Tamilnadu Physical Education and Sports University inter collegiate volleyball tournament.
5. Propose to conduct M.Phil., Viva-Voce examination for our 2013-14 batch
6. Propose to convene alumni meetings on 04.08.2014 and 04.10.2014 at our college.
7. Propose to celebrate Teachers' Day on 05.09.2014.
8. Propose to organise state level workshop cum referee examination in "Throwball" on 03.09.2014 and 04.09.2014 at our college.

### PROPOSALS IMPLEMENTED

#### i. Staff Activity:

Dr. Ch. VST. Saikumar, Principal attended the following assignments

S. No	Name of the Assignment	Place	Date
1	Attended the syndicate meeting	Tamil Nadu Physical Education and Sports University, Chennai	04.07.2014
2	Acted as a member for Ph.D progression committee	Ramakrishna Mission Vivekananda University GAPEY	26.07.2014
3	External examiner for Ph.D Viva Voce examination	Alagappa University, Karaikudi	18.08.2014
04	Chief guest for the sports day celebration	Kalaivani Model Mat. Hr. Sec. School, Coimbatore	22.08.2014

Dr. A. Needhiraja, Assistant Professor of our college visited Tamil Nadu Physical Education and Sports University, Chennai on 25.06.2014, with regard the qualification approval of our teaching staff.

Dr. E. Amudhan, Assistant Professor attended the following assignments

S. No	Name of the Assignment	Place	Date
1	Chief guest and delivered lecture on patriotism on the patriotic day celebrations	Lisieux College of Education and Lisieux CBSC School, Coimbatore	19.08.2014
2	Attended International Congress on Renaissance in Sports Strategies, Challenges and Choices	National College, Tiruchirappalli	29.08.2014
3	Presented a paper in the National Seminar entitled "Influence of Play Festival Training on Visual-Spatial and Hand Eye Co-ordination of Elementary School Girls"	Arumugam Pillai Seethai Ammal College of Arts and Science, Tirupathur	13.09.2014

#### ii.College Activity:

- A committee inspected our college on 25.07.2014 for extension of autonomy. Dr. (Mrs) Grace Helina, Vice Chancellor (O), Tamil Nadu Physical Education and Sports University, Chennai, Dr. K. Chandrasekaran, Professor and Head, Department of Physical Education, Madurai Kamaraj University and Dr. K. Murugavel, Professor and Director, Department of Physical Education, Bharathiar University, Coimbatore were the committee members.
- Internal audit was completed for our college accounts for the 1<sup>st</sup> quarter of this financial year 2014 – 2015 on 24.07.2014.
- Personnel from the office of the Accountant General, Chennai audited our college accounts for the financial years 2009-2010, 2010-2011, 2011-2012 and 2012-2013 from 15.09.2014 to 19.09.2014.

#### iii.M.Phil Selections:

Written test and personal interview were conducted on 04.07.2014 to select the M.Phil scholars for the year 2014-2015. 9 students appeared for the tests.

#### iv.Sports Activity:

##### 7-A side football tournament

In the 7-A side football tournament organized by the RMVU GAPEY, our college BPED team secured runners-up position and MPED team secured 4<sup>th</sup> position.

In the mini marathon open men 12 km race organized by the Rathinam Technical Campus & Chatrapathi Sivaji Sports Club, Coimbatore on 20.07.2014, around 1000 athletes participated and R. Kanagaraj of our BPED student secured 3<sup>rd</sup> place and got individual certificate and medal.

##### Football future referee's camp

Our MPED I student M. Gokulkrishnan attended Football future referee's camp from 21<sup>st</sup> to 27<sup>th</sup> July, 2014 organised by Scad Engineering College, Tirunelveli.

### **Achievements in Marathon Race:**

- In the mini marathon organized by the Shri Nehru Maha Vidyalaya, Coimbatore on 27.07.2014. Our student C. Saravanan MPed I secured 6<sup>th</sup> place and R. Kanagaraj BPed secured 10<sup>th</sup> place respectively.
- The State Level Kovai Mega Marathon 2014 (open men) 12 km race was organized by the Athletic Foundation, Coimbatore on 17.08.2014 at Nehru Stadium, Coimbatore. Around 1000 athletes participated and C. Saravanakumar of MPed I secured 13<sup>th</sup> position and got certificate and medal.
- 42 BPed and 8 MPed I & II students of our college participated in the Inter Vidyalaya Mini Marathon on 23.08.2014 organised by the Sri Ramakrishna Mission Vidyalaya College of Arts and Science. Our college students secured following positions:

<b>S. No</b>	<b>Name</b>	<b>Course</b>	<b>Position</b>
1.	C. Saravanan	MPed I	1 <sup>st</sup>
2.	R. Kanagaraj	BPed	2 <sup>nd</sup>
3.	V. Naga Babu	BPed	3 <sup>rd</sup>
4.	GE. Suresh	BPed	4 <sup>th</sup>

- In the mini marathon open men 10 km race organized by the BOSCH, Coimbatore on 14.09.2014 at Robert Bosch (IT) Company, Sarvanampatti, Coimbatore. Around 800 athletes participated and C. Saravanan of I MPed secured 1<sup>st</sup> place and got individual trophy, certificate and medal.

### **Inter Vidyalaya Tournament (IVT):**

- To revive the Inter Vidyalaya Tournaments (IVT) a meeting was convened on 09.07.2014 at MCPE staff room. All the physical education personnel from Vidyalaya attended the meeting. It was decided to conduct the games in the following categories.
- Up to IX standard
- Post matric
- College level
- Staff tournaments
- Inter Vidyalaya Tournament valedictory function was held at our college on 28.08.2014. Swami Abhiramanandaji Maharaj, Secretary, Ramakrishna Mission Vidyalaya distributed the prizes to the winners and runners. In the college level category our college teams secured the following positions.

Shuttle Badminton	-	Winners
Tennis	-	Winners
Kabaddi	-	Winners
Volleyball	-	Winners
Hockey	-	Winners
Football	-	Third place

### **First Project Sports Meet**

Dhyanchand house of our college conducted first project sports meet on 05.08.2014 at our college athletic track Dr. C. Jayabalakrishnan, Principal, SRMV College of Arts and Science inaugurated the meet and Swami Garishtanandaji Maharaj, Assistant Secretary, Ramakrishna Mission Vidyalaya was the chief guest of valedictory function and distributed the prizes.

### **Tamil Nadu Physical Education and Sports University inter-collegiate volleyball tournament**

Tamil Nadu Physical Education and Sports University inter-collegiate volleyball tournament was conducted in our college on 7<sup>th</sup> and 8<sup>th</sup> August, 2014. Dr. N. Muthaiah, Principal, SRMV College of Education, inaugurated the finals between MCPE and YMCA. In the valedictory function Dr. C. Arumugam, observer from the Tamil Nadu Physical Education and Sports University, Chennai gave the feedback about the tournament. Swami Abhiramanandaji Maharaj, Secretary, Ramakrishna Mission Vidyalaya distributed the prizes to the winners.

The results are given below:

<b>S. No</b>	<b>Game</b>	<b>Winner</b>	<b>Runner-up</b>
1.	Volleyball	Maruthi College of Physical Education, Coimbatore	YMCA College of Physical Education, Chennai

### **State Level Inter-Collegiate Tournaments**

Our college cricket and kabaddi teams participated in the State Level Inter-Collegiate tournaments organised by the Tamil Nadu Physical Education and Sports University, Chennai from 26.08.2014 to 28.08.2014. Our college cricket team secured 1<sup>st</sup> place in this tournament.

### **Second project sports meet**

In the 2<sup>nd</sup> project sports meet organized by the Viswanathan Anand house on 10.09.2014, Dr. P.J. Sebastian, Professor, RMVU GAPEY inaugurated the sports meet and hoisted the national flag. In the valedictory function, Swami Ishanadhanandaji Maharaj, Ramakrishna Mission Vidyalaya gave medals to the winning athletes.

### **Tamil Nadu Physical Education and Sports University Intercollegiate tournaments 2014-2015:**

The following teams of our college participated in the Tamil Nadu Physical Education and Sports University Intercollegiate tournaments 2014-2015 as follows, our hockey team secured runners-up position.

<b>S. No</b>	<b>Game</b>	<b>Date</b>	<b>Venue</b>	<b>Team manager</b>
1.	Football	04.09.2014 to 06.09.2014	St. John's College of Physical Education, Veeravanallur	Dr. A. Needhiraja
2.	Kabaddi	08.09.2014 & 09.09.2014	Selvam College of Physical Education, Namakkal	Dr. T. Jayabal
3.	Basketball	11, 12 & 13 <sup>th</sup> September 2014	YMCA College of Physical Education, Chennai	Dr. A. Needhiraja
4.	Ball Badminton			
5.	Hockey			Sri S. Muniraj

6.	Kho-Kho	23 & 24 September 2014	Tamil Nadu Physical Education and Sports University, Chennai	Dr. S. Sivasankar
7.	Handball	25 & 26 September 2014		

Our college organized Tamil Nadu Physical Education and Sports University inter-collegiate tournaments (2014-2015) in Cricket, Tennis and Table Tennis at our college from 17<sup>th</sup> to 19<sup>th</sup> September 2014. In the valedictory function, Dr. P. Gopinathan, observer from the Tamil Nadu Physical Education and Sports University, Chennai gave the feedback about the tournaments. Dr. P.J. Sebastian, Professor, RMVU GAPEY distributed the prizes to the winners. Results of the tournament as follows:

S. No	Game	Winner	Runner
1.	Tennis	Maruthi College of Physical Education, Coimbatore	Selvam College of Physical Education, Namakkal
2.	Table Tennis	Maruthi College of Physical Education, Coimbatore	Dr. Sivanthi Aditanar College of Physical Education, Tiruchendur
3.	Cricket	Dr. Sivanthi Aditanar College of Physical Education, Tiruchendur	YMCA College of Physical Education, Chennai

Our college athletes participated in the State Level Inter University Competitions organized by Sports Development Authority of Tamilnadu at Jawaharlal Nehru Stadium, Chennai from 18.09.2014 to 20.09.2014. The results are given below:

S. No	Name	Course	Event	Position	Cash award
1.	N Surendaran	MPEd I	100 Mts.	1 <sup>st</sup> place	Rs.10,000/-
2.	C. Saravanakumar	MPEd I	5000 m	4 <sup>th</sup> place	-

#### v.UGC Grant:

University Grants Commission has released the final instalment of Rs.4 lakhs under the scheme “Development of Sports Infrastructure & Equipment” – Construction of 400 mtrs athletic track.

#### vi.M.Phil Viva:

M.Phil Viva voce examination was conducted at our college on 18.07.2014 for our 2013-2014 batch (6) M.Phil scholars. Dr. R. Arjunan, Professor and Head In-charge, Department of Physical Education, Alagappa University, Karaikudi was the external examiner.

#### vii.Extension Activity:

- Our BPEd student P. Subash gave orientation about football for 6<sup>th</sup> to 9<sup>th</sup> standard students of Kovai Public School, Saravanampatti, Coimbatore on 19.07.2014.
- Our MPEd-II year 25 students acted as officials in the inter polytechnic Athletic meet organized by the Vidyalaya Polytechnic College on 24 and 25 July, 2014.
- Our college students acted as officials in the following tournaments/events:



<b>S. No</b>	<b>Date</b>	<b>Institution</b>	<b>Event</b>	<b>No. of students</b>
1.	31.07.2014 and 01.08.2014	Sri Ramakrishna Engineering College, Coimbatore	Inter Engineering Collegiate Tournament	10
2.	30.07.2014, 01.04,05,06, 11,18.08.2014	GRD Matric. Hr. Sec. School, Coimbatore	Zonal tournaments	18
3.	30.07.2014, 01.04,05,06.08.2014	St. Mary's Girls Hr. Sec. School, Coimbatore	Zonal tournaments	15
4.	01,02,04,05,06.08.2014	VLB Janaki Ammal Girls High School, Coimbatore	South zonal tournaments	21
5.	04.08.2014 to 14.08.2014	Government Hr. Sec. School, Naickenpalayam	North zonal tournaments	42
6.	13.08.2014	Sachithananda Jothi Nikethan Mat. Hr. Sec. School, Kallar	North zonal Basketball tournament	02
7.	15.08.2014	Mugam Kol Kabaddi Club, No.4 Veerapandi, Coimbatore	District Level Kabaddi Tournament	08
8.	15.08.2014 & 16.08.2014	Kumaraguru College of Technology, Coimbatore	KCT Sports Fest 2014	16
9.	16.08.2014	Noyyal Public School, Coimbatore	Inter School level open volleyball tournament	05
10.	25.08.2014 & 26.08.2014	Govt. Hr. Sec. School, Naickenpalayam	North zonal Football & Basketball tournament	09
11.	23.08.2014	PPG Institute of Technology, Coimbatore	PPG Tournament for Kabaddi	06

- Our college students acted as officials in the following tournaments/events:

<b>S. No</b>	<b>Date</b>	<b>Institution</b>	<b>Event</b>	<b>No. of students</b>
1.	04.09.2014 to 05.09.2014	KMG Polytechnic College, Pollachi	Inter School Volleyball tournament	08

2.	10.09.2014, 13.09.2014 & 20.09.2014	Sri Ranganathar Polytechnic College, Coimbatore	IPAA tournament for Badminton, Ball Badminton, Chess, Table Tennis, Kho-Kho, Tennikoit & Carrom	16
3.	11.09.2014 to 13.09.2014	Periyar University, Salem	Inter Collegiate tournament	03

#### viii.Ph.D Viva:

Ph.D viva-voce examination was conducted for Sri. K.S. Haridayal, on 28.07.2014, guided by Dr. Ch. VST. Saikumar, Principal, Maruthi College of Physical Education, Title of the thesis: "Effect of Periodized Resistance Training, Plyometric Training And Complex Training on Selected Physical Fitness Variables, Physiological Variables And Skill Performance Variables of Male Football Players" Dr. V. Jeya Veerapandian, Associate Professor, Department of Physical Education, Madurai Kamaraj University, Madurai was the external examiner.

#### xi.Visit:

A team of doctors from Ortho One Hospital, Coimbatore visited our exercise physiology laboratory on 03.08.2014 to pursue the research activities by making use of the equipment available in the lab. They also expressed to have Memorandum of Understanding (MOU) with our institute.

#### x.Alumni Meeting:

Maruthi college staff and Alumni attended the All Vidyalaya Alumni Association (AVAA) meeting at GKD auditorium on 04.08.2014 at 10.30 am and Maruthi Alumni Association (MAASS) meeting was held in our campus on 04.08.2014 at 2.30 pm. About 31 Alumni participated in the meeting.

#### xi.Celebrations:

- **Independence Day** rehearsal was conducted on 13.08.2014 in our college ground. All the contingents from various Vidyalaya institutions took part in the rehearsal. Followed that the 68<sup>th</sup> Independence Day celebration was held in our college ground on 15.08.2014. Around 1000 students representing various institutions of the Vidyalaya participated with enthusiasm. Swami Abhiramanandaji Maharaj hoisted the national flag and delivered Independence Day address. Inspector Vinod Sironi and Sub Inspector R. Sinnan, CRPF, Coimbatore acted as judges to select the best marching contingent. Swami Shivananda Hr. Sec. School (TM) won the junior rolling trophy by scoring 39 points and Vivekananda University GAPEY won the senior rolling trophy by scoring 41 points. The scores of other contingents are given below:

#### Junior Trophy

Sl.No	Name of the Institution	Dress/ Turn Out (10)	Spacing (10)	Turnin g (10)	Eye contact (10)	Marchin g (10)	Total (50)	Position
1.	Vidyalaya High School	8	6	7.5	7.5	6	35	3 <sup>rd</sup>
2.	TAT Kalanilayam	8	6	8	7.5	6.5	36	2 <sup>nd</sup>
3.	Swami Shivananda Hr. Sec. School (TM)	8.5	7	8.5	8	7	39	1 <sup>st</sup>
4.	Swami Shivananda Hr. Sec. School (EM)	8	7	6.5	6.5	6	34	5 <sup>th</sup>

5.	Institute of Agri and Rural Development	8	6.5	7	7.5	5.5	34.5	4 <sup>th</sup>
6.	Industrial Training Institute	8	7	7	6.5	6.5	35	3 <sup>rd</sup>

#### Senior Trophy

SI. No	Name of the Institution	Dress/ Turn Out (10)	Spacing (10)	Turnin g (10)	Eye contact (10)	Marchi ng (10)	Total (50)	Position
1.	Maruthi College of Physical Education	8	7	8	7.5	7	37.5	2 <sup>nd</sup>
2.	Vivekananda University, GAPEY	8	8	8	8.5	8.5	41	1 <sup>st</sup>
3.	Vivekananda University, FDMSE	7.5	7.5	6.5	7.5	7.5	36.5	3 <sup>rd</sup>
4.	Polytechnic College	8	7	7.5	7	7	36.5	3 <sup>rd</sup>
5.	College of Arts and Science	8	7	6.5	7	7	35.5	4 <sup>th</sup>

- Vinayagar Chaturthi was celebrated in our college on 28.08.2014. Sri Thangavelu Anna, Tamil Teacher (Retd.) of Swami Shivananda English Medium School gave a special address on this occasion.
- **Teachers Day**  
Teachers Day was celebrated on 05.09.2014 at our college. Dr. N. Muthaiah, Principal, Sri Ramakrishna Mission Vidyalaya College of Education delivered the Teachers' day address.
- Our college staff and students celebrated the Saraswathi Pooja on 01.10.2014 at Niranjanananda prayer hall.

#### **xii.Meeting:**

Our College Committee and Governing Body meetings were held on 02.09.2014 at our conference hall.

#### **xiii.Workshops:**

- All of our students and staff members attended the **State Level workshop on 'Current System of Physical Education & Adapted Physical Education in the Schools of Tamil Nadu'** conducted by the Ramakrishna Mission Vivekananda University, GAPEY, Coimbatore on 21.08.2014 and 22.08.2014 at GKD Auditorium. Dr. Ch. VST. Saikumar, Principal was the chief guest of the valedictory function.
- **State level workshop cum referee examination in 'Throwball'** was conducted by our college on 03<sup>rd</sup> and 4<sup>th</sup> September, 2014. Swami Harivratandaji Maharaj, Ramakrishna Mission Vidyalaya was the chief guest and Sri M. Somasundaram, Inspector of Police (Special Branch); Coimbatore was the special guest of the inaugural function. The total number of participants are given below:

S. No	Name of the Institution	No. of Students participated
1	Maruthi College	67
2	Vivekananda Univ. GAPEY	52
3	Avinashilingam University	63
4	Others	23
<b>Total</b>		<b>205</b>

A valedictory function was held on 04<sup>th</sup> September, 2014. Sri Yogeswaran, Secretary, Pudukottai District Throwball Association and Sri V.K.Muthukrishnan, Secretary, Coimbatore District Throwball Association took part in the function. Dr. S. Alagesan, Professor, RKMVU GAPEY gave the valedictory address.

#### xiv.Student Activity:

- In commemorating of Swami Vivekananda's Chicago address, we organized Tamil recitation competition on 02.09.2014, in which 20 students participated and English recitation competition was conducted on 08.09.2014, in which 11 students participated. The results are given below:

S. No	Name of the student	Course	Category	Place
1.	P. Satheeswaran	MPed I	Tamil	1 <sup>st</sup>
2.	S. Andiappan	MPed II	Tamil	2 <sup>nd</sup>
3.	N. Sathishkumar	BPEd	Tamil	3 <sup>rd</sup>
4.	B. Aaron Arshay Keets	MPed I	English	1 <sup>st</sup>
5.	M. Nithyaraj	BPEd	English	2 <sup>nd</sup>
6.	P. Kanickairaj	MPed II	English	3 <sup>rd</sup>

- All students and staff members attended the recitation competition "In commemorating of Swami Vivekananda's Chicago address" on 11.09.2014 at Venkatakrisnan Indoor Stadium. P. Satheeswaran, I MPed got 1<sup>st</sup> place in the college level Tamil recitation.
- Our college students performed a dance in the Kalaimagal Vizha on 26.09.2014.
- Parents meeting was held on 02.07.2014 for our BPEd and MPed I year students.
- Students' Welfare Association Inauguration was held on 30.07.2014. Swami Tatprabhanandaji, Ramakrishna Mission Vidyalaya, was the chief guest of the function.
- Swami Nirmaleshanandaji Maharaj inaugurated intramurals and also addressed the staff and students of our college on 17.07.2014. All the students were divided into four houses and they were named as Major Dhyan Chand House, Milka Singh House, Sachin Tendulkar House and Viswanathan Anand House.

**xv.Examinations:**

- Mid semester examinations for MPed II and CIA II for BPed, MPed I and M.Phil students were conducted from 22<sup>nd</sup> to 24<sup>th</sup> September, 2014.
- Tamil Nadu Physical Education and Sports University conducted an entrance examination and interview on 20.09.2014 to admit Ph.D candidates for the year 2014-2015. From our college, 08 candidates appeared for the interview and entrance examination. Dr. T. Jayabal, Associate Professor and Dr. E. Amudhan, Assistant Professor were nominated as the members of research committee for this selection.

**xvi.Leadership Training Camp:**

The annual leadership training camp of our college was conducted for our BPed students from 25.09.2014 to 01.10.2014 at Vellingiri Andavar Devasthanam, Poondi, Coimbatore. All the BPed students (100) and 6 staff members attended this camp.

**xvii.Alumni Meeting:**

Maruthi Alumni Association (MAASS) meeting was held in our campus on 04.10.2014. About 85 Alumni of 1991-1992 batch participated in the meeting. Dr. Ch. VST. Saikumar, Principal welcomed the gathering and Swami Harivratandaji Maharaj, delivered the benedictory address. Former Principals of our college Dr. BM. Veeraswami, Dr. G. Palaniswamy, Dr. S. Alagesan and Associate Professor Dr. V. Perumal addressed the students.

**THIRD QUARTERLY OF 2014-2015 (from 06.10.2014 to 08.01.2015)****PROPOSALS CHALKED OUT**

The valuable suggestions given by our Internal Quality Assurance Cell (IQAC) members are chalked out as the future plan of actions and proposals for third quarterly from 06.10.2014 to 08.01.2015.

1. Propose our teaching and non-teaching staff to do curricular activities according to the Tamil Nadu Physical Education and Sports University, Chennai, norms.
2. Propose our students to participate and officiate various sports and games under our institution's sports activities formalities.
3. Propose our students to do academic activities like practice teaching.
4. Propose our students to serve in national services, vidyalaya services and representative activities.
4. Propose to do extension activities us followed in the previous year.
5. Propose to form Ph.D Doctoral committee for full time Ph.D., programme in our college.
6. Propose our college to collaborate with state, national and international agencies for enhancing the quality of our college.
7. Propose to attend and conduct the following meetings: All Vidyalaya Alumni Association, National Youth Day Rally and Gurupuja exhibition meeting.

8. Propose to conduct Parents' meeting and UGC-NET coaching classes for our M.Phil and MPed II year students

9. Propose to conduct State level workshop cum referee examination in 'Athletics'

10. Propose to celebrate regional and national important events.

### PROPOSALS IMPLEMENTED

#### i. Staff Activity:

- Sri V. Mohanraj, Junior Assistant (Sl.Gr), and Sri L. Jagadeesan, Computer Assistant of our college visited Tamil Nadu Physical Education and Sports University, Chennai on 07.10.2014, with regard the certificate verification of our BPEd, MPed I and M.Phil degree students for the academic year 2014- 2015.
- Dr. Ch. VST. Saikumar, Principal attended the Board of Studies meeting of the Department of Physical Education, CMS College of Arts and Science, Coimbatore on 11.10.2014.
- Dr. T. Jayabal, Associate Professor attended the internship meeting with 'Fitness One' at R.S. Puram, Coimbatore on 13.10.2014.
- Dr. Ch. VST. Saikumar attended the following assignments

S. No	Name of the Assignment	Place	Date
1	Attended FICCI's Education Conference on 'New Paradigm in Higher Education-2014'	Tamil Nadu State Higher Education, Chennai	31.10.2014
2	Acted as the member of Ph.D progression committee	Ramakrishna Mission Vivekananda University GAPEY	01.11.2014
3	Attended the Board of studies meeting	YMCA College of Physical Education, Chennai	10.11.2014

- Dr. S. Sivasankar, Assistant Professor of our college acted as a resource person for a workshop on officiating and coaching in kho-kho organized by the Department of Physical Education and Sports, Manonmaniam Sundaranar University, Tirunelveli from 05.11.2014 to 07.11.2014.
- Dr. T. Jayabal, Associate Professor of our college served as a member of the selection committee for the Post of Office Superintendent in the SRMV Polytechnic College, Coimbatore on 25.11.2014.
- Dr. Ch. VST. Saikumar, Principal attended the following assignments

S. No	Name of the Assignment	Place	Date
1.	Acted as an external examiner for Ph.D Viva Voce examination	Tamil Nadu Physical Education and Sports University, Chennai	27.11.2014 & 18.12.2014
2.	Acted as a chair person in the national conference on 'Importance of Physical Education and Sports Sciences in Nation Building'	Coimbatore Institute of Technology	20.12.2014

- Dr. T. Jayabal, Associate Professor was the chief guest for the inaugural function of sports meet organized by the Ramakrishna Mat. Hr. Sec. School, Coimbatore on 28.11.2014.
- Dr. Ch. VST. Saikumar, Principal and Dr. E. Amudhan, Assistant Professor attended youth convention meeting on 28.11.2014 at GKD Auditorium.
- Dr. S. Sivasankar, Assistant Professor has been appointed as the coach cum manager of the Tamilnadu State (boys under 17 category) kho-kho team. He also accompanied the team to Ichalkaranji, Kolhapur District, Maharashtra, from 23.12.2014 to 01.01.2015.
- Dr. Ch. VST. Saikumar, Principal attended the following assignments

S. No	Name of the Assignment	Place	Date
1.	Conducted the public Viva-Voce Examination for his research scholar Sri M. Natarajan	Tamil Nadu Physical Education and Sports University, Chennai	07.01.2015

## ii.Sports Activity:

- Our college badminton team participated in the Tamil Nadu Physical Education and Sports University intercollegiate tournaments 2014-2015 organized by Sri Renugambal College of Physical Education, Thiruvannamalai on 06.10.2014 and 07.10.2014. Sri M. Ramajayam, Assistant Professor of our college accompanied the team.
- Our college volleyball team secured fourth place and received Rs.4000/- cash award in the 22<sup>nd</sup> Karunya Evangeline South India Level Inter-Collegiate Tournaments organised by Karunya University, Coimbatore from 07.10.2014 to 11.10.2014. Dr. S. Sivasankar, Assistant Professor, accompanied the team.
- Our college athletic team took part in the Tamil Nadu Physical Education and Sports University intercollegiate athletic meet organized by the Selvam College of Physical Education, Namakkal from 16<sup>th</sup> to 18<sup>th</sup> October 2014. Dr. E. Amudhan, Assistant Professor, accompanied the team. Our students secured the following positions:

S. No	Game/Event	Position	Name of the student	Course
1.	100 mtrs	First place	Surendaran. N	MPed I
		Second place	Anish. D	MPed I
2.	200 mtrs	First place	Surendaran. N	MPed I
3.	110 hurdles	Second place	Mohanraj. R	BPEd
4.	400 hurdles	Second place	Mohanraj. R	BPEd
5.	1000 m	First place	Saravanakumar. C	MPed I
		Second place	Kanagaraj. R	BPEd
6.	5000 mtrs	Second place	Saravanakumar. C	MPed I

7.	Triple jump	Third place	Rajkumar. T	MPed I
8.	Long jump	Third place	Rajkumar. T	MPed I
9.	4x 100	Second place	Surendaran. N	MPed I
			Anish. D	MPed I
			Rajkumar. T	MPed I
			Prabhakaran. S	MPed I
10.	Decathlon	Second place	Boopathi Manikandan. T	MPed I

- Our college cricket team became the winners in the Pioneer Cricket Club Tournament Coimbatore from 21.09.2014 to 26.10.2014 and received a trophy and cash award of Rs.5000/-.

- **Inter vidyalaya tournaments (IVT):**

The Inter Vidyalaya Tournaments (IVT) review meeting was convened on 14.11.2014 at MCPE conference hall. All the physical education personnel from Vidyalaya attended the meeting.

- The following students of our college have been selected to represent Tamil Nadu Physical Education and Sports University cricket team for the **south zone inter-university tournament** held at JJ Engineering College, Tiruchirapalli from 17.11.2014 to 27.11.2014.

S. No	Name	Course
1.	B. Gokul	MPed II
2.	K. Nachimuthu	MPed I

- **Mini marathon:**

In the mini marathon open for men 10 km race organized by the Rathinam Technical Campus & Chatrapathi Sivaji Sports Club, Coimbatore on 26.11.2014, around 1000 athletes participated and R. Kanagaraj of our BPEd student secured 3<sup>rd</sup> place and got individual certificate and medal.

- Sachin Tendulkar house of our college conducted third project sports meet on 17.12.2014 at our college athletic track. Swami Sahanananda, Ramakrishna Mission Vidyalaya inaugurated the meet. Dr. OJ. Kumaresan, Physical Director, Amritha Institute of Technology, Coimbatore was the chief guest of valedictory function and distributed the prizes.
- The following student of our college has been selected to represent the Tamil Nadu Physical Education and Sports University **south zone inter-university tournaments 2014-2015**.

S. No	Name	Course	Game	Venue	Date
1.	G. Manivasaham	BPEd	Kho-Kho	Mailam Engineering College, Villupuram	23.12.2014 to 26.12.2014



- Our college organized Coimbatore District Level Badminton Tournament on 29.12.2014 and 30.12.2014 at our college indoor courts and Vidyalaya arts college indoor stadium. This maiden district level badminton tournament was inaugurated by the revered Swami Nirmaleshanandaji Maharaj, Assistant Secretary, Ramakrishna Mission Vidyalaya, Coimbatore on 29.12.2014. In this tournament the competitions were conducted in four categories. The details of the participants are given below:

Age category	Participants in singles	Participants in doubles	
Under 10 yrs	11	06	
Under 15 yrs	45	25	
Under 17 yrs	25	12	
Under 19 yrs	14	10	
<b>Total</b>	<b>95</b>	<b>53</b>	<b>148</b>

The valedictory function was held on 30.12.2014. Dr. Ch. VST. Saikumar, Principal welcomed the gathering. Swami Garisthanandaji Maharaj Assistant Secretary, Ramakrishna Mission Vidyalaya distributed the prizes to the winners. Dr. S. Alagesan, Professor and Head, RMVU GAPEY and Dr. P.J. Sebastian, Professor, RMVU GAPEY were also graced the occasion. Dr. M. Ramajayam, Assistant Professor, was the convener of the tournament.

- Our college MPed I year student N. Surendaran secured 1<sup>st</sup> place and got certificate, medal and cash prize of Rs.1000.00 in 100 meters dash in the District Level Chief Minister's Trophy held at Nehru Stadium, Coimbatore on 31.12.2014 and secured 2<sup>nd</sup> place in the Regional Level on the same tournament at Nehru Stadium, Coimbatore on 25.01.2015.
- In the mini marathon open for men 14 km race, organized by Kundha Sports Club on 04.01.2015 at Karamadai, Coimbatore around 1500 athletes participated and C. Saravanakumar of MPed Ist year secured 5<sup>th</sup> position and got cash prize Rs.2000/- certificate, medal and R. Kanagaraj of BPed secured 8<sup>th</sup> place and got certificate and medal.
- Our college cricket team became the winners and received the cash prize of Rs.15,000/- in the SRA Memorial Cricket tournament organized by Karanampettai Cricket Club, Coimbatore on 04.01.2015. M. Gokul, MPed II secured best batsman award and T. Boopathi Manikandan secured best bowler award.
- The following students of our college got selected to represent Tamil Nadu Physical Education and Sports University volleyball team

S. No	Name of the student	Course of study
1.	R. Karthick	MPed II
2.	K. Arul Kumar	MPed II
3.	D. Vinoth Rohan	MPed II

4.	D. Arul Prabhu	MPEd I
5.	A. Jijender	BPEd
6.	S. Prabakaran	BPEd

- They attended the coaching camp from 04.10.2014 to 08.10.2014 at Tamil Nadu Physical Education and Sports University, Chennai.

### iii. Practice Teaching:

Our BPEd students visited various Government Schools (15) and Matriculation Schools (18) for teaching practice from 07.10.2014 to 18.10.2014.

### iv. Students Activity:

- Two of our MPEd-II students attended the ‘Campus Ambassadors’ meeting convened by the Coimbatore District Collector on 13.10.2014 at Coimbatore District Central Co-operative Bank, Coimbatore.
- **Swachh Bharat:**  
As part of the ‘Swachh Bharat’ our college students took part in cleaning the Periyanaickenpalayam Railway Station on 12.12.2014 and 26.12.2014.
- As a part of ‘Swachh Bharat’, Sri Ramakrishna Mission Vidyalaya Maruthi College of Physical Education, has taken up the responsibility of cleaning and maintaining the Periyanaickenpalayam Railway Station on 06.11.2014. Around 170 students and 15 staff members of Maruthi College took part in cleaning the railway station. In this inaugural function, Swami Nirmaleshanandaji Maharaj, Assistant Secretary, Sri Ramakrishna Mission Vidyalaya, Dr. VST. Saikumar, Principal & Secretary, Maruthi College of Physical Education, Dr. S. Alagesan, Professor, Ramakrishna Mission Vivekananda University, GAPEY, Sri Prakash Mohan, Chief Commercial Inspector, Sri S. Ramanathan, President Periyanaickenpalayam Railway Passengers Association, Sri S. Ramajothi, Secretary, Periyanaickenpalayam Railway Passengers Association, participated.
- **Swachh Vidyalaya:**  
As part of the ‘Swachh Vidyalaya’ our college students cleaned the Handball, Volleyball, Tennis courts, Football field and Garden on 12.12.2014 and 26.12.2014.
- **Gurupuja Celebrations:**  
Our staff & students participated in the following works during Gurupuja Celebrations on 04.01.2015.

S. No	Name of the Duty	Staff	Students
1.	Assisting Annadanam Cooking & Serving	4	50
2.	Arrangements for Exhibition	2	50
3.	Ramayan Theme Park Tickets	9	-
4.	Special Invitees Meals Arrangements	1	15
5.	Tiffin for Bhajan Parties		
6.	Games	3	22
7.	Scoters & Motor Cycles	1	20
<b>Total</b>		<b>20</b>	<b>157</b>

All of our staff members attended the Gurupuja post-utsav meeting on 06.01.2015 at GKD Auditorium.

**v.Extension Activity:**

- 30 of our college students acted as officials in the Anna University Zone-XI Athletic meet organized by Sree Sakthi Engineering College, Karamadai during 09<sup>th</sup> and 10<sup>th</sup> October, 2014.
- 06 of our MPed II students gave coaching in volleyball and basketball for the students of Martin Homeopathy Medical College & Hospital, Coimbatore on 11.12.2014 & 13.12.2014.
- Our 13 MPed II year students acted as officials for various games in Dr. MGR. Medical University State Level Inter Collegiate Sports Meet which was held during 15.12.2014 and 16.12.2014 organised by the Martin Homeopathy Medical College & Hospital, Coimbatore.
- Our 04 MPed II year students acted as officials for IPAA state level men kabaddi tournament on 18.12.2014 and 19.12.2014 organised by the Sri Ranganathar Institute of Polytechnic College, Coimbatore.
- Our 04 MPed II year students acted as officials for SREC Alumni Rolling Trophy for Football on 24.12.2014 organised by the Sri Ramakrishna Engineering College, Coimbatore.
- Sri Ramakrishna Mission Vidyalaya Polytechnic College Basketball team utilizing our courts for practice purpose from 28.12.2014 to till date.
- 02 MPed II year students acted as officials for Coimbatore District Throwball tournament conducted on 07.01.2015 and 08.01.2015 organised by the Coimbatore District Throwball Association, Coimbatore.
- In the Youth convention which was held from 02.12.2014 to 04.12.2014 all of our staff members, Principal, 25 MPed students and 7 M.Phil scholars conducted minor games for the participants. Games were conducted separately for men at Sri Ramakrishna Mission Vidyalaya College of Arts and Science play grounds and for women at Polytechnic grounds. Yoga classes were conducted at our college Tennis indoor stadium and at basketball courts. 22 MPed II year and 10 BPed students took part in this youth convention programme.

**vi.Examination:**

- Internal practical examinations were conducted for our BPed, MPed I & II students on 18, 24 and 25<sup>th</sup> October, 2014.
- **Examination schedule:**

S. No	Name of the Examination	Name of the course	Date
1.	Pre semester theory examination	M.Phil	03.11.2014 & 05.11.2014
2.	Pre semester theory examination	BPed, MPed I & II	03.11.2014 to 08.11.2014
3.	I Semester	BPed, MPed – I	10.11.2014 to 14.11.2014
4.	III Semester	MPed – II	10.11.2014 to 14.11.2014
5.	I Semester	M.Phil	24.11.2014 & 25.11.2014

- **Central Valuation for odd semester examinations** was conducted on 15.11.2014 and 16.11.2014 for BPEd and MPed courses. Dr. K. Murugavel, Professor and Head, Department of Physical Education, Bharathiar University, Coimbatore, Dr. STN. Rajeswaran, Professor, Bharathiar University, Coimbatore, Dr. T. Radhakrishnan, Associate Professor, Bharathiar University Dr. C. Arumugam, Assistant Professor, Tamil Nadu Physical Education and Sports University, Chennai, Dr. S. Alagesan, Professor, RMVU, GAPEY and Dr. P.J. Sebastian, Professor, RMVU, GAPEY were the examiners.
- Result passing board meeting was held on 29.11.2014 for our BPEd & MPed students.

#### **vii.College Activity:**

- Internal audit was completed for our college accounts for the 2<sup>nd</sup> quarter of this financial year 2014 – 2015 on 28.10.2014.
- Our college was reopened on 08.12.2014 after odd semester vacation.
- Ph.D Doctoral committee meeting was held on 13.12.2014 at our college. Doctoral Committee members consist of Dr. P. Samraj, Registrar i/c, Tamil Nadu Physical Education and Sports University, Chennai (University Nominee) Dr. Ch. VST. Saikumar, Dr. S. Alagesan, Dr. P.J. Sebastian, Dr. T. Jayabal are the subject experts and Dr. E. Amudhan is the Convener.
- The College Committee meeting was held on 24.12.2014 at our conference hall.
- All of our staff and students participated in the Gurupuja pre-utsav meeting on 03.01.2015 at Vidyalaya High School play ground (Vizha Pandal).

#### **viii.Memorandum of Understanding (MOU):**

Our college had Memorandum of Understanding (MOU) with the Conservator of Forests, Coimbatore region on 10.11.2014.

#### **xi.Visit:**

- Sri Sanjay Jayawarthanavelu, Chairman & Managing Director, Lakshmi Machine Works Ltd., (LMW), Periyanaickenpalayam visited our college on 18.11.2014.
- NAAC internal audit was conducted on 22.11.2014 by Dr. N. Govindarajulu, Professor and Head (Retd.) Department of Physical Education, Pondicherry University.

#### **x.Scholarship:**

The District Adi-Dravidar and Tribal Welfare Department sanctioned higher education scholarship of Rs.23,000.00 for 2 BPEd and 1 MPed student (2013-2014 batch).

#### **xi.Audit:**

Our college accounts for the financial year 2010-2011 to 2013-2014 have been audited on 24.11.2014 and 25.11.2014 by the auditing personnel from the Joint Director of Collegiate Education, Coimbatore.

### **xii.Meeting:**

- Parents' meeting was held on 08.12.2014 for our BPed and MPed I and MPed II year students.
- Dr. Ch. VST. Saikumar, Principal attended the All Vidyalaya Alumni Association meeting on 11.12.2014.
- National Youth Day Rally pre-meeting was conducted on 16.12.2014 at MCPE smart class room. Swami Garishtananda Maharaj, Swami Nirmaleshananda Maharaj and all the heads and co-ordinators from Vidyalaya Institutions participated in the meeting.
- Dr. E. Amudhan, Assistant Professor of our college attended Gurupuja exhibition meeting held on 16.12.2014 at SRMV College of Arts and Science (SF).

### **xiii.Student Support Activity:**

UGC-NET coaching classes were conducted for our M.Phil and MPed II year students from 10.12.2014 to 13.12.2014. Dr. P. Rajinikumar, Assistant Professor, Department of Exercise Physiology and Nutrition, Tamil Nadu Physical Education and Sports University, Chennai and Mrs. NS. Kothai, Assistant Professor, Department of Computer Application, Dr. MGR. Janaki College of Arts and Science for Women, Chennai. Mr. S. Viswanathan, Bharathidasan University, Trichy are the external resource persons.

### **xiv.Ph.D Viva:**

Ph.D Viva-Voce examination was conducted for our teaching faculty Sri M. Ramajayam at Annamalai University on 15.12.2014. Title of the thesis "Analysis of Health Related Physical Fitness of South Indian Adolescent School Boys"

### **xv.Workshop:**

**State level workshop cum referee examination in 'Athletics'** was conducted by our college on 19.12.2014 & 20.12.2014. Dr. P.J. Sebastian, Professor, Ramakrishna Mission Vivekananda University GAPEY was the chief guest of the inaugural function. Dr. M. Sundar, Principal, Alagappa University College of Physical Education, Karaikudi and Sri S. Srinivasan, President, Kovai Athletic Club, Coimbatore and Dr. E. Amudhan, Assistant Professor, Maruthi College of Physical Education are the resource persons of the workshop.

Particulars of the participants are given below:

<b>S. No</b>	<b>Name of the Institution</b>	<b>No. of Students participated</b>
1.	Maruthi College	100
2.	Vivekananda Univ. GAPEY	45
3.	Sarada College, Salem	06
4.	Others	07
<b>Total</b>		<b>158</b>

In the valedictory function, Dr. S. Alagesan, Professor, RMVU GAPEY gave the valedictory address and also distributed the participation certificates.

**xvi.Celebrations:**

- Anjaneyar Jayanthi Vizha was celebrated in our college on 21.12.2014. Swami Abhiramanandaji Maharaj, Secretary Ramakrishna Mission Vidyalaya addressed on the occasion.
- Guru puja main pandal muhurthakal function was conducted on 17.12.2014 at Vidyalaya High School play ground.
- Margazhi Bhajan was conducted on 19.12.2014 at Niranjanananda Prayer hall.
- In commemoration of Sardar Vallabai Patel's birth anniversary on 31.10.2014 National Unity Day was observed by our college staff and students and took pledge for India's Unity, Integrity and Security.

**FOURTH QUARTERLY OF 2014-2014 (from 09.01.2015 to 15.04.2015)****PROPOSALS CHALKED OUT**

The valuable suggestions given by our Internal Quality Assurance Cell (IQAC) members are chalked out as the future plan of actions and proposals for fourth quarterly from 09.01.2015 to 15.04.2015.

1. Propose our students to participate and officiate in various sports and games under our institution's sports activities formalities.
2. Propose our teaching and non-teaching staff to do curricular activities according to the Tamil Nadu Physical Education and Sports University, Chennai, norms.
3. Propose our students to serve in national services, vidyalaya services and representative activities.
4. Propose to do extension activities us followed in the previous year.
5. Proposal made to invite off campus institutions to conduct campus interview.
6. Propose our students to visit various schools for the rural coaching.

**PROPOSALS IMPLEMENTED****i.Sports Activity**

- T. Rajkumar and C. Hariharan BPEd students of our college were selected to represent the Salem District Hockey men team and also participated in the Divisional level hockey tournament which was held from 09.01.2015 to 11.01.2015 at Namakkal.
- The following students of our college got selected to represent Tamil Nadu Physical Education and Sports University in athletics to participate in the All India inter-university athletic meet which was held at Rajiv Gandhi University of Health Sciences, Mangalore from 16.01.2015 to 20.01.2015.

S. No	Name of the student	Course	Event	Place
1.	C. Saravanakumar	MPed I	10000 m & 5000 m	-
2.	N. Surendaran		100 m	7 <sup>th</sup> place
			4x100 m relay	
3.	D. Anish		100 m & 4x100 m relay	-

- The following students of our college got selected to represent the Tamil Nadu Physical Education and Sports University south zone inter-university tournaments 2014-2015.

S. No	Name of the student	Course	Game	Date	Venue
1.	P. Prasanth	BPEd	Basketball	03.01.2015 to 10.01.2015	Sathyabama University, Chennai
2.	N. Nandhakumar	MPed II	Hockey	21.01.2015 to 25.01.2015	National College of Engineering, Kovilpatti
3.	T. Rajkumar	BPEd			
4.	C. Hariharan	BPEd			
5.	S. Arivazhakan	M.Phil	Tennis	24.01.2015 to 28.01.2015	SRM University, Chennai
6.	S. Andiappan	MPed II			
7.	A. Prabhakaran	MPed I			

- Our college volleyball team secured 4<sup>th</sup> position in the 40<sup>th</sup> State Level Inter-Collegiate Flood Light Volleyball Tournament for 'PSG Trophy' (Men) 2014 – 2015 organised by PSG College of Arts and Science, Coimbatore from 27.01.2015 to 29.01.2015, received the cash prize Rs.7000/- and D. Arul Prabhu, MPed II secured best setter award.
- Our college cricket team secured 3<sup>rd</sup> position in the Coimbatore District inter-collegiate cricket tournament organized by Coimbatore District Cricket Association from 22.01.2015 to 30.01.2015. Our team defeated Shri Nehru Maha Vidyalaya, Shree Sakthi Engineering, SNR College, Sri Krishna College of Arts and Science. In the semi finals we lost to PSG College of Arts and Science, Coimbatore. Our MPed I year student C. Sivasami secured best wicket keeper award.

## ii. Staff Activity:

- Dr. Ch. VST. Saikumar, Principal attended the following assignments

S. No	Name of the Assignment	Place	Date
1.	Conducted the public Viva-Voce Examination for his research scholar Sri M. Natarajan	Tamil Nadu Physical Education and Sports University, Chennai	07.01.2015
2.	Presided over the state level workshop on 'Yoga for World Peace'	Tamilnadu Yoga Association at Kovai Kamakshipuri Adheenam Coimbatore	23.01.2015



3.	Attended the sports advisory committee meeting	Sri Saraswathi Thyagaraja College of Arts and Science, Pollachi	24.01.2015
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- Sri S. Elango, Librarian (SG) attended a national seminar on “Accessing Resource: New Avenues in Explorative Methodologies” on 09.01.2015 at Loyola College, Chennai.
- Dr. S. Sivasankar, Assistant Professor of our college has been nominated as one of the selection committee members to select Indian School Kho-Kho (under 17) girls team.
- Dr. Ch. VST. Saikumar, Principal and 4 staff members attended the Vidyalaya foundation day celebration on 03.02.2015 at GKD Auditorium.
- Dr. Ch. VST. Saikumar, Principal attended the following assignments

S. No	Name of the Assignment	Place	Date
1.	Meeting on awareness of Dengue Fever	Joint Director of Collegiate Education, Coimbatore	28.01.2015
2.	Acted as an external examiner for Ph.D Viva Voce examination	Tamil Nadu Physical Education and Sports University, Chennai	30.01.2015
3.	Attended the Syndicate meeting	Tamil Nadu Physical Education and Sports University, Chennai	10.02.2015
4.	Chief Guest for the valedictory function of sports meet	RVS College of Arts and Science, Coimbatore	16.02.2015
5.	Attended the 8 <sup>th</sup> Convocation function of TNPESU	Raj Bhavan, Chennai	18.02.2015

- Dr. E. Amudhan and Dr. S. Sivasankar Assistant Professors were acted as judges for the State Level Yoga Competition organised by Ramakrishna Mission Vivekananda University GAPEY on 30.01.2015.
- Dr. A. Needhiraja, Assistant Professor of our college attended a meeting regarding participation of student volunteers for Coimbatore Guinness Championship Campaign 2015, organized by Coimbatore City Municipal Corporation at Corporation Auditorium, R.S. Puram, and Coimbatore on 12.02.2015.
- Sri V. Mohanraj, Junior Assistant (Spl.Gr) attended a meeting on awareness of Dengue Fever organized by the Joint Director of Collegiate Education, Coimbatore at Office of the Joint Director of Collegiate Education, Coimbatore on 29.01.2015.
- Sri V. Mohanraj, Junior Assistant (Spl.Gr) and Sri A. Amirthalingeswaran, Computer Assistant of our college attended a meeting regarding e-Payroll system organized by the District Treasury, Coimbatore at Nirmala College of Arts and Science, Coimbatore on 06.02.2015.
- Dr. Ch. VST. Saikumar, Principal, acted as a resource person in the National Conference entitled ‘Current Fitness Trends’ on 27.02.2015 organised by the Department of Physical Education, Sri Padmavathi Mahila Vishwavidyalayam, Tirupati.



- Dr. S. Sivasankar, Assistant Professor, acted as a resource person in the State Level Workshop Cum Referee Examination on Kho-Kho on 28.02.2015 organised by the Alagappa University College of Physical Education, Karaikudi.
- Dr. Ch. VST. Saikumar, Principal and Sri V. Mohanraj, Junior Assistant (Spl.Gr) attended a guest lecture on Union Budget-2015 organized by SRMV College of Arts and Science Research and Faculty Enrichment Council on 03.03.2015.
- Dr. Ch. VST. Saikumar, Principal, acted as a special guest for the inaugural function of the 2<sup>nd</sup> State Level Inter-Agricultural Sports and Games Tournaments 2015 on 12.03.2015 organised by Sri Ramakrishna Mission Vidyalaya IARD.

### iii. Extension Activity:

- 02 MPed II year students acted as officials for Coimbatore District Throwball tournament conducted on 07.01.2015 and 08.01.2015 organised by the Coimbatore District Throwball Association, Coimbatore.
- Our 10 MPed II year students acted as officials for District Level Inter-School Volleyball men tournament on 08.01.2015 and 09.01.2015 organised by United Institute of Technology, Coimbatore.
- 20 of our BPed, MPed I & II year students acted as officials in the sports meet organized by the SRMV Swami Shivananda Hr. Sec. School on 08.01.2015 and 09.01.2015.
- 03 of our college students acted as the officials in the cricket competitions organized for the Vidyalaya Polytechnic college hostel boys on 26.01.2015.
- KSB pumps, Coimbatore utilized our volleyball courts on 01.02.2015, 06 of our students acted as officials.
- 70 of our BPed students are serving as volunteers in the Unified play day organized by the Ramakrishna Mission Vivekananda University, GAPEY.
- 10 of our college students acted as officials in the SIICAA-2015 tournaments organized by Vanavarayar Institute of Agriculture, Pollachi from 04.03.2015 to 06.03.2015.

### iv. Celebrations:

- All of our staff and students participated in the Kalpatharu day function on 01.01.2015.
- **National youth day rally:**  
In commemoration of Swami Vivekananda's birth anniversary, youth rally was organized on 22.01.2014. All the staff and students of Vidyalaya around 1000 members participated. The benedictory address was given by Swami Nirmaleshanandaji Maharaj, Assistant Secretary, Ramakrishna Mission Vidyalaya. Mr. K. Adhiveerapandian, Additional Superintendent of Police, Coimbatore District gave youth day address and flagged off the rally. Vidyalaya students carried the placards bearing Swamiji's sayings and floats were decorated with Swamiji's impressions. The rally covered the distance of three kilometers in the Periyanaickenpalayam area.
- **Republic Day celebration:**  
The 66<sup>th</sup> Republic Day celebration was held in our college ground on 26.01.2015. Around 1000 students representing various institutions of the Vidyalaya participated with enthusiasm.

Swami Abhiramanandaji Maharaj hoisted the national flag and delivered Republic day address. Mr. GD Ramnaresh, Inspector and Mr. E. Sankara Subramanian, Sub Inspector from CRPF, Coimbatore acted as judges to select the best marching contingent. Swami Sivananda Hr. Sec. School (TM) won the junior rolling trophy by securing 38 points and Maruthi College of Physical Education won the senior rolling trophy by securing 38 points.

- **Play festival:**

Bhagavan Sri Ramakrishna Paramahamsar's centenary memorial Play Festival for school children was organized by our college on 20.02.2015 at our college ground. In this Play Festival approximately 2000 Periyanaickenpalayam and Karamadai Panchayat Union Government Elementary School children demonstrated the rhythmic exercises to the tunes of devotional, Folk and patriotic songs. Swami Abhiramanandaji Maharaj, Secretary Sri Ramakrishna Mission Vidyalaya presided the function. Sri Tha. Murugan, Project Director and Additional Collector, District Rural Development Agency (DRDA), Coimbatore was the chief guest. Periyanaickenpalayam AEE0, Sri. R. Rajendran, Addl. AEE0 Sri. R. Rangaraju, Karamadai AEE0, P. Thannasi, Addl. AEE0, N. Pullani, Headmasters and Headmistresses of Elementary Schools from Periyanaickenpalayam and Karamadai Panchayat Unions, Heads of Institutions and staff members from Vidyalaya institutions participated in this function. Dr. Ch. VST. Saikumar, Principal and Secretary of Maruthi College welcomed the dignitaries and Dr. T. Jayabal, Associate Professor proposed vote of thanks.

**v.Scholarship:**

The District Adi-Dravidar and Tribal Welfare Department sanctioned higher education scholarship of Rs.99,000.00 for 10 BPED, 1 MPED student and 2 M.Phil scholars (2014-2015 batch).

**vi.Student Activity:**

- **Swachh Bharat**

As part of the 'Swachh Bharat' our college students took part in cleaning the Periyanaickenpalayam Railway Station on 09.01.2015.

- **Swachh Vidyalaya:**

As part of the 'Swachh Vidyalaya' our college students cleaned the Fitness centre, volleyball complex, football field and Track and field on 09.01.2015, 19.01.2015 and 20.01.2015.

- As part of the 'Swachh Vidyalaya' our college students cleaned the football play field, and marking for play festival was done on 16<sup>th</sup>, 17<sup>th</sup> and 18<sup>th</sup> February 2015

- All of our staff and students visited the stalls exhibited in the National Seminar on 'Assistive Technology in Education and Sports for Total Inclusion of Persons with Disabilities' organized by National Institute of Empowerment of Persons with Multiple Disabilities, Chennai in collaboration with Ramakrishna Mission Vivekananda University, GAPEY & FDMSE on 07.02.2015.

- Our MPED II year students visited various coaching centres and fitness centres from 09.02.2015 to 13.02.2015 as part of their internship

**vii.Examinations:**

- Even Semester CAT I Examinations were held on 19.01.2015 and 20.01.2015 for our M.Phil, BPED, MPED I & MPED II year students.
- Certificate Course examinations were conducted from 02.02.2015 to 06.02.2015.

- From our college, 03 research scholars appeared for the interview and entrance examination conducted by the Tamil Nadu Physical Education and Sports University, Chennai on 27.02.2015 to admit Ph.D scholars. Dr. E. Amudhan, Assistant Professor was nominated as the member of research committee for this selection.
- Continous Assessment Examinations

S. No	Name of the Examination	Name of the course	Date
1.	Continous Assessment Examinations (CAE)-II	M.Phil	09.03.2015 & 10.03.2015

**viii.Meeting:**

National Youth Day Rally pre-meeting was conducted on 19.01.2015 at MCPE smart class room. All the heads and co-ordinators from Vidyalaya Institutions participated in the meeting.

**xi. Internal Audit:**

Internal audit was completed for our college accounts for the 3<sup>rd</sup> quarter of this financial year 2014 – 2015 on 22.01.2015.

**x.Campus Interview:**

Our placement cell invited many but responded 11 reputed institutions and they interviewed 133 students (BPed & MPed IInd yearstudents).

**xi.Coaching Programme:**

Our MPed I year students visited various schools from 09.02.2015 to 13.02.2015 as part of their rural coaching.

**xii.Visits:**

- Swami Balabhadranandaji Maharaj, Assistant Secretary, Ramakrishna Mission & Math, Belur, West Bengal visited our college on 03.02.2015.
- Sri Sarada College of Physical Education, Salem, 99 students and 13 teaching and non teaching staff members visited our college as a part of their educational tour on 07.02.2015. Our students gave a demonstration of play festival activities.

**xiii.University Grants Commission (UGC) Grant:**

University Grants Commission had sanctioned the following grant for our college under the scheme of “Development of Sports Infrastructure and Equipments during XII Plan period”.

Item	Amount sanctioned	Amount received	Balance amount
Stage-Iii: Fitness Centre with Sports Sciences Back Up	2,40,00,000.00	0.00	2,40,00,000.00
Equipment	10,00,000.00	10,00,000.00	0.00

## ANNEXURE - II

**The plan to action and the outcome achieved in the year 2014-2015 and the consolidated report is given below:**

Proposals chalked out	Proposals implemented
<b>1. Curricular aspects</b>	
a) Proposed to create awareness about the physical education courses, our staff members have to address the final year U.G. and P.G. students of Arts and Science colleges.	Our staff members had addressed the final year U.G. and P.G. students of nearby Arts and Science colleges.
b) Proposed to give advertisements in the regional daily news papers and our college web site.	Advertised in the regional leading dailies and our college web site.
c) Proposed to send circulars, notices and pamphlets to the institutions of other districts and states.	Our college had sent circulars, notices and pamphlets to the institutions of other districts and states. Alumnus of our college also helped us in this admission process.
d) Proposed to induct flexible curriculum, introduction of new activities and implement new programmes.	Necessary modifications suitable to the current employability had been done in the curriculum
<b>2. Teaching, Learning and Evaluation</b>	
Proposed to encourage our faculty to take part in the more number of seminar, workshops, conferences and symposia	Our faculty took part 88 numbers of seminar, workshops, conferences and symposia
Proposed for the better teaching and learning to adopt latest techniques	Latest e-teaching equipments purchased from UGC Grant and utilized for modern teaching and learning. <b>For details refer Q.No.6.3.5</b>
Proposed to initiate examination/ evaluation reforms in our institution	The following reforms have been implemented: <ul style="list-style-type: none"> <li>• Optical Mark Reader Evaluation System</li> <li>• Centralized CIA test</li> <li>• Transparency - supply of photocopy</li> <li>• Results through mobile and website</li> <li>• Supplementary Examination</li> <li>• Improvement Examination</li> </ul>
Proposed to motivate the staff members to pursue faculty development programmes	<ul style="list-style-type: none"> <li>• Our faculty members took part 88 numbers of seminar, workshops, conferences and symposia.</li> <li>• Our faculty members organized 5 seminars and workshops</li> </ul>

	<ul style="list-style-type: none"> <li>• Our faculty members presented 26 papers in various national conferences</li> <li>• Our faculty members served as resource persons for 16 seminars</li> <li>• Our faculty members served as chairpersons in 3 seminars</li> <li>• Our faculty members gave 9 guest lectures.</li> <li>• Our faculty members published 19 articles in various journals and 3 articles in various magazines</li> <li>• Our faculty published Handbook of Physical Education for Competitive Examinations (ISBN:978-81-923573-4-8)</li> <li>• Our faculty prepared 34 course materials in print and distributed to the students</li> </ul>
Proposed to encourage the administrative and technical staff to take part in the development programmes	<p>Our college permitted administrative staff to attend the meeting on awareness of Dengue Fever organized by the Joint Director of Collegiate Education, Coimbatore on 29.01.2015.</p> <p>Our college permitted administrative staff to attend the meeting on e-Payroll system organized by the District Treasury, Coimbatore at Nirmala College for women, Coimbatore on 06.02.2015.</p>
<b>3. Research, Consultancy and Extension</b>	
a) Proposed to initiate our college's research centre in promoting advanced research activities.	Participatory Scheme implemented for students to write research based papers and involving them faculty research
b) Proposed to acquire more research funds from various funding agencies, industry and other organizations	We received UGC Grants and utilized for research and teaching. Refer Q.No.6.3.5
c) Proposed to increase the publication of books with ISBN number	<p>The following books were published:</p> <p>Role of sports sciences in achieving human excellences ISBN - 81-9235733-1</p> <p>Guide for Physical Education Competitive Examinations ISBN – 81-923573-4-1</p>

<p>d) Proposed to conduct inter disciplinary conferences, seminars, symposia and workshops</p>	<p>Our faculty and Students Participated in the following seminars:</p> <p>State Level Workshop on Current System of Physical Education &amp; Adapted Physical Education in Schools in Tamil Nadu organized by Ramakrishna Mission Vivekananda University, Coimbatore</p> <p>National seminar on Assistive Technology in Education &amp; sports for Total Inclusion of Persons With Disabilities organized by Ramakrishna Mission Vivekananda University, Coimbatore</p>
<p>e) Proposed to encourage our faculty to serve as experts, chairpersons or resource persons in conferences, seminars, symposia and workshops etc.</p>	<ul style="list-style-type: none"> <li>• Our faculty members served as resource persons in 16 seminars</li> <li>• Our faculty members served as chairpersons in seminars, workshops and conferences etc. <b>For details refer AnnexureVI &amp; VII</b></li> </ul>
<p>f) Proposed to increase Ph.D. enrolment and research activities to be guided by the faculty from our institution.</p>	<p>Our staff members are guiding 17 Ph.D Scholars and 7 M.Phil Scholars</p>
<p>g) Proposed to promote major activities in the sphere of extension activities</p>	<p>There are 31 various extension activities conducted and participated by our students and staff.</p>
<p><b>4.Infrastructure and Learning Resources</b></p>	
<p>a) Proposed to increase the infrastructural facilities in our college</p>	<p>For our proposal, UGC had sanctioned Rs.2.5 crores for ‘Fitness centre with sports sciences backup’ for development of sports infrastructure and equipment in colleges during XII plan period (2012-2017) Stage-III.</p>
<p>b) Proposed to computerize our college library</p>	<p>Our College library is fully computerized along with digital library.</p>
<p>c) Proposed to increase the library services</p>	<p>During the examinations, library is kept opened from 9.00am to 8.00pm.</p>

d) Proposed to train the teachers and students in computer, internet access, and any other programme for technology upgradation (Networking, e-Governance etc.)	Teaching and non-teaching staff members were given exposure to the computer training.
<b>5. Student Support and Progression</b>	
<p>a) The following activities are recommended by the Internal Quality Assurance Cell (IQAC) to enhance the student support services:</p> <ul style="list-style-type: none"> <li>• conducting coaching classes for preparing the students to competitive examinations</li> <li>• Student counselling and career guidance</li> <li>• Campus placement</li> <li>• Students Activities: <ul style="list-style-type: none"> <li>▪ Students participation to be encouraged in sports, games and cultural events in district, state, university level and etc.</li> <li>▪ Scholarships and Financial Support are to be arranged.</li> <li>▪ Students are motivated to take part in the exhibitions in local, district, university level etc.,</li> </ul> </li> </ul>	<p>UGC-NET coaching classes were conducted for our M.Phil and MPed II year students from 10.12.2014 to 13.12.2014.</p> <p>Our Post Graduate students visited various coaching centers and fitness centers from 09.02.2015 to 13.02.2015 as part of their internship</p> <p>11 recruitment agencies conducted on campus interviews for 133 students</p> <p>There are 148 students participated in the district, state, university level and 1 national level</p> <p>Rs.300000/- has been distributed to 15 students as sports scholarship from college management</p> <p>53 students availed Rs. 496064/- as government scholarships</p>
<b>6. Governance, Leadership and Management</b>	
<p>Various activities are to be initiated by the institution</p> <ul style="list-style-type: none"> <li>• Welfare schemes for Teaching, Non teaching and Students</li> <li>• Activities and support from the Alumni Association</li> <li>• Activities and support from the Parent – Teacher Association</li> <li>• Initiatives taken by the institution to make the campus eco-friendly</li> </ul>	<p><b>The following welfare schemes for Teaching and Non-Teaching staffs:</b></p> <p>Management had extended support to the teaching and non-teaching staff by providing health insurance scheme, group insurance, uniform and also by providing staff quarters at nominal rates.</p> <p><b>For Students:</b></p> <p>Sports Scholarship , Group insurance and medical services, Career counselling, sports scholarship, spiritual retreat and youth convention were arranged for the benefit of students.</p>

	<p><b>From Alumni Association:</b></p> <p>Alumnus of our college helped us in the student admissions and placements.</p> <p><b>From Activities of Parent Teacher Association:</b></p> <p>Parents of our students are extending their unconditional support to the measures taken by the college for well being of the students.</p> <p><b>Eco friendly:</b></p> <p>Students were motivated enough to keep campus litter free, Proper waste water management and also planting the saplings.</p>
<b>7. Innovations and Best Practices</b>	
<ul style="list-style-type: none"> <li>Proposed to create a positive impact on the functioning of the academic system in our institution. Proposed innovative practices to create environmental awareness / protection</li> </ul>	<p>The following two best practices were implemented :</p> <ol style="list-style-type: none"> <li>Community development programme - Play Festival.</li> <li>Serving the society through sports coaching.</li> </ol>

## SUPPORTIVE INFORMATIONS FOR ANNEXURE – II

### 1.The Staff members sent Minor/Major Research Project proposals to UGC

S.No	Name of the Staff	Title of the Research Project Proposal	Minor/Major Research Project
1.	Dr. T.Jayabal & Dr. A.Needhiraja	Talend Identification and Specific Training Programme in Indigenous Games: Kabaddi and Kho-Kho in Rural Areas of Tamilnadu	Major Research Project
2.	Sri S.Elango, Librarian	Citation Analysis through Citation index in Physical Education, Adapted Physical Education and Yoga	Major Research Project
3.	Dr.E.Amudhan & Dr.S.Sivasankar	Influence of adapted yogasanas, recreative games and complex training on selected physical fitness variables, physiological variables, coordinative abilities, and body composition of persons with intellectual disability.	Major Research Project



## 2.List of Text Books added during the year 2014- 2015

S. No.	Title	Authors	Publisher
1.	Vivekananda : a Biography	Advaita	Advaita Ashrama
2.	Raja yoga	Swami vivekananda	Advaita Ashrama
3.	Jnana yoga	Swami vivekananda	Advaita Ashrama
4.	Bhakti yoga	Swami vivekananda	Advaita Ashrama
5.	Karma yoga	Swami vivekananda	Advaita Ashrama
6.	My India	Swami vivekananda	Advaita Ashrama
7.	A Brief History of Physical Education in India	krishnaswamy Rajagopalan	Khel Sahitya
8.	All you wanted to know about Tennis	Pankhurst Anne	Sterling Publishers
9.	Handball	Kangane Sopan	Diamond
10.	How to Play Chess	Mitchell.R.L	New Lights
11.	The Right Way to Play Chess	Ashok Kumar	New Lights
12.	AP Super Tennis	AP	AP, Jalandhar
13.	Health, Physical Education and Sports	AP	AP, Jalandhar
14.	Arinthukollungal Kabaddi	Mariayyah P	Teachers Publishing House
15.	Arinthu kollungal Eripandhu	Albert Premkumar	Teachers Publishing House
16.	Arinthu Kollungal kutaipanthu	Mariayyah P	Teachers Publishing House
17.	Arinthu Kollungal Kiyuthu Panthu	Mariayyah P	Teachers Publishing House
18.	Arinthu kollungal Silambam	Marugavel K	Teachers Publishing House
19.	Ainthu Vilaiyattukal	Mariayyah P	Teachers Publishing House
20.	Kho Kho Vilaiyattu	Selvaraj V N	Teachers Publishing House
21.	Vilakala Samuga Vilaiyattukal	Alagesan S	Teachers Publishing House
22.	Ulaga Vilaiyattu Sadhanaiyalarkal	Elangovan C R	Teachers Publishing

			House
23.	Bharathiyam	Alagesan S	Teachers Publishing House
24.	Aadukala Alaveedugal	Mariayyah P	Teachers Publishing House
25.	Yoga Therapy	Moorthy A M	Teachers Publishing House
26.	Udal Ariviyal Unmaigal	Alagesan S	Teachers Publishing House
27.	Vettrikku Vazikattum Yoga	Goplanandha B	Teachers Publishing House
28.	Athens muthal Athens Varai	Alagesan S	Teachers Publishing House
29.	Udar Kalvi – 6 <sup>th</sup> Std	Mariayyah P	Teachers Publishing House
30.	Udar Kalvi – 7 <sup>th</sup> Std	Mariayyah P	Teachers Publishing House
31.	Udar Kalvi -8 <sup>th</sup> Std	Mariayya	Teachers Publishing House
32.	Udar Kalvi – 9 <sup>th</sup> Std	Mariayyah P	Teachers Publishing House
33.	Udar Kalvi – 10 <sup>th</sup> Std	Mariayyah P	Teachers Publishing House
34.	Physical Education – 6 <sup>th</sup> Std	Mariayyah P	Khel Sahitya
35.	Physical Education – 7 <sup>th</sup> Std	Mariayyah P	Khel Sahitya
36.	Physical Education – 8 <sup>th</sup> Std	Mariayyah P	Khel Sahitya
37.	Physical Education – 9 <sup>th</sup> Std	Mariayyah P	Khel Sahitya
38.	Udar Kalvi	MARIAYYA	Teachers Publishing House
39.	Arinthukollungal Kabaddi	Mariayyah P	Teachers Publishing House
40.	Arinthukollungal Kabaddi	Mariayyah P	Teachers Publishing House
41.	Arinthukollungal Kabaddi	Mariayyah P	Teachers Publishing House

42.	Arinthukollungal Kabaddi	Mariayyah P	Teachers Publishing House
43.	Arinthukollungal Kabaddi	Mariayyah P	Teachers Publishing House
44.	Arinthukollungal Kabaddi	Mariayyah P	Teachers Publishing House
45.	Arinthukollungal Kabaddi	Mariayyah P	Teachers Publishing House
46.	Arinthukollungal Kabaddi	Mariayyah P	Teachers Publishing House
47.	Arinthukollungal Kabaddi	Mariayyah P	Teachers Publishing House
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53.	Arinthukollungal Kabaddi	Mariayyah P	Teachers Publishing House
54.	Arinthu Kollungal kutaipanthu	Mariayyah P	Teachers Publishing House
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76.	Arinthu Kollungal kutaipanthu	Mariayyah P	Teachers Publishing House
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78.	Arinthu Kollungal kutaipanthu	Mariayyah P	Teachers Publishing House
79.	Arinthu Kollungal kutaipanthu	Mariayyah P	Teachers Publishing House
80.	Arinthu Kollungal kutaipanthu	Mariayyah P	Teachers Publishing House
81.	Arinthu Kollungal kutaipanthu	Mariayyah P	Teachers Publishing House
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83.	Arinthu Kollungal kutaipanthu	Mariayyah P	Teachers Publishing House
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86.	Ainthu Vilaiyattukal	Mariayyah P	Teachers Publishing House
87.	Ainthu Vilaiyattukal	Mariayyah P	Teachers Publishing House
88.	Ainthu Vilaiyattukal	Mariayyah P	Teachers Publishing House
89.	Ainthu Vilaiyattukal	Mariayyah P	Teachers Publishing House
90.	Ainthu Vilaiyattukal	Mariayyah P	Teachers Publishing House
91.	Ainthu Vilaiyattukal	Mariayyah P	Teachers Publishing House
92.	Ainthu Vilaiyattukal	Mariayyah P	Teachers Publishing House
93.	Ainthu Vilaiyattukal	Mariayyah P	Teachers Publishing House
94.	Ainthu Vilaiyattukal	Mariayyah P	Teachers Publishing House
95.	Ainthu Vilaiyattukal	Mariayyah P	Teachers Publishing House

96.	Ainthu Vilaiyattukal	Mariayyah P	Teachers Publishing House
97.	Ainthu Vilaiyattukal	Mariayyah P	Teachers Publishing House
98.	Ainthu Vilaiyattukal	Mariayyah P	Teachers Publishing House
99.	Kho Kho Vilaiyattu	Selvaraj V N	Teachers Publishing House
100.	Kho Kho Vilaiyattu	Selvaraj V N	Teachers Publishing House
101.	Kho Kho Vilaiyattu	Selvaraj V N	Teachers Publishing House
102.	Kho Kho Vilaiyattu	Selvaraj V N	Teachers Publishing House
103.	Kho Kho Vilaiyattu	Selvaraj V N	Teachers Publishing House
104.	Kho Kho Vilaiyattu	Selvaraj V N	Teachers Publishing House
105.	Kho Kho Vilaiyattu	Selvaraj V N	Teachers Publishing House
106.	Kho Kho Vilaiyattu	Selvaraj V N	Teachers Publishing House
107.	Kho Kho Vilaiyattu	Selvaraj V N	Teachers Publishing House
108.	Kho Kho Vilaiyattu	Selvaraj V N	Teachers Publishing House
109.	Kho Kho Vilaiyattu	Selvaraj V N	Teachers Publishing House
110.	Kho Kho Vilaiyattu	Selvaraj V N	Teachers Publishing House
111.	Kho Kho Vilaiyattu	Selvaraj V N	Teachers Publishing House
112.	Kho Kho Vilaiyattu	Selvaraj V N	Teachers Publishing House
113.	Kho Kho Vilaiyattu	Selvaraj V N	Teachers Publishing House

114.	Vilakala Samuga Vilaiyattukal	Alagesan S	Teachers Publishing House
115.	Vilakala Samuga Vilaiyattukal	Alagesan S	Teachers Publishing House
116.	Vilakala Samuga Vilaiyattukal	Alagesan S	Teachers Publishing House
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458.	Kathai Malar -20	SRK Madam	SRMV
459.	Kadhai Malar -21	Sri Ramakrishnan Math	SRMV
460.	Kadhai Malar -22	Sri Ramakrishnan Math	SRMV
461.	Kadhai Malar -23	Sri Ramakrishnan Math	SRMV
462.	Kadhai Malar -24	Sri Ramakrishnan Math	SRMV
463.	Kadhai Malar -25	Sri Ramakrishnan Math	SRMV
464.	Tamil Mannil Vivekanandarin Veera Mulakkam	Sri Ramakrishnan Math	SRMV
465.	Nagarigamum Samuthaya Kodpadum	SW Vivekanandar	SRMV
466.	Maranathirkku Appal	SW Vivekanandar	SRMV
467.	Anaivarukkum Neethi Neri Matrum Nannadththai	SW Vivekanandar	SRMV
468.	Seyal Murai Vedantham	SW Vivekanandar	SRMV
469.	Mathamaatram thevaiyaa	SW Vivekanandar	SRMV
470.	Vivekanandar Illam Uruvaana Kathai	SRK Madam	SRMV
471.	Vivekanandar Arivuraikal	SRK Madam	SRMV
472.	Ethu Inbam	SRK Madam	SRMV
473.	Ithuthaan Ulagam	SRK Madam	SRMV
474.	Enathu Gurunaathar	SRK Madam	SRMV
475.	Enthu Pormurai	SRK Madam	SRMV
476.	Thondum Peranandam	Swami Vivekanandar	SRMV
477.	Vivekakathaikal	SW Vivekanandar	SRMV

478.	Amutha Thulikal	SW Vivekanandar	SRMV
479.	Avalukku Arul Appadi	Mainthan	SRMV
480.	Vizhitthidu Vendridu	SW Vimurthanandar	SRMV
481.	Vetrikku Virainthidu	SW Vimurthanandar	SRMV
482.	Vetrikku Vithidum Aasiriyarkale	SW Vimurthanandar	SRMV
483.	Dharmam Dhanam Tharum	SW Vimurthanandar	SRMV
484.	Enrum Naan Un Annai	Mayndhan	SRMV
485.	Ambigai Eppothu Sirikkira	Mayndhan	SRMV
486.	Arulneri Kathaigal	SWAMI Kamalamandiar	SRMV
487.	Deiveega Kathaikal	SWAMI Kamalamandiar	SRMV
488.	Aanmega Kathaikal	Swami Kamalamandiar	SRMV
489.	Bakthi Kathaikal	Swami Kamalamandiar	SRMV
490.	Narathar Kathaikal	Swami Kamalamandiar	SRMV
491.	Ulakirku Indiyavin Nar Seithi	Swami Vivekanandar	SRMV
492.	Enathu Baratham Amara Baratham	Swami Vivekanandar	SRMV
493.	Indhiya Thayin Panikku Ilaingarkale Varuga	Swami Vivekanandar	SRMV
494.	Iswami Vivekanandar Alaikiraar	SRK Madam	SRMV
495.	Veera Ilaingarukku	SW Vivekanandar	SRMV
496.	Thayagame Kel	Swami Vivkenandar	SRMV
497.	Pudiya Indiyavai Padaippom	Swami Vivkenandar	SRMV
498.	Namadu Thainadu	SRK Madam	SRMV
499.	Dhyanamum Adhan Muraiyum	SRK Madam	SRMV
500.	Manavarglukkana Upanishadhangal	SRK Madam	SRMV
501.	Manidhanum Prabhanjamum	Swami Ramakrishnanandhar	SRMV
502.	Dhyana Vazhikatti	SRK Madam	SRMV
503.	Naan Kanda Swami Thapasyanandar	SRK Madam	SRMV
504.	Thiruvagasam	SW Sithbavanandar	SRMV
505.	Patanjali Yoga Suttirangal	Swami Vivekananda	SRMV

506.	Panniru Azhyvargal	Gowari Rajagopal	SRMV
507.	Tirukkural	Aiyar V V S	SRMV
508.	Kalvi	Avinashilingam	SRMV
509.	Nalvazhi -4	SW Ragavesananda	SRMV
510.	Nalvazhi -3	SW Ragavesananda	SRMV
511.	Nalvazhi -2	SW Ragavesananda	SRMV
512.	Nalvazhi -1	SW Ragavesananda	SRMV
513.	Ramayanam	Srimath Swamy Chidbhananda	SRMV
514.	Mahabharatam	Srimath Swamy Chidbhananda	SRMV
515.	Daily Divine Digest	Srimath Swamy Chidbhananda	SRMV
516.	Siruvargalukkana Prarthanaigal	Swami Rakavasanananda	SRMV
517.	Palsuvai Kadhaigal	Swami Vivekananda	SRMV
518.	Manavarkal Vetrikku Swami Vivekanandar	Vivek Sankar	SRMV
519.	Amudha Thuligal	Sri Ramakrishna Math	SRMV
520.	Vivekanandar Parvaiyil Indhu Madham	Swami Vivekananda	SRMV
521.	Puthiya Kannottathil Sinthithal	Vivek Sankar	SRMV
522.	Swami Ramakrishnanandar Pugalppadangalum Varalarum	Harihari Krishnamoorthy	SRMV
523.	Swami Vivekanandar Avarkalin Thiramikka Melalarkalavatharkana Soothirangal	Vivek Sankar	SRMV
524.	Veeramikka Manitharkalavatharku Swami Vivekanandin Thalamai Poruperkum Soothirangal	Vivek Sankar	SRMV
525.	Vivekanandar yaar	Nellaiyappan	SRMV
526.	Viveka Thulikal	SW Vivekanandar	SRMV
527.	Tarkala India	Swami Vivekananda	SRMV
528.	Ramayanam	Swami Vivekananda	SRMV
529.	Mahabharatam	Swami Vivekananda	SRMV

530.	Prahaladan	Swami Vivekananda	SRMV
531.	Rishigal Aavom	Swami Vivekananda	SRMV
532.	Indhiyavan Edhirkalam	Swami Vivekananda	SRMV
533.	Swami Vivekanandari Sinthanai Thuligal	SRK Madam	SRMV
534.	Dinam Oru Veeramozhil	Swami Vivekananda	SRMV
535.	Samudayatthil Podhuvudamai Kotpadu	Swami Vivekananda	SRMV
536.	Bharatame Uyirttezhul	Swami Vivekananda	SRMV

### 3.List of References Books added during the year 2014- 2015

S. No.	Title	Authors	Publisher
1.	Knowledge Encyclopedia	Random house	Random house
2.	Worksite Health Promotion	Chenoweth, David H	Humankinetics
3.	Basketball Drills, Plays, and Strategies :	Adkins, Clinton M.	Betterway Books
4.	Outdoor Fitness : Step out of the Gym and into the Best Shape of Your Life in 8 Weeks or Less	Vindums Tina	Friends Publications
5.	Physical Education for Lifelong Fitness	NASPE - National Association for Sport and Physica	Humankinetics
6.	Essentials for Health and Wellness	Edlin, Gordon	Jons & Bartlett
7.	Concepts of Athletic Training	Pfeiffer, Ronald P	Jons & Bartlett
8.	Principles and Practice of Sport Management	Barr Carol A	Jons & Bartlett
9.	Courting Success	Nadkarni, Shirish	McGraw Hill Publishers
10.	Nutrition for Fitness and Sport	Williams, Melvin H.	McGraw Hill Publishers
11.	Core Concepts in Health	Insel, Paul M.	May Field Publ Company
12.	Complete Guide to Exercising Away Stress	Awrence, Debbie	A & C Black
13.	Sports and Exercise in Midlife	Gordon, Stephen L	American Academy of Orthopedic Surgeons
14.	Improve your Tennis IQ	Applewhaite, Charles	Piers Spence
15.	How to Play Tennis	Williams, Venus	A & C Black



16.	Complete Guide to Stretching	Norris, Christopher M.	DK
17.	Advanced Fitness Assessment and Exercise Prescription	Heyward, Vivian H	Humankinetics
18.	Pilates	Isacowitz, Rael	Humankinetics

#### 4. List of Journals Subscribed for the year 2014 -2015

S.No	Name of Journals
1.	American Journal of Health Education
2.	Strategies : A journal for Physical and Sports Educators
3.	Applied research in coaching and athletics annual
4.	Herald of health
5.	JOPERD: The Journal of Physical Education Recreation & DANCE
6.	International Journal of Physical Education
7.	Journal of Exercise Science and Physiotherapy
8.	journal of sports and sports sciences, sports research Quarterly
9.	Olympic review
10.	Research Quarterly for Exercise and Sports
11.	Scientific Journal in sport and Exercise (LNCP)
12.	International journal Yoga

#### 5. List of Complementary Journals added during the year 2014 -2015

S.No	Name of Journals
1.	Journal of Physical Education and Sports Sciences (MCPE)
2.	Prabuddha Bharata or Awakened India
3.	Kdham world
4.	Karur vilayuttu mursu
5.	Pesy : International journal of physical education sports management and yogic sciences
6.	Adapted Physical Activity Quarterly
7.	Sports Star
8.	Ulaga Champion News

9.	Vaarththai
10.	Vilayuttu ulagam

### 6.List of CD's added during the year 2014 -2015

S.No	Title of CD / DVD	Quantity
1	Play festival (2014 – 2015 )	25 Copies
2	Annual Day (2014 – 2015 )	25 Copies
3	Youth Convention (2014 – 2015 )	30 Copies
4	English Skills Teaching and Learning	20 Copies
<b>Total</b>		<b>100 Copies</b>

### 7.Extension Activities

Our college students acted as officials in the following tournaments/events:

S. No	Date	Institution	Event	No. of students
1.	24.07.2014 and 25.07.2014	SRK Vidyalaya Polytechnic College	inter polytechnic Athletic meet	25
2.	31.07.2014 and 01.08.2014	Sri Ramakrishna Engineering College, Coimbatore	Inter Engineering Collegiate Tournament	10
3.	30.07.2014, 01.04,05,06, 11,18.08.2014	GRD Matric. Hr. Sec. School, Coimbatore	Zonal tournaments	18
4.	30.07.2014, 01.04,05,06.08.2014	St. Mary's Girls Hr. Sec. School, Coimbatore	Zonal tournaments	15
5.	01,02,04,05,06.08.2014	VLB Janaki Ammal Girls High School, Coimbatore	South zonal tournaments	21
6.	04.08.2014 to 14.08.2014	Government Hr. Sec. School, Naickenpalayam	North zonal tournaments	42
7.	13.08.2014	Sachithananda Jothi Nikethan Mat. Hr. Sec. School, Kallar	North zonal Basketball tournament	02

8.	15.08.2014	Mugam Kol Kabaddi Club, No.4 Veerapandi, Coimbatore	District Level Kabaddi Tournament	08
9.	15.08.2014 & 16.08.2014	Kumaraguru College of Technology, Coimbatore	KCT Sports Fest 2014	16
10.	16.08.2014	Noyyal Public School, Coimbatore	Inter School level open volleyball tournament	05
11.	25.08.2014 & 26.08.2014	Govt. Hr. Sec. School, Naickenpalayam	North zonal Football & Basketball tournament	09
12.	23.08.2014	PPG Institute of Technology, Coimbatore	PPG Tournament for Kabaddi	06
13.	04.09.2014 to 05.09.2014	KMG Polytechnic College, Pollachi	Inter School Volleyball tournament	08
14.	10.09.2014, 13.09.2014 & 20.09.2014	Sri Ranganathar Polytechnic College, Coimbatore	IPAA tournament for Badminton, Ball Badminton, Chess, Table Tennis, Kho- Kho, Tennikoit & Carrom	16
15.	11.09.2014 to 13.09.2014	Periyar University, Salem	Inter Collegiate tournament	03
16.	09.10.2014 and 10.10.2014	Sree Sakthi Engineering College, Karamadai	Anna University Zone- XI Athletic meet	30
17.	11.12.2014 & 13.12.2014 and 15.12.2014 and 16.12.2014	Martin Homeopathy Medical College & Hospital, Coimbatore	Dr. MGR. Medical University State Level Inter Collegiate Sports Meet	19
18.	18.12.2014 and 19.12.2014	Sri Ranganathar Institute of Polytechnic College, Coimbatore	IPAA state level men kabaddi tournament	04
19.	24.12.2014	Sri Ramakrishna Engineering College, Coimbatore	SREC Alumni Rolling Trophy for Football	04
20.	07.01.2015 and 08.01.2015	Coimbatore District Throwball Association, Coimbatore	Coimbatore District Throwball tournament	02

21.	08.01.2015 and 09.01.2015	United Institute of Technology, Coimbatore	District Level Inter-School Volleyball men tournament	10
22.	08.01.2015 and 09.01.2015	SRMV Swami Shivananda Hr. Sec. School	Sports meet	20
23.	26.01.2015	SRK Vidyalaya Polytechnic college	cricket competitions	03
24.	01.02.2015	KSB pumps, Coimbatore	Volleyball	06
25.	04.03.2015 to 06.03.2015	Vanavarayar Institute of Agriculture, Pollachi	SIICAA-2015	10
26.	15.03.2015	KSB pumps, Coimbatore		04
27.	17.03.2015	SRMV Industrial Training Institute, Coimbatore	ITI tournaments	10

28.Coimbatore District Tennis Association (CDTA) had utilized our Tennis Indoor stadium for two days on 8<sup>th</sup> and 9<sup>th</sup> May 2014 to conduct All India Tennis Ranking tournament for men.

29.Sports Meet for Home Guards, Coimbatore District was conducted at our college premises on 15.06.2014.

30.Our BPEd student P. Subash gave orientation about football for 6<sup>th</sup> to 9<sup>th</sup> standard students of Kovai Public School, Saravanampatti, Coimbatore on 19.07.2014.

31.In the unified play day organized by the RMVU, GAPEY 70 students and 4 staff members of our college acted as volunteers for play therapy and psychotherapy units from 23.02.2015 to 27.02.2015.

**ANNEXURE – III****Academic Calendar****I Semester**

<b>S. No.</b>	<b>Activities</b>	<b>Dates</b>
1	College re-open for II MPed	18.06.2014
2	College open for BPed	02.07.2014
3	Intramural Inauguration	17.07.2014
4	Student welfare Association Inauguration	25.07.2014
5	I Project Track & Field Meet	05.08.2014
6	TNPESU Inter-collegiate Volleyball Tournament	07.08.2014 & 08.08.2014
7	CAT-I for BPed & I MPed	18.08.2014 to 20.08.2014
8	Colloquium for MPed & MPhil	27.08.2014
9	II Project Track & Field Meet	10.09.2014
10	TNPESU Inter-collegiate Tournament	17.09.2014 to 19.09.2014
11	CAT-II for BPed & I MPed and Mid-semester for II MPed	22.09.2014 to 24.09.2014
12	Leadership Training camp (BPed) & Rural Coaching by I MPed	25.09.2014 to 01.10.2014

13	Teaching Practice at Schools	07.10.2014 to 18.10.2014
14	Pre-semester	03.11.2014 to 08.11.2014
15	Semester	10.11.2014 to 14.11.2014

### II Semester

S. No.	Activities	Dates
1	College re-open for Even Semester	08.12.2014
2	III Project Track & Field Meet	19.12.2014
3	Kalpatharu Day	01.01.2015
4	Gurupuja	04.01.2015
5	Youth Day Celebration	10.01.2015
6	CAT-I for BPEd & MPed	19.01.2015 & 20.01.2015
7	Play Festival Activities at School	28.01.2015 to 19.02.2015
8	Play Festival	20.02.2015
9	Seminar	13.03.2015 & 14.03.2015
10	IV Project Track & Field Meet	20.03.2015
11	CAT-II for BPEd, MPed	23.03.2015 & 24.03.2015

12	College Day	27.03.2015
13	Internal Practical Exam	06.04.2015 & 07.04.2015
14	External Practical Exam	09.04.2015 to 11.04.2015
15	Pre-semester	20.04.2015 to 24.04.2015
16	Semester	27.04.2015 to 02.05.2015

#### ANNEXURE - IV

#### FEEDBACK FROM STAKEHOLDERS

Our college has systematically collect feedback from students, staff and employers every year through various modes etc. as given below:

- Feedback is conducted through e-questionnaire for the students because they will keep secrecy and replication of answers.
- Employers and faculty are requested to submit their feedback at periodical staff meetings.
- Descriptive enumeration of college activities and supportive activities to alumniby the college is collected at the alumni meeting and personal communication through Email, and invited for periodic discussion as feedback.
- Any new programme implementation is valued from the executive alumni member over the personal contact.
- Moreover, a feedback is also collected from the students at the end of the every semester, during practice teaching, parents meeting, at the time of course completion as well as after results received.
- It is obtained from the parents during semester wise parents meeting.
- Reviews from the employers are obtained at the time of practice teaching, and statutory meetings of the college and from the community through various extension service programmes organized by our college.
- Opinions and suggestions from academic peers at the time of important occasions held in our college.
- Further, at the time of institutional training and project work ourstudents are engaged to collect feedback from schools, colleges, sports clubs, industries, institutions, and professionals
- Seminars, Group Discussions and Assignments are introduced as encouraging steps for the improvement of quality of teaching, learning and evaluation and providing homely atmosphere to the students.

## ANNEXURE - V

### Revision/update of regulation or syllabi and its salient aspects

- The revision and updating of syllabus is done with concurrent to professional needs as well as community interaction and industry need as follows:

#### For BPED

	Paper Code	Subject	Suggestions
FIRST SEMESTER	1BC1	Principles and History of Physical Education	In Unit-II, 1. Instead of “Childhood, pre-adolescence, adolescence, adulthood” the terms ‘Infancy, Childhood, Adolescent, and Adulthood” may be included. 2. Benefits of exercise may be deleted. 3. In Unit-V, add Maulana Abul Kalam Azad Trophy and Ekalavya Award may be included under the Awards.
	1BC2	Anatomy, Physiology and Health Education	1. In unit II, delete Vital signs and include vital signs in Unit-III.
	1BC3	Methods of Physical Education, Introduction to test and measurement and movement Education	1. In Unit-V, Instead of “Structure and methods of movement education and principles of movement”, Key concept of movement education, strategy to be followed while teaching movement, factors affecting movement may be included.
	1BEA	Healthy lifestyle Management	1. In Unit-III, from “lifestyle management.....wellness programme” may be shifted to unit-V in the beginning. 2. In Unit-V the term “life style management programme” has to be deleted.
	1BEB	Fitness Management	In Unit-IV, 1. Instead of “infrastructure facilities and prescription for fitness development, weight training equipment” it may be changed as “Facilities and Fitness equipment” as heading. 2. In Unit-IV “Construction of home gym” may be included. 3. In Unit-IV, “Maintenance of individual records-fitness training plan” may be shifted to Unit-III.



			4. In Unit-V, instead of “training hints-firstaid-proper dress” the terms may be change as “Training kits, firstaid kits, and dress code”.
	1BS1	Communication skills	The revised syllabus is enclosed as <b>Appendix-I.</b>
SECOND SEMESTER	2BC1	Officiating of Sports and Games and Training	1. In Unit-III, to add the word “Officials” before the duties of officials.  3. In Unit-III, to delete “and regulations” and retain tie breaking rules.  4. In Unit-V instead of warm down it may be changed as cool down.  5. In Unit-V, the term ‘aim’ has to be included after meaning.
	2BC2	Kinesiology, Biomechanics and Sports Injuries	1. In Unit-IV, to add the word “First aid procedures for” before the word bleeding.  2. In Unit-IV, to add safety measure at last (after the types of bandage).
	2BC3	Organization, administration and supervision in physical education	1. Unit-V, to delete short term course and add the word “workshop” before seminar.
	2BEA	Recreation and Camping	1. In Unit-II, to delete “In primitive culture-Greek period, roman period and middle age”, recreation in USA and India.  2. In Unit-I, to add recreation in India as last topic.  3. In Unit-II, to delete “historical development of recreation” and “agencies offering recreation” may be included as heading.  4. In Unit-III, heading may be changed as recreational programme planning.
	2BEB	Fundamentals of Yoga	The revised syllabus is enclosed as <b>Appendix-II.</b>
	2BS2	Basics of Computer Applications	1. The title of the paper may be changed as “Basics of computer”  2. The revised syllabus is enclosed as <b>Appendix-III.</b>

## Appendix - I

### SUPPORTIVE PAPER – V COMMUNICATION SKILLS

**UNIT I:** Imperative sentences, Declarative sentences – Interrogative sentences, Exclamatory sentences, Asking permission, Requests –self introduction, Greetings, Describing an object.

**UNIT II:** Short answers, Asking for time, Asking about trains, Asking about prices, Telephone conversation, Miscellaneous conversation - Announcement in the sports meet – preparing annual sports meet report - Welcome address and vote of thanks in a sports meet - Master of ceremony in a sports meet - A mock interview – At the personal interview - Interviewing a Sports Person.

**UNIT III:** Reading and Writing: Reading a few sentences - Reading a passage - Reading newspaper - Writing letters - Writing application - Writing a notice.

#### Reference Books:

1. Anil Kumar. (2012). *Spoken English*. New Delhi: The Readers Paradise.
2. Radhakrishna, Pillai. and Rajeevan, K. (2011). *Spoken English for you - Level One*. Chennai: Emerald Publishers.
3. Ramakrishna Mission Vivekananda University. (2012). *Communication skills*. Coimbatore: Ramakrishna Mission Vivekananda University Publication.
4. Seema Seth. (2012). *Communication skills*. New Delhi: Readers Choice.

## Appendix - II

### FUNDAMENTALS OF YOGA

#### Unit-I

**Yoga:** definition and meaning- History: Pre Vedic age-Vedic age-post Vedic age, need and importance, paths of yoga: Bhakthi yoga- Janana yoga-Raja yoga-Karma yoga, Astanga yoga: Yama-Niyama-Asana-Pranayama-Pratyahara-Dharana-Dhyana-Samadhi

#### Unit-II

**Suryanamaskar and Asanas:** Suryanamaskar: meaning, procedures –benefits.

**Asanas:** Definition-classification-general guidelines for practicing asanas. Techniques, benefits and contraindications: standing asana: Tadasana-Trikonasana-Padhahastasana, sitting asanas: Padmasana, Paschimotanasana. Supine position: Sarvangasana-Halasan, prone position: Dhanurasana-Mayurasana-Bhujangasana, inverted asanas: Sirsasana. Difference between asanas and physical exercise.

#### Unit-III

**Pranayama:** Definition- Stages of pranayama-Types: Nadi suddhi-Nadi shodhana-Surya Bhedana-Kapalabhati-Bhastrika-Sitali-Sitakari- Bhramari- Ujjai- Chandra Bhedhana and its benefits. Nadi: Ida-Pingalanadi-Sushumna Nadi and their benefits.

#### Unit-IV

**Shat Kriyas:** Definition-types: Neti (Jala, Sutra) - Dhauti (vamana, Vastra)-Bhasti-Nauli-Trataka-Kapalabhati- Meditation: Meaning and benefits. Mudras: Meaning-Types: Chin mudra-chinmaya mudra -Aadi mudra-Brahma mudra and their benefits.

#### Unit-V

**Yogic diet:** Definition- classifications: satvic food – Tamasic food – Rajasic food and their benefits. Preparation of model yogic diet chart.

## Appendix - III

### SUPPORTIVE PAPER – X

#### BASICS OF COMPUTER

**UNIT I:** Computer skills - Hardware - Software – Monitor –CPU – Mother board - RAM – ROM - Keyboard - Keyboard commands – Input and Output Devices - Logging on and off MS Word, Creating, opening and saving document - Formatting text - Cut, copy and paste – Dragging - Tables - Inserting pictures – symbols - search engine.

**UNIT II:** MS PowerPoint, Worksheets - Cut, copy and paste - Dragging - Templates - Slide design - Layout - Wizards - Pictures - Animation schemes - Custom animation.

**UNIT III:** MS Excel, Worksheets - Entering into cells - Cut, copy and paste - Dragging - Simple calculation - Rows and columns - Formatting.

#### References:

1. Karl Schwartz. (1998). Training Guide – Microsoft Excel 97. DDC Publishers.
2. Mandell. (1995). Computer and Data Processing Today. St.Paul. West Publishers Co.
3. Microsoft. (1998). Digital Literacy. Microsoft Publishers.
4. Saksham. (2010). Championship. Microsoft Publishers.
5. Vikas Gupta. (2005). Comdex - Computer Course Kit. Dream Tech. Publishers.

#### For MPed

It was resolved to make the following necessary changes in the MPed syllabus

1. In the scheme of examination:

Paper I Research methods and Statistics in physical education is divided in to two papers as

- I. Research methods in physical education
- II. Statistical application in physical education.

The revised syllabus is enclosed as **appendix – IV and V.**

2. In the third semester it was decided to shift the Fitness and Wellness paper as Elective paper and Statistical Application in physical education is kept as core paper. In the third semester it was resolved to include internship(Coaching) for MPed II year students for 10 days (evening session)to nearby education institutions, coaching academies, fitness centers, etc. (100 marks and 1 credit may be given)
3. It was decided to included the ‘Sports Medicine’ paper in fourth semester and Experiment technique in Laboratories’ in third semester

Subject code no	Subject	Changes to be made
<b>First Semester</b>		
1MC1	Research methods and Statistics in physical education	This paper is divided in to two papers as 1. Research methods in physical education 2. Statistical Application in physical education. The revised syllabus is enclosed as <b>Appendix – IV and V.</b>
1MC2	Scientific Principles of Training and Coaching	No Change
1MC3	Measurement and Evaluation in Physical Education	No Change
1MEA	Exercise Physiology (or)	<p>Unit-I. Types of muscle fiber may be shifted in front of – Sliding filament...</p> <p>Muscle tone may be deleted.</p> <p>Unit-III.</p> <p>The respiratory muscle and training may be deleted and lung volumes and capacities may be shifted from below to this place.</p> <p>Tidal Volume may be included before minute ventilation. The words Ventilation and may be deleted.</p> <p>Unit- V. Instead of hot climate, cool climate... hot and cold climate may be added.</p> <p>Before the term Amphetamine-Effect of may be included.</p> <p>Caffeine may be shifted near creatine.</p> <p>The term “Human growth hormone” may be deleted.</p> <p>Choline may be deleted.</p> <p>(amphetamines, ephedrine, sympathomimetic amines) may be deleted</p>
1MEB	Applied Kinesiology	No Change
1MS1	Communication Skills	<p>Title of the of the paper may be changed as Advanced Communication skill</p> <p>New syllabus has been prepared and enclosed in <b>Appendix - VI</b></p>

<b>Second Semester</b>		
2MC1	Sports management and Curriculum Design	Unit II: Instead of Disabilities ... “and for Person With Disabilities” may be included. Unit III: Program & staff may be deleted. Unit V: Types of curriculum, Evaluation of curriculum may be included at the end
2MC2	Officiating and Coaching in Specialization Game – I	Basketball Unit V: Instead of Psychological preparation of players for various seasons ... “Psychological preparation” may be added. Instead of training aids “Coaching aids” may be added. Tennis Unit III: Tactical priorities (height, direction, depth, spine, speed) may be included.
2MC3	Theories of Track and Field	No Change
2MEA	Adapted Physical Education (or)	No Change
2MEB	Fitness for Special Population	No Change
2MS1	Application of Computer	This paper may be renamed as Computer Application Unit II: After references- Bibliography may be included.
<b>Third Semester</b>		
3MC1	Sports Psychology and Sports Sociology	No Change
3MC2	Fitness and Wellness	No Change
3MC3	Sports Medicine	Unit II: Strapping / Tapping may be deleted and ‘Bandages’. Also “Types and Application” may be included after contraindications. Unit III: “Strapping” may be deleted
3MEA	Software Based Statistical Application in Physical Education	Title of the paper has been changed as Statistical Application in physical education. New syllabus prepared and enclosed as <b>Appendix- V.</b>

	(or)	
3MEB	Yogic therapy	<p>Unit I: Before importance and ... 'Concept of yoga therapy' may be included.</p> <p>Unit II: 'Allergic rhinitis may be shifted from Unit II to in front of Asthma in Unit III.</p> <p>Unit III: Hyper and Hypo blood pressure, constipation may be deleted because it is repeated.</p> <p>Unit IV: Yoga Research findings of therapy application of yoga may be deleted.</p> <p>Instead of ancient medicines may be replaced with 'alternative medicines'.</p> <p>Instead of modern medicine Homoeopathy may be included</p>
3MS1	Value Education	No Change
<b>Fourth Semester</b>		
4MC1	Experimental Technique in Laboratories	No Change
4MC2	Officiating and Coaching in Specialization Game – II	No Change
4MC3	Thesis	No Change
4MEA	Sports Nutrition (or)	No Change
4MEB	Applied Biomechanics	No Change
4MS1	Sports Technology	No Change

**RESEARCH METHODS IN PHYSICAL EDUCATION**

**UNIT I: Introduction to research methods:** Definition of Research – Need – Nature & Scope of Research in Physical Education – Classification of Research – Basic Research – Applied Research – Action Research.

**UNIT II: Formation & Development of Research Problem:** Location of Research Problem – Criteria for Selection of a Problem – Hypothesis – Formulation of Hypothesis – Research Proposal – Qualities of a good researcher.

**UNIT III: Descriptive methods of Research:** Historical Research – Philosophical – Survey – Tools of Research – Questionnaire, Interview, Check Lists, Rating Scales – Case Study – Normative Study – allied area of Research – Cinematography, Anthropometry, Body mechanics, Movement analysis Applied Physiology, Sports Psychology.

**UNIT IV: Experimental Research:** Meaning of variables – Types of Variables – Population, Sample, Theories of Sampling – Types of Sample – Nature and meaning of experimental Research – Planning for experimental research – Field Experimentation – Laboratory – Experimental Designs – Single Group Design – Reverse group design – repeated measure design – static design comparative design – equated group design, factorial design.

**UNIT V:** Thesis writing format: Front material, Body of the thesis, Back material Mechanics of writing research report and article – Bibliography writing – APA Format.

**References:**

1. John W. Best – Research H. Clarke – “Research in education 1959”, prentice hall Inc.
2. Harison Clarke, David H. Clarke – Research Process in Physical Education and Health” Englewoon Cliff, New Jersey, Prentice Hall Inc. 1970.
3. Kamallesh, M.L. – Methodology of Research in Physical Education and Sports, 1986, New Delhi : Metropolitan Book Co. Pvt.
4. Balbir Sing Sidhu – Methodology of Research in Evaluation (1987) Bangalore sterling Publishers Pvt.
5. CR. Kothari, Research methodology, methods a techniques, 2001, Wishwa prakasham New Delhi
6. Dipak kumar Bhattacharyya, Research methodology, 2<sup>nd</sup> edition 2006, excel boo Delhi
7. Dr. Abu sufiyan zilli eral research methods for sports scientists, 2001, friends publication (India) Delhi
8. C.R. Kothari, Research methodology methods & techniques, 1987, Wiley eastern limited, New Delhi
9. Lokesh kowl, methodology of educational research, 1993, vikas publication house, pvt. ltd. New Delhi
10. Dhananjay Shaw, Research Methodologies in Physical Education – Sports & Exercise Sciences, Khal & Sahitya Kendra.



**STATISTICAL APPLICATION IN PHYSICAL EDUCATION**

**UNIT I:** Statistics - Definition – Need and Importance of Statistics in Physical Education – Types of Statistics – Descriptive, Comparative, Relationship, Inferential and Predictive Statistics - Frequency Distribution – Measures of Central Tendency - Meaning and Calculation of Measures of Central Tendencies (Mean, Median and Mode).

**UNIT II:** Measures of variability – Meaning – Calculation of Measures of Variability (Standard Deviation and Quartile Deviation). Independent ‘t’ test – Dependent ‘t’ test — Computation through Excel and SPSS

**UNIT III:** Correlation – Pearson Product Moment Correlation – Rank Order Correlation – SPSS : Introduction - Meaning - Data View- Variable View - Basic Steps in Data Analysis - Defining Variables - Data Editor -Entering and Editing Data- Add Variables - Saving Data and Output Files.

**UNIT IV:** Norms - Construction of Norms - Types of scales: 6 Sigma Scale, Z-Scale, t-Scale, Hull Scale, Percentile - Normal curve – properties of normal curve, Divergence from normality.

**UNIT V:** Elementary Graphical Methods: Histogram - Frequency Polygon - Frequency Curve - Cumulative Frequency Curve - Bar Diagram - Pie Diagram. - Graph-Drawing Graph-Lay out – Design - Editing Graphs Using MS Word, Excel.

**References:**

1. Chanda, N. (1992). *Statistical Preparation and Social Scientistis*. New Delhi: Reliance P u b l i c a t i o n s House.
2. Ferquson. (1959). *Statistical Analysis in Psychology and Education*. . Mrgraw -: Hill Book Company, Inc.
3. Gupta. (1993). *Fundamentals of Statistics*. Delhi: Himalayas Publishing House.
4. Harrison Clark, D. H. (1987). *Research process in Physical Education*. New Jersey: Prentice-Hall, Inc, Englewood Cliffs.
5. Henty, G. E. (1969). *Statisticks in Psychology and Education*. Bombay: Valalls Foffar and Summons Pvt. Ltd.
6. Kothslen, A. a. (1985). *Research Design and Statistics for Physical Education*. New Jersey: Englewood Cliffs: Prentice Hall Inc.
7. Tyrrell, S. (2009). *SPSS Stats Practically Short and Simple*. Ventus Publishing ApS.
8. William E. Wagner, I. (2011). *SPSS Statistics and Research Methods*. USA: SAGE Publications, Inc.
9. Zillieral, A. S. (2001). *Research Methods for Sports Scientistis*. Delhi: Friends Publication.
10. Guilford, J. P. (1956). *Fundamental of Statistics in Psychology Educational*. New York: McGraw Hill Book Cp. Inc.

**SUPPORTIVE PAPER – V****1MS1 – ADVANCED COMMUNICATION SKILLS**

**UNIT I:** Some useful expressions – Simple questions and answers – When to use – Where to use and how to use – Important phrasal verbs – Self introduction – introducing two persons - Listening news, T.V, Radio, etc., describing picture, object - Announcement - Master of ceremony - Welcome address - Listening and Answering, describing a sport event (commentary), Group discussion - Handling question, Turn taking - Intervention.

**UNIT II:** Reading and Writing and Effective interview: Reading different kinds of texts - Passage, newspaper picture interpretation - dialogue writing - Report writing comprehension - Listen and Write - Listen and answer - Minutes writing - Agenda preparation - Career skill - Application for job - Covering letter - Resume preparation - Slogan writing - Press Report.

**UNIT III:** Grammar: Tense: Present tense - Past tense - Future tense – Singular – Plural – Gender – Suffix – Prefix - Formation of sentences - Use of dictionary - **Types of sentences:** Affirmative - negative and exclamatory; Verb, Adjective, Vocabulary: Use of articles –Preposition – adjectives.

**References:**

1. Peter Simon. (2011). Communication Skills. Ramesh Publishing House.
2. Radhakrishna, Pillai. and Rajeevan, K. (2011). Spoken English for you - Level One. Chennai: Emerald Publishers.
3. Sanjay Kumar. (2011). Communication Skills. Ramesh Publishing House.

## Question pattern

### Continous Assessment (CA) – I      25 marks

Part-A	05 two mark questions (5x2)	10 marks
Part-B	03 five mark questions (3x5) (either or type)	15 marks
	<b>Total</b>	<b>25 marks</b>

### Continous Assessment (CA) - II      25 marks

Part-A	05 two mark questions (5x2)	10 marks
Part-B	03 five mark questions (3x5) (either or type)	15 marks
	<b>Total</b>	<b>25 marks</b>

### Model Question Paper

The question pattern of 75 marks for all regular courses as follows:

Part-A	10 two mark questions (10x2)	20 marks
Part-B	05 five mark questions (5x5)	25 marks
Part-C	03 ten mark questions (3x10) (out of five questions)	30 marks
	<b>Total</b>	<b>75 marks</b>

**ANNEXURE - VI**

**Articles published by our staff during 2014-2015 as follows:**

<b>S.No</b>	<b>Name of the Staff</b>	<b>Title of the Article</b>	<b>Name of the Journal with ISSN No</b>	<b>Name of the Publisher</b>	<b>Month and Year of Publication</b>
1	Dr.Ch.VST.Saikumar	Effect of High Intensity Aerobic Interval Training on Selected Motor Ability Variables of College Level Football Players	Journal of Physical Education and Sports Sciences, ISSN- 0976-6618	Sri Ramakrishna Mission Vidyalaya Maruthi College of Physical Education	Jun-14
2	Dr.T.JAYABAL	Effect of plyometric training on selected lung functions among hockey players	Journal of Physical Education and Sports Sciences, ISSN- 0976-6618	Sri Ramakrishna Mission Vidyalaya Maruthi College of Physical Education	Dec-14
3	Dr.E.Amudhan	Influence of Play Festival Training on Coordination of Elementary School Children	Journal of Adapted Physical Education and Yoga, ISSN : 2229-4821	Ramakrishna Mission Vivekananda University	Jun-14
4	Dr.S.Sivasankar	Effect of Yogic Practices on Selected Fitness Variables of Students With Hearing Impairment	Journals of Adapted Physical Education and Yoga, ISSN - 2229-4821	Ramakrishna Mission Vivekananda University	Dec-14
5	Dr.S.Sivasankar	Influence of Yogic Practices on Selected Physiological Variables of Asthma Patients	Journal of Physical Education and Sports Sciences, ISSN- 0976-6618	Sri Ramakrishna Mission Vidyalaya Maruthi College of Physical Education	Dec-14
6	Dr.A.Needhiraja	Influence of Circadian Rhythm on Selected Physiological Variables among Intercollegiate Level Handball Players	Journal of Physical Education and Sports Sciences, ISSN- 0976-6618	Sri Ramakrishna Mission Vidyalaya Maruthi College of Physical Education	Dec-14
7	Dr.A.Needhiraja	Influence of e-content Based Coaching on Selected Fundamental Skills in Handball	Journal of Physical Education and Sports Sciences, ISSN- 0976-6618	Sri Ramakrishna Mission Vidyalaya Maruthi College of Physical Education	June, 2014
8	Sri S. Muniraj	Effects of varied frequency of scientific	<b>Star research An International</b>	Star Research	Dec-14

		training on anthropometry and skill performance of field hockey players	<b>Online journal, ISSN 2321-676X</b>	Journal	
9	Dr.M.Ramajayam	Comparison of Hemoglobic Concentration among yoga	2277-7881 with Impact Factor 2.972	Intl.Journal of Multi Disciplinary Education Research-Vishapatnam (AP)	Jan-15
10	Dr.M.Ramajayam	Impact of P ranayama Practices on selected pulmonary variables on college level badminton players	2277-8160 with Impact Factor 1.5408	Global Journal For Research Analysis Ahmedabad (GURAJAT)	Jan-15
11	Dr.S.Sukumari	Influence of yogic practice on concentration, curiosity, day-to-day experiences and personal initiative of school boys	<b>Star research An International Online journal, ISSN 2321-676X</b>	Star research An International Online journal	May, 2014
12	Dr.S.Sukumari	Effect of cricket drill training on the selected skill performance variables of school boys	<b>International journal of recent research and applied studies, ISSN 2349-4891</b>	International journal of recent research and applied studies	June, 2014
13	Dr.S.Sukumari	Effect of specific table tennis training on the Selected skill performance variables of school Boys	<b>International Journal of Physical Education, fitness and sports, ISSN: 2277: 5447</b>	International Journal of Physical Education, fitness and sports	September, 2014
14	Dr.S.Sukumari	Evaluation Of Physical Activity Between Men And Women School Teachers	<b>International Journal of Multidisciplinary Research and Development, ISSN: 2349- 4182</b>	International Journal of Multidisciplinary Research and Development	2014
15	Dr.P.J.Sebastian	Analysis of weight training on selected coordinative ability	Journal of adapted physical education and yoga, ISSN:2229-4821,	Ramakrishna Mission Vivekanada University	Dec-14
16	Dr.M.Srinivasan	Influence of yogic practice on concentration, curiosity, day-to-day experiences and personal initiative of school boys	<b>Star research An International Online journal, ISSN 2321-676X</b>	Star research An International Online journal	May, 2014
17	Dr.M.Srinivasan	Effect of cricket drill training on the selected	<b>International journal of recent</b>	International journal of recent	June, 2014

		skill performance variables of school boys	<b>research and applied studies, ISSN 2349-4891</b>	research and applied studies	
18	Dr.M.Srinivasan	Effect of specific table tennis training on the Selected skill performance variables of school Boys	<b>International Journal of Physical Education, fitness and sports, ISSN: 2277: 5447</b>	International Journal of Physical Education, fitness and sports	September, 2014
19	Dr.M.Srinivasan	Evaluation Of Physical Activity Between Men And Women School Teachers	<b>International Journal of Multidisciplinary Research and Development, ISSN: 2349- 4182</b>	International Journal of Multidisciplinary Research and Development	2014

#### ANNEXURE - VII

**Seminar and conference proceedings of paper presentation by our staff during 2014-2015 as follows:**

S.No	Name of the Staff	Title	Name of the Seminar/Conference/Symposia, Workshop, etc.,	Name of the sponsoring agency	Place and Date
1	Dr.T.Jayabal	Influence of Resistance Training on selected Physical Fitness variables of Field Hockey Players	Role of sports sciences in achieving human excellences. ISBN - 81-9235733-1	Sri Ramakrishna Mission Vidyalaya Maruthi college of Physical Education	Coimbatore, 13 & 14 March,2015
2	Dr.E.Amudhan	Influence of Recreational Gadgets Training on Selected Psychomotor Variables of Intellectually Challenged Children	UGC Sponsored International Congress on Renaissance in Sports Strategies, Challenges and Choices.	National College, Tiruchirappalli	Tiruchirapalli, 29 & 30 August 2014
3	Dr.E.Amudhan	Influence of Play Festival Training on Visuo Spatial and Hand Eye Coordination of Elementary School Girls	UGC Sponsored National Seminar on Recent Trends in Sports Technology, Management and Allied Sciences	Arumugam Pillai Seethai Ammal College, Thirupathur	Thirupathur 12 to 13 September 2014.
4	Dr.S.Sivasankar	Novel Approach For	National Conference on Importance of Physical	Coimbatore Institute of	Coimbatore, 19 & 20

		Players Detection And Tracing In Multi-Camera Soccer Videos	Education and Sports Science in Nation Building	Technology, Coimbatore	December 2014
5	Dr.S.Sivasankar	Effect of Plyometric Training on Selected Health Related Physical Fitness and Physiological Variables Among College Level Men Volleyball Players	Role of sports sciences in achieving human excellences. ISBN - 81-9235733-1	Sri Ramakrishna Mission Vidyalaya Maruthi college of Physical Education	Coimbatore, 13 & 14 March,2015
6	Dr.S.Sivasankar	Comparative Analysis on Selected Psychological Variables Between Inter Collegiate Players of Small and Large Area Game	Role of sports sciences in achieving human excellences. ISBN - 81-9235733-1	Sri Ramakrishna Mission Vidyalaya Maruthi college of Physical Education	Coimbatore, 13 & 14 March,2015
7	Dr.A.Needhiraja	Effect of Game Specific Exercises on Selected Physical Fitness Components among Inter Collegiate Hockey Players	Role of sports sciences in achieving human excellences. ISBN - 81-9235733-1	Sri Ramakrishna Mission Vidyalaya Maruthi college of Physical Education	Coimbatore, 13 & 14 March,2015
8	Dr.A.Needhiraja	The Effect of E-content Based Coaching on Selected Fundamental Skills in Handball	Role of sports sciences in achieving human excellences. ISBN - 81-9235733-1	Sri Ramakrishna Mission Vidyalaya Maruthi college of Physical Education	Coimbatore, 13 & 14 March,2015
9	Dr.M.Ramajayam	An overview of assistive technology on sports equipments for disabled person	National seminar on Assistive Technology in Education & sports for Total Inclusion OF Persons With Disabilities	NIEPMD, Ramakrishna Mission, Vivekanandha University	Coimbatore, 6 & 7 February,2015

10	Dr.M.Ramajayam	Analysis of Selected Anthropometric Body Composition Physiological Variables between college level men volleyball and handball players	Role of sports sciences in achieving human excellences. ISBN - 81-9235733-1	Sri Ramakrishna Mission Vidyalaya Maruthi college of Physical Education	Coimbatore, 13 & 14 March,2015
11	Dr.M.Ramajayam	Analysis of Muscular strength Muscular Endurance of South Indian Adolescent school boys	Role of sports sciences in achieving human excellences. ISBN - 81-9235733-1	Sri Ramakrishna Mission Vidyalaya Maruthi college of Physical Education	Coimbatore, 13 & 14 March,2015
12	Dr.M.Ramajayam	Impact of Tennis ball feeding machine selected volleying ability of school level Tennis players	Recent Developments in sports and Yogic sciences	Alagappa University, Karaikudi	Karaikudi, 19 & 20 March 2015
13	Dr.M.Ramajayam	Relationship between strength parameters on volleying Ability of inter collegiate men volleyball players	National Seminar on Role of Physical Education to Health, Recreation and Sports Promotion	Vinayaka Missions University, Salem	Salem, 11 April - 2015
14	Dr.S.Sukumari	Effect of specific drills through table tennis ball feeding machine on selected skill performance variables of Non- table tennis players	UGC Sponsored National Seminar on Recent Trends in Sports Technology, Management and Allied Sciences	Arumugam Pillai Seethai Ammal College, Thirupathur	Thirupathur 12 to 13 September 2014.
15	Dr.S.Alagesan	Health, Wellness and Fitness for Total Wellbeing	National Seminar on Promotion of Yoga, Health Awareness and Physical Fitness: Multidimensional Approach	Aditanar College of Arts and Science, Tiruchendur	Tiruchendur, 01 October, 2014



16	Dr.S.Alagesan	Wellness for Total Wellbeing	National Conference on Importance of Physical Education and Sports Science in Nation Building	Coimbatore Institute of Technology, Coimbatore	Coimbatore, 19 & 20 December 2014
17	Dr.S.Alagesan	The Role of Modern Technologies in Sports Performance	National seminar on Assistive Technology in Education & sports for Total Inclusion OF Persons With Disabilities	NIEPMD, Ramakrishna Mission, Vivekanandha University	Coimbatore, 6 & 7 Feb-2015
18	Dr.S.Alagesan	Quality Physical Education for Quality Education	National Seminar on Importance of Sports to Improve the Quality of Education	Kakaraparti Bhavanarayana College, Vijayawada AP	Vijayawada, AP, 12 March, 2015
19	Dr.S.Alagesan	Sports Nutrition for Sports Performance	Role of sports sciences in achieving human excellences. ISBN - 81-9235733-1	Sri Ramakrishna Mission Vidyalaya Maruthi college of Physical Education	Coimbatore, 13 & 14 March, 2015
20	Dr.P.J.Sebastian	Role of Sports Sciences in Achieving Human excellence	Role of sports sciences in achieving human excellences. ISBN - 81-9235733-1	Sri Ramakrishna Mission Vidyalaya Maruthi college of Physical Education	Coimbatore, 13 & 14 March, 2015
21	Dr.M.Srinivasan	Effect of specific drills through table tennis ball feeding machine on selected skill performance variables of Non- table tennis players	UGC Sponsored National Seminar on Recent Trends in Sports Technology, Management and Allied Sciences	Arumugam Pillai Seethai Ammal College, Thirupathur	Thirupathur 12 to 13 September 2014.
22	Dr.A.Sathiyamoorthy	Kinesio Tex Tape - A Sports Performance enhancer	Role of sports sciences in achieving human excellences. ISBN - 81-9235733-1	Sri Ramakrishna Mission Vidyalaya Maruthi college of Physical Education	Coimbatore, 13 & 14 March, 2015
23	Sri P. Senthilkumar	Effect of Specific Kalari Payattu	Role of sports sciences in achieving human excellences.	Sri Ramakrishna Mission	Coimbatore, 13 & 14

		Training on Selected Psychomotor Variables of Cricket Players	ISBN - 81-9235733-1	Vidyalaya Maruthi college of Physical Education	March,2015
24	Sri P. Senthilkumar	Effects of Batting Skill Training Improve on Selected Psychomotor Ability in College level Cricket Players	Role of sports sciences in achieving human excellences. ISBN - 81-9235733-1	Sri Ramakrishna Mission Vidyalaya Maruthi college of Physical Education	Coimbatore, 13 & 14 March,2015
25	Sri M.Ravi	Importance of Hydration for Sports Person	Role of sports sciences in achieving human excellences. ISBN - 81-9235733-1	Sri Ramakrishna Mission Vidyalaya Maruthi college of Physical Education	Coimbatore, 13 & 14 March,2015
26	Sri.M.Ravi	Effects of Varied Forms of Weight Training on Selected Physical Fitness Variables of College Students	Recent developments in sports and yogie sciences	Alagappa University, Karaikudi	Karaikudi, 19 & 20 March 2015

**ANNEXURE – VIII**  
**BEST PRACTICE – I**  
**TITLE OF THE PRACTICE**

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**COMMUNITY DEVELOPMENT PROGRAMME - PLAY FESTIVAL**

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**INTRODUCTION**

According to Swami Vivekananda, the future health of the man is in the child. In giving education to a child the law of growth has to be obeyed. Nothing is more important than that the child must have a strong and healthy body. Beginning of all education, all training should be fitness making. The beginning and aim of all training is to make the man healthy, physically as well as intellectually. What our country now wants is muscles of iron and nerves of steel, gigantic wills which nothing can resist, it is fit body, fit mind, education which develops allround personality that we want.

**Physical and health promotion for children:**

All educational practices should consist physical training for healthy survival along with literary programmes from school level itself. Schools should integrate physical education and sports in the form of games and rhythmic recreational activities. Compulsory classes are to be included in the school time tables. Physical training and recreative activities play vital role in developing children's personality and social esteem.

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**Objectives of the Practice**

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1. Our students visit various Government elementary schools, where the physical education teachers are not available, and teach the physical activities which include free hand exercises, flag drills, coconut shell drills, wands drills, flower stick drills, yogasanas , kalari paayttu(defensive arts), oyillattam and minor games.
2. All these activities are taught to the tunes of devotional and patriotic songs, which develop sense of rhythm, patriotism and devotion.
3. Through the play festival programme we also teach the school students various important topics like environmental education, health awareness, fitness and wellness, yoga, tree plantation, rainwater harvesting etc.,
4. Our students get an excellent opportunity to organize a mega event like transporting and conducting rhythmic activities for more than 3000 children.

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## The Practice

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Our institution conducts many programmes which help the community, among them, play festival is the prominent one. From 1937 onwards Ramakrishana Mission Vidyalaya is organising Sri Ramakrishna Paramahamsar's Centenary Memorial Play Festival to the near by panchayat union elementary school children. Since the inception of Maruthi College of Physical Education i.e., in 1956, our college has taken up the responsibility of organising the play festival.

### SIGNIFICANCE OF PLAY FESTIVAL

This extension activity renders service to the children studying in panchayat union elementary schools through teaching various physical activities, related to health, hygiene, fitness and social harmony. These schools do not have the physical education programme due to non availability of physical education teachers.

### PREPARATORY WORKS

- ❖ Finalizing the play festival activities
- ❖ Orientation of play festival to our students through video presentation
- ❖ Getting permission from District Elementary Educational Officer(DEEO) and Assistant Elementary Educational Officer(AEEO)
- ❖ Preparation of schedule for teaching play festival activities to our students
- ❖ Preparation of schedule for teaching play festival activities in the elementary schools by our students
- ❖ Group division of our students for practicing play festival activities
- ❖ Supervision by our post graduate students to various schools.
- ❖ Writing the lyrics for the songs, and arranging the tunes keeping in mind the rhythmic activities
- ❖ Practicing the songs with musical instruments
- ❖ Recording of the songs in the recording theatre
- ❖ Distributing the play festival songs CD's to our students, so that they can practice in their respective schools
- ❖ Printing of the songs in a booklet form
- ❖ Preparation of invitation and distribution
- ❖ Collection of student participation list for line arrangement
- ❖ Preparation of Equipments
  - Placards for participating schools
  - Preparation of flags (colour paper cutting and flag sticks)
  - Bundling the oyilattam kerchiefs according to the strength of the schools
  - Distributing white cement powder for colouring the coconut shells

- Distributing the colour papers for flower sticks and wands
- Bundling the caps according to the strength of the schools

### **Pre Arrangements for Play festival function**

- Duty allotment for students and staff
- Ground marking and watering
- Preparing the refreshment details for school children and to the school teachers
- Minute to Minute Programme
- Shamiyana for children, staff and chief guest.
- Seating arrangements are made separately for men, women, guests, teachers, V.I.Ps, monks and press
- Stage for live orchestra and mainstage arrangements
- Arrangement of audio
- Juice point for children
- First aid point
- Reception point
- Fixing of the banners
- Pre Rehearsal for our student trainees

### **PLAY FESTIVAL FUNCTION**

On the day of play festival all the school children were brought to our college. Later our teacher trainees make entries in the reception counter. Caps are provided to all the 3000 children to have protection from sunlight. The programme would be conducted as per the schedule. At the end of the programme all the children are provided with refreshments i.e. soya, sweet, mixture, Bengalgram and lime juice.

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### **Obstacles Faced and Strategies Adopted**

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**a)** School children have to perform the physical activities under the sunlight, which make them dehydrated :

For all the children caps are provided to protect them from direct sunlight and lemon juice is given to the children to make them rehydrated.

**b)** Since the school children are coming from long distances they feel hungry at the end of the event:

Nutritious food items like soya, sweet, mixture and Bengalgram are being given to all the school children.

**c)** To organise such a huge event like play festival, for 3000 children, it is very difficult for our college students to cope up with the many works involved in organisational point of view:

With meticulous planning and co-ordination of the teaching faculty, all the works involved are be able to complete without any delay.

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## **Impact of the Practice**

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1. Parents of the school children, school teachers and public are all wholeheartedly supporting this play festival event as it develops the children's personality.
2. Researches also have been conducted to identify the effect of play festival activities, which authentically reveals that the children's fitness and sociable factors are improved significantly.
3. Our college students are benefited through this play festival, as they get rich experience in teaching the activities to the elementary school children, preparing the required equipments, transporting the kids, and organising the massive event with 3000 children. This gives very good confidence to organise any such mega event.

**Conclusion:** Swami Vivekananda's ideal depicts youth of the nation should be very conscious on downtrodden upliftment through which national development will be perfect. The play festival programme initiation is accomplished the above ideology. Hence the entire programme, planning and execution of our college activities are directed only towards the community service oriented and social development.

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## **Resources Required**

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Our institution is having all the resources required to conduct this programme. Our management is supporting in all the possible ways to organize the play festival. All the staff members are cooperating and extending their support for the success of this play festival.

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## **Contact Persons for Further Details**

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1. Dr. Ch.VST. Saikumar, Principal, Sri Ramakrishna Mission Vidyalaya Maruthi College of Physical Education.
2. Dr. T.Jayabal, Associate Professor, Sri Ramakrishna Mission Vidyalaya Maruthi College of Physical Education, and Staff in – charge of the play festival

**BEST PRACTICE – II**  
**TITLE OF THE PRACTICE**

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**SERVING THE SOCIETY THROUGH SPORTS COACHING**

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**INTRODUCTION**

A famous quote of Swami Vivekananda is “You will be nearer to Heaven through football than through the study of Gita. You will understand the Gita better with your biceps, your muscles, a little stronger. You will understand the Upanishads better and the glory of the Atman when your body stand firm upon your feet, and you feel yourselves as man”

This clearly reveals that to understand religious scriptures also one should have healthy body. As our institution gives top most priority to the ideals of Swami Vivekananda, we have been extending our services to the society through sports.

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**Objectives of the Practice**

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In our institution sports coaching for outsiders is done for two categories of people:

**I. Coaching for School Children**

We are offering coaching for the school children in Badminton, Cricket and Tennis.

- a) The main objective of giving coaching for school children is to teach them fundamental skills in a scientific way and to nurture their natural talent.
- b) To conduct district level and state level tournaments for providing competitive exposure to the players.
- c) To develop wholesome personality among the students through sports.

**II. Rural Coaching**

- a) The main objective of this rural coaching is to provide an opportunity to the rural based students to learn the fundamental skills in a scientific way and provide a platform to go for higher levels.
- b) To provide proper coaching to the students of rural based schools and colleges.
- c) Volleyball coaching is given to the school students.
- d) For college students coaching is given in ‘Football’.
- e) Our college students also would get coaching experience by handling these students.
- f) Tournaments were conducted separately for school children and to the college students.

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## **Obstacles Faced and Strategies Adopted**

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- a) Though the school children are very much interested in taking part in the sports and games coaching, but the parents of the children are reluctant:

From our college, we have conducted many orientation and awareness programmes to the parents to make them understand that participation in sports is not a hindrance to the academics but helps in a positive way.

- b) During the week days the school children find it very difficult to attend the coaching programme :

Hence, we have also arranged coaching during the weekend i.e., Saturday two sessions and Sunday two sessions.

- c) In the rural coaching programme, initially the number of players attending for the coaching was very less:

With the persistent efforts of our staff and students, gradually the strength of the students to take part in the coaching was increased.

- d) For the players, motivational levels are very low:

The players have been motivated by organising tournaments among them and also through announcing prizes and trophies to the winners.

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## **Practice**

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### **Coaching Academy for School Children**

- i) For school children the coaching was given in two modules
- a) During week days – 4.30pm to 6.30pm (Monday to Friday)
  - b) During weekends – 7.00am to 9.00am, 4.00pm to 6.00pm (Saturday and Sunday)
- ii) During school holidays intensive coaching is given both in the morning and evening.
- iii) During summer vacation, special coaching programme was organised for 45 days.

### **Rural Coaching**

- i) Our college student trainees give coaching in volleyball to the school students and football to the college students. This coaching is given for twenty days in two phases.
- ii) Finally the players are brought to sports competitions in our college campus



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## **Impact of the Practice**

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- Identifying the talents in the schools and colleges
- Correcting the improper technique and methods of the players
- Overall performance is improved for all the players
- ‘Sports culture’ is developed among the school students as well as the college students.

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## **Results**

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- General fitness of the players is improved.
- Parents of these children understand the importance of participating in sports and games and encouraged their wards.
- Not only the physical fitness, the overall behaviour of the children is improved with the participation in the sports.
- Many of the students are representing for their respective institutions and districts.

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## **Conclusion:**

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- At Present, our college is organising coaching programme for school children in Badminton, Cricket and Tennis. This may be expanded to other games also.
- Similarly our rural coaching is restricted to volleyball for school children and Football for college students. This also may be extended to some other games.

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## **Resources Required**

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- Our institution is having enough human resources and materials to conduct this programme successfully

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## **Contact Persons for Further Details**

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1. Dr.Ch.V.S.T.Saikumar, Principal, Sri Ramakrishna Mission Vidyalaya Maruthi College of Physical Education.
2. Sri M. Prabu, Assistant Professor, Sri Ramakrishna Mission Vidyalaya Maruthi College of Physical Education, and Co-ordinator of the coaching programme.