

**THE ANNUAL QUALITY ASSURANCE
REPORT OF THE IQAC
2013-14**

Submitted to
**National Assessment and Accreditation Council
Bangalore**



**Sri Ramakrishna Mission Vidyalaya
Maruthi College of Physical Education**
(Accredited with ' B⁺⁺' Grade by NAAC)
(Autonomous and Affiliated to Tamil Nadu Physical
Education and Sports University, Chennai)
Coimbatore – 641 020

The Annual Quality Assurance Report (AQAR) of the IQAC

Part – A

AQAR for the year

2013-2014

1. Details of the Institution

1.1 Name of the Institution

Sri Ramakrishna Mission Vidyalaya
Maruthi College of Physical Education

1.2 Address Line 1

Periyanaickenpalayam

Address Line 2

Sri Ramakrishna Vidyalaya (Post)

City/Town

Coimbatore

State

Tamilnadu

Pin Code

641 020

Institution e-mail address

rmmcpe@gmail.com

Contact Nos.

0422-2692443

Name of the Head of the Institution:

Dr. Ch. VST. Saikumar

Tel. No. with STD Code:

0422-2692443

Mobile:

9443294170

Name of the IQAC Co-ordinator:

Mobile:

IQAC e-mail address:

1.3 NAAC Track ID

1.4 NAAC Executive Committee No. & Date:

1.5 Website address:

Web-link of the AQAR:

1.6 Accreditation Details

| Sl. No. | Cycle | Grade | CGPA | Year of Accreditation | Validity Period |
|---------|-----------------------|-------|------|-----------------------|-----------------|
| 1 | 1 st Cycle | B++ | 8.1 | 2006 | 2006 to 2011 |
| 2 | 2 nd Cycle | | | | |
| 3 | 3 rd Cycle | | | | |
| 4 | 4 th Cycle | | | | |

1.7 Date of Establishment of IQAC :

1.8 AQAR for the year :

1.9 Details of the previous year's AQAR submitted to NAAC after the latest Assessment and Accreditation by NAAC

- i. AQAR 2010-2011 submitted to NAAC on
 - ii. AQAR 2011-2012 submitted to NAAC on
 - iii. AQAR 2012-2013 submitted to NAAC on
 - iv. AQAR 2013-2014 submitted to NAAC on (online submission)
- } 16.05.2015

1.10 Institutional Status

University State Central Deemed Private

Affiliated College Yes No

Constituent College Yes No

Autonomous college of UGC Yes No

Regulatory Agency approved Institution Yes No

(eg. AICTE, BCI, MCI, PCI, NCI)

Type of Institution Co-education Men Women

Urban Rural Tribal

Financial Status Grant-in-aid UGC 2(f) UGC 12B

Grant-in-aid + Self Financing Totally Self-financing

1.11 Type of Faculty/Programme

Arts Science Commerce Law PEI (Phys Edu)

TEI (Edu) Engineering Health Science Management

Others (Specify)

1.12 Name of the Affiliating University (for the Colleges)

TAMIL NADU PHYSICAL EDUCATION
AND SPORTS UNIVERSITY, CHENNAI

1.13 Special status conferred by Central/ State Government-- UGC/CSIR/DST/DBT/ICMR etc

Autonomy by State/Central Govt. / University

University with Potential for Excellence UGC-CPE

| | | | |
|----------------------------------|----------------------|--------------------------------------------------------------------------------------------------|----------------------|
| DST Star Scheme | <input type="text"/> | UGC-CE | <input type="text"/> |
| UGC-Special Assistance Programme | <input type="text"/> | DST-FIST | <input type="text"/> |
| UGC-Innovative PG programmes | <input type="text"/> | Any other (Specify) | |
| UGC-COP Programmes | <input type="text"/> | “Research Centre” approved by Tamil Nadu Physical Education and Sports University, Chennai | |

2. IQAC Composition and Activities

| | |
|---------------------------------------------------------------------------|---------------------------------|
| 2.1 No. of Teachers | <input type="text" value="7"/> |
| 2.2 No. of Administrative/Technical staff | <input type="text" value="2"/> |
| 2.3 No. of students | <input type="text" value="1"/> |
| 2.4 No. of Management representatives | <input type="text" value="1"/> |
| 2.5 No. of Alumni | <input type="text" value="5"/> |
| 2.6 No. of any other stakeholder and community representatives | <input type="text" value="1"/> |
| 2.7 No. of Employers/ Industrialists | <input type="text" value="1"/> |
| 2.8 No. of other External Experts | <input type="text" value="1"/> |
| 2.9 Total No. of members | <input type="text" value="19"/> |
| 2.10 No. of IQAC meetings held | <input type="text" value="4"/> |

| | | | | |
|--------------------------------------------------------|--------------------|---------------------------------|----------|---------------------------------|
| 2.11 No. of meetings with various stakeholders: | No. | <input type="text" value="6"/> | Faculty | <input type="text" value="12"/> |
| | Non-Teaching Staff | <input type="text" value="14"/> | Students | |
| | Alumni | <input type="text" value="1"/> | Others | <input type="text" value="70"/> |

2.12 Has IQAC received any funding from UGC during the year? Yes No

If yes, mention the amount

2.13 Seminars and Conferences (only quality related)

(i) No. of Seminars/Conferences/ Workshops/Symposia organized by the IQAC

Total Nos. International National State Institution Level

(ii) Themes

1. National Seminar on **“RELEVANCE OF SWAMI VIVEKANANDA’S PHILOSOPHY TO EDUCATION AND PHYSICAL EDUCATION IN THE CURRENT HIGH-TECH ERA”** on 20 & 21 December 2013 at GKD Auditorium. Swami Abhiramanandaji Maharaj, Secretary, Ramakrishna Mission Vidyalaya institutions presided over the function and delivered the presidential address. Dr. Mrs. Grace Helina, Vice Chancellor (Officiating), Tamil Nadu Physical Education and Sports University, Chennai was the chief guest and delivered the key note address. A total number of 22 delegates from Tamilnadu, Kerala and Andhra Pradesh participated in the seminar.

2. **State level workshop cum referee examination in ‘Kabaddi’** was conducted by our college on 17 and 18 September, 2013. Swami Tatprabhanandaji Maharaj was the chief guest of the inaugural function. 70 students from our college, 27 from RKMVU GAPEY and 56 from other colleges appeared for examination. Dr. T. Jayabal, Associate Professor, was the co-ordinator for this programme.

3. Our college conducted **state level workshop cum referee examination in ‘Handball’** on 13 and 14 December, 2013, 50 BPed and MPed students of our college appeared for examination. Dr. A. Needhiraja, Assistant Professor, was the co-ordinator for this programme.

2.14 Significant Activities and contributions made by IQAC

The following activities are proposed and implemented at regular IQAC meetings:

- The academic programmes ensure that students who graduate from the institution are committed citizens and leaders ready to participate in building stronger communities and society.
- Expand the intellectual capacity of the students of various academic programmes, many options in subjects are offered to them.
- Introduction of need based career oriented courses in the curriculum.
- Imparting to the students the conceptual human relations.

- Frequent Updating of syllabus.
- Skill orientation (practical, job training etc) to curriculum guidance.
- Our college has been recognized to conduct research programmes like M.Phil., and Ph.D.,
- Motivation for research begins at the PG level by including group or individual projects to the PG students. Individual project for PG students is compulsory.
- LCDs are used to make teaching-learning effective.
- Active working of “Research and Publication Council”.
- Organizing workshops, seminars and research programmes by the teachers.
- Leadership training camp and play festival are being carried out by our institution and also undertaking extension activities. Students’ participation in these activities is subject to evaluation.
- The curriculum also includes internships, projects, field visits, seminars etc. Enriched library, internet, and various associations for the development of students.
- Research consultancy.
- M.Phil., and Ph.D., guidance by our teachers to part-time scholars and in Tamil Nadu physical education and Sports University and other universities.
- Undertaking of minor and major UGC / DRDO / other projects.
- Value education is provided to the students.
- An extensive exhibition is arranged on RAMAKRISHNA PARAMAHAMSA’S BIRTHDAY celebrations (Gurupuja) and our college every year participates in this event.
- Computer training is given to teaching and non-teaching staff of our college.

2.15 Plan of Action by IQAC/Outcome

- The plan of action and action taken are chalked out by quarterly wise from the beginning of the year to the end of the year tabulated Refer **Annexure. I**
- The plan of action and the outcome achieved by the year 2013-2014 consolidated report had been attached in the **Annexure.II**
- The Academic Calendar 2013-2014 had been displayed in the **Annexure.III**

2.16 Whether the AQAR was placed in statutory body Yes No

Management Syndicate Any other body

Provide the details of the action taken

- Every staff meeting agenda is combined with IQAC proposals and actions are discussed.
- All the staffs reveal their feedback and suggestions to enhance the quality of the IQAC.
- The proposals and reviews suggested by our IQAC members are placed in the meetings of College Committee, Academic Council, Board of Studies and Finance Committee.
- The suggestions given by the above committees are considered for the updating the for the IQAC plan and implementation progression.
- Finally the plan of IQAC are presented in the Governing Body for its implementation

Part – B

Criterion – I

1. Curricular Aspects

1.1 Details about Academic Programmes

| Level of the Programme | Number of existing Programmes | Number of programmes added during the year | Number of self-financing programmes | Number of value added / Career Oriented programmes |
|------------------------|-------------------------------|--------------------------------------------|-------------------------------------|----------------------------------------------------|
| PhD | 1 | 1 | | |
| PG | 1 | | | |
| UG | 1 | | | |
| PG Diploma | | | | |
| Advanced Diploma | | | | |
| Diploma | | | | |
| Certificate | 5 | | 5 | |
| Others (M.Phil.,) | 1 | | | |
| Total | | | | |

| | | | | |
|---------------------------------------------------------------------|-----------------------------------|--|--|---|
| Interdisciplinary: Internship, practice teaching and rural coaching | Carrer oriented/Skill development | | | 1 |
| Innovative | Employability skills based | | | 1 |

1.2 (i) Flexibility of the Curriculum: CBCS/Core/Elective option / Open options

(ii) Pattern of programmes:

| Pattern | Number of programmes |
|-----------|----------------------|
| Semester | 3 |
| Trimester | - |
| Annual | - |

1.3 Feedback from stakeholders* Alumni Parents Employers Students
(On all aspects)

Mode of feedback : Online Manual Co-operating schools (for PEI)

* Analysis of the feedback enclosed in the Annexure - IV

1.4 Whether there is any revision/update of regulation or syllabi, if yes, mention their salient aspects.

Yes. There is a regular revision/update of syllabi every year. For details, refer **Annexure.V**

1.5 Any new Department/Centre introduced during the year. If yes, give details.

Tamil Nadu Physical Education Sports University, Chennai, has approved our college as “Research Centre” on 06.02.2014

Criterion – II

2. Teaching, Learning and Evaluation

2.1 Total No. of permanent faculty

| Total | Asst. Professors | Associate Professors | Professors | Others |
|-------|------------------|----------------------|------------|--------|
| 5 | 2 | 1 | 1 | 1 |

2.2 No. of permanent faculty with Ph.D.

4

2.3 No. of Faculty Positions Recruited (R) and Vacant (V) during the year

| Asst. Professors | | Associate Professors | | Professors | | Others | | Total | |
|------------------|---|----------------------|---|------------|---|--------|---|-------|---|
| R | V | R | V | R | V | R | V | R | V |
| | 5 | | | | | | | | |

2.4 No. of Guest and Visiting faculty and Temporary faculty

0

1

1

2.5 Faculty participation in conferences and symposia:

| No. of Faculty | International level | National level | State level |
|------------------|---------------------|----------------|-------------|
| Attended | 1 | 33 | 38 |
| Presented papers | 7 | 7 | |
| Resource Persons | 1 | 5 | 7 |

2.6 Innovative processes adopted by the institution in Teaching and Learning:

Since our college has got autonomous status we are able to update the syllabus every year after getting the feedback from the subject teachers, students, evaluators and other stake holders.

INNOVATIONS IN TEACHING-LEARNING

In teaching the theory subjects, all the teachers are encouraged to prepare power points extensively which will improve the attention span of the students and also concentration levels would be high as the presentations are very attractive and effective.

While teaching the practical, our staff members make use of the following teaching aids to make the classes more interesting and efficient:

| S. No. | Name of the game | Name of the teaching aid |
|--------|----------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 01 | Ball badminton Wall practice | stroke targets |
| 02 | Basketball Shooting for accuracy | Basketball Shooting for accuracy |
| 03 | Cricket | Batting: Hanging balls, bowling machine Bowling: Bowling accuracy, bowling high arm action marker Fielding: Uneven catching, throwing net, throwing for accuracy |
| 014 | Football | Rebound board, Accuracy ring, Hanging ball to improve Heading, Dodging, stick, cones, mini goals. |
| 05 | Handball | Rebound board, Shooting ring |
| 06 | Hockey | Hitting and stopping, rebounder board, Dribbling and dodging: dribbling around the cones, Scooping: scooping ring, shooting: shooting target, Passing: passing accuracy |
| 07 | Kabaddi | Escaping bar, raiders kicking the ball and touching Indian clubs |

| | | |
|----|-------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 08 | Kho-Kho | Chasing: Frame kho, Pole dive: Nail board, pole dive and touching the banging ball, Dive: reach dive (horizontal and vertical), dive and touch the hanging ball |
| 09 | Shuttle badminton | Hitting for accuracy, serving for accuracy, strokes targets |
| 10 | Table Tennis | Table tennis ball feeding machine, strokes target |
| 11 | Tennis | Tennis ball feeding machine, wall practice, strokes target |
| 12 | Throwball | Shooting for accuracy ring, Rebound wall |

LEARNING

- Learning through watching (High Level Sports Meets and Tournaments, advanced play surfaces and play courts)
- Introduction of National Library and Information Services Infrastructure for Scholarly Content (N.LIST), Information and Library Network (INIFLIBNET), Research centre
- Introduction of Language laboratory for self learning
- Organizing seminars and workshop specifically for students
- Handling classes through power point presentations
- Micro teaching
- Student's seminar
- Working models for all the games and track and field
- Models and charts for teaching Anatomy and Physiology.
- In addition to the above all, our teachers are encouraged to prepare CD's of their game of specialization with the fundamental skills, drills and lead up games.

2.7 Total No. of actual teaching days during this academic year

| |
|-----|
| 200 |
|-----|

2.8 Examination/ Evaluation Reforms initiated by the Institution (for example: Open Book Examination, Bar Coding, Double Valuation, Photocopy, Online Multiple Choice Questions)

- Optical Mark Reader Evaluation System
- Centralized CIA test
- Double valuation for PG
- Transparency – supply of photocopy
- Online Examination and Evaluation
- Results through mobile and website
- Supplementary Examination
- Improvement Examination

2.9 No. of faculty members involved in curriculum restructuring/revision/syllabus development as member of Board of Study/Faculty/Curriculum Development workshop

| | | |
|---|---|---|
| 0 | 1 | 0 |
|---|---|---|

2.10 Average percentage of attendance of students

| |
|-----|
| 90% |
|-----|

2.11 Course/Programme wise distribution of pass percentage :

| Title of the Programme | Total no. of students appeared | Division | | | | |
|------------------------|--------------------------------|---------------|-----|------|-------|--------|
| | | Distinction % | I % | II % | III % | Pass % |
| B.P.Ed., | 100 | 22% | 78% | - | - | 100% |
| M.P.Ed., | 18 | 23% | 77% | - | - | 100% |
| M.Phil., | 6 | 17% | 83% | - | - | 100% |

2.12 How does IQAC Contribute/Monitor/Evaluate the Teaching & Learning processes :

- The IQAC of our institution contributes monitors and evaluates the Teaching and Learning processes by way of reviewing through the periodical faculty meetings.
- The outcomes of various proposals suggested in the IQAC are put in to practice for enhancing the quality of education system.
- The IQAC also decides on the modifications to be taken to improve and sustain the quality of our higher education.

2.13 Initiatives undertaken towards faculty development : 83

| Faculty / Staff Development Programmes | Number of faculty benefitted |
|------------------------------------------------|------------------------------|
| Refresher courses | 1 |
| UGC – Faculty Improvement Programme | 66 |
| HRD programmes | 4 |
| Orientation programmes | 2 |
| Faculty exchange programme | 5 |
| Staff training conducted by the university | |
| Staff training conducted by other institutions | 2 |
| Summer / Winter schools, Workshops, etc. | 3 |
| Others | - |

2.14 Details of Administrative and Technical staff

| Category | Number of Permanent Employees | Number of Vacant Positions | Number of permanent positions filled during the Year | Number of positions filled temporarily |
|----------------------|-------------------------------|----------------------------|------------------------------------------------------|----------------------------------------|
| Administrative Staff | 4 | 2 | - | 2 |
| Technical Staff | 6 | 3 | - | 3 |

Details of Administrative and Technical staff (Unaided)

| Category | Number of Permanent Employees | Number of Vacant Positions | Number of permanent positions filled during the Year | Number of positions filled temporarily |
|----------------------|-------------------------------|----------------------------|------------------------------------------------------|----------------------------------------|
| Administrative Staff | 5 | | | |
| Technical Staff | 3 | | | 3 |

Criterion – III

3. Research, Consultancy and Extension

3.1 Initiatives of the IQAC in Sensitizing/Promoting Research Climate in the institution

- The IQAC meets regularly to discuss various plans to promote research climate and motivate the faculty for academic advancement. Through the research equipments, quality of research enhanced.
- Updated infrastructures of our institution leveraging it as full fledged approved research centre by Tamilnadu Physical Education and Sports University, Chennai from 06.02.2014.

- The IQAC of the institution encourages the staff members to undertake major and minor research projects and to organize seminars, workshops and conferences, etc.
- The staff and students are informed about the various fellowships available and they are encouraged to apply for the same.
- In our institution we encourage our research scholars to take up the research studies in the key areas related to health, physical education, sports, recreation, and allied sport sciences.

3.2 Details regarding major projects

| | Completed | Ongoing | Sanctioned | Submitted |
|---------------------|-----------|-------------|------------|-----------|
| Number | - | 1 | 1 | - |
| Outlay in Rs. Lakhs | | 6,93,000.00 | | |

3.3 Details regarding minor projects

| | Completed | Ongoing | Sanctioned | Submitted |
|---------------------|-----------|---------|------------|-----------|
| Number | 1 | - | - | 1 |
| Outlay in Rs. Lakhs | 70,000.00 | | | |

3.4 Details on research publications (Refer Annexure – VI & VII)

| | International | National | Others |
|--------------------------|---------------|----------|--------|
| Peer Review Journals | 2 | 23 | - |
| Non-Peer Review Journals | - | | |
| e-Journals | - | | |
| Conference proceedings | | 7 | - |

3.5 Details on Impact factor of publications:

Range Average h-index Nos. in SCOPUS

3.6 Research funds sanctioned and received from various funding agencies, industry and other organisations

| Nature of the Project | Duration Year | Name of the funding Agency | Total grant sanctioned | Received |
|--------------------------------------------------------------------------------|---------------|----------------------------|------------------------|------------------|
| Major projects | 2013-2014 | UGC | 992800.00 | 693800.00 |
| Minor Projects | - | - | - | - |
| Interdisciplinary Projects | - | - | - | - |
| Industry sponsored | - | - | - | - |
| Projects sponsored by the University/ College | - | - | - | - |
| Students research projects <i>(other than compulsory by the University)</i> | - | - | - | - |
| Any other(Specify) | - | - | - | - |
| Total | - | - | 992800.00 | 693800.00 |

3.7 No. of books published i) With ISBN No. Chapters in Edited Books

ii) Without ISBN No.

3.8 No. of University Departments receiving funds from

UGC-SAP CAS DST-FIST
DPE DBT Scheme/funds

3.9 For colleges

Autonomy CPE DBT Star Scheme
INSPIRE CE Any Other (specify)

3.10 Revenue generated through consultancy

3.11 No. of conferences organized by the Institution

| Level | International | National | State | University | College |
|---------------------|---------------|----------|-------|------------|---------|
| Number | - | 1 | - | - | - |
| Sponsoring agencies | - | UGC | - | - | - |

3.12 No. of faculty served as experts, chairpersons or resource persons

3.13 No. of collaborations International National Any other

3.14 No. of linkages created during this year

3.15 Total budget for research for current year in lakhs :

From Funding agency From Management of University/College
Total

3.16 No. of patents received this year

| Type of Patent | | Number |
|----------------|---------|--------|
| National | Applied | - |
| | Granted | - |
| International | Applied | - |
| | Granted | - |
| Commercialised | Applied | - |
| | Applied | - |

**3.17 No. of research awards/ recognitions received by faculty and research fellows
Of the institute in the year**

| Total | International | National | State | University | Dist | College |
|-------|---------------|----------|-------|------------|------|---------|
| - | - | - | - | | - | - |

3.18 No. of faculty from the Institution who are Ph. D. Guides and students registered under them

8

16

3.19 No. of Ph.D. awarded by faculty from the Institution

3

3.20 No. of Research scholars receiving the Fellowships (Newly enrolled + existing ones)

JRF SRF Project Fellows Any other

3.21 No. of students Participated in NSS events:

University level State level
National level International level

3.22 No. of students participated in NCC events:

University level State level
National level International level

3.23 No. of Awards won in NSS:

University level State level
National level International level

3.24 No. of Awards won in NCC:

University level State level
National level International level

3.25 No. of Extension activities organized

University forum College forum 8

NCC NSS Any other

3.26 Major Activities during the year in the sphere of extension activities and Institutional Social Responsibility

- The college encourages the faculty and students to take up various activities relating to extension and social responsibilities.
- Apart from the regular work, a number of faculty and students actively take part in various social activities like “Swacch Bharath”, refresher workshop to school physical education teachers through Alumni Association.
- The college ensures the involvement of the staff and students in its outreach activities such as Blood Donation camps, Anti-Ragging Campaign, Awareness, Road Safety Awareness, Anti-Tobacco Awareness, Voters’ campaigns, Swine Flu prevention awareness campaigns and contributes to the community development through various co-curricular forums and the Alumni association.
- Parents association and Alumni association offer constructive suggestions regarding outreach programmes.
- The college initiated the community people to contribute to the community development by incorporating them as members of various committees.

Criterion – IV

4. Infrastructure and Learning Resources

4.1 Details of increase in infrastructure facilities:

| Facilities | Existing | Newly created | Source of Fund | Total |
|-----------------------------------------------------------------------------------|---------------------|-------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------|-------|
| Campus area | 11,735.26 (sq.mts.) | 2725.35(sq.mts.) (130’6” x 224’8”) | University Grants Commission (UGC) under the scheme ‘Development of Sports Infrastructure and Equipment’ during the XIth plan period. | |
| Class rooms | 6 | 1 | | 7 |
| Laboratories | 7 | 1 (Adapted Physical Education Laboratory) | UGC Grant (MRP) | 8 |
| Seminar Halls | 2 | - | | 2 |
| No. of important equipments purchased (\geq 1-0 lakh) during the current year. | | 2 | | |

| | | | | |
|-----------------------------------------------------------------|--|------------|-------------------------------------------------------------------------|--|
| Value of the equipment purchased during the year (Rs. in Lakhs) | | 2184751.00 | UGC Grant, UGC Grant (MRP), UGC Autonomy and Equipment Grant (25 Lakhs) | |
| Others | | | | |

important equipments purchased (\geq 1-0 lakh) during the current year.

| S.No | Name of the Equipment | Qty | Amount |
|------|--------------------------------------|-----|------------|
| 1 | Cortex Air Check Machine | 1 | 850000.00 |
| 2 | Tiger brand One tone Standard Roller | 1 | 275000.00 |
| | Total | 2 | 1125000.00 |

4.2 Computerization of administration and library

Computerization of administration

The entire administration is fully computerized with the following facilities and they are also available for both staff and students:

- ICT has been integrated in the College activities.
- Internet is provided to every staff and students.
- Internet Centre in the computer laboratory is available for students.
- Upgradation of all the LANs with a speed of 1 Gbps.
- Upgradation of server with iBall server.
- Library Automation
- Digital Library is available for all our students, staff and external users.
- Internet band with speed Available with 8Mbps
- E-Learning-Content Management Available
- Institutional Repository Available
- Resource Sharing Networks / Consortia Available (INFLIBNET)

Computerization of library

The following Integrated Library Management Activities are computerized:

- e - Stack of Books and Journals.
- Books Issue and Return is computerized.
- Student's entry is registered through e-Gate Register.
- e-search is facilitated for in-house materials through OPAC (Online Public Access Catalogue).
- Books are marked with Barcode Label.
- Students can register their entry through Barcode Reader.
- e-Resources are referred through digital library.
- e-Reference is provided through library e-mail (infomcpeLibrary@gmail.com).
- e-Bibliography compilation is educated to User / Information literacy is followed.

4.3 Library services:

| | Existing | | Newly added | | Total | |
|------------------|----------|-----------|-------------|-----------|-------|-----------|
| | No. | Value | No. | Value | No. | Value |
| Text Books* | 3653 | 190427.00 | 282 | 278379.00 | 4935 | - |
| Reference Books | 104 | 237685.11 | 49 | 158245.00 | 153 | 395930.11 |
| e-Books | - | - | - | - | - | - |
| Journals | 12 | 73231.00 | - | - | 12 | 73231.00 |
| e-Journals | - | - | - | - | - | - |
| Digital Database | 01 | 5000.00 | N-List | - | 01 | 5000.00 |
| CD & Video | 163 | 3260.00 | 40 | 800.00 | 203 | 4060.00 |
| Others (specify) | - | - | - | - | - | - |

*Note: All of our library collection is text books.

4.4 Technology up gradation (overall)

| | Total Computers | Computer Labs | Internet | Browsing Centres | Computer Centres | Office | Departments | Others |
|----------|-----------------|---------------|----------|------------------|------------------|--------|-------------|--------|
| Existing | 27 | 1 | 1 | 1 | 1 | 3 | 6 | 2 |
| Added | 3 | - | 2 | 1 | - | 1 | 1 | 2 |
| Total | 30 | 1 | 3 | 2 | 1 | 4 | 7 | 4 |

4.5 Computer, Internet access, training to teachers and students and any other programme for technology upgradation (Networking, e-Governance etc.)

- The faculty members and students of the college are provided with computer, internet, audio-visual aids and computer aided packages to facilitate teaching, learning and e-governance.

- The central library is equipped with open educational resources like the Information and Library Network (INFLIBNET) for the benefit of the staff and students.
- Three separate smart classrooms and communication laboratory are also available with the state-of-the art facilities.
- Our college staff and students are given computer and internet training regularly at our Vidyalaya Polytechnic College Computer Laboratory. Staff are deputed to participate in the computer applications for the research and development programmes conducted by various agencies.

4.6 Amount spent on maintenance in lakhs :

| | |
|------------------------------------------|---------------------|
| i) ICT | 86,850.00 |
| ii) Campus Infrastructure and facilities | 42,39,895.00 |
| iii) Equipments | 14,01,300.00 |
| iv) Others | 6,80,600.00 |
| Total : | 64,08,645.00 |

Criterion – V

5. Student Support and Progression

5.1 Contribution of IQAC in enhancing awareness about Student Support Services

- Stakeholders feedbacks extract presented in the IQAC meeting which are encouraged to come out with their views and suggestions for the enhancement of quality of the institution.
- Student members of the IQAC are included for the enhancement of quality of the institution.
- IQAC provides information about various Student Support Services available at the institution and other levels.

5.2 Efforts made by the institution for tracking the progression

The institution monitors and ensures the achievements of the learning outcome through analysis of the tests, examination results and the pass percentage arrived at in the Passing Board Meeting

5.3 (a) Total Number of students

| UG | PG | Ph. D. | Others |
|-----|----|--------|--------|
| 100 | 49 | 10 | 6 |

(b) No. of students outside the state

2

(c) No. of international students

-

| | | | | | |
|-----|----|---|-------|----|---|
| Men | No | % | Women | No | % |
| | | | | | |

| Last Year(2012-2013) | | | | | | This Year(2013-2014) | | | | | |
|----------------------|----|----|-----|-----------------------|-------|----------------------|----|----|-----|-----------------------|-------|
| General | SC | ST | OBC | Physically Challenged | Total | General | SC | ST | OBC | Physically Challenged | Total |
| 43 | 45 | 1 | 56 | - | 145 | 47 | 37 | 3 | 62 | - | 149 |

Demand ratio 1.33

Dropout % -

5.4 Details of student support mechanism for coaching for competitive examinations (If any)

The college arranges for guidance and coaching classes for Civil Services, Defence Services, NET/SET examinations and other competitive examinations through various forums.

No. of students beneficiaries

85

5.5 No. of students qualified in these examinations

| | | | | | | | |
|-------------|----------------------|-----------|----------------------|------|----------------------|--------|----------------------|
| NET | <input type="text"/> | SET/SLET | <input type="text"/> | GATE | <input type="text"/> | CAT | <input type="text"/> |
| IAS/IPS etc | <input type="text"/> | State PSC | <input type="text"/> | UPSC | <input type="text"/> | Others | <input type="text"/> |

5.6 Details of student counselling and career guidance

- To facilitate the needs of the students, a two day orientation programme is conducted for the fresher's at the entry level to know the basics of higher education and excellence of our Vidyalyaya campus.
- The institution has class-wise faculty ward advisors for student support and mentoring.
- To improve the communication skill in English, our college included a paper on "Communication skills" in the curriculum as supportive papers.
- The Practical sessions help the students to keep them physically and mentally fit.
- Career Guidance and Placement Cell provides guidance and counselling to the students regarding higher studies and employment.

- Placement Cell arranges campus interviews for placement in various organizations.
- Through our students welfare association, the students are encouraged to exhibit their skills and talents through various activities and in the college magazine.
- Tutor ward meetings are conducted for the guidance and counselling.

No. of students benefitted

118

5.7 Details of campus placement

| On campus | | | Off Campus |
|---------------------------------|---------------------------------|---------------------------|---------------------------|
| Number of Organizations Visited | Number of Students Participated | Number of Students Placed | Number of Students Placed |
| 36 | 118 | 118 | - |

5.8 Details of gender sensitization programmes

Not Applicable

5.9 Students Activities

5.9.1 No. of students participated in Sports, Games and other events

State/ University level

42

National level

1

International level

-

No. of students participated in cultural events

State/ University level

National level

International level

5.9.2 No. of medals /awards won by students in Sports, Games and other events

Sports : State/ University level

10

National level

International level

Cultural: State/ University level

National level

International level

5.10 Scholarships and Financial Support

| | Number of students | Amount |
|----------------------------------------------------------------------|--------------------|--------|
| Financial support from institution | 10 | 245057 |
| Financial support from government | | 57912 |
| Financial support from other sources | | - |
| Number of students who received International/ National recognitions | | - |

5.11 Student organised / initiatives

Fairs : State/ University level National level International level
Exhibition: State/ University level National level International level

5.12 No. of social initiatives undertaken by the students

5.13 Major grievances of students (if any) redressed:

- Spoken English coaching
- Arrangements of computer classes
- Providing pure water by installing water doctors.
- Providing internet facilities at our library.

Criterion – VI

6. Governance, Leadership and Management

6.1 State the Vision and Mission of the institution

VISION

The vision of the college is to provide personal, intellectual and professional growth of its students and staff and to produce an ideal physical education teacher with emphasis on man making and character building education.

MISSION

- Preparing physical education teachers of highest caliber both in theory and practical.
- Aspiring for global standards of quality teaching, research and publication and commitment to service to the community.
- Imbibing Indian cultural values and work ethics in the minds of student teachers.

6.2 Does the Institution has a management Information System

The Institution has a well established management Information System. The following systems have immensely helped to make the administration process effectively:

- Administrative procedures including finance
- Student admission
- Student attendance
- Evaluation and examination procedures
- Research activities
- Introduction of OMR

6.3 Quality improvement strategies adopted by the institution for each of the following:

6.3.1 Curriculum Development

- The meetings of the Board of Studies are conducted every year. The ideas obtained from the various bodies is thoroughly discussed by the experts in the academic bodies and carefully incorporated in the curriculum.
- The present and outgoing students' feedback regarding the relevance and content quality of the subjects is considered.
- The syllabi reformation suggested by the National Council for Teacher Education (NCTE) and expert bodies like Tamilnadu State Council for Higher Education (TANSICHE) are taken into consideration.

6.3.2 Teaching and Learning

- Our college provides all curricular related information to enable the students through academic calendar, syllabus and supplementary study materials
- Teaching and learning of all courses is made student centric. The computer aided teaching and learning is central point of our teaching and learning methods.
- Our college provides extramural activities to inculcate professional skill experience, creativity and ethical temper to our students.
- Our college had feedback mechanism to evaluate the teaching and learning activities and it is reviewed many times in an academic year.
- Our faculty is potential and competent enough to make students ready to work.

6.3.3 Examination and Evaluation

- Our college follows even and adds semester examination systems.
- Online circulation of semester examination time table in our college website.
- Dummy number is system is followed for the semester examinations.
- Internal Continuous Assessment Examination for all theory papers.
- Central valuation by external examiners
- Results are published though our college website.
- The declaration of results is done within the 15 days from the date of last examination.

6.3.4 Research and Development

- Our college has been recognized as a “Research Centre” in physical Education and Sports Sciences by Tamilnadu physical Education and Sports University from 06.02.2014
- Our college has research committee consisting of inter faculty members to encourage and monitor research activities. Our research committee meets regularly to monitor the research progression.
- Staff are encouraged to avail , major and minor projects from University Grants Commission (UGC) development programme

6.3.5 Library, ICT and physical infrastructure / instrumentation

Library infrastructure / instrumentation:

Our library is well spaced internally to accommodate 100 students at a time for convenient and effective reading.

Deployment of new arrivals, paper clippings, informations frontline and state, national and international events are routine functions of our library.

Separate section is available to our research scholars for reference purpose.

A forefront **Integrated Library Management Automation System** is functioning for the following library services:

- e - Stack of Books and Journals.
- Books Issue and Return is computerized.
- Student’s entry is registered through e-Gate Register.
- e-search is facilitated for in-house materials through OPAC (Online Public Access Catalogue).
- Books are marked with Barcode Label.
- Students can register their entry through Barcode Reader.
- e-Resources are referred through digital library.
- e-Reference is provided through library e-mail (infomcpelibrary@gmail.com).
- e-Bibliography compilation is educated to User / Information literacy is followed.

ICT infrastructure / instrumentation:

Three class rooms are equipped with LCD projectors for modern teaching

A smart class room is available with latest interactive e-board

More than this our staffs are motivated to teach with power point presentations, instruction models and teaching aids.

Computerised teaching and research equipments are available in our college. (Body composition analyzer, Cardio pulmonary exercise system, digital spiro meter, Sports training gadgets.

The following equipments are available in our research laboratories as follows:

Adapted Physical Education Laboratory

| S.No | Name of the Equipment | Qty | Amount | Account |
|------|----------------------------|-----|-----------|-----------------|
| 1 | Multi limp Tricycle | 2 | 300000.00 | UGC Grant (MRP) |
| 2 | Finger Manipulation Gadget | 2 | | |
| 3 | Arm Sturdiness Gadget | 1 | | |
| 4 | Reaction Timer | 1 | | |
| 5 | Finger Dexterity Board | 5 | | |

Sports Medicine Centre

| S.No | Name of the Equipment | Qty | Amount | Account |
|------|--------------------------|-----|-----------|----------------------------|
| 1 | Finger Goinometer | 1 | 126300.00 | Equipment Grant (25 Lakhs) |
| 2 | Swiss Ball | 4 | | |
| 3 | Thera Band | 2 | | |
| 4 | Digital Skinfold Caliper | 1 | | |
| 5 | Physio Tralley | 1 | | |
| 6 | Weighing Machine | 1 | | |
| 7 | Wooble board | 1 | | |
| 8 | Stretcher | 1 | | |
| 9 | Yoga Mat | 7 | | |
| 10 | Girth Measurer | 1 | | |
| 11 | Hand Grip Dynamo meter | 1 | | |

| | | | |
|----|--------------------|---|--|
| 12 | Balance Board | 1 | |
| 13 | Knee Hammer | 1 | |
| 14 | Manipulation Table | 1 | |

Physical infrastructure / instrumentation:

- Standard Track and Field with drainage system (anti water logging system)
- Two Indoor synthetic tennis courts.
- Four Indoor badminton “Garbo Synthetic” courts with flood light facility.
- Table Tennis Hall
- Modernised Multi Stationed Gym
- Various complexes for all games
- Modernised Advanced Research Laboratories
- Computerised Administrastive Block
- Air conditioned conference hall with modernized audio visual backup
- Hostel facility to accommodate more than 300 students

6.3.6 Human Resource Management

- Our college latest sports infrastructures play facilities and relevance research facilities committed to upgrade our staff potential and student’s skills development
- Our college is following creative pedagogy with the innovative ICT facilities.
- Our college students are provided with field practice and experience at schools, colleges, industries, government bodies and to the selected rural areas outside the campus which enables the sources to fit enough for their professional competency.

6.3.7 Faculty and Staff recruitment

The staff requirement is assessed on the basis of the students’ strength, vacancies arising due to retirement and as per the workload norms prescribed by the government.

- The qualifications for teachers of various courses are prescribed by the UGC and the Government of Tamilnadu from time to time.
- The posts both for teaching and non-teaching in the aided stream are sanctioned by the Director of Collegiate Education based on the work load of the individual department submitted by the college.
- The posts are filled up following the Roster system as prescribed by the Directorate of Collegiate Education. Faculty members by a seven member selection committee.
- The selection of the candidates is then approved by the college committee. For unaided programmes, a five member selection committee comprising of two members from the Management, Principal, Administrative Officer, and Head of the concerned Department selects the candidates.

6.3.8 Industry Interaction / Collaboration

- Our college has a standard practice i.e. play festivals sending students to the rural govt. elementary schools where there is no physical education classes and staff to inculcate health, fitness, spirituality and patriotism with collaboration of District Elementary Educational Officer, Coimbatore.
- The college has collaboration with Chief Education officer, Coimbatore to undergo teaching practice and to impart fitness and various games skills development to the government, government aided and matriculation higher secondary schools.
- Our college has collaboration with Chief Education officer, Coimbatore, for government schools and management bodies of the respective schools and colleges undergo coaching in various games.

6.3.9 Admission of Students

- In our institution all the admissions are done based on merit and also by following the reservation criteria as per the Tamilnadu Government norms. It is a policy in Ramakrishna Mission Vidyalaya that, donations are not collected for any admission. Even the management quota is also filled up based on merit without collecting any donations.
- Efforts are made to ensure that all students seeking admission to the various courses stay informed through different modes of publicity.
- The college has developed its own website for the convenience of students seeking admission to the college.
- Every year a review meeting of the Admission Committee is held to ensure the improvement in admission process.

6.4 Welfare schemes for

| Staff | Aided | Self Financing |
|------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------|
| Teaching | Group Insurance, campus Quarters and New Health Fund Scheme | Medi claim, campus Quarters |
| Non Teaching | Group Insurance, campus Quarters and New Health Fund Scheme | Medi claim, campus Quarters |
| Supportive Staff | Uniform, Group Insurance and Campus Quarters, New Health Fund Scheme and Medical | Uniform , Group Insurance and Campus Quarters |
| Students | Sports Scholarship , Group insurance and medical services at our Vidyalaya charitable dispensary, Career counselling, sports scholarship, spiritual retreat ad youth convention | |

6.5 Total corpus fund generated

6.6 Whether annual financial audit has been done Yes No

6.7 Whether Academic and Administrative Audit (AAA) has been done?

| Audit Type | External | | Internal | |
|----------------|----------|---------------------------------|----------|--------------------|
| | Yes/No | Agency | Yes/No | Authority |
| Academic | Yes | Experts from other universities | Yes | Inter departmental |
| Administrative | Yes | | Yes | Management Audit |

6.8 Does the University/ Autonomous College declares results within 30 days?

For UG Programmes Yes No

For PG Programmes Yes No

6.9 What efforts are made by the University/ Autonomous College for Examination Reforms?

- Our college follows even and adds semester examination systems.
- Online circulation of semester examination time table in our college website.
- Dummy number is system is followed for the semester examinations.
- Internal Continuous Assessment Examination for all theory papers.
- Central valuation by external examiners
- Results are published though our college website.
- The declaration of results is done within the 15 days from the date of last examination.

6.10 What efforts are made by the University to promote autonomy in the affiliated/constituent colleges?

The Tamilnadu Physical Education Sports University, Chennai leveraging academy excellence by providing necessary facilities to promote autonomy in the college.

6.11 Activities and support from the Alumni Association

- Our Maruthi Alumni Association (MASS) conducted a meeting on 04.08.2013, in our campus. In this meeting 38 Alumni from Kerala, Andhra and Tamilnadu were participated and hailed the progress of our college and agreed to share their voluntary support and contributions for further development of our college.
- Alumni Association arranges for the ‘Alumni Home Coming’ of various batches to meet at the college and to spend the day
- Workshops have been conducted every year. The following workshops are conducted in the last two years
- Officiating examinations are conducted in the following games: Track and field, football, handball, kabaddi and kho-kho.
- Seminars conducted by our institution are informed to all the alumni
- All the major activities of our college are informed to the alumni
- Mrs. Gomathi, in memory of Mr. K. Thangaraj, Alumni of MCPE, 1986-87 batch through Maruthi College of Alumni Association (MASS) sponsored Volleyball rolling trophy Badminton and Table Tennis rolling trophies worth of Rs.10,000/- for Tamil Nadu Physical Education and Sports University inter-collegiate tournaments in Badminton, Table Tennis and Volleyball were conducted in our college on 25th and 26th September, 2013.

6.12 Activities and support from the Parent – Teacher Association

- Parents deeply appreciates the students learning in our campus environment as criticism free evaluation
- The parents association offers their support by providing employer agencies for our college students placement
- The valuable suggestions given by our parents Teachers associations are included for enhancement of quality

6.13 Development programmes for support staff

- The institution deutes support staff to attend staff development programmes organized by Government and non-Government bodies.
- Support staffs are provided with computers, internet and ICT facilities.
- Our college encourages support staff to continue their higher education
- Our college design the works to load to support staff to effect the psycho balance and they have to be here as a” Home Coming”

6.14 Initiatives taken by the institution to make the campus eco-friendly

- Students are encouraged to plant tree saplings, in and around the college campus, and also to look after them. These tree saplings are procured from our sister institution, Institute of Agricultural and Rural Development and also from the Tamil Nadu Forest department.
- Our college campus is kept litter free zone all day long.
- Plastic usage is avoided.
- Rain water harvesting is present
- Renewable waste management is recycled to gardening.
- Efforts for carbon neutrality are achieved by thick plantations.
- ‘Environmental Awareness and Tree Plantation Ceremony’ was held on 26.09.2013 in our prayer hall. Swami Tatprabhanandaji Maharaj presided over the function, Mr. M. Nazir, Forest Range Officer, Periyanaickenpalayam Range was the chief guest. After the speeches, 32 saplings were planted around the 400 mtrs track, kabaddi court and handball court. For each sapling, two student volunteers were identified as the owners for the academic year 2013-14.

Criterion – VII

7. Innovations and Best Practices

7.1 Innovations introduced during this academic year which have created a positive impact on the functioning of the institution. Give details.

Our students are given sports training in the international standard indoor synthetic tennis courts.

Our students are given sports training through latest computerised sports training gadgets.

To acquire professional skills external coaching and teaching opportunities are provided.

To comprehend the social values of our students learning, play festival extension activity is the major area of the innovation by our institution. No other institution is having play festival programme of this kind.

Students pedagogy is developed with smart class and other latest ICT facilities

The staff members have prepared CDs which consist of teaching fundamental skills in their respective specialization.

Preparation of play activities for children according to their age group is another area of innovation.

The special children in and around our college campus are treated with our own designed adapted games to fulfill their needs is another innovation by our institution.

Sports Academies are yet another new supportive programme strongly rooted with an intention of developing skillful participation in different sports by interested participants.

Rural villages are adopted and sports activities are introduced with an intention of encouraging awareness about health and fitness through mass participation.

7.2 Provide the Action Taken Report (ATR) based on the plan of action decided upon at the beginning of the year

Enclosed as Annexure - II

7.3 Give two Best Practices of the institution (please see the format in the NAAC Self-study Manuals)

Best Practice I- Man making and character Building Education

The following objectives are enruled to man making and character building education:

- Our education is aimed to man making and character building education on the basis of Swami Vivekananda educational Philosophy.
- Students and staff are dedicated their service in the principle of “work is worship” and “service to mankind is the service to God”
- Value education begins in our college with dress code of uniform adherence to staff and students
- students

Best Practice – II Adapted Games and Rehabilitation Programme for Persons with disability

The following objectives are framed for the benefit of community persons with disability:

- In our scheme of education persons with disability community are given top priority with a view to social development.

For further details Refer **Annexure –VIII**

7.4 Contribution to environmental awareness / protection

Our college is ever vigilant in auditing our campus green resources. To up keep this the following measures are followed:

- Students are encouraged to plant tree saplings, in and around the college campus, and also to look after them. These tree saplings are procured from our sister institution, Institute of Agricultural and Rural Development and also from the Tamil Nadu Forest department.
- Our college campus is kept litter free zone all day long.
- Plastic usage is avoided.
- Rain water harvesting is present

- Renewable waste management is recycled to gardening.
- Efforts for carbon neutrality are achieved by thick plantations.
- ‘Environmental Awareness and Tree Plantation Ceremony’ was held on 26.09.2013 in our prayer hall. Swami Tatprabhanandaji Maharaj presided over the function, Mr. M. Nazir, Forest Range Officer, Periyanaickenpalayam Range was the chief guest. After the speeches, 32 saplings were planted around the 400 mtrs track, kabaddi court and handball court. For each sapling, two student volunteers were identified as the owners for the academic year 2013-14.

7.5 Whether environmental audit was conducted? Yes No

7.6 Any other relevant information the institution wishes to add. (for example SWOT Analysis)

Strengths

- Our institution is one of the best practioneer in physical education and sports sciences domain and having rich heritage in spiritual values.
- Institution’s pedagogy competence is based on Swamin Vivekandan’s philosophy which instills our staff and students are dedicated to achieve their goals.
- Vast campus facilitated with enough sports infrastructure nourishes global level sports achievement.
- Our institution is imparting forefront education with latest ICT techniques.
- Our institution’s co-curricular and extension activities are symbolizes our student’s community us valuable elements to the society.

Weaknesses

- Semi –urban existence is disadvantage for the exposure of our facilities to the corporaterians.
- Financial insufficiency hinders to accommodate sports veterans from economically weaker sections.

Opportunities

- Strive to achieve the status of college with potential for excellence
- Add our mission
- Work hard to greed global level sports outcomes

Challenges

- It is our challenge to overcome the external life style disturbing our internal culture of imbibing disciplines and values.
- Challenge of converting student’s slow perception of this education to lifelong learning.

8. Plans of institution for next year 2014-2015

1. Curricular aspects

- a) Proposed to create awareness about the physical education courses, our staff members have to address the final year U.G. and P.G. students of Arts and Science colleges.
- b) Proposed to give advertisements in the regional daily news papers and our college web site.
- c) Proposed to send circulars, notices and pamphlets to the institutions of other districts and states.
- d) Proposed to induct flexible curriculum, introduction of new activities and implement new programmes.

2. Teaching, Learning and Evaluation

- a. Proposed to encourage our faculty to take part in the more number of seminar, workshops, conferences and symposia
- b. Proposed for the better teaching and learning to adopt latest techniques
- c. Proposed to initiate examination/ evaluation reforms in our institution
- d. Proposed to motivate the staff members to pursue faculty development programmes
- e. Proposed to encourage the administrative and technical staff to take part in the development programmes

3. Research, Consultancy and Extension

- a. Proposed to initiate of our college's research centre in promoting advanced research activities.
- b. Proposed to acquire more research funds from various funding agencies, industry and other organizations
- c. Proposed to increase the publication of books with ISBN number
- d. Propose to conduct inter disciplinary conferences, seminars, symposia and workshops
- e. Proposed to encourage our faculty to serve as experts, chairpersons or resource persons in conferences, seminars, symposia and workshops etc.
- f. Proposed to increase Ph.D. enrolment and research activities to be guided by the faculty from our institution.
- g. Proposed to promote major activities in the sphere of extension activities.

4. Infrastructure and Learning Resources

- a. Proposed to increase the infrastructure facilities in our college
- b. Proposed to promote the computerize our college library
- c. Proposed to increase the library services
- d. Propose to train the teachers and students in computer, internet access, and any other programme for technology upgradation (Networking, e-Governance etc.)

5. Student Support and Progression

- a) The following activities are recommended by the Internal Quality Assurance Cell (IQAC) to enhance the student support services:
- conducting coaching classes for preparing the students to competitive examinations
 - Student counselling and career guidance
 - Campus placement
 - Students Activities:
 - Students participation to be encouraged in sports, games and cultural events in district, state, university level and etc.
 - Scholarships and Financial Support are to be arranged.
 - Students are motivated to take part in the exhibitions in local, district, university level etc.,

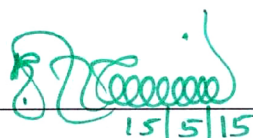
6. Governance, Leadership and Management

Various activities are initiated by the management.

- Welfare schemes for Teaching, Non teaching and Students
- Activities and support from the Alumni Association
- Activities and support from the Parent – Teacher Association
- Initiatives taken by the institution to make the campus eco-friendly

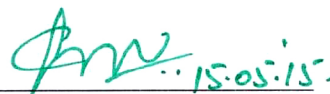
7. Innovations and Best Practices

- Proposed to create a positive impact on the functioning of the academic system in our institution
Proposed innovative practices to create environmental awareness / protection



15/5/15

Signature of the Coordinator, IQAC
Dr. T. JAYABAL. Ph.D,
(Associate Professor),
Sri Ramakrishna Mission Vidyalaya
Maruthi College of Physical Education
Sri Ramakrishna Vidyalaya Post
COIMBATORE - 641 020.



15.05.15.

Signature of the Chairperson, IQAC
Dr. Ch. VST. SAIKUMAR
M.P.Ed., M.Phil., Ph.D., NIS Diploma in Cricket
PRINCIPAL
Ramakrishna Mission Vidyalaya
Maruthi College of Physical Education
SRKV Post, Coimbatore - 641 020, Tamil Nadu

ANNEXURE - I

The plan of action and action taken are chalked out by quarterly below from the beginning of the year to the end of the year as tabulated below:

FIRST QUARTERLY OF 2013-2014 (FROM 25.4.2013 TO 12.07.2013)

Proposals chalked out

The valuable suggestions given by our Internal Quality Assurance Cell (IQAC) members are chalked out as the future plan of action and proposals for first quarterly from 25.4.2013 to 12.07.2013.

1. Proposed to conduct Tamil Nadu Physical Education and Sports University, Chennai, Distance Education examinations at our college campus.
2. Proposed to release the results of even semester examinations 2012-2013
3. Proposed to conduct selection trials for MPed course on 24.06.2013.
4. Proposed to permit our students to participate and officiate sports related extension activities in and around our college.
5. Proposed to invite expert committee members for the physical verification of UGC funded sports infrastructure development project.
6. Proposed to conduct many guest lectures for the benefit of our students.

Proposals implemented

1. Examinations

Tamil Nadu Physical Education and Sports University, Chennai, Distance Education examinations are being conducted at our college campus from 24.05.2013 to 01.06.2013.

2. Physical verification:

Tamil Nadu Physical Education and Sports University Vice-Chancellor (Officiating) Dr. (Mrs.) Grace Helina visited our college on 05.07.2013 and acted as member of the physical verification committee for the UGC funded project, 400 mtrs Athletic track.

3. Staff Activity:

Dr. Ch. VST. Saikumar, Principal, was the chief guest for the sports meet organized by the PSG Institute of Medical Sciences, Coimbatore on 17.05.2013.

4. Admission Status:

| S.No | Courses | Sale of applications | Received applications | No of students admitted | Allotted strength |
|------|---------|----------------------|-----------------------|-------------------------|-------------------|
| 1 | BPEd | 103 | 50 | 25 | 100 |
| 2 | MPed | 66 | 50 | 15 | 25 |

5. Academic Activity:

Result passing board meeting was held on 03.06.2013 for our BPEd & MPed students.

| Course | Appeared | Distinction | First class | Failed |
|---------|----------|-------------|-------------|--------|
| MPed II | 20 | 01 | 19 | - |
| MPed I | 18 | 04 | 14 | - |
| BPEd | 96 | 04 | 92 | - |

Selection trials were conducted for MPed course on 24.06.2013. 42 students appeared for the selections.

5. Admission Status:

| S.No | Courses | Received applications | No of students admitted | Allotted strength |
|------|---------|-----------------------|-------------------------|-------------------|
| 1 | BPEd | 126 | 95 | 100 |
| 2 | MPEd | 59 | 25 | 25 |

6. Extension Activity:

Our college students acted as officials in the following tournaments/events:

| S. No | Date | Institution/Club | Event | No. of students |
|-------|--------------------------|------------------------------------|--------------------------------------------------|-----------------|
| 1. | 22.06.2013 to 28.06.2013 | Premier Play Field Club Coimbatore | Coimbatore District Badminton Ranking Tournament | 01 |
| 2. | 04.07.2013 to 18.07.2013 | Pricol ltd., Coimbatore | Pricol Staff Volleyball Tournament | 01 |

7. Student welfare:

Tamil Nadu Physical Education and Sports University Vice-Chancellor (Officiating) Dr. (Mrs.) Grace Helina gave a guest lecture to our staff and students on 05.07.2013.

8. Status of our fitness center membership:

| | | |
|---------------|---|------------|
| Vidyalaya | - | 193 |
| Non Vidyalaya | - | 197 |
| Total | - | 390 |

9. Status of Our Shuttle Badminton Academy Membership: 42

SECOND QUARTER FROM 13.07.2013 TO 10.10.2013

Proposals Chalked Out

The valuable suggestions given by our Internal Quality Assurance Cell (IQAC) members are chalked out as the future plan of action and proposals for second quarterly from 13.07.2013 to 10.10.2013.

1. Proposed our students to officiate in various sports and games.
2. Proposed to conduct various students welfare activities.
3. Proposed to conduct educational tour for our students to prominent physical education and sports training centres.
4. Proposed to conduct written test and personal interview to select the M.Phil scholars for the year 2013-2014.
5. Proposed to convene Maruthi Alumni Association (MAASS) meeting on 04.08.2013.
6. Proposed to conduct and attend workshop cum referee examination in various games

7. Proposed to celebrate Teachers Day on 05.09.2013.

8. Proposed to conduct leadership training camp for our BPEd students from 06.10.2013 to 12.10.2013 at Arulmigu Vellingiri Andavar Devasthanam, Poondi, Coimbatore.

9. Proposed to coach various rural area schools in volleyball, handball and football from 07.10.2013 to 12.10.2013.

Proposals implemented

1.Extension Activity:

a) Our college students acted as officials in the following tournaments/events:

| S. No | Date | Institution/Club | Event | No. of students |
|-------|---------------------------|----------------------------------------------------------------------|-------------------------------------------------------------|-----------------|
| 3. | 22.07.2013 and 23.07.2013 | Lakshmi Narayanan Visalakshi College of Arts and Science, Coimbatore | Bharathiar University Inter-Collegiate Badminton Tournament | 01 |
| 4. | 04.07.2013 to 18.07.2013 | Pricol ltd., Coimbatore | Pricol Staff Volleyball Tournament | 01 |
| 5. | 26.07.2013 | Sri Ramakrishna Mission Vidyalaya Polytechnic College | Annual Athletic Meet | 18 |

b) Our college students acted as officials in the following tournaments/events:

| S. No | Date | Institution/Club | Event | No. of students |
|-------|--------------------------|----------------------------------------------------------------|---------------------------------------|-----------------|
| 1. | 01.08.2013 to 04.08.2013 | Bharathiar University, Coimbatore | Inter-Collegiate kabaddi tournament | 04 |
| 2. | 02.08.2013 to 03.08.2013 | Kumaraguru College of Technology, Coimbatore | 10 th KCT Sports Fest 13' | 19 |
| 3. | 06.08.2013 to 08.08.2013 | Thavathiru Kandasamy Swamigal Matriculation School, Coimbatore | B Zone – Girls Zonal Meet | 06 |
| 4. | 08.08.2013 | Sri Ranganathar Institute of Polytechnic College, Coimbatore | IPAA Division Men Kho-Kho Tournaments | 04 |
| 5. | 14.08.2013 | South India Baptist Mat. Hr. Sec. School, Coimbatore | Independence day/Bharathiar day games | 06 |
| 6. | 16.08.2013 to 29.08.2013 | Infant Jesus Convent Mat. Hr. Sec. School, Coimbatore | North Zone Boys Tournament | 55 |
| 7. | 20.08.2013 | Udumalpet Hockey Association, Udumalpet | Zonal Tournament (Hockey) | 02 |
| 8. | 28.08.2013 & 29.08.2013 | Nachiar Vidyalayam Mat. Hr. Sec. School, Pollachi | Zonal Tournament | 02 |

c) Our college students acted as officials in the following tournaments/events:

| S. No | Date | Institution | Event | No. of students |
|-------|--------------------------|--------------------------------------------------------------------|-----------------------------------------------------------------|-----------------|
| 1. | 29.08.2013 to 31.08.2013 | RVS College of Arts and Science, Coimbatore | Bharathiar University Inter Collegiate Tennis Tournament | 12 |
| 2. | 03.09.2013 | Sri Ramakrishna Polytechnic College, Vattamalaipalayam, Coimbatore | Inter Polytechnic Volleyball Tournament | 12 |
| 3. | 10.09.2013 & 11.09.2013 | Park College of Engineering and Technology, Coimbatore | Anna University A-Zone Inter Collegiate Handball Tournament | 04 |
| 4. | 11.09.2013 | United Institute of Technology, Coimbatore | Anna University Zone XI Women Volleyball Tournament | 04 |
| 5. | 15.09.2013 | Periyar University, Salem | Periyar University Inter Collegiate Football Tournament for Men | 01 |
| 6. | 23.09.2013 to 24.09.2013 | Kumaraguru College of Technology, Coimbatore | Anna University Zone XI Hockey Tournament | 08 |

c) Anna University, Coimbatore utilized our basketball courts for three days i.e., 03,04 & 06.09.2013

d) Our college students acted as officials in the following tournaments/events:

| S. No | Date | Institution | Event | No. of students |
|-------|--------------------------|------------------------------------------------|---------------------------------------------|-----------------|
| 1. | 25.09.2013 to 27.09.2013 | Kumaraguru College of Technology, Coimbatore | Anna University Zone XI Athletic Tournament | 30 |
| 2. | 29.09.2013 & 30.09.2013 | SRKV Vidyalaya Polytechnic College, Coimbatore | Polytechnic Sports Meet | 10 |
| 3. | 03.10.2013 & 04.10.2013 | Creative axes (E) services, Coimbatore | Table Tennis tournament | 04 |

2.College Activity:

- Swami Nirmaleshanandaji Maharaj inaugurated intramurals and also addressed the staff and students of Maruthi College of Physical Education on 19.07.2013.
- Dr. A. Pushparajan, Secretary, Maruthi College of Physical Education has resigned to his post for personal reasons and due to his advanced age from the afternoon of 19.08.2013. Consequent upon the resignation of Dr. A. Pushparajan, Dr. Ch. VST. Saikumar, Principal of the Maruthi College of Physical Education was appointed as Secretary of the College with effect from the forenoon of 20.08.2013.
- 60 students and 2 staff members attended the recitation competition on 11.09.2013 at Venkatakrisnan Indoor Stadium.
- Joint Director of Collegiate Education, Coimbatore, visited our college on 24.09.2013 to verify the existing vacancies in the teaching faculty.

4.Staff Activity:

Dr. Ch. VST. Saikumar, Principal acted as a resource person in the Ph.D progression meeting of Ramakrishna Mission Vivekananda University, GAPEY on 27.07.2013.

5.Ph.D Viva:

Ph.D viva-voce examination was conducted for Sri A. Sellaperumal, on 20.07.2013, guided by Dr. Ch. VST. Saikumar, Principal, Maruthi College of Physical Education, Title of the thesis: "EFFECT OF ASANAS AND COMBINATION OF ASANAS AND PRANAYAMA ON SELECTED PHYSICAL FITNESS, PHYSIOLOGICAL AND PSYCHOLOGICAL VARIABLES AMONG COLLEGE MEN" Dr. (Mrs) Sheila Stephen, Principal YMCA College of Physical Education, Chennai was the external examiner.

6.Sports Activity:

- Our college kabaddi team secured 3rd place in the District level kabaddi open tournament organized by Tourist Bird Club, Samichettipalayam on 21.07.2013, and won the cash award of Rs.4000.00.
- Bharathi house of our college conducted first project sports meet on 07.08.2013 at our college athletic track Swami Harivratandaji Maharaj, Ramakrishna Mission Vidyalaya inaugurated the meet and Swami Tamoharananda Maharaj, Ramakrishna Mission Vidyalaya delivered the valedictory address and distributed the prizes.
- Our college volleyball team participated in the 20th Shri. N. Muthiah Ambalam Memorial State Level Inter-Collegiate volleyball tournament organised by the American College, Madurai, from 07.08.2012 to 09.08.2012.
- Our college volleyball team also participated in the TNPESU Rolling Trophy, State Level Inter-Collegiate volleyball tournament organised by the Tamil Nadu Physical Education and Sports University, Chennai from 27.08.2013 to 29.08.2013.
- **Mini marathon:**
In the mini marathon organized by the Ramakrishna Math, Coimbatore on 18.08.2013, 80 students of our college participated and all of them completed the race. C. Saravanan of BPEd secured 5th place and got Rs.1000/- as cash award. 50 students served as the volunteers and all the staff members involved in organizing the event.
- **National sports day:**
In commemoration of Hockey legend Dhyan Chand's birthday i.e 29th August was celebrated as the National Sports day. On this occasion, 7-A side hockey tournament (league) was organized in our campus. Our college staff team won the tournament. In the valedictory function Mr. Bhadru, former hockey national player was the chief guest and distributed the trophies to winners.
- The following teams of our college participated in the various tournaments as follows:

| S. No | Game | Date | Name of the tournament | Venue | Position |
|-------|-----------------------------------------|--------------------------|-----------------------------------------------------------------------------------------|-------------------------------------------------------------------|---------------------|
| 1. | Volleyball | 27.08.2013 to 29.08.2013 | TNPESU - State Level Inter-Collegiate tournament | Tamil Nadu Physical Education and Sports University, Chennai | Runners-up |
| 2. | Ball Badminton & Kabaddi | 05.09.2013 to 07.09.2013 | Tamil Nadu Physical Education and Sports University intercollegiate tournaments 2013-14 | Dr. Sivanthi Adithanar College of Physical Education, Tiruchendur | Nil |
| 3. | Tennis, Football, Hockey and Basketball | 09.09.2013 to 12.09.2013 | Tamil Nadu Physical Education and Sports University intercollegiate tournaments 2013-14 | YMCA College of Physical Education, Chennai | Runner-up in Hockey |

- **Mini marathon:**

In the mini marathon open (men) 10 km race organized by the BOSCH, Coimbatore on 21.09.2013 around 1000 athletes participated and C. Saravanan of BPEd secured 2nd place and got individual trophy, certificate and medal.

- Tamil Nadu Physical Education and Sports University inter-collegiate tournaments in Badminton, Table Tennis and Volleyball were conducted in our college on 25th and 26th September, 2013. Rolling trophies were installed for all the three games, Maruthi College Badminton Academy members sponsored Badminton and Table Tennis rolling trophies worth of Rs.10,000/-. Volleyball rolling trophy was sponsored by Mrs. Gomathi, in memory of Mr. K. Thangaraj, Alumni of MCPE, 1986-87 batch.
- Results of the tournament

| S. No | Game | Winner | Runner |
|-------|-------------------|---------------------------------------------------|--------------------------------------------------------------|
| 1. | Volleyball | Maruthi College of Physical Education, Coimbatore | YMCA College of Physical Education, Chennai |
| 2. | Shuttle Badminton | YMCA College of Physical Education, Chennai | Tamil Nadu Physical Education and Sports University, Chennai |
| 3. | Table Tennis | YMCA College of Physical Education, Chennai | Maruthi College of Physical Education, Coimbatore |

In the valedictory function held on 26.09.2013 Swami Nirmaleshananda Maharaj was the chief guest, distributed the trophies and mementoes (Vivekananda Reader Books) were given to individual players, coaches, managers and to the officials.

- 2nd Project sports meet was conducted by Valluvar house on 28.09.2013. Dr. P.J. Sebastian, Professor, Ramakrishna Mission Vivekananda University GAPEY was the chief guest for the inaugural function and Dr. S. Alagesan, Professor, Ramakrishna Mission Vivekananda University GAPEY was the chief guest for the valedictory function and distributed medals for the winners.
- Our college athletes participated in the 21st Karunya Evangeline Memorial Tournaments (South India Level) at Karunya University held on 27 & 28 September 2013. Results as follows.

| S. No | Name | Course | Event | Position |
|-------|------------------|--------|---------------|-----------------------|
| 1. | G. Stephen | BPEd | 100 m | 2 nd place |
| 2. | N Surendaran | BPEd | 110 m hurdles | 3 rd place |
| 3. | C. Saravanakumar | BPEd | 5000 m | 3 rd place |

- Our college cricket team took part in the Tamil Nadu Physical Education and Sports University intercollegiate tournaments organized by Dr. Sivanthi Adithanar College of Physical Education, Tiruchendur from 04.10.2013 to 06.10.2013. Sri P. Senthilkumar, Assistant Professor of our college accompanied the team.
- Our college athletic team participated in the Tamil Nadu Physical Education and Sports University intercollegiate athletic meet organized by the Koviloor Andavar College of Physical Education, Koviloor from 10th to 12th October 2013. Dr. E. Amudhan, Assistant Professor, accompanied the team. Our students secured the following positions:

| S. No | Game/Event | Position |
|-------|------------|----------|
|-------|------------|----------|

| | | |
|----|-------------|--------------|
| 1. | 100 mtrs | First place |
| 2. | 110 hurdles | First place |
| 3. | 4x100 relay | First place |
| 4. | 200 mtrs | Second place |
| 5. | 5000 mtrs | Third place |
| 6. | 10000 mtrs | Third place |
| 7. | Pole vault | Third place |

7.M.Phil Viva:

M.Phil Viva voce examination was held at our college on 22.07.2013 for our 2012-2013 batch (6) M.Phil scholars. Dr. K. Murugavel, Professor and Head Department of Physical Education, Bharathiar University was the external examiner.

8.M.Phil Selections:

Written test and personal interview were conducted on 22.07.2013 to select the M.Phil scholars for the year 2013-2014. 6 students appeared for the tests.

9.Status Of Our Fitness Center Membership:

| | | |
|---------------|---|------------|
| Vidyalaya | - | 193 |
| Non Vidyalaya | - | 197 |
| Total | - | 390 |

10. Status of Our Shuttle Badminton Academy Membership: 42

11.Students Welfare

- Students' Welfare Association Inauguration was held on 26.07.2013. Swami Ishanathananda, Ramakrishna Mission Vidyalaya, was the chief guest of the function.
- 'Organ Donation Day' was organized in collaboration with the Indian Medical Association, Coimbatore on 06.08.2013 to create awareness on organ transplantation among the student community. The speakers are Dr. A.K. Ravikhumar, Consultant Surgeon, Mowthi Nursing Home (P) Ltd., Coimbatore, Dr. N. Mahendran, Medical Director, Sree Abishek Hospitals, Coimbatore, Dr. V. Rajeshbabu, Consultant Neurosurgeon, Ganga Hospital, Coimbatore, Dr. S. Sashi Kumar, Transplant Co-ordinator, Lions Club International (Alumni of Vidyalaya) and Mr. R. Ananth, Transplant Co-ordinator, Mohan Foundation, Chennai.
- Our MPED II students visited Bangalore University and Sports Authority of India, Kanteerava Stadium and Tennis Stadium at Cubben Park from 22.08.2013 to 24.08.2013.
- **Eye camp:**
Vidyalaya charitable hospital conducted free eye camp in collaboration with the Vasana Eye Care Hospitals to our staff and students on 31.08.2013. 106 students underwent the eye checkup out of which, 26 students were identified with eye problems.
- **Environmental Awareness and Tree Plantation Ceremony**
'Environmental Awareness and Tree Plantation Ceremony' was held on 26.09.2013 in our prayer hall. Swami Tatprabhanandaji Maharaj presided over the function, Mr. M. Nazir, Forest Range Officer, Periyanaickenpalayam Range was the chief guest. After the speeches, 32 saplings were planted around the 400 mtrs track, kabaddi court and handball court. For each sapling, two student volunteers were identified as the owners for the academic year 2013-14.

- **Cultural programme:**

Our college students performed a dance in the Kalaimagal Vizha on 10.10.2013

- **Oratorical competition:**

On 27.08.2013, we organised the oratorical competition for our students in commemoration of Swami Vivekananda's Chicago address. In the first phase 42 students participated and in the second phase 12 students participated in the competition. In Tamil category, Sri K. Thangavel Anna, SSHSS (EM), Sri K. Sathish Kumar Anna, Principal, GTTI and Dr. T. Jayabal, Associate Professor of our college acted as the judges. In the English category Dr. P.J. Sebastian, Professor, RKMVU, GAPEY, Dr. Mrs. Prabha Hariharan, Assistant Professor, RKMVU FDMSE and Dr. Ch. VST. Saikumar, Principal of our college acted as the Judges.

12.Alumni Meeting

On 04.08.2013, after attending the All Vidyalaya Alumni Association (AVAA) meeting at GKD Auditorium, Maruthi Alumni Association (MAASS) meeting was held in our campus. In this 38 Alumni from Kerala, Andhra and Tamilnadu attended the meeting.

12.Seminar/Workshop:

- In commemoration of 150th Birth Anniversary of Swami Vivekananda Ramakrishna Math, Coimbatore organized a one day seminar on 'Religious Harmony' on 17.08.2013. In this 50 of our students and two staff members participated.
- State level workshop cum referee examination in 'Kabaddi' was conducted by our college on 17 and 18 September, 2013. Swami Tatprabhanandaji Maharaj was the chief guest of the inaugural function. 70 students from our college, 27 from RKMVU GAPEY and 56 from other colleges appeared for examination. Dr. T. Jayabal, Associate Professor, was the co-ordinator for this programme.
- All of our students and staff members attended the workshop on 'Kho-Kho' conducted by the Ramakrishna Mission Vivekananda University, GAPEY, Coimbatore on 30.08.2013 and 31.08.2013 at GKD Auditorium.

13.Celebrations:

- The 67th Independence Day celebration was held in our college ground on 15.08.2013. Around 1000 students representing various institutions of the Vidyalaya participated with enthusiasm. Swami Abhiramanandaji Maharaj hoisted the national flag and delivered Independence day address. Inspector Mangairaj and Sub-Inspector Vasudevan, CRPF, Coimbatore acted as judges to select the best marching contingent. This year we installing two rolling trophies for the best marching squads, junior trophy and senior trophy. TAT Kalanilayam won the junior rolling trophy by scoring 38 points and our college won the senior rolling trophy by scoring 42 points. The scores of other contingents are given below.

Junior Trophy

| SI. No | Name of the Institution | Dress/ Turn Out (10) | Spacing (10) | Turnin g (10) | Eye contact (10) | Marching (10) | Total (50) | Position |
|--------|-------------------------|----------------------|--------------|---------------|------------------|---------------|------------|----------|
| 1. | TATK | 8 | 7 | 6.5 | 8 | 8.5 | 38 | 1 |
| 2. | VHS | 7 | 7 | 6 | 7.5 | 8 | 35.5 | 2 |
| 3. | SSHSS (TM) | 6.5 | 7 | 6 | 7.5 | 8.5 | 35.5 | 2 |
| 4. | ITI | 6.5 | 6 | 6.5 | 7 | 7 | 33 | 3 |
| 5. | SSHSS (EM) | 6.5 | 6 | 6 | 6 | 7.5 | 32 | 4 |
| 6. | IARD | 6 | 6 | 6 | 6.5 | 6.5 | 31 | 5 |

Senior Trophy

| SI. No | Name of the Institution | Dress/ Turn Out (10) | Spacing (10) | Turnin g (10) | Eye contact (10) | Marching (10) | Total (50) | Position |
|--------|-------------------------|----------------------|--------------|---------------|------------------|---------------|------------|----------|
| 1. | MCPE | 9 | 8.5 | 7.5 | 8 | 9 | 42 | 1 |
| 2. | PTC | 8 | 7 | 8 | 7.5 | 7.5 | 38 | 2 |
| 3. | RKMVU GAPEY | 8 | 7 | 7 | 7 | 8 | 37 | 3 |
| 4. | RKMVU FDMSE | 8 | 7 | 7.5 | 6.5 | 6.5 | 35.5 | 4 |
| 5. | CAS | 7 | 7 | 6.5 | 6 | 6 | 32.5 | 5 |

- Teachers Day was celebrated on 05.09.2013 at our college. Dr. P.J. Sebastian, Professor, RKMVU, GAPEY delivered the Teachers' day address.
- Vinayagar Chathurthi was celebrated in our college on 06.09.2013. Sri Thangavelu Anna, Tamil Teacher of Swami Shivananda English Medium School gave a special address on this occasion.

14.Scholarship:

- The District Adi-Dravidar and Tribal Welfare Department sanctioned scholarship Rs.8912.00 for 1 BPEd student (2012-2013 batch)
- The District Backward and Most Backward department sanctioned scholarship Rs.2450.00 for our 1 BPEd student (2012-2013 batch)

15.Ph.D Viva:

- Ph.D viva-voce examination was conducted to Sri B. Kannabiran, on 20.09.2013, guided by Dr. Ch. VST. Saikumar, Principal, Maruthi College of Physical Education, Title of the thesis: "EFFECT OF HOLISTIC PHYSIOTHERAPY AND STRUCTURED STRETCHING ON HAMSTRING TIGHTNESS AND RELATED MOTOR FITNESS VARIABLES" Dr. Arun Maiya, Associate Director, Department of Physiotherapy, Manipal University, Manipal was the external examiner.
- Ph.D viva-voce examination was conducted to Sri N. Senthilkumar, on 28.09.2013, guided by Dr. Ch. VST. Saikumar, Principal, Maruthi College of Physical Education, Title of the thesis: "THE EFFECTS OF SPECIFIC SKILL TRAINING AND PLYOMETRIC TRAINING ON SELECTED MOTOR FITNESS AND SKILL PERFORMANCE VARIABLES OF PACE BOWLERS IN CRICKET" Dr. G. Ravindran, Professor and HOD, Department of Physical Education, Annamalai University, Chidambaram was the external examiner.

16.Leadership Training Camp:

The annual leadership training camp of our college was conducted for our BPEd students from 06.10.2013 to 12.10.2013 at Arulmigu Vellingiri Andavar Devasthanam, Poondi, Coimbatore. On 10.10.2013, while trekking the vellingiri hills, all our students involved in the collection of plastic bags and water bottles and them over to Booluvampatti forest range office handed approximately 150 tree saplings were collected from Booluvampatti forest range office on 12.10.2013 to plant them in our Vidyalaya campus.

17.Rural Coaching Programme:

Our M.Phil and MPED I year students visited various rural area schools from 07.10.2013 to 12.10.2013 and gave coaching in volleyball, handball and football.

THIRD QUARTER FROM 11.10.2013 TO 09.01.2014

Proposals chalked out

The valuable suggestions given by our Internal Quality Assurance Cell (IQAC) members are chalked out as the future plan of actions and proposals for third quarterly from 11.10.2013 to 09.01.2014.

1. Proposed to send our students for various sports activities.
2. Proposed to permit teaching and non-teaching staff to attend various administrative development programmes.
3. Proposed to develop faculty improvement programme.
4. Proposed to implement the practice teaching for BPEd students
5. Proposed to establish a reach centre in our college
6. Proposed to serve in the Gurupuja Celebrations organized by our Ramakrishna Mission Vidyalaya.
7. Proposed to continue the various extension activities.

Proposals Implemented

1. Sports activity:

- N. Surendran, BPEd student of our college secured first position in 110 mts hurdles in the Coimbatore District Level Athletic Meet organized by Coimbatore District Athletic Association, Coimbatore on 20.10.2013.
- The following students of our college have been selected to represent Tamil Nadu Physical Education and Sports University, Chennai in the Inter University Competitions for the year 2013-2014 as follows:

| S. No | Name of the Student | Game/Event | Course of study |
|-------|-----------------------|---------------|-----------------|
| 1. | B. Gokul | Cricket | BPEd |
| 2. | B. Aaron Arshay Keets | Cricket | BPEd |
| 3. | S. Vasanth Kumar | Football | MPed II |
| 4. | C. Santhosh Kumar | Ballbadminton | BPEd |
| 5. | M. Ravi | Athletics | BPEd |
| 6. | N. Surendaran | Athletics | BPEd |
| 7. | M. Gokul Krishnan | Athletics | BPEd |
| 8. | G. Stephen | Athletics | BPEd |
| 9. | S. Mohankumar | Badminton | MPed II |

- Our college Athletic team is taking part in the Tamil Nadu Physical Education and Sports University, Chennai in the Inter University Competitions for the year 2013-2014, at Punjabi University, Patiala from 24th to 28th December, 2013. Dr. E. Amudhan, Assistant Professor, accompanied the team.
- **Mini marathon:**
38 students of our college participated in the 'UNITY RUN' at Mettupalayam on 15.12.2013.

2. Staff Activity:

- Dr. E. Amudhan, Assistant Professor attended short term course on SPSS hands on training (Social Sciences) organized by the UGC-Academic staff college, Bharathiar University, Coimbatore from 21.10.2013 to 26.10.2013.
- Sri V. Mohanraj, Junior Assistant (Sl.Gr), and Sri L. Jagadeesan, Computer Assistant of our college visited Tamil Nadu Physical Education and Sports University, Chennai on 06.11.2013, with regard to the certificate verification of our BPEd, MPed I and M.Phil degree students for the academic year 2013- 2014.

- Our college staff Sri L. Jagadeesan attended a meeting on 18.11.2013 at Coimbatore Collectorate to discuss disbursement of scholarship in e-mode.
- Sri V. Mohanraj, Junior Assistant (Sl.Gr), attended the income tax – TDS awareness meeting held on 22.11.2013, organised by the Joint Director of Collegiate Education, Coimbatore Region, Coimbatore and income tax department of Coimbatore TDS circle at Nirmala College for Women, Coimbatore
- Dr. Ch. VST. Saikumar, Principal nominated as the member of NCTE expert team Southern Regional Committee to conduct inspection on institutions for “on-the-spot study and to verify the infrastructural and instructional facilities to consider it for grant of recognition” for three educational institutions at Chittoor District, Andhra Pradesh from 25.11.2013 to 27.11.2013.
- Dr. T. Jayabal, Associate Professor, attended the Principal’s meeting for income tax – TDS awareness held on 27.11.2013 at Joint Director of Collegiate Education, Coimbatore Region, Coimbatore.
- Dr. Ch. VST. Saikumar, Principal attended the All Vidyalaya Alumni Association (AVVA) meeting on 12.12.2013.
- Dr. S. Sivasankar, Assistant Professor has been appointed as the coach cum manager of the Tamilnadu State (under 19 category) kho-kho team. He accompanied the team to Kopargaon, Maharastra, from 08.01.2014 to 12.01.2014.

3. Practice Teaching

Our BPed students are visiting various Government and Matriculation Schools for teaching practice from 18.10.2013 to 31.10.2013.

4.College Activity:

- A Research Committee was inspected our college on 30.11.2013 to establish Research Centre leading to regular Ph.D., program. Dr. P. Samraj, Registrar i/c, Tamil Nadu Physical Education and Sports University, Chennai, Dr. Amsa Natarajan, Principal, Sri Sarada College of Physical Education, Salem and Dr. K. Murugavel, Professor and Director, Department of Physical Education, Bharathiar University, Coimbatore were the committee members.
- The result passing board meeting was held on 12.12.2013 to declare results of BPed and MPed courses. Results are given below:

| Course | Semester | Appeared | Distinction | I class | II class | Failed |
|---------|-----------------|----------|-------------|---------|----------|--------|
| MPed II | 3 rd | 18 | 02 | 14 | 02 | 0 |
| MPed I | 1 st | 25 | 02 | 23 | 0 | 0 |
| BPed | 1 st | 100 | 12 | 86 | 0 | 02 |

- All of our staff and students participated in the Gurupuja pre-utsav meeting on 04.01.2014 at Vidyalaya High School play ground (Vizha Pandal).
- Our staff & students participated in the following works allotted during Gurupuja Celebrations on 05.01.2014.

| S. No | Name of the Duty | Staff | Students |
|-------|---------------------------------------|-----------|------------|
| 1. | Assisting Annadanam Cooking & Serving | 4 | 50 |
| 2. | Arrangements for Exhibition | 2 | 44 |
| 3. | Ramayana Park Tickets | 8 | 0 |
| 4. | Special Invitees Tiffin and Meals | 0 | 15 |
| 5. | Recreational Games | 2 | 21 |
| 6. | Scooters & Motor Cycles Parking | 1 | 19 |
| | Total | 17 | 149 |

- All of our staff members attended the Gurupuja post-utsav meeting on 07.01.2014 at GKD Auditorium.

5.Student Activity:

M. Gokulakrishnan of BPEd has been selected by the All India Football Federation for the national referees training from 07.11.2013 to 22.11.2013 at Kalyani, West Bengal. Only 3 members have been selected from the Tamilnadu State for this training programme.

6.Youth Convention:

All the staff members and 30 students of our college were involved in conducting the recreational games to the participants of youth convention during 28th and 29th of November, 2013.

7.Workshop/Seminar:

- Our college conducted state level workshop cum referee examination in ‘Handball’ on 13 and 14 December, 2013, 50 BPEd and MPEd students of our college appeared for examination. Dr. A. Needhiraja, Assistant Professor, was the co-ordinator for this programme.
- Our college organized National Seminar on “RELEVANCE OF SWAMI VIVEKANANDA’S PHILOSOPHY TO EDUCATION AND PHYSICAL EDUCATION IN THE CURRENT HIGH-TECH ERA” on 20 & 21 December 2013 at GKD Auditorium. Swami Abhiramanandaji Maharaj, Secretary, Ramakrishna Mission Vidyalaya institutions presided over the function and delivered the presidential address. Dr. Mrs. Grace Helina, Vice Chancellor (Officiating), Tamil Nadu Physical Education and Sports University, Chennai was the chief guest and delivered the key note address. A total number of 22 delegates from Tamilnadu, Kerala and Andhra Pradesh participated in the seminar.

The following experts acted as resource persons in the seminar on various themes.

1. Dr. C. Janakavalli, Principal, Sarada College of Education, Salem
2. Dr. K. Chandrasekar, Professor & HOD, Dept of Physical Education, Madurai Kamaraj University
3. Dr. Amsa Natarajan, Principal, Sarada College Physical Education, Salem
4. Dr. R. Elangovan, Prof & HOD, Dept of Yoga, Tamilnadu Physical Education and Sports University, Chennai
5. Dr. Ch. VST. Saikumar, Principal, Sri Ramakrishna Mission Vidyalaya Maruthi College of Physical Education
6. Dr. P.J. Sebastian, Professor, Ramakrishna Mission Vivekananda University, GAPEY
7. Dr. T. Jayabal, Associate Professor, Sri Ramakrishna Mission Vidyalaya Maruthi College of Physical Education
8. Dr. S. Alagesan, Professor, Ramakrishna Mission Vivekananda University, GAPEY
9. Dr. C. Arumugam, Assistant Professor, Tamilnadu Physical Education and Sports University, Chennai
10. Dr. N. Muthaiah, Principal, Sri Ramakrishna Mission Vidyalaya College of Education.

A valedictory function was held on 21st December 2013. Swami Anapekshananda Correspondent, Sri Ramakrishna Mission Vidyalaya Polytechnic College presided over the function and gave presidential address. Dr. P. Mariayyah, Former Professor & Head, Department of Physical Education, Bharathidasan University, Trichy gave the valedictory address.

8.Function:

Gurupooja main pandal muhurthakal function was conducted on 16.12.2013 at Vidyalaya High School play ground.

9.Extension Activity:

Our 18 MPEd II year students acted as officials for various games in 21st District Forest Sports Meet, on 04.01.2014 and 05.01.2014 at Forest College ground, Coimbatore. Dr. M. Rajkumar, Assistant Professor, accompanied the students.

FOURTH QUARTER FROM 10.1.2014 TO 14.4.2014

Proposals chalked out

The valuable suggestions given by our Internal Quality Assurance Cell (IQAC) members are chalked out as the future plan of action and proposals for fourth quarterly from 10.1.2014 to 14.4.2014.

1. Proposed to send our students for various sports activities.
2. Proposed to permit teaching and non-teaching staff to attend various administrative development programmes.
3. Proposed to develop faculty improvement programme.
4. Proposed to implement the practice teaching for BPEd students
5. Proposed to establish a reach centre in our college
6. Proposed to serve in the Gurupuja Celebrations organized by our Ramakrishna Mission Vidyalaya.
7. Propose to continue the extension activities as done in previous years.

Proposals Implemented

a) College Activity:

- On 11.01.2014 all the staff and students of our college attended the Swami Vivekananda's Ratha Yatra concluding function.
- All of our post graduate students and 4 staff members attended the Vidyalaya foundation day celebration on 03.02.2014 at GKD Auditorium.
- Tamil Nadu Physical Education and Sports University Vice-Chancellor (Officiating) Dr. (Mrs.) Grace Helina visited our college on 08.03.2014 as the member of physical verification committee for the UGC funded project, Tennis Indoor Stadium (Under the scheme Development of Sports Infrastructure & Equipments).

b) Staff Activity:

- Dr. Ch. VST. Saikumar, Principal attended the following assignments

| S. No | Name of the Assignment | Place | Date |
|-------|----------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------|------------|
| 1. | Acted as a resource person in the refresher course | UGC-Academic staff college, Bharathiar University, Coimbatore | 25.02.2014 |
| 2. | Acted as a resource person in the national seminar | Sri Padmavathi Mahila Vishwavidyalayam, Tirupathi | 20.03.2014 |
| 3. | Chair person in the national conference on 'Challenges and Rehabilitation Practices for the Differently Abled' | Ramakrishna Mission Vivekananda University FDMSE & GAPEY | 05.02.2014 |

- Dr. E. Amudhan, Assistant Professor acted as a chairperson and also delivered a keynote address in the national conference on “Recent Advantages in Science and Humanities (RASH’14) on 22.03.2014 organised by the Department of Science & Humanities, United Institute of Technology, Coimbatore.
- Dr. Ch. VST. Saikumar, Principal and Sri V. Mohanraj, Junior Assistant (Sl.Gr), attended the audit review meeting held on 10.02.2014 at the office of the Joint Director of Collegiate Education, Coimbatore Region, Coimbatore.

c) Celebrations:

- **National youth day rally:**

In commemoration of Swami Vivekananda’s birth day and national youth day, a rally was organized by our Vidyalaya on 12.01.2014. All of our staff and students participated in this rally.

- **65th Republic Day Celebration**

The 65th Republic Day celebration was held in our college ground on 26.01.2014. Around 1000 students representing various institutions of the Vidyalaya participated with enthusiasm. Swami Nirmaleshanandaji Maharaj hoisted the national flag and delivered Republic day address. Inspector Ashanta Biswal and Sub Inspector Chandrasekar, CRPF, Coimbatore acted as judges to select the best marching contingent. Swami Shivananda Hr. Sec. School (EM) won the junior rolling trophy by scoring 43 points and Maruthi College of Physical Education won the senior rolling trophy by scoring 43 points. The scores of other contingents are given below.

Junior Trophy

| SI. No | Name of the Institution | Dress/ Turn Out (10) | Spacing (10) | Turnin g (10) | Eye contact (10) | Marching (10) | Total (50) | Position |
|--------|-----------------------------------------|----------------------|--------------|---------------|------------------|---------------|------------|----------|
| 7. | Swami Shivananda Hr. Sec. School (EM) | 9 | 8.5 | 8 | 9 | 8.5 | 43 | 1 |
| 8. | Vidyalaya High School | 8 | 7 | 8 | 7.5 | 7.5 | 38 | 2 |
| 9. | TAT Kalanilayam | 6.5 | 7.5 | 7.5 | 7.5 | 7.5 | 36.5 | 3 |
| 10. | Industrial Training Institute | 7.5 | 7 | 6.5 | 7 | 6 | 34 | 4 |
| 11. | Swami Shivananda Hr. Sec. School (TM) | 6 | 6.5 | 7 | 6.5 | 6.5 | 32.5 | 5 |
| 12. | Institute of Agri and Rural Development | 6.5 | 6 | 6.5 | 6.5 | 6 | 31.5 | 6 |

Senior Trophy

| SI. No | Name of the Institution | Dress/ Turn Out (10) | Spacing (10) | Turnin g (10) | Eye contact (10) | Marching (10) | Total (50) | Position |
|--------|---------------------------------------|----------------------|--------------|---------------|------------------|---------------|------------|----------|
| 6. | Maruthi College of Physical Education | 9 | 8 | 8.5 | 8.5 | 9 | 43 | 1 |
| 7. | Vivekananda University, GAPEY | 7.5 | 8 | 7.5 | 8 | 8 | 39 | 2 |
| 8. | College of Arts and Science | 7.5 | 7.5 | 7.5 | 7 | 7.5 | 37 | 3 |
| 9. | College of Education | 7 | 7 | 7 | 7 | 6.5 | 34.5 | 4 |
| 10. | Polytechnic College | 6.5 | 6.5 | 7 | 6.5 | 8 | 34.5 | 4 |

Play festival:

The 77th Bhagavan Sri Ramakrishna Paramahamsar's centenary memorial Play Festival for school children was organized by our college on 21.02.2014 at our college ground. Around 3000 children from 68 Panchayat Union Government Elementary Schools of Periyanaickenpalayam and Karamadai blocks participated in the demonstration of physical and play activities. Swami Abhiramanandaji Maharaj, Secretary Ramakrishna Mission Vidyalaya Institutions presided over the function. Smt. P. Gandhimathi, District Elementary Educational Officer, Coimbatore acted as a chief guest and Sri B. Balaji, Area Commander of Coimbatore District Home Guards, Coimbatore and Lijo S. Chungath, Managing Director, Pavizham Jewellers, Coimbatore were the special guests of the function, Periyanaickenpalayam AEEO, Sri. R. Rajendran, Addl. AEEO Sri. R. Rangaraju, Karamadai AEEO, S. Gurusamy, Addl. AEEO, N. Pullani, Headmasters and Headmistresses of Elementary Schools from Periyanaickenpalayam and Karamadai Panchayat Unions, Heads of Institutions and staff members from Vidyalaya institutions participated in this function.

College annual day:

Our College Annual day was celebrated on 28.03.2014. The Chief Guest was Dr. (Mrs.) Grace Helina, Vice-Chancellor, Tamil Nadu Physical Education and Sports University, Chennai. Swami Abhiramanandaji Maharaj, Secretary, Ramakrishna Mission Vidyalaya, Coimbatore presided over the function.

Graduation day ceremony:

Graduation day ceremony was held on 06.04.2014 at Venkatakrishnan Indoor Stadium. In this function Prof. H. Devaraj, Vice-Chairman, University Grants Commission, New Delhi delivered the graduation day address. Swami Abhiramanandaji Maharaj, Secretary, Ramakrishna Mission Vidyalaya Institutions, Coimbatore presided over the function. 100 BPEd, 18 MPED students and 06 M.Phil students took oath in this function.

d)Scholarship:

The District Adi-Dravidar and Tribal Welfare department, Government of Tamilnadu sanctioned scholarships as follows:

| S. No | Scholarship | No. of students benefited | Amount |
|-------|---------------------------------|---------------------------|-----------|
| 1. | SC Higher Education Scholarship | 06 | 45,000.00 |

e)Sports Activity:

- Our college volleyball team is taking part in the invitation tournament organised by Royal College of Engineering and Technology, Thrissur, Kerala from 21.01.2014 to 22.01.2014 Dr. M. Rajkumar, Assistant Professor, accompanied the team.
- Our college cricket team secured runners-up position in the 5th G.R. Prasad Memorial Coimbatore District inter-collegiate cricket tournament organized by Coimbatore District Cricket Association from 24.01.2014 to 01.02.2014. Our team defeated KGISL, Kumaraguru College of Technology, Ranganathan Engineering College, Krishna CAS, Amrita Institute of Technology. In the finals we lost to PSG Tech. Our BPEd student C. Sivasami secured best wicket keeper award.
- The following students of our college have been selected to represent Tamil Nadu Physical Education and Sports University volleyball team to participate in the south zone inter-university tournament which will be held at Sri Venkateswara University, Tirupati from 06.02.2014 .

| S. No | Name of the student | Course |
|-------|---------------------|--------|
| 1. | Kamala kannan. R | MPed I |
| 2. | Karthik. R | MPed I |
| 3. | Vinoth Rohan. D | MPed I |
| 4. | Arul Kumar. K | MPed I |
| 5. | Murugesan. G | BPEd |
| 6. | Arul Prabu. D | BPEd |
| 7. | Ragu Rajan. A | BPEd |

- Coaching camp for this volleyball team was conducted at our college from 01.02.2014 to 05.02.2014. Dr. M. Rajkumar, Assistant Professor was the coach and also accompanied the team.
- Our college volleyball team became the winner in the State Level Inter-Collegiate Volleyball Tournament, organised by The Gandhigram Rural Institute (Deemed University) Gandhigram, from 25.02.2014 to 27.02.2014 and also received the cash prize Rs.8000.00
- Our college volleyball team secured runners-up position in the 39th State Level Inter-Collegiate Flood Light Volleyball Tournament for 'PSG Trophy' (Men) 2013 – 2014 organised by PSG College of Arts and Science, Coimbatore from 04.03.2014 to 06.03.2014, and also received the cash prize Rs.8000/-
- In the Inter-Physical Education Colleges tournaments organized by the YMCA College of Physical Education, Chennai from 11.03.2014 to 13.03.2014, our students secured the following positions.

| S. No | Game/event | Position |
|-------|---------------|-----------------------|
| 1. | Volleyball | Winners |
| 2. | Cricket | Runners-up |
| 3. | 100 m | 2 nd place |
| 4. | 100 m | 3 rd place |
| 5. | 110 m hurdle | 1 st place |
| 6. | 4x100 m relay | 1 st place |
| 7. | March past | 2 nd place |

- In the 3rd project sports meet organized by the Kambar house on 18.03.2014, Swami Garishtananda Maharaj inaugurated the sports meet and hoisted the national flag. In the valedictory function, Sri T.S.Mohanraj, Physical Director, Sri Krishna Polytechnic College gave medals to the winning athletes.
- In the 4th project sports meet organized by the Elango house on 19.03.2014, Swami Ishanadhananda Maharaj inaugurated the sports meet and hoisted the national flag. In the valedictory function, Dr. R. Sankarlingam, Principal, SRMV IARD gave medals to the winning athletes.

f)Students Activity:

All of our BPEd students are visiting of elementary schools to teach play festival activities from 28.01.2014 to 21.02.2014.

g)Extension Activity:

- Our college students acted as officials in the following tournaments/events:

| S. No | Date | Institution | Event | No. of students |
|-------|---------------------------|----------------------------------------------------------------|--------------------|-----------------|
| 4. | 30.01.2014 and 31.01.2014 | Vidyalaya Polytechnic College | annual sports meet | 18 |
| 5. | 23.02.2014 and 24.02.2014 | Sri Guru Institute of Technology at Saravanampatti, Coimbatore | Intramurals | 20 |
| 6. | 23.02.2014 | PSG College of Technology, Coimbatore | 'Mini Marathon' | 04 |

- KSB pumps cricket team utilized our ground on 01.02.2014
- 18 of our MPEd II year students participated in the 'Special Olympics community coaches training programme level 4' at Sasurie College of Engineering, Coimbatore on 07.02.2014.
- In the unified play day organized by the GAPEY, RMVU 70 students and 4 staff members of our college acted as volunteers for play therapy and psychotherapy units from 10.03.2014 to 14.03.2014.
- 12 children from Sri Bala Vidya Gurukulam (Varahi Amman Ashram), Bharathi Nagar, Coimbatore had utilized our volleyball courts on 12.03.2014 and 13.03.2014 Mr. K. Balachandran of our MPEd I year student acted as the coach.
- KSB pumps, Coimbatore utilized our indoor badminton courts on 16.03.2014. Eight of our students acted as officials.
- 10 of our students acted as officials in the Athletic meet organized by the Kumaraguru College of Technology, Coimbatore on 17th and 18th March 2014.

h) University Grants Commission (UGC) grant:

- University Grants Commission had sanctioned Rs.7,50,000/- for purchase of equipments under the scheme of "Additional Assistance to colleges already included under 12B" for 12th Plan period.
- University Grants Commission had sanctioned an amount of Rs.1,50,000/- under the scheme of "Adhoc on account Grant" under the scheme of Under Graduate Development Assistance for XII Plan Period.

| Item | Amount sanctioned | Amount received | Balance amount |
|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------|----------------------------------------------------------------------|----------------|
| UGC Financial Assistance to Autonomous Colleges during the year 2014 – 2015 | 10,00,000.00 | 8,00,000.00 | 2,00,000.00 |
| Construction of indoor sports training facilities category – I | 70,00,000.00 | (already received 63,00,000.00) (received at present) 7,00,000.00 | Nil |
| Plan Block Grant (PBG) during XII plan period | 35,43,840.00 | 10,17,536.00 | 25,26,304.00 |
| Financial Assistance for conducting Seminar entitled “Relevance of Swami Vivekananda’s Philosophy on Education and Physical Education to the Current High Tech Era” during XII Plan Period | 1,50,000.00 | 1,20,000.00 | 30,000.00 |
| Financial Assistance under the Scheme of Establishment and Monitoring of the Internal Quality Assurance Cells (IQACs) in the Colleges during XII Plan Period | 3,00,000.00 | 3,00,000.00 | Nil |

i)Conference:

All of our post graduate students and staff members attended the national conference on ‘Challenges and Rehabilitation Practices for the Differently Abled’ organized by Ramakrishna Mission Vivekananda University FDMSE & GAPEY during 4th to 6th February, 2014.

j)Placement cell activities:

Our college Placement Cell arranged campus interviews for our students with the sources listed as below: Matriculation schools, CBSE schools, International schools, Private Physical Educational Franchise and Colleges during the period 24th February, 2014 to 21st March, 2014. In these interviews 100% of our students had been placed at the above mentioned sources successfully.

k) Maruthi Alumni Association (MAASS) meeting:

Maruthi Alumni Association (MAASS) meeting was held in our campus on 22.03.2014. About 45 Alumni participated in the meeting.

l)Visit:

Sri K.G. Ramesh, Former National Tennis Champion visited our Tennis Indoor Stadium on 19.03.2014.

ANNEXURE - II

The plan of action and the outcome achieved in the year 2013-2014 and the consolidated report is given below:

PROPOSALS CHALKED OUT

Detailed plans of the institution for the next year 2013-2014

1. Physical verification has to be done by the expert committee for the indoor Synthetic Tennis courts and for the 400 meters athletic track with drainage system and the report has to send to the University Grants Commission (UGC) to receive the IIIrd and final settlement.

2. Our college make a request Vidyalaya Management, to complete the construction of indoor synthetic tennis courts construction and 400 meters athletic track.

3. The following buildings are to be renovated:

- i. Renovation of existing examination cell
- ii. All research laboratories
- iii. Pavers block near the basketball complex
- iv. Fitness centre
- v. Library
- vi. Administrative block (white wash and painting for all buildings)
- vii. Sports equipments room

4. Our college fitness centre and research laboratories and are to be equipped with latest equipments and computer peripherals:

- Fitness Centre
- Adapted Physical Education Laboratory
- Computer and English language laboratory
- Anatomy, Physiology and Exercise Physiology Laboratory
- Sports medicine centre
- Sports psychology laboratory

5. For grounds maintenance a standard motorized roller has to be procured.

6. The examination cell has to be provided with multi function printer.

7. More number of national level seminars/conferences and workshops to be conducted.

8. All the staff members are to be encouraged to prepare Minor/Major Research Project Proposals to the University Grants Commission (UGC)

9. Collection of books and journals collection are to be increased to elevate the library from teaching and learning level to advanced research level.

10. Furniture has to be refurbished in the following sections:

- College office
- Library
- Principal room
- Secretary room
- Conference hall
- Staff room

11.The extension activities of our college are to be extended more.

12.Our college placement cell has to continued the undue response of employment stakeholders for the benefit of our students.

13.Students potentiality has to be enhanced through adding more number of engagements through students welfare activities.

14.Our college library has to be initiated with “**Digital Applications**” for online information search.

PROPOSALS IMPLEMENTED

1.Dr.(Mrs.) Grace Helina, Vice-Chancellor (O), Tamilnadu Physical Education and Sports University, Chennai, Dr.S.Alagesan, Professor and Head, Ramakrishna Mission Vivekananda University, FGAPEDY, Coimbatore and Sri.R.Ayyasamy, Assistant Engineer, PWD Building Maintenance Sub Division, Nagapattinam visited our college on 05.07.2013 for the physical verification of 400 meters athletic track and the indoor synthetic tennis courts on 08.03.2014 to receive the third and final instalments and these reports had been sent to University Grants Commission (UGC).

2.In addition to the University Grants Commission (UGC) sanctioned grant under the scheme ‘Development of Sports Infrastructure and Equipment’ during the XI plan period Rs.63 lakhs and Rs.36 lakhs in two installments respectively, our vidyalaya management had spent Rs.25,76,708/- and Rs.1,31,127/- to indoor synthetic tennis courts and 400 complete meters athletic track with drainage system.

3. The following buildings had been renovated:

i.Renovation of existing examination cell, ii.All research laboratories, iii.Pavers block near the basketball complex, iv.Fitness centre, v.Library, vi. Administrative block (white wash and painting for all buildings) and vii.Sports equipments room

| S.No. | Name of the Building | Amount | Account |
|--------------|------------------------------------------------------------------|-------------------|------------|
| i. | Renovation of Examination Cell Building | 51015.00 | Management |
| ii. | All research laboratories | 1465045.00 | |
| iii. | Pavers block near the basketball complex | | |
| iv. | Fitness centre | | |
| v. | Library | | |
| vi. | Administrative block (white wash and painting for all buildings) | | |
| vii. | Sports equipments room | | |
| Total | | 1516060.00 | |

4. Our college fitness centre and research laboratories had been equipped with latest equipments and computer peripherals: Fitness Centre, Adapted Physical Education Laboratory, Computer and English language laboratory, Anatomy, Physiology and Exercise Physiology Laboratory, Sports medicine centre and Sports psychology laboratory as follows:

Fitness Centre:

| S.No | Name of the Equipment | Qty | Amount | Account |
|------|-------------------------|---------|-----------|-----------|
| 1 | C1 Dumbells 180 Kg | 1 | 125000.00 | UGC Grant |
| 2 | C1 Dumbell Plates 50 Kg | 1 | | |
| 3 | EZ Curl bar | 2 | | |
| 4 | Barbell Rod 40 L | 2 | | |
| 5 | Tricep Extension Rope | 2 | | |
| 6 | Push up Stand | 3 Pairs | | |

| | | | | |
|----|----------------------------------|-----------|--|--|
| 7 | Air Walker | 2 | | |
| 8 | Spider Rowing | 1 | | |
| 9 | Abdominal Crunch | 1 | | |
| 10 | Rubber Mat 100mm without pasting | 450 Sqft. | | |

Adapted Physical Education Laboratory:

| S.No | Name of the Equipment | Qty | Amount | Account |
|------|----------------------------|-----|-----------|-----------------|
| 1 | Multi limp Tricycle | 2 | 300000.00 | UGC Grant (MRP) |
| 2 | Finger Manipulation Gadget | 2 | | |
| 3 | Arm Sturdiness Gadget | 1 | | |
| 4 | Reaction Timer | 1 | | |
| 5 | Finger Dexterity Board | 5 | | |

Computer and English language laboratory:

| S.No | Name of the Equipment | Qty | Amount | Account |
|------|---------------------------|-----|----------|--------------|
| 1 | Core I3 System - Computer | 1 | 28950.00 | UGC Autonomy |

Anatomy, Physiology and Exercise Physiology Laboratory:

| S.No | Name of the Equipment | Qty | Amount | Account |
|------|--------------------------|-----|-----------|--------------------------|
| 1 | Cortex Air Check Machine | 1 | 850000.00 | Cortex Air Check Machine |

Sports medicine centre:

| S.No | Name of the Equipment | Qty | Amount | Account |
|-------|----------------------------|-----|-----------|----------------------------|
| 1 | Finger Goniometer | 1 | 850000.00 | Equipment Grant (25 Lakhs) |
| 2 | Swiss Ball | 4 | | |
| 3 | Thera Band | 2 | | |
| 4 | Digital Skinfold Caliper | 1 | | |
| 5 | Physio Trrolley | 1 | | |
| 6 | Weighing Machine | 1 | | |
| 7 | Wooble board | 1 | | |
| 8 | Stretcher | 1 | | |
| 9 | Yoga Mat | 7 | | |
| 10 | Girth Measurer | 1 | | |
| 11 | Hand Grip Dynamo meter | 1 | | |
| 12 | Balance Board | 1 | | |
| 13 | Knee Hammer | 1 | | |
| 14 | Manipulation Table | 1 | | |
| 14 | Core I 3 System - Computer | 1 | 28950.00 | UGC Autonomy |
| Total | | | | |

Sports psychology laboratory:

| S.No | Name of the Equipment | Qty | Amount | Account |
|------|---------------------------|-----|----------|--------------|
| 1 | Core I3 System - Computer | 1 | 28950.00 | UGC Autonomy |

5.For grounds maintenance a standard motorized roller had been purchased:

| S.No | Name of the Equipment | Qty | Amount | Account |
|------|------------------------------------------------|-----|-----------|----------------------------|
| 1 | Tiger brand One tone Standard Motorized Roller | 1 | 275000.00 | Equipment Grant (25 Lakhs) |

6.To Improvement of Examination cell, a Multi function Printer had been purchased as follows:

| S.No | Name of the Equipment | Qty | Amount | Account |
|------|----------------------------------------|-----|----------|--------------|
| 1 | Ricoh Multi Functional Printer MP25011 | 1 | 87000.00 | UGC Autonomy |

7.The following national level seminars/conferences and workshops had been conducted:

- State level workshop cum referee examination in ‘Kabaddi’ was conducted by our college on 17 and 18 September, 2013
- Our college conducted state level workshop cum referee examination in ‘Handball’ on 13 and 14 December, 2013
- Our college organized National Seminar on “Relevance of Swami Vivekananda’s Philosophy to Education and Physical Education In the Current High-Tech Era” on 20 & 21 December 2013 at GKD Auditorium

8.All the staff members had sent Minor/Major Research Project Proposals to University Grants Commission (UGC) as follows:

| S.No. | Name of the staff | Title of the Research Project Proposal | Minor/Major Research Project |
|-------|-------------------------------------------|-------------------------------------------------------------------------------------------------|------------------------------|
| 1 | Dr. Ch. VST Saikumar and Dr.M. Srinivasan | Badminton Training Machine Impacts on Bio-Mechanism of Rural based School Boys | Major Research Project |
| 2 | Sri S. Elango | Citation indexing of physical education, adapted physical education and yoga | Major Research Project |
| 3 | Dr. T. Jayabal and Dr.A.Needhiraja | Anaerobic and Aerobic Training Module for Collegiate Men Kabaddi Players | Major Research Project |
| 4 | Dr.E.Amudhan | Development of Interactional model to improve the teaching methods of field events in Athletics | Major Research Project |

| | | | |
|---|---------------|----------------------------------------------------------------------------------|------------------------|
| 5 | Dr.M.Rajkumar | Analysis of Nutrient pack and Dietary practices of Colelgiate Volleyball players | Major Research Project |
|---|---------------|----------------------------------------------------------------------------------|------------------------|

9.The following books and journals collection had been increased to elevate the library from teaching and learning level to advanced research level:

DETAILS OF INVOICES FOR PASSING PAYMENT

| ACADEMIC YEAR | | | 2013-2014 | | PERIOD | | |
|---------------|---------|------|-------------|-------------------------------|--------------------|------------|--------------|
| | | | | | APR-13/ MAR-14 | | |
| Sl. No. | ACCN.NO | | NO OF BOOKS | NAME OF VENDOR | INVOICE NO. | DATE | AMOUNT (RS.) |
| | FROM | TO | | | | | |
| 1. | 3654 | 3655 | 02 | IMPULSE | 5930 | 18/09/2013 | 900.00 |
| 2. | 3656 | 3666 | 11 | Sri Ram Books Agency, Chennai | 600738/SRBA | 25/09/2013 | 27202.00 |
| 3. | 3667 | 3672 | 06 | Impulse | 2493 | 24/10/2013 | 1100.00 |
| 4. | 3673 | 3675 | 03 | Sri Ram Books Agency, Chennai | 60027/ SRBA | 05/10/2013 | 10321.00 |
| 5. | 3676 | 3819 | 144 | Sri Ram Books Agency, Chennai | 600272/A to 600278 | 23/12/2013 | 100978.00 |
| 6. | 3820 | 3896 | 77 | Sri Ram Books Agency, Chennai | 600271 to 600274 | 23/12/2013 | 72892.00 |
| 7. | 3897 | 3898 | 02 | SRMV, Coimbatore | 309 | 20/02/2014 | 125.00 |
| 8. | 3899 | 3908 | 10 | Sri Ram Books Agency, Chennai | 600282 | 14/03/2014 | 25008.00 |
| 9. | 3909 | - | 01 | SRMV, Coimbatore | 325 | 27/02/2014 | 150.00 |
| 10. | 3910 | 3914 | 05 | Sri Ram Books Agency, Chennai | 600287 | 14/03/2014 | 24019.00 |

| | | | | | | | |
|--------------|------|------|------------|-------------------------------|--------|------------|--------------------|
| 11. | 3915 | 3920 | 06 | Sri Ram Books Agency, Chennai | 600291 | 19/03/2014 | 11345.00 |
| 12. | 3921 | 3924 | 04 | Cheran Book House, Coimbatore | B1544 | 22/03/2014 | 700.00 |
| 13. | 3925 | 3927 | 03 | Das Book World , Coimbatore | 524 | 28/03/2014 | 868.00 |
| 14. | 3928 | 3935 | 08 | Sri Ram Books Agency, Chennai | 600293 | 31/03/2014 | 2771.00 |
| TOTAL | | | 282 | | | | 2,78,379.00 |

Books purchased:

| SL. No. | TITLE | AUTHORS | PUBLISHER |
|---------|-------------------------------------------------------|-------------------|---------------|
| 1. | TOP OF EVERYTHING 2013 | CAROLINE ASH | CBS PUB |
| 2. | ULTIMATE FAMILY VISUAL DICTIONARY | MCCARRY | CBS PUB |
| 3. | FITNESS FOR LIFE | CORBIN,CHARLESS B | HUMANKINETICS |
| 4. | HOCKEY PLAYS AND STRATEGIES | WALKER,RYAN | HUMANKINETICS |
| 5. | TENNIS ANATOMY | ROETERT, E.PAUL | HUMANKINETICS |
| 6. | TENNIS SKILLS & DRILLS | RIVE, JOEY | HUMANKINETICS |
| 7. | PILATES ANATOMY | ISACOWITZ, REAL | HUMANKINETICS |
| 8. | PRINCIPLES OF SUSTAINABLE LIVING | JURIN, RICHARD R | HUMANKINETICS |
| 9. | BASKETBALL | WISSEL HALL | HUMANKINETICS |
| 10. | VOLLEYBAL | KUS, SALLY | HUMANKINETICS |
| 11. | ADVANCED FITNESS ASSESSMENT AND EXERCISE PRESCRIPTION | HEYWARD,VIVIAN H | HUMANKINETICS |
| 12. | RESEARCH METHODS AND DESIGHN IN SPORT MANAGEMENT | ANDREW, DAMON PS | HUMANKINETICS |
| 13. | ANGER MANAGEMENT IN SPORT | ABRAMS, MITCH | HUMANKINETICS |
| 14. | 1001 INVENTIONS THAT CHANGED THE WORLD | CHALLONER | CBS PUB |
| 15. | MANAGING TEAMS | HELLER | STERLING |

| | | | |
|-----|-------------------------------------------------------|----------------|---------------------|
| | | | PUBLISHERS |
| 16. | ACHIEVING EXECELENCE | HELLER | STERLING PUBLISHERS |
| 17. | EFFECTIVE LEADERSHIP | HELLER | STERLING PUBLISHERS |
| 18. | MARKETING EFFECTIVELY | HELLER | STERLING PUBLISHERS |
| 19. | SELLING SUCCESSFULLY | HELLER | STERLING PUBLISHERS |
| 20. | INCLUSIVE PHYSICAL ACTIVITY | KASSER | HUMANKINETICS |
| 21. | DYNAMIC PHYSICAL EDUCATIONAL ELEMENTARY SCHOOL CHLDRN | KASSER | HUMANKINETICS |
| 22. | DISABILITY SPORT | DEPAW,KAREN | HUMANKINETICS |
| 23. | ENCYCLOPAEDIA OF HEALTH AND YOGA | ANEJA OP | SPORTS PUBLICATIONS |
| 24. | ENCYCLOPAEDIA OF HEALTH AND YOGA | ANEJA OP | SPORTS PUBLICATIONS |
| 25. | ENCYCLOPAEDIA OF HEALTH AND YOGA | ANEJA OP | SPORTS PUBLICATIONS |
| 26. | ENCYCLOPAEDIA OF HEALTH AND YOGA | ANEJA OP | SPORTS PUBLICATIONS |
| 27. | ENCYCLOPAEDIA OF HEALTH AND YOGA | ANEJA OP | SPORTS PUBLICATIONS |
| 28. | ENCYCLOPAEDIA OF TEACHING PHYSICAL EDUCATION | SURESH KUTTY | SPORTS PUBLICATIONS |
| 29. | ENCYCLOPAEDIA OF EDUCATON IN PHYSICAL EDUCATION | GOPALAKRISHNAN | SPORTS PUBLICATIONS |
| 30. | ENCYCLOPAEDIA OF EDUCATON IN PHYSICAL EDUCATION | GOPALAKRISHNAN | SPORTS PUBLICATIONS |
| 31. | ENCYCLOPAEDIA OF HISTORY OF PHYSICAL EDUCATION | HEMANTH VERMA | SPORTS PUBLICATIONS |
| 32. | ENCYCLOPAEDIA OF HISTORY OF PHYSICAL EDUCATION | HEMANTH VERMA | SPORTS PUBLICATIONS |
| 33. | ENCYCLOPAEDIA OF SPORTS TRAINNING | QUERASH | SPORTS PUBLICATIONS |
| 34. | A GUIDE FOR UGC EXAMINATIONS | SURESH KUTTY | PRERNA |

| | | | |
|-----|-------------------------------------------------|-----------------|---------------------------------------|
| | FOR PHYSICAL EDUCATION | | PUBLICATIONS |
| 35. | BOOK OF RULES AND GAMES | SRIVASTAVA | SPORTS EDUCATIONAL TECHNOLOGIES |
| 36. | BOOK OF INJURIES AND REHABILITATION | SRINIVASARAJU | SPORTS EDUCATIONAL TECHNOLOGIES |
| 37. | SPORTS AND RECREATION | NAVAL KISHORE | SPORTS EDUCATIONAL TECHNOLOGIES |
| 38. | FOUNDATION AND HISTORY OF PHYSICAL EDUCATION | HEMANT VERMA | SPORTS EDUCATIONAL TECHNOLOGIES |
| 39. | HANDBALL: HOW TO PLAY | DEEPAK JAIN | PRERNA PUBLICATIONS |
| 40. | CRICKET: HOW TO PLAY | ANEJA O.P | PRERNA PUBLICATIONS |
| 41. | GOLF: HOW TO PLAY | ANEJA O.P | PRERNA PUBLICATIONS |
| 42. | HOW TO PLAY GOLF | RAVINDRA KAVADE | PRERNA PUBLICATIONS |
| 43. | KHO-KHO: HOW TO PLAY | NAVAL KISHORE | PRERNA PUBLICATIONS |
| 44. | KABBADI: HOW TO PLAY | NAVAL KISHORE | KHEL SAHITYA |
| 45. | PHYSICAL FITNASS, EXERCISE AND HEALTH | GOPALAKRISHNAN | SPORTS PUBLICATIONS |
| 46. | EDUCATION AND PHYSICAL EDUCATION | GOPALAKRISHNAN | SPORTS PUBLICATIONS |
| 47. | HAND BOOK OF PHYSICAL EDUCATION | GOPALAKRISHNAN | SPORTS PUBLICATIONS |
| 48. | GYMNASTICS:HOW TO PLAY | NAVALKISHORE | SPORTS PUBLICATIONS |
| 49. | GYMNASTICS:HOW TO PLAY | NAVALKISHORE | SPORTS PUBLICATIONS |
| 50. | TABLE TENNIS:HOW TO PLAY | PRIYANKA NARANG | SPORTS PUBLICATIONS |
| 51. | HOCKEY:HOW TO PLAY | KUNAL NAG | SPORTS |

| | | | |
|-----|----------------------------------------------------------------------------------|-----------------|---------------------|
| | | | PUBLICATIONS |
| 52. | RUNNING:HOW TO PLAY | PRIYANKA NARANG | SPORTS PUBLICATIONS |
| 53. | PHYSICAL EDUCATION NET, JRF AND SLET | SRIVASTAVA | SPORTS PUBLICATIONS |
| 54. | FACT AND FOUNDATION IN PHYSICAL EDUCATION | PRADHAN R C | SPORTS PUBLICATIONS |
| 55. | TEACHING METHODS OF PHYSICAL EDUCATION | GPALAKRISHNAN | SPORTS PUBLICATIONS |
| 56. | RULES OF GAMES AND SPORTS | MALIK | SPORTS PUBLICATIONS |
| 57. | ADMINISTRATION OF PHYSICAL EDUCATION | GOPALAKRISHNAN | SPORTS PUBLICATIONS |
| 58. | SPORTS EDUCATION | GOPALAKRISHNAN | SPORTS PUBLICATIONS |
| 59. | METHODS AND MANAGEMENT OF PHYSICAL EDUCATION | HERMANT VERMA | KHEL SAHITYA |
| 60. | PHYSICAL EDUCATION AND RECREATION | NAVAL KISHORE | KHEL SAHITYA |
| 61. | MANAGEMENT OFPHYSICAL EDUCATION | ABAY N BUCH | SPORTS PUBLICATIONS |
| 62. | PRINCIPLES OF OFFICIATING TRAINING AND COACHING | QUERISH | SPORTS PUBLICATIONS |
| 63. | PHILOSOPHICAL, SOCIOLOGICAL HISTORICAL& RECREATIONAL BASIS OF PHYSICAL EDUCATION | SANJAY DESHMUK | SPORTS PUBLICATIONS |
| 64. | BASIS OF BIOMECHANICS | HERMANT VERMA | SPORTS PUBLICATIONS |
| 65. | ADAPTIVE PHYSICAL EDUCATION | GOPALAKRISHNAN | SPORTS PUBLICATIONS |
| 66. | P.T.DRILLS | KAWADE R.R | SPORTS PUBLICATIONS |
| 67. | WRESTLING:HOW TO PLAY | KAWADE R.R | SPORTS PUBLICATIONS |
| 68. | BALL,ROPE,HOOP ACTIVITIES | NAVAL KISHORE | SPORTS PUBLICATIONS |

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| 69. | EXERCISE PHYSIOLOGY | ANEJA OP | SPORTS PUBLICATIONS |
| 70. | TARGET RIFLE SHOOTING | SHEKON BS | SPORTS PUBLICATIONS |
| 71. | MEHOD OF ADMINSTRATION AND ORGANISATION IN PHYSICAL EDUCATION | SHANMUGANATHAN | LAKSHY PUBLICATIONS |
| 72. | FOOTBALL: HOW TO PLAY | ANEJA OP | LAKSHY PUBLICATIONS |
| 73. | PRINCIPLES OF TEACHING PHYSICAL EDUCATION | NAVAL KISHORE | LAKSHY PUBLICATIONS |
| 74. | ENCYCLOPADEA OF COMMONWEALTH GAMES | ANTONY FRANCIS | SPORTS PUBLICATIONS |
| 75. | FITNESS PERFORMANCE AND HEALTH | ANTONY FRANCIS | SPORTS PUBLICATIONS |
| 76. | NUTRITION FOR WOMEN | KAWADE | SPORTS PUBLICATIONS |
| 77. | SPORTS TRAINNING | ARAVIND BAHADUR SINGH | KHEL SAHITYA |
| 78. | METHODOLOGY OF RESEARCH IN PHYSICAL EDUCATION | SHANMUGANATHAN | KHEL SAHITYA |
| 79. | HOW TO PLAY HOCKEY | DEEPAK JAIN | KHEL SAHITYA |
| 80. | HOW TO PLAY JUDO | ANEJA OP | PRERNA PUBLICATIONS |
| 81. | HOW TO PLAY BASKETBALL | ANEJA OP | PRERNA PUBLICATIONS |
| 82. | HOW TO PLAY BODYBUILDING | NAVALKISHORE | PRERNA PUBLICATIONS |
| 83. | HOW TO PLAY BADMINTON | ANEJA OP | KHEL SAHITYA |
| 84. | HOW TO PLAY TABLETENNIS | HERMANT VERMA | PRERNA PUBLICATIONS |
| 85. | HOW TO PLAY ATHLETICS | ANEJA OP | PRERNA PUBLICATIONS |
| 86. | HOW TO PLAY SWIMMING | NAVAL KISHORE | PRERNA PUBLICATIONS |
| 87. | HOW TO PLAY TENNIS | HERMANTVERMA | PRERNA |

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| 88. | Adapted Physical Education | Gopalakrishnan | KSK |
| 89. | INTROD TO KINESIOLOGY | HOSHIYAR SINGH | KHEL SAHITYA |
| 90. | CURRICULUM DEVELOPMENT IN PHYSICAL EDUCATION | MAHABOOBJAN | KHEL SAHITYA |
| 91. | KINESIOLOGY IN PHYSICAL EDUCATION | SANJAY AGSHE | KHEL SAHITYA |
| 92. | ANATOMY AND EXERCISE PHYSIOLOGY | HOSHYAR SINGH | KHEL SAHITYA |
| 93. | FOUNDATIONS OF SPORTS AND EXERCISE PHYSIOLOGY | JAIKWAL | KHEL SAHITYA |
| 94. | PHYSICAL EDUCATION FITNESS AND SPORTS | SANJAY | KHEL SAHITYA |
| 95. | KINESIOLOGY AND BIOMECHANICS | MAHABOOBJAN | KHEL SAHITYA |
| 96. | BIOMECHANICS IN SPORTS TRAINNING | HOSHYAR SING | KHEL SAHITYA |
| 97. | PHYSICAL FITNESS AND WELLNESS | SANJAY AGHASH | KHEL SAHITYA |
| 98. | HOCKEY:SKILLS AND RILLS RULES | JAIN R K | KHEL SAHITYA |
| 99. | SPORTS EDUCATION | RAJESH TRIPATHI | KHEL SAHITYA |
| 100. | FUNDAMENTAL ELEMENTS OF PHYSICAL EDUCATION | KAMALEH | KHEL SAHITYA |
| 101. | METHODOLOGY OF RESEARCH IN PHYSICAL EDUCATION AND SPORTS | BASAVARAJ VASTARD | KHEL SAHITYA |
| 102. | ORGANISATION AND ADMINISTRATION IN PHYSICAL EDUCATION | MAHABOOBJAN | KHEL SAHITYA |
| 103. | SPORTS INJURIES | ANJU AMBARTE | KHEL SAHITYA |
| 104. | READINGS IN SPORTS PSYCHOLOGY | BHALLA R K | KHEL SAHITYA |
| 105. | HANDBOOK OF HEALTH PSYCHOLOGY | GEEL SP | KHEL SAHITYA |
| 106. | PHYSICAL FITNESS | RAMAKRISHNAN | KHEL SAHITYA |
| 107. | SPORTS TRAINNING | MAHABOOBJAN | KHEL SAHITYA |
| 108. | SPORTS TRAINNING | MAHABOOBJAN | KHEL SAHITYA |
| 109. | SPORTS PSYCHOLOGY | JAIN R | KHEL SAHITYA |

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| 110. | MANAGEMENT OF PHYSICAL EDUCATION | SHARMA J P | KHEL SAHITYA |
| 111. | ANATOMY, HYSIOLOGY, KINESIOLOGY AND HEALTH EDUCATION | SINKU KARAN SINGH | KHEL SAHITYA |
| 112. | APPLIED STATISTICS | MAITAI D K | KHEL SAHITYA |
| 113. | SPORTS COACHING | RAJINIKNT | KHEL SAHITYA |
| 114. | EXERCISE PHYSIOLOGY | SHARMA J P | KHEL SAHITYA |
| 115. | EDUCATION AND SPORTS PSYCHOLOGY | VERMA V K | KHEL SAHITYA |
| 116. | PSYCHOLOGY AND DEVELOPMENT | VERMA V K | KHEL SAHITYA |
| 117. | TEST, MEASUREMENT AND EVALUATION IN PHYSICAL EDUCATION | KARAD PL | KHEL SAHITYA |
| 118. | CORRECTIVE PHYSICAL EDUCATION | SANJEEVESINGH | KHEL SAHITYA |
| 119. | SPORTS PHYSIOTHERAPHY | SHEKAR KC | KHEL SAHITYA |
| 120. | PSYCHOLOGY OF TEACHING, LEARNING AND PROCESS | ARUN KUMAR TYAGI | EDUCTOINAL PUBLISHERS |
| 121. | BIOMECHANICS OF HUMAN MOTION | RAJENDRE | KHEL SAHITYA |
| 122. | SPORTS AND EXERCISE PHYSIOLOGY | RAJENDRE | KHEL SAHITYA |
| 123. | RULES AND GAMES OF SPORTS | SHARMA OP | KHEL SAHITYA |
| 124. | PHYSICAL FITNESS | VIJAYALAKSHMI | KHEL SAHITYA |
| 125. | HISTORY OF PHYSICAL EDUCATION AND SPORTS | MAUSAM CHAUHAN | KHEL SAHITYA |
| 126. | HAND BOOK OF PHYSICAL EDUCATION | DEEPAK JAIN | KHEL SAHITYA |
| 127. | PSYCHOLOGY OF COACHING | SHARMA OP | KHEL SAHITYA |
| 128. | TEACHING OF PSYCHOLOGY | ARUNKUMAR TYAGI | KHEL SAHITYA |
| 129. | ELEMENTS OF PHYSICAL EDUCATION | JAVID ALI | KHEL SAHITYA |
| 130. | RESEARCH PROCESS IN PHYSICAL EDUCATION | JADHAV | KHEL SAHITYA |
| 131. | PHYSICAL EDUCATION | SHARMA VP | KHEL SAHITYA |
| 132. | FUNDAMENTALS OF TRACK AND FIELD | PARVINDER BALAYAN | KHEL SAHITYA |

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| 133. | HEALTH EDUCATION AND RECREATION ACTIVITIES | AHALAWAY | KHEL SAHITYA |
| 134. | MANUAL OF PLAYNG FIELD | JAIN D | KHEL SAHITYA |
| 135. | PHYSICAL EDUCATION AND RECREATION ACTIVITIES | DEEPAK JAIN | KHEL SAHITYA |
| 136. | KINESIOLOGY AND BIOMECHANICS | MAHABOOBJAN | KHEL SAHITYA |
| 137. | EDUCATING SPORTS PSYCHOLOGY | VERMA V K | KHEL SAHITYA |
| 138. | PSYCHOLOGY SYSTEM AND THEORY | RANJIT KAUR BHALLA | KHEL SAHITYA |
| 139. | Psychology | Denney | KSK |
| 140. | PLAYGROUND CONSTRUCTION AND DIMENSION | SHARMA O P | KHEL SAHITYA |
| 141. | SPORTS MANAGEMENT | VIVEK SOLANKI | KHEL SAHITYA |
| 142. | ABNORMAL PSYCHOLOGY | PREM SUNDER | KHEL SAHITYA |
| 143. | DRUGS IN SPORTS | SHARMA M C | KHEL SAHITYA |
| 144. | METHODS IN PHYSICAL EDUCATION | RAJESH TIVARI | KHEL SAHITYA |
| 145. | PHYSICAL ACTIVITY AND HEALTH | DILIP JAISWAL | KHEL SAHITYA |
| 146. | SPORTS PSYCHOLOGY FOR COACHES | AGYAJIT SINGH | KHEL SAHITYA |
| 147. | PSYCHOLOGY IN PHYSICAL EDUCATION AND SPORTS | KAMALESH | KHEL SAHITYA |
| 148. | GUIDANCE AND COUNCELLING | OMPRAKASH ANEJA | KHEL SAHITYA |
| 149. | UGC-NET DIGEST ON PHYSICAL EDUCATION VOL 1 | KAMALESH | KHEL SAHITYA |
| 150. | UGC-NET DIGEST ON PHYSICAL EDUCATION VOL 2 | KAMALESH | KHEL SAHITYA |
| 151. | KEEP-FIT | NELSON | SIGHNS PUBLICATIONS |
| 152. | ENCYCLOPAEDIA OF PHYSICAL EDUCATION VOL 1 | TYAGI ARUN KUMAR | KHEL SAHITYA |
| 153. | ENCYCLOPAEDIA OF PHYSICAL EDUCATION VOL 2 | TYAGI ARUN KUMAR | KHEL SAHITYA |
| 154. | TRIATHLON 101 | MORA, JOHN | HUMANKINETICS |
| 155. | SWIMMING ANATOMY | MCLEAD, IAN | HUMANKINETICS |
| 156. | SOCCER AND TACTIC GAMES | BACHER, LUX | HUMANKINETICS |

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| 157. | SPORTS AND CHARACTER | CLIFFORD | HUMANKINETICS |
| 158. | MESSAGE FOR SPORTS PERFORMANCE | McGUILLYCUDDY | HUMANKINETICS |
| 159. | STRENGTH TRAINING ANATOMY | DELVIER | HUMANKINETICS |
| 160. | OFFENSIVE PLAYS AND STRATEGIES | THORNE | HUMANKINETICS |
| 161. | ERGOGENICS IN SPORTS AND PHYSICAL ACTIVITIES | REILLY, THOMAS | HUMANKINETICS |
| 162. | ADVANCED ENVIRONMENTAL EXERCISE PHYSIOLOGY | CHEUNG | HUMANKINETICS |
| 163. | FITNESS EDUCATION FOR CHILDREN: A TEAM APPROACH | VIRGILLO, STEPHEN | HUMANKINETICS |
| 164. | CUTTING EDGE CRICKET; SKILLS, STRATEGIES AND PRACTICES FOR TODAY'S GAME | PYKE DAVIES | HUMANKINETICS |
| 165. | TEACHING CHILDREN PHYSICAL EDUCATION | GRAHAM | HUMANKINETICS |
| 166. | FUNDAMENTALS OF ATHLETIC TRAINING | CARTWRIGHT | HUMANKINETICS |
| 167. | BIOMECHANICS OF SPORT AND EXERCISE | McGINNIS PETER | HUMANKINETICS |
| 168. | RECREATION | KAPIL, RAKESH | KHEL SAHITYA |
| 169. | LIFESPAN MOTOR DEVELOPMENT | HAYWARD K | HUMANKINETICS |
| 170. | FOUNDATIONS OF SPORT AND EXERCISE PSYCHOLOGY | WEINBERG, ROBERTS | HUMANKINETICS |
| 171. | ADAPTED PHYSICAL EDUCATION AND SPORT | WINNICK, JOSEPH | HUMANKINETICS |
| 172. | ADMINISTRATION AND MANAGEMENT OF PHYSICAL EDUCATION | REDDY Y S | FRIENDS PUBLICATIONS |
| 173. | INTRODUCTION TO ANATOMY AND PHYSIOLOGY | ASHOK KUMAR | FRIENDS PUBLICATIONS |
| 174. | SPORTS TRAINING | WALTER, CAMP | FRIENDS PUBLICATIONS |
| 175. | BASIC PRINCIPLES OF PHYSICAL EDUCATION | VIVEK CHOUDHRY | FRIENDS PUBLICATIONS |
| 176. | BURNOUT AMONG INDIAN COACHES | SANDH KS | FRIENDS PUBLICATIONS |

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| 177. | CLASS MANAGEMENT IN PHYSICAL EDUCATION | HARMAN PREET KAUR | FRIENDS PUBLICATIONS |
| 178. | COMMUNITY GAMES AND RECREATIONAL ACTIVITIES | JARWAL | SPORTS EDUCATIONAL TECHNOLOGIES |
| 179. | COMPUTER APPLICATIONS IN PHYSICAL EDUCATION | JAYACHITRA | SPORTS EDUCATIONAL TECHNOLOGIES |
| 180. | CONDUCT AND APPLICATIONS OF PHYSICAL ACTIVITY | GOPALKRISHNA | FRIENDS PUBLICATIONS |
| 181. | CRITICAL THINKING FOR SPORTS: | SMITHA D C | FRIENDS PUBLICATIONS |
| 182. | CURRICULUM DESIGN IN PHYSICAL EDUCATION | JOSE JAMES | FRIENDS PUBLICATIONS |
| 183. | DEVELOPMENTAL GAMES AND RECREATIONAL ACTIVITIES | DHEER | FRIENDS PUBLICATIONS |
| 184. | DIDACTIC SPORTS MANAGEMENT AND SPORTS PHARMACOLOGY | SHANMUGANATHAN | FRIENDS PUBLICATIONS |
| 185. | DIMENSIONS IN PHYSICAL EDUCATION | SARGENT | SPORTS EDUCATIONAL TECHNOLOGIES |
| 186. | EDUCATIONAL RESEARCH METHODS AND APPLIED STATISTICS IN PHYSICAL EDUCATION | PARAMJIT SINGH | SPORTS EDUCATIONAL TECHNOLOGIES |
| 187. | EFFECTIVE TEACHING IN PHYSICAL EDUCATION | SHUSILA LEGA | SPORTS EDUCATIONAL TECHNOLOGIES |
| 188. | EXERCISES IN PHYSICAL EDUCATION AND SPORTS | GOPALAKRISHNA | SPORTS EDUCATIONAL TECHNOLOGIES |
| 189. | FOUNDATIONS OF HEALTH EDUCATION | SHARMA | SPORTS EDUCATIONAL TECHNOLOGIES |
| 190. | FUNDAMENTAL ELEMENTS OF PHYSICAL EDUCATION | BALBINDER SINGH | SPORTS EDUCATIONAL TECHNOLOGIES |
| 191. | FUNDAMENTAL ELEMENTS OF PHYSICAL EDUCATION | GODHAR | FRIENDS PUBLICATIONS |
| 192. | FUNDAMENTALS OF RHYTHMIC | KALPANA DEBNATH | FRIENDS |

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| | GYMNASTICS | | PUBLICATIONS |
| 193. | GLOBAL TRENDS N PHYSICAL EDUCATION | GHUMAN | FRIENDS PUBLICATIONS |
| 194. | GUIDE TO HEALTH | GOPAL KRISHNA | FRIENDS PUBLICATIONS |
| 195. | GUIDE TO HEALTH EDUCATION | GOPAL KRISHNA | FRIENDS PUBLICATIONS |
| 196. | GUIDE TO NUTRITION EDUCATION | MAHESH KUMAR | FRIENDS PUBLICATIONS |
| 197. | GUIDE TO SAFETY EDUCATION | VALSRAJ K M | FRIENDS PUBLICATIONS |
| 198. | HAND BOOK OF SPORTS INJURIES | PANDEY P K | FRIENDS PUBLICATIONS |
| 199. | INTERNATIONAL PERSPECTIVE OF PHYSICAL EDUCATION | ABHAY BUCHER | FRIENDS PUBLICATIONS |
| 200. | INTERPRETATION OF PHYSICAL EDUCATION | ABHAY BUCHER | FRIENDS PUBLICATIONS |
| 201. | INTRODUCTION TO SPORTS MEDOCINE | SHANMUGANATHAN | SPORTS EDUCATIONAL TECHNOLOGIES |
| 202. | LEARNNG AND TEACHING IN PHYSICAL EDUCATION | BAILEY, RICHARD | FRIENDS PUBLICATIONS |
| 203. | MANAGEMENT OF SPORTS | ABHAY, BUCHER | FRIENDS PUBLICATIONS |
| 204. | MECHANICAL ANALYSIS OF MOTOR SKILLS DEVELOPMENT | ABAHY BUCHA | SPORTS EDUCATIONAL TECHNOLOGIES |
| 205. | VOLLEYBALL; HOW TO PLAY | ANEJA OP | PRERNA PUBLICATIONS |
| 206. | MENTAL DEVELOPMENT AND SCHOOL HEALTH PROGRAMME | CROW AND CROW | PRERNA PUBLICATIONS |
| 207. | MENTAL DEVELOPMENT AND SCHOOL HEALTH AND HYGINE | CROW AND CROW | SPORTS EDUCATIONAL TECHNOLOGIES |
| 208. | MODERN PHYSICAL DUCATION | NAYLOR H E | FRIENDS PUBLICATIONS |
| 209. | NUTRITION FOR SPORTS AND | KISHORE KUMAR etal | SPORTS EDUCATIONAL |

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| | HEALTH | | TECHNOLOGIES |
| 210. | ORGANISATION AND ADMINISTRATION OF PHYSICAL EDUCATION | WILLIAMS T F | FRIENDS PUBLICATIONS |
| 211. | PHYSICAL ACTIVITY HEALTH AND WELLNESS | BALBINDER SINGH | FRIENDS PUBLICATIONS |
| 212. | PHYSICAL EDUCATION : AN INTRODUCTION | NAYLOR .H E | FRIENDS PUBLICATIONS |
| 213. | PHYSICAL EDUCATION IN PRIMARY SCHOOL | SHARMA S R | FRIENDS PUBLICATIONS |
| 214. | PHYSICAL EDUCATION GAMES AND ATHLETICS | GOBIND SINGH | FRIENDS PUBLICATIONS |
| 215. | PHYSICAL EDUCATION , SPORTS AND HEALTH EDUCATION | DAYANAND BHAKT | FRIENDS PUBLICATIONS |
| 216. | PHYSICAL HEALTH AND LIFE SKILLS EDUCATION | BALBINDER SINGH | FRIENDS PUBLICATIONS |
| 217. | PRINCIPLES AND HISTORY OF PHYSICAL EDUCATION | BALBINDER SINGH | SPORTS EDUCATIONAL TECHNOLOGIES |
| 218. | PRINCIPLES AND PRACTICES OF PHYSICAL EDUCATION IN THE MODERN WORLD | VALSRAJ | SPORTS EDUCATIONAL TECHNOLOGIES |
| 219. | PSYCHOLOGY OF SPORTS AND HEALTH | SIVAKUMAR CHAUHAN | FRIENDS PUBLICATIONS |
| 220. | QUEST FOR PHYSICAL EDUCATION | GOPALKRISHNA R | FRIENDS PUBLICATIONS |
| 221. | REFERENCE GUIDE TO PHYSICAL EDUCATION | RAJALAKSHMI | FRIENDS PUBLICATIONS |
| 222. | RESEARCH METHODS IN HEALTH AND PHYSICAL EDUCATION | KALPANA SHARMA | FRIENDS PUBLICATIONS |
| 223. | RESEARCH METHODS IN SPORTS: A SCIENTIFIC APPROACH | BROWN | FRIENDS PUBLICATIONS |
| 224. | SCIENCE OF SPORTS TRAINING | UPPAL K P | FRIENDS PUBLICATIONS |
| 225. | SCIENTIFIC ASPECTS OF FLEXIBILITY TRAINING | MANILAL, KP | FRIENDS PUBLICATIONS |
| 226. | SOCCER: A COMPREHENSIVE | VIVEK PONDEY | FRIENDS |

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| | SCIENTIFIC APPROACH | | PUBLICATIONS |
| 227. | SPORTS EXERCISE PSYCHOLOGY | BURTON,ROBERT | FRIENDS PUBLICATIONS |
| 228. | SPORTS AND EXERCISE SCIENCE A SCIENTIFIC APPROACH | BURTON, ROBERT | FRIENDS PUBLICATIONS |
| 229. | SPORTS MANAGEMENT: THEORY AND PRACTICE | RAJKUMAR DHAKA | FRIENDS PUBLICATIONS |
| 230. | SPORTS MARKETING ITS FUNDAMENTALS AND APPLICATION | MORGAN D J | FRIENDS PUBLICATIONS |
| 231. | SPORTS STUDIES AN INTRODUCTION | LIPMAN H A | FRIENDS PUBLICATIONS |
| 232. | SPORTS IN CONTEMPORARY SOCIETY | KUMAR SK | FRIENDS PUBLICATIONS |
| 233. | SPORTS NUTRITION | ARVIND MALIK | FRIENDS PUBLICATIONS |
| 234. | SPORTS SOCIOLOGY | KANWALJEET SINGH | FRIENDS PUBLICATIONS |
| 235. | STRENGTH TRAINNING AND CONDITIONING | SHARMA MK | FRIENDS PUBLICATIONS |
| 236. | TEACHERS GUIDE TO PYHYSICAL EDUCATION | HARMAN PREET KUMAR | SPORTS EDUCATIONAL TECHNOLOGIES |
| 237. | TEACHING ATHLETICS | GHALWAT | SPORTS EDUCATIONAL TECHNOLOGIES |
| 238. | THERAPUTIC SPORTS AND SPORTS SCIENCE | SHANMUGANATHAN R | SPORTS EDUCATIONAL TECHNOLOGIES |
| 239. | UNDERSTANDING BASKETBALL GUIDE FOR LEARNERS | MANDEEP THOUR | SPORTS EDUCATIONAL TECHNOLOGIES |
| 240. | UNDERSTANDING SOCCER GUIDE FOR LEARNERS | SANTHOSH SINGH | FRIENDS PUBLICATIONS |
| 241. | VOLLEYBAL GUIDE TO PLAYING AND COACHING | RANGANATHAN PR | FRIENDS PUBLICATIONS |
| 242. | WOMENS PERFORMANCE AND SPORTS | KALPANADEBNATH | FRIENDS PUBLICATIONS |

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| 243. | SWAMI VIVEKANANDA IN TAMILNADU | SRI RAMAKRISHNA MATH, CHENNAI | SRMV |
| 244. | SRI RAMAKRISHNA VIJAYAM | SRI RAMAKRISHNA MATH, CHENNAI | SRMV |
| 245. | CAREERS IN SPORTS, FITNESS AND EXERCISES | AMERICAN KINESIOLOGY ASSOCIATION | HUMANKINETICS |
| 246. | FOOTBALL COACHING BIBLE | AMERICAN FOOTBALL ASSN | HUMANKINETICS |
| 247. | FOUNDATIONS OF SPORTS AND EXERCISE PSYCHOLOGY | SIEDENTOP | HUMANKINETICS |
| 248. | COMPLETE GUIDE TO SPORTS EDUCATION | SIEDENTOP | HUMANKINETICS |
| 249. | ADVANCED FITNESS ASSESSMENT AND EXERCISE PRESCRIPTION | HAYWARD | HUMANKINETICS |
| 250. | PERFORMANCE BASED ASSESSMENT | LUND GL]] | HUMANKINETICS |
| 251. | EXERCISE AND PRESCRIPTION MANUAL | ACEVEDO | HUMANKINETICS |
| 252. | PHYSICAL EDUCATION FOR LIFELONG FITNESS | NATIONAL ASSN FOR SPORTS AND PHYSICAL EDUCATION | HUMANKINETICS |
| 253. | RESEARCH METHODS IN PHYSICAL ACTIVITY | THOMAS J R | HUMANKINETICS |
| 254. | SOCCER PRACTICE GAMES | LUXBACHER | HUMANKINETICS |
| 255. | SRI VIVEKANANDHA SWAMIKALIN DIVYA SARITRAM | SUBRAMANIYA SIVAM | HUMANKINETICS |
| 256. | ACSM'S HEALTH/FITNESS FACILITY STANDARDS AND GUIDELINES | AMERICAN COLLEGE OF SPORTS MEDICINE | HUMANKINETICS |
| 257. | ADAPTED PHYSICAL ACTIVITY, RECREATION AND SPORT | SHERRILL, CLAUDINE | McGRAW HILL PUBLISHERS |
| 258. | ADAPTED PHYSICAL EDUCATION AND SPORT | WINNICK, JOSEPH | HUMANKINETICS |
| 259. | INCLUSION IN PHYSICAL EDUCATION | Rouse patre | HUMANKINETICS |
| 260. | STRATEGIES FOR INCLUSION | Lieberman L J | HUMANKINETICS |
| 261. | PHYSICAL EDUCATION FOR LIFE | NASPE | HUMANKINETICS |

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| | LONG FITNESS | | |
| 262. | FITNESS EDUCATION FOR CHILDREN | VIRGILIO, STEPHEN | HUMANKINETICS |
| 263. | ADVANCED FITNESS ASSESSMENT AND EXERCISE PRSCRIPTION | HAYWARD | HUMANKINETICS |
| 264. | PHYSICAL ACTIVITIES IN THE WHEELCHAIR AND OUT | ANNA DAVIES | HUMANKINETICS |
| 265. | OCCUPATIONAL THERAPY | PEDRETTI,LORRAINE WILLIAMS | MOSBY |
| 266. | SPORTSAND RECREATIONAL ACTIVITIES | MOOD | MOSBY |
| 267. | COACHING IN PHYSICAL EDUCATION AND GAMES | SATISH SONKAR | K.RAJAGOPALAN |
| 268. | HEALTH AND PHYSICAL EDUCATION | NARAYANA BARIK | POOMPUGAR PATHIPAGAM |
| 269. | HEALTH AND PHYSICAL EDUCATION | DASH | YMCA |
| 270. | UGC NET JRF SET TEACHING AND RESEARCH APTIUDE | SATISH SONKAR | INDIAN BOOK HOUSE |
| 271. | NEUROLOGICAL PHYSIOTHERAPY | EDWARDS, SUSAN | MOSBY |
| 272. | PRINCIPLES OF EXERCISE THERAPY | GARDENAR, DENA | cbs pub |
| 273. | REHABLITATION; A TEXT BOOK OF | SUNDER S | JAYPEE PUBLICATIONS |
| 274. | ADAPTIVE PHYSICAL EDUCATION | GOPALKRISHNAN.R.W | SPORTS PUBLICATIONS |
| 275. | PHYSICAL ACTIVITIES FOR ELEMENTARY SCHOOL CHILDREN | RAJEEV KUMAR | SPORTS PUBLICATIONS |
| 276. | MINOR GAMES | SURESH KUTTY .K | SPORTS PUBLICATIONS |
| 277. | ERGOGENIC AIDS | KALINSKI M.I | SPORTS PUBLICATIONS |
| 278. | FROM MENTAL ILLNESS TO MENTAL HEALTH | VIMAL KUMAR | PRERNA PUBLICATIONS |
| 279. | P.T. DRILL FOR CHILDREN | CHARLES OXLEY | SPORTS PUBLICATIONS |
| 280. | CHILDRENS GAMES | YADVINDER SINGH | SPORTS PUBLICATIONS |

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| 281. | ADAPTED PHYSICAL EDUCATION | ANOOP JAIN | SPORTS PUBLICATIONS |
| 282. | ABC OF SPORTS MEDICINE | GREG MCLATCHIE | SPORTS PUBLICATIONS |

10. Our college had been refurbished with furniture's to the following sections: College office, Library, Principal room, Secretary room, Conference hall and Staff room

| S.No | Name of the Equipment | Qty | Name of the Section | Amount | Account |
|--------------|----------------------------------------|-----------|---------------------|------------------|--------------|
| 1 | Office Table (Wooden) | 1 | Office | 44800.00 | UGC Grant |
| 2 | Visitor Chair | 4 | | | |
| 3 | Steel Almirah | 1 | Library | | |
| 4 | Steel Rack (Provision for Books + CD) | 1 | | | |
| 5 | Revolving Chair | 1 | Principal room | | |
| 6 | Vive Sofa Legacy 0001 Black 3+1+1 | 1Set | Secretary room | 72750.00 | UGC Autonomy |
| 7 | LHS S - Type Coffee Table | 1 | | | |
| 8 | C - 2239 Office Table 1.8M Black Color | 1 | | | |
| 9 | C - A011 Office Chair Black Color | 1 | | | |
| 10 | Core I3 System - Computer | 3 | Conference hall | 86850.00 | |
| 11 | Staff Table | 8 | Staff room | 83550.00 | |
| 12 | Chair | 8 | | | |
| 13 | Table (Size 2.5X1.5) | 7 | | | |
| 14 | Chair | 7 | | | |
| 15 | Cupboard (Steel Display) | 1 | | 108000.00 | |
| 16 | Cubical Partition | 720 Sqft. | | 9500.00 | |
| 17 | Steel Cupboard | 1 | | | |
| Total | | | | 405450.00 | |

11.The following extension activities of our college had been conducted as suggested by our IQAC members: (From 25.04.2013 to 14.04.2014)

- Our college students acted as officials in the following tournaments/events:

| S. No | Date | | Institution/Club | Event | No. of students |
|-------|--------------------------|-----|----------------------------------------------------------------------------|----------------------------------------------------------------------|-----------------|
| 1 | 22.06.2013 28.06.2013 | to | Premier Play Field Club Coimbatore | Coimbatore District Badminton Ranking Tournament | 01 |
| 2 | 04.07.2013 18.07.2013 | to | Pricol ltd., Coimbatore | Pricol Staff Volleyball Tournament | 01 |
| 3 | 22.07.2013 23.07.2013 | and | Lakshmi Narayanan Visalakshi College of Arts and Science, Coimbatore | Bharathiar University Inter-Collegiate Badminton Tournament | 01 |
| 4 | 04.07.2013 18.07.2013 | to | Pricol ltd., Coimbatore | Pricol Staff Volleyball Tournament | 01 |
| 5 | 26.07.2013 | | Sri Ramakrishna Mission Vidyalaya Polytechnic College | Annual Athletic Meet | 18 |
| 6 | 01.08.2013 04.08.2013 | to | Bharathiar University, Coimbatore | Inter-Collegiate kabaddi tournament | 04 |
| 7 | 02.08.2013 03.08.2013 | to | Kumaraguru College of Technology, Coimbatore | 10 th KCT Sports Fest 13' | 19 |
| 8 | 06.08.2013 08.08.2013 | to | Thavathiru Kandasamy Swamigal Matriculation School, Coimbatore | B Zone – Girls Zonal Meet | 06 |
| 9 | 08.08.2013 | | Sri Ranganathar Institute of Polytechnic College, Coimbatore | IPAA Division Men Kho-Kho Tournaments | 04 |
| 10 | 14.08.2013 | | South India Baptist Mat. Hr. Sec. School, Coimbatore | Independence day/Bharathiar day games | 06 |
| 11 | 16.08.2013 29.08.2013 | to | Infant Jesus Convent Mat. Hr. Sec. School, Coimbatore | North Zone Boys Tournament | 55 |
| 12 | 20.08.2013 | | Udumalpet Hockey Association, Udumalpet | Zonal Tournament (Hockey) | 02 |
| 13 | 28.08.2013 29.08.2013 | & | Nachiar Vidyalayam Mat. Hr. Sec. School, Pollachi | Zonal Tournament | 02 |
| 14 | 29.08.2013 31.08.2013 | to | RVS College of Arts and Science, Coimbatore | Bharathiar University Inter Collegiate Tennis Tournament | 12 |

| | | | | | |
|----|--------------------------|-----|--------------------------------------------------------------------|-----------------------------------------------------------------|----|
| 15 | 03.09.2013 | | Sri Ramakrishna Polytechnic College, Vattamalaipalayam, Coimbatore | Inter Polytechnic Volleyball Tournament | 12 |
| 16 | 10.09.2013 11.09.2013 | & | Park College of Engineering and Technology, Coimbatore | Anna University A-Zone Inter Collegiate Handball Tournament | 04 |
| 17 | 11.09.2013 | | United Institute of Technology, Coimbatore | Anna University Zone XI Women Volleyball Tournament | 04 |
| 18 | 15.09.2013 | | Periyar University, Salem | Periyar University Inter Collegiate Football Tournament for Men | 01 |
| 19 | 23.09.2013 24.09.2013 | to | Kumaraguru College of Technology, Coimbatore | Anna University Zone XI Hockey Tournament | 08 |
| 20 | 25.09.2013 27.09.2013 | to | Kumaraguru College of Technology, Coimbatore | Anna University Zone XI Athletic Tournament | 30 |
| 21 | 29.09.2013 30.09.2013 | & | SRKV Vidyalaya Polytechnic College, Coimbatore | Polytechnic Sports Meet | 10 |
| 22 | 03.10.2013 04.10.2013 | & | Creative axes (E) services, Coimbatore | Table Tennis tournament | 04 |
| 23 | 30.01.2014 31.01.2014 | and | Vidyalaya Polytechnic College | annual sports meet | 18 |
| 24 | 23.02.2014 24.02.2014 | and | Sri Guru Institute of Technology at Saravanampatti, Coimbatore | Intramurals | 20 |
| 25 | 23.02.2014 | | PSG College of Technology, Coimbatore | 'Mini Marathon' | 04 |
| 26 | 17.03.2014 18.03.2014 | and | Kumaraguru College of Technology, Coimbatore | Athletic meet | 10 |

Organizing sports and games tournaments to nearby institutions and industries:

- Organizing cricket match for KSB pumps Limited cricket team on 01.02.2014
- Organizing Basketball match for Anna University, Coimbatore Campus, at our basketball courts for three days i.e., 03,04 & 06.09.2013.
- Organizing volleyball coaching camp for 12 children from Sri Bala Vidya Gurukulam (Varahi Amman Ashram), Bharathi Nagar, Coimbatore on 12.03.2014 and 13.03.2014 Mr. K. Balachandran of our MPEd I year student acted as the coach.
- Organizing Badminton match for KSB pumps, Coimbatore at our indoor "Garbo Synthetic" badminton courts on 16.03.2014. Eight of our students acted as officials.
- **Rural coaching programme:**
Our M.Phil and MPEd I year students visited various rural area schools from 07.10.2013 to 12.10.2013 and gave coaching in volleyball, handball and football.
- **Youth Convention:**
All the staff members and 30 students of our college were involved in conducting the recreational games to the participants of youth convention during 28th and 29th of November, 2013.

- **21st District Forest Sports Meet**

Our 18 MPEd II year students acted as officials for various games in 21st District Forest Sports Meet, on 04.01.2014 and 05.01.2014 at Forest College ground, Coimbatore. Dr. M. Rajkumar, Assistant Professor, accompanied the students.

- **National Youth Day Rally:**

In commemoration of Swami Vivekananda's birth day and national youth day, a rally was organized by our Vidyalaya on 12.01.2014. All of our staff and students participated in this rally.

- **Play festival:**

The 77th Bhagavan Sri Ramakrishna Paramahamsar's centenary memorial Play Festival for school children was organized by our college on 21.02.2014 at our college ground. Around 3000 children from 68 Panchayat Union Government Elementary Schools of Periyanaickenpalayam and Karamadai blocks participated in the demonstration of physical and play activities. Swami Abhiramanandaji Maharaj, Secretary Ramakrishna Mission Vidyalaya Institutions presided over the function. Smt. P. Gandhimathi, District Elementary Educational Officer, Coimbatore acted as a chief guest and Sri B. Balaji, Area Commander of Coimbatore District Home Guards, Coimbatore and Lijo S. Chungath, Managing Director, Pavizham Jewellers, Coimbatore were the special guests of the function, Periyanaickenpalayam AEEEO, Sri. R. Rajendran, Addl. AEEEO Sri. R. Rangaraju, Karamadai AEEEO, S. Gurusamy, Addl. AEEEO, N. Pullani, Headmasters and Headmistresses of Elementary Schools from Periyanaickenpalayam and Karamadai Panchayat Unions, Heads of Institutions and staff members from Vidyalaya institutions participated in this function.

- **Unified Play Day**

In the **unified play day** organized by the GAPEY, RMVU 70 students and 4 staff members of our college acted as volunteers for play therapy and psychotherapy units from 10.03.2014 to 14.03.2014.

12. Our college placement cell had been arranged campus interviews for the benefit of our students as follows:

Our college Placement Cell arranged campus interviews for our students with the sources listed as below: Matriculation schools, CBSE schools, International schools, Private Physical Educational Franchise and Colleges during the period 24th February, 2014 to 21st March, 2014. In these interviews 100% of our students had been placed at the above mentioned sources successfully.

| Number of Organizations Visited | On campus | | Off Campus |
|---------------------------------|---------------------------------|---------------------------|---------------------------|
| | Number of Students Participated | Number of Students Placed | Number of Students Placed |
| 36 | 118 | 118 | - |

13. Students potentiality had been enhanced through adding more number of engagements through students welfare activities as follows:

The following for our students welfare activities had been conducted as suggested by our IQAC members: (From 25.04.2013 to 14.04.2014)

- Tamil Nadu Physical Education and Sports University Vice-Chancellor (Officiating) Dr. (Mrs.) Grace Helina gave a guest lecture to our staff and students on 05.07.2013.

- Students' Welfare Association Inauguration was held on 26.07.2013. Swami Ishanathananda, Ramakrishna Mission Vidyalaya, was the chief guest of the function.
- 'Organ Donation Day' was organized in collaboration with the Indian Medical Association, Coimbatore on 06.08.2013 to create awareness on organ transplantation among the student community. The speakers are Dr. A.K. Ravikhumar, Consultant Surgeon, Mowthi Nursing Home (P) Ltd., Coimbatore, Dr. N. Mahendran, Medical Director, Sree Abishek Hospitals, Coimbatore, Dr. V. Rajeshbabu, Consultant Neurosurgeon, Ganga Hospital, Coimbatore, Dr. S. Sashi Kumar, Transplant Co-ordinator, Lions Club International (Alumni of Vidyalaya) and Mr. R. Ananth, Transplant Co-ordinator, Mohan Foundation, Chennai.
- Our MPED II students visited Bangalore University and Sports Authority of India, Kanteerava Stadium and Tennis Stadium at Cubben Park from 22.08.2013 to 24.08.2013.
- **Eye camp:**
Vidyalaya charitable hospital conducted free eye camp in collaboration with the Vasani Eye Care Hospitals to our staff and students on 31.08.2013. 106 students underwent the eye checkup out of which, 26 students were identified with eye problems.
- **Environmental Awareness and Tree Plantation Ceremony**

'Environmental Awareness and Tree Plantation Ceremony' was held on 26.09.2013 in our prayer hall. Swami Tatprabhanandaji Maharaj presided over the function, Mr. M. Nazir, Forest Range Officer, Periyanaickenpalayam Range was the chief guest. After the speeches, 32 saplings were planted around the 400 mtrs track, kabaddi court and handball court. For each sapling, two student volunteers were identified as the owners for the academic year 2013-14.
- **Cultural programme:**
Our college students performed a dance in the Kalaimagal Vizha organized by our Ramakrishna Mission Vidyalaya on 10.10.2013
- **Oratorical competition:**
On 27.08.2013, we organised the oratorical competition for our students in commemoration of Swami Vivekananda's Chicago address. In the first phase 42 students participated and in the second phase 12 students participated in the competition. In Tamil category, Sri K. Thangavel Anna, SSHSS (EM), Sri K. Sathish Kumar Anna, Principal, GTTI and Dr. T. Jayabal, Associate Professor of our college acted as the judges. In the English category Dr. P.J. Sebastian, Professor, RKMVU, GAPEY, Dr. Mrs. Prabha Hariharan, Assistant Professor, RKMVU FDMSE and Dr. Ch. VST. Saikumar, Principal of our college acted as the Judges.
- M. Gokulakrishnan of BPED has been selected by the All India Football Federation for the national referees training from 07.11.2013 to 22.11.2013 at Kalyani, West Bengal. Only 3 members have been selected from the Tamilnadu State for this training programme.

14. Our college library had been initiated with "**Digital Applications**" for online information search. Inside the library a separate section for "Digital Library" establishment is created through partition of a portion where eight computer systems connected with BSNL Broadband internet connectivity.

ANNEXURE – III

Academic Calendar

I Semester

| S. No. | Activities | Dates |
|---------------|----------------------------------------------------------|------------------|
| 1. | College re-open for II MPed | 20.06.2013 |
| 2. | College open for BPed | 03.07.2013 |
| 3. | Intramural Inauguration | 19.07.2013 |
| 4. | Student welfare Association Inauguration | 26.07.2013 |
| 5. | I Project Track & Field Meet | 07.08.2013 |
| 6. | CA-I for BPed & I MPed | 22 & 23.08.2013 |
| 7. | II Project Track & Field Meet | 12.09.2013 |
| 8. | CA-II for BPed & I MPed and Mid-semester for II MPed | 19 & 20.09.2013 |
| 9. | TNPESU Inter-collegiate Tournament | 25 to 27.09.2013 |
| 10. | Leadership Training camp (BPed) & Rural Coaching by MPed | 05 to 12.10.2013 |
| 11. | Workshop & Officiating examination on Kabaddi | 16 & 17.09.2013 |
| 12. | Teaching Practice at Schools | 18 to 31.10.2013 |
| 13. | Pre-semester | 11 to 16.11.2013 |
| 14. | Semester | 18 to 22.11.2013 |

II Semester

| S. No. | Activities | Dates |
|--------|------------------------------------------------------|-----------------------------|
| 1. | College re-open for Even Semester | 11.12.2013 |
| 2. | III Project Track & Field Meet | 20.12.2013 |
| 3. | Kalpatharu Day | 01.01.2014 |
| 4. | Gurupuja | 05.01.2014 |
| 5. | Youth Day Celebration | 11.01.2014 |
| 6. | Play Festival Activities at School | 28.01.2014 to 20.02.2014 |
| 7. | Play Festival | 21.02.2014 |
| 8. | CA-I for BPEd & I MPEd | 07 & 08.03.2014 |
| 9. | IV Project Track & Field Meet | 11.03.2014 |
| 10. | College Day | 28.03.2014 |
| 11. | CA-II for BPEd, I MPEd & Mid-semester for II MPEd | 04 & 05.04.2014 |
| 12. | Internal Practical Exam | 07 & 08.04.2014 |
| 13. | External Practical Exam | 10 to 15.04.2014 |
| 14. | Pre-semester | 21 to 26.04.2014 |
| 15. | Semester | 28.04.2014 to 03.05.2014 |

ANNEXURE - IV

FEEDBACK FROM STAKEHOLDERS

The college has systematic mechanisms to obtain feedback from students, staff and employers through various modes etc. as given below:

- Feedback through e-questionnaire from the students
- Suggestions from employers/faculty through periodical meetings.
- Feedback from Alumni through the beginning and the end of the every alumni meet.
- Any new programme implementation is valued from the executive alumni member over the personal contact.
- The students and employers are included as members of various bodies (Board of Studies, IQAC/Committees/Advisory Bodies).

- The college obtains feedback from the students at the end of the every semester, during practice teaching, parents meeting, at the time of course completion as well as after obtaining results.
- It is obtained from the alumni through Email, and periodic discussion by conducting special meetings on college important occasions.
- It is obtained from the parents during semester wise parents meeting.
- Comments from the employers are obtained at the time practice teaching, and statutory meetings of the college and from the community through various extension service programmes organized by our college.
- Opinions and suggestions from academic peers who attend the examination evaluation, statutory meetings i.e College Committee, Board of Studies, Academic Council, Governing Body and Finance Committee etc and from those who visit the campus for guest lectures are also obtained.
- Further, inputs from schools, colleges, sports clubs, industries, institutions, and professionals are obtained through students who undergo institutional training and project work.
- All courses have undergone major syllabus revision every year incorporating major thrust areas.
- The ideas obtained from the various bodies is thoroughly discussed by the experts in the academic bodies and carefully incorporated in the curriculum.
- Seminars, Group Discussions and Assignments are introduced as encouraging steps for the improvement of quality of teaching, learning and evaluation and providing homely atmosphere to the students.

ANNEXURE - V

Revision/update of regulation or syllabi and its salient aspects

- There is a regular revision/update of syllabi every year from the feedback of the stakeholders, subject experts and review from foreign faculties.
- The followings are the revision/update of regulation or syllabi and its salient aspects:

For our BPEd and MPEd course, it was resolved to conduct Internal Continuous Assessment I and II Examinations for all theory papers as follows:

Internal Marks break up (25 Marks)

| S.No. | Content | Marks |
|-------|----------------------------------------------------------------------------------------------------------------------------------------------------|-----------------|
| a. | Continuous Assessment (Best out of 2 converted to 5 marks) | 5 Marks |
| b. | Marks Assignment / Seminar | 5 Marks |
| c. | Percentage of Attendance 95 % - and above - 5 Marks 90 % – 94 % - 4 Marks 85 % – 89 % - 3 Marks 81 % – 84 % - 2 Marks 80 % - 1 Mark | 5 Marks |
| d. | Pre Semester 75 Marks converted to 10 marks | 10 Marks |
| | Total | 25 Marks |

For our MPed course, it was resolved to conduct theory examination for Specialization Game I during the II semester examinations.

Preparing question paper pattern for all theory papers as follows:

a) For Continuous Assessment Examinations – I (25 marks)

| Part | Questions | Marks |
|-------------|--------------------------------------------------|-----------------|
| Part-A | 05 two mark questions (5x2) | 10 marks |
| Part-B | 03 five mark questions (3x5) (either or type) | 15 marks |
| | Total | 25 marks |

b) For Continuous Assessment Examinations – II (25 marks)

| Part | Questions | Marks |
|-------------|--------------------------------------------------|-----------------|
| Part-A | 05 two mark questions (5x2) | 10 marks |
| Part-B | 03 five mark questions (3x5) (either or type) | 15 marks |
| | Total | 25 marks |

c) Model Question Paper pattern

The following question pattern equating to 75 marks in model examinations for theory papers:

| Part | Questions | Marks |
|-------------|------------------------------------------------------|-----------------|
| Part-A | 10 two mark questions (10x2) | 20 marks |
| Part-B | 05 five mark questions (5x5) | 25 marks |
| Part-C | 03 ten mark questions (3x10) (out of five questions) | 30 marks |
| | Total | 75 marks |

ANNEXURE - VI

Articles published by our staff during 2013-2014 as follows:

| Sl.NO | NAME | TITLE OF THE ARTICLE | NAME OF THE JOURNAL WITH ISSN NO | MONTH AND YEAR OF THE PUBLICATION |
|--------------|---------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------|------------------------------------------|
| 1 | Dr.S. Alagesan | Effects of motor activity training program on performance of soft ball throw in children with down syndrome | Journal of adapted physical education, and yoga ISSN 2229 - 4821 | December,2013 |
| 2 | Dr.Ch.VST. Saikumar | Influence of Specific Ladder Drills on Selected Physical Fitness and Skill Performance Variable of Inter-Collegiate Badminton Players | Journal of Physical and Sports Sciences. ISSN 0976 - 6618 | January, 2013 |
| 3 | | Effects of Pre-Season Training Package on The Selected Physiological Variables of Badminton Players | Journal of Physical and Sports Sciences. ISSN 0976 - 6618 | June, 2013 |
| 4 | | Effect of Isolated and Combined Swiss Ball and Mobility Training on Selected Physical Fitness and Skill Performance Variables among School Volleyball Players | Journal of Physical and Sports Sciences. ISSN 0976 - 6618 | June, 2013 |
| 5 | | Effect Of Plyometric Training On Selected Skill Performance Variables Of Junior College Level Football Players | Journal of Physical and Sports Sciences. ISSN 0976 – 6618 | June, 2013 |
| 6 | | Influence Of Specific Skill Training And Plyometric Training On Speed Of Pace Bowlers In Cricket | Journal of Physical and Sports Sciences. ISSN 0976 - 6618 | June, 2013 |
| 7 | | Effect of high intensity aerobic interval training on selected motor ability variables of college level football players | Journal of Physical Education and Sports Sciences (JOPESS) ISSN No.0976-6618 | December,2014 |

| | | | | |
|----|------------------|-------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------|---------------|
| 8 | Dr.T. Jayabal | Effect of plyometric training on selected lung functions among hockey players | Journal of Physical Education and Sports Sciences (JOPESS) ISSN No.0976-6618 | December,2014 |
| 9 | Dr.V. Saminathan | Effect of Twelve Weeks Yogic Practices on Selected Psychological Variables among School Boys. | Journal of Physical and Sports Sciences. ISSN 0976 - 6618 | June, 2013 |
| 10 | | Identification of Selected Anthropometric Characteristics among Handball Players by Age Categories | Journal of Adapted Physical Education and Yoga, Volume - 3; Issue-1; June 2013 IISSN NO 2229-4821 | June, 2013 |
| 11 | | Effect of Plyometric Training on Selected Lung Functions Among Hockey Players | Journal of Physical and Sports Sciences. ISSN 0976 - 6618 | December,2013 |
| 12 | Dr.A. Needhiraja | The Relationship Between The Anthropometrical Characteristics and The Playing Ability In Handball | Journal of Physical Education And Sports Science ISSN: 0976-6618 | June, 2013 |
| 13 | | Identification of Selected Anthropometric Characteristics among Handball Players by Age Categories | Journal of Adapted Physical Education and Yoga ISSN 2229-4821 | December,2013 |
| 14 | Dr.S.Sivasankar | Analysis of goal scored in bharathiar university intercollegiate football tournament | Journal of Adapted Physical Education and Yoga ISSN 2229-4821 | December,2013 |
| 15 | | Effect of aerobic training on selected physical fitness components of school level kho-kho players | Journal of Physical Education And Sports Science ISSN: 0976-6618 | June, 2013 |
| 16 | | Effects of asana with pranayama practices on selected physiological variables of children with intellectually challenged | Journal of Physical Education And Sports Science ISSN: 0976-6618 | December,2014 |
| 17 | Dr.R. Giridharan | Effect of guide assisted running techniques on cardiorespiratory fitness and leg explosive power of students with visual impairment | Journal of adapted physical education, and yoga issn 2229 - 4821 | June, 2013 |

| | | | | |
|----|------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|-----------------|
| 18 | | Effects of asana with pranayama practices on selected physiological variables of children with intellectually challenged | Journal of Physical Education And Sports Science ISSN: 0976 | December 2013 |
| 19 | | Effects of guide assisted running techniques on cardiorespiratory fitness and leg explosive power of students with visual impairment | Journal of Physical Education And Sports Science ISSN: 0976 | December 2013 |
| 20 | Dr.P.J.Sebastian | Critical analysis of selected coordinative abilities among different sports and levels of performance | Journal of adapted physical education, and yoga ISSN 2229 - 4821 | December,2013 |
| 21 | | Relationship of kinesthetic differentiation ability of upper and lower limbs among different sports and levels of performance | Journal of adapted physical education, and yoga ISSN 2229 - 4821 | June, 2013 |
| 22 | Dr.M. Srinivasan | Influence of conventional training programme combined with ladder training on selected physical fitness and skill performance variables of college level badminton players | International journal of behavioral social and movement sciences ISSN: 2277-7547 | July, 2013 |
| 23 | | Analysis of selected psychological variables between the athletes and athletes with disabilities | International journal of physical education, fitness and sports ISSN:2277 - 5447 | September, 2013 |
| 24 | | Critical analysis of selected coordinative abilities among different sports and levels of performance | Journal of adapted physical education, and yoga ISSN 2229 - 4821 | December,2013 |
| 25 | Dr.M.Rajkumar | “Comparative study on Kinesthetic Perception and Accuracy between Cricket Players and Hockey Players” | Journal of ,Adapted Physical Education and Yoga(JOAPEY) ,ISSN:2229-4821) | June, 2013 |

ANNEXURE - VII

Seminar and conference proceedings of paper presentation by our staff during 2013-2014 as follows:

| S.No. | Title of the paper presented | Name of the seminar/conference/ symposia etc | Name of the Sponsoring Agency | Place , Month and Date |
|-------------------------------------------|--------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|
| Name of the staff: Dr.T.Jayabal | | | | |
| 1 | Comparison of physical fitness variables of B.P.Ed., and II M.P.Ed., male students of Bharathiar University | National Seminar on “ Women sports participation in India” | UGC | Department of Physical Education, Bharathiar University, Coimbatore January,2014 |
| Name of the staff: Dr.E. Amudhan | | | | |
| 2 | Efficacy of Specific Sports Skill Training Programme on the Selected Psychomotor Variables of College Volleyball Players | UGC Sponsored National Seminar on Essence of Uniform Nomenclature and Curriculum Designs for Various Courses of Physical Education in India | UGC | SRMV, Maruthi College of Physical Education, Coimbatore-13th April 2014 |
| Name of the staff: Dr S.Sivasankar | | | | |
| 3 | Effect of asana with pranayama practices on selected physiological variables of children with intellectual disability | National level conferences on challenges and rehabilitation for differently abled | Ramakrishna mission vivekananda university, faculty of general and adapted physical education and yoga & faculty of disability management and special education | Coimbatore, 4,5 &6 February 2014 |

| Name of the staff: Dr.S.Alagesan | | | | |
|------------------------------------------|---------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------|
| 4 | Relevance of unified sports activities as innovative service system for childrens with disabilities | National Level Challenges and rehabilitation practice for differentially abled. | Ramakrishna mission vivekananda university, faculty of general and adapted physical education andyoga & faculty of disability management and special education | Coimbatore, 4,5 &6 February 2014 |
| Name of the staff:Dr.M.Srinivasan | | | | |
| 5 | Beliefs of swami vivekananda on physical education and sports | National seminar on relevance of swami vivekananda's philosophy to education and physical education in the current high-tech era | Sri Ramakrishna Mission Vidyalaya, Maruthi College Of Physical Education | Sri Ramakrishna Mission Vidyalaya Maruthi College Of Physical Education, coimbatore on 20th & 21st December 2014 |
| 6 | Role of physical education professionals in developing adapted physical education programme for differently abled persons | National conference on challenges and rehabilitation practices for the differently abled | Faculty of dmse & faculty of gapey, ramakrishna mission vivekananda university | Coimbatore, 4,5 &6 February 2014 |
| Name of the staff: R.Giridharan | | | | |
| 7 | Relevance of unified sports as innovative direct service system for childrens with intellectual disability | National conference on challenges and rehabilitation practices for the differently abled | Faculty of FDMSE & faculty of GAPEY, Ramakrishna Mission Vivekananda University | Coimbatore, 4,5 &6 February 2014 |

ANNEXURE - VIII

BEST PRACTICES OF THE INSTITUTION

BEST PRACTICE – I

TITLE OF THE PRACTICE

MAN MAKING AND CHARACTER BUILDING EDUCATION

INTRODUCTION

Ramakrishna Mission Vidyalaya was established on the ideals of Swami Vivekananda. In our Maruthi College of Physical Education, the entire educational process revolves around the man making and character building education. According to Swami Vivekananda, “the end of all education, all training should be man making. The end and aim of all training is to make the man grow. What our country now wants are muscles of iron and nerves of steel, gigantic wills which nothing can resist, it is man-making education all round that we want”. Swamiji further emphasizes that, “we want education by which character is formed, strength of mind is increased, the intellect is expanded and by which one can stand on one’s own feet. What we need is to study, independent of foreign control, different branches of the knowledge that is our own, and with it the english language and western science; we need technical education and all else that will develop industries, so that men instead of seeking for service may earn enough by independent self-employment to provide for themselves”.

How to establish good character:

Swami Vivekananda considered that formation of good character is the essence of education and explained how it can be formed. “The character of any man is but the aggregate of his tendencies, the sum total of the bent of his mind. As pleasure and pain pass before his soul, they leave upon it different pictures, and the result of these combined impressions is what is called a man’s character. We are what our thoughts have made us. Each thought is a little hammer blow on the lump of iron which our bodies are, manufacturing out of it what we want it to be. Words are secondary. Thoughts live; they travel far; and so take care of what you think. If a man thinks good thoughts and does good work, the sum total of these impressions will be good and they in a similar manner will force him to do good in spite of himself. When a man has done so much good work and has so many good thoughts, there is an irresistible tendency in him to do good. Even if he wishes to do evil, his mind as the sum total of his tendencies will not allow him to do. He is completely under the influence of the good tendencies. When such is the case, a man’s good character is said to be established.”

Personality development:

“Personality is thus something beyond the body. It is a combination of many qualities. Strength, courage, firmness, ability to inspire people are some of the qualities common to men and women of outstanding personality. Personality is the sum total of all biological and acquired dispositions, impulses, tendencies and instincts of the individual. It is the total quality of an individual’s behavior, as it revealed in his habits, thoughts and expressions, attitudes and interests, his manner of functioning and his personal philosophy of life.”

Objectives of the Practice

1. To prepare the Physical Education teachers with outstanding leadership qualities.
2. “Service to mankind is the service to God” is the motto of Ramakrishna Mission hence; emphasis is given to serve the society.
3. “Work is worship” no work in the Vidyalaya is considered as low and high and all the students are have been made to understand this principle through various activities.
4. Value education is being given top priority in our campus which gives wisdom to our students, to have discriminating ability, to understand which is right, which is wrong and which is to be followed.
5. The education in our Vidyalaya campus is not only meant for giving training for the required skills but also to prepare them to live the life with moral and ethical values.

The Practice

The annual calendar is planned well in advance by allotting suitable schedule for theory and practical activities to prepare a good physical education teacher. Planning has been put forth in designing the various activities for our students to develop leadership qualities among them. The activities include leadership training camp, project sports meet, intramural activities, practice teaching, external tournaments, rural coaching, play festival; participating in cultural programmes, our staff and students serve the society through the various extension activities, which include organizing sports and games to various institutions, officiating and laying play fields, etc.,

Our institution conducts many programmes which help the community. These activities include serving in the slum areas like Arivoli Nagar and Bharathi Nagar, involving in the tree plantation and watering activities, blood donation, serving as the volunteers in the charitable hospital run by the Ramakrishna Mission Vidyalaya etc. These activities create a sense of responsibility among the students towards the society.

In the vidyalaya campus 'work culture' is practiced by the Swamiji's, heads of the institutions and staff members. Hence it is very easy to make the students to understand the value and importance of work culture. This includes self serving in the hostel mess, cleaning the hostel rooms, maintaining the play fields etc., Only a good follower could become a good leader, with this principle all the students are provided with ample opportunities to volunteer themselves in various activities throughout the year which make them as good leaders.

The core principle of our institution is to incorporate value education to the students. Many activities have been planned to imbibe moral and ethical and patriotism to the students. The activities include Gurupuja, Independence day, Republic day, National Youth day, Youth convention, special lectures by Swamiji's, spiritual retreat, Vidyarthi homa etc.

Obstacles Faced and Strategies Adopted

a) Hesitation to take up the activities: Initially students would hesitate to take part in the social activities like serving in the slum areas and cleaning the play fields etc. But through the lectures all the staff members motivate the students to understand the importance of serving the poor people. Moreover, we have included the maintenance of play fields in our curriculum.

b) Irregular and not punctual: When the students are irregular and not punctual in attending the classes, all the staff members are involved in correcting the students through their exemplary work culture. Our staff members are very punctual for all the sessions and activities which make the students to follow.

c) Ignorance of ethical, moral and spiritual activities: In our campus, we have many Swamiji's and monks who would be addressing the students on various occasions, which takes away the ignorance of the students on the issues of ethical, moral and spirituality.

d) Inhibition and low self confidence: Our college curriculum and the entire environment of the Vidyalaya make the students to involve in various social activities, cultural activities and sports events which would take away their inhibition and make them more confident.

Impact of the Practice

Students would join our college from various backgrounds but mainly from the rural and also from the economically weaker sections. They do not have exposure to the various activities which would contribute to their overall personality development.

But with the exposure to the multifaceted activities of the Vidyalaya in general and particularly man making and character building education which is imparted in our Maruthi College of Physical Education making huge impact on the personality development of our students.

Some of the prominent behavioural changes among the students

- Maintenance of punctuality
- Dignity of labour
- Positive attitude
- Sense of responsibility
- Sincerity to the work

Result: Over a period of time, the educational institutions, which are recruiting the teaching staff, understood the difference in the attitude of the students of Maruthi College of Physical Education and the students of other institutions and are giving top priority to our college which conducting the campus interviews.

Our students are in great demand for the job opportunities; hence for the past two years 100% placement is taking place. Some of the students are getting more than two job opportunities.

Conclusion: The vision of our college is “to provide personal, intellectual and professional growth of its students and staff and to produce an ideal physical education teacher with emphasis on man making and character building education”. Hence the entire programme, planning and execution of our college activities are directed only towards the man making and character building education.

Resources Required

Our institution is having all the resources required to imbibe man making and character building education to all of our students. Swamijis’ would inculcate the moral, ethical and spiritual values. All the staff members are role models to the students in maintaining the punctuality and in executing the duties to the perfection.

Contact Persons for Further Details

1. Dr. Ch.VST. Saikumar, Principal
2. Dr. T.Jayabal, Associate Professor
3. Dr.E.Amudhan, Assistant Professor

Plenty of books and CDs are available in our college library related to personality development, moral, ethical and religious scriptures.

BEST PRACTICE – II

TITLE OF THE PRACTICE

ADAPTED GAMES AND REHABILITATION PROGRAMME FOR PERSONS WITH DISABILITY

INTRODUCTION

An estimated 10% of the world's population experiences some form of disability or impairment (WHO Action Plan 2006-2011). According to the India Census 2001: 2.19 crore people with disabilities live in India (2.13%). This includes persons with visual, hearing, speech, locomotor and mental disabilities. People with disability have more often sedentary lifestyles than people in general. A sedentary lifestyle that results from inadequate levels of physical fitness can contribute to a number of health problems, including obesity, hypertension, low back pain, osteoporosis, coronary heart disease, diabetes, colon cancer, anxiety and depression, and premature mortality. Regular physical activity is not prevalent in the lives of persons with disabilities. Physical fitness and regular physical activity are key factors in health and well being of all individuals.

In the current world the fitness and nutritional status among the population has become a big threat. By this the rate of birth of special children is alarmingly increasing. Our college is extending helping hand to this problem, and also stepped into innovations in this field to be a trend setter. As a first step we screened the regional population and as per their need rehabilitation and therapeutic services were provided only to children with intellectual disability in the year 2007. However, recently the scope of entire project has been extended to cover all the major disabilities.

Our college developed a sustainable curriculum in the field of Adapted Physical Education for creating awareness among the student-teachers of physical education. The pathway to achieving the theme, a group of concerned experts and therapists were gathered and designed rehabilitative and therapeutic welfare programmes for persons with disabilities through application of various therapies in numerous ways for the optimal development. The aim of the project was two fold. First was to concentrate on the academic progress and second one was to multidisciplinary rehabilitative approach to the parents and special children.

Objectives of the Practice

- a) It provides awareness among teacher trainees, special educators, curriculum developers and educational administrators, parents and others in service of disabled, particularly in teaching and training.
- b) It promotes research and publications in the area of adapted physical education.
- c) It improves the health-related physical fitness of the persons with disability.
- d) It organizes seminars inside the college premises.
- e) It joins hand with other nodal agencies to offer innovative programmes for persons with disability.
- f) It provides opportunities to get exposure to various therapies
- g) It provides inclusive welfare programmes to create social acceptance among the society

The Practice

The present practice came into existence by organizing national level bocce coaching and training camp for the intellectual disability in 2007. Consequently, various programmes were further designed in our college premises such as curriculum adaptation for the physical education course, encouraging

research scholars, various disability sports in different categories, designing adapted games for persons with disabilities, designing adapted gadgets, rehabilitation set ups like physiotherapy, play therapy and prosthetic & orthotic unit etc.

Developing Adapted Physical Education Programmes

- Introduced Circle Kabaddi (Hearing Impaired), Maze Relay (Visually Impaired), Modified Kho-Kho (Visually Impaired), Ramp Bowling, Circle Bowler, T-stand Cricket, Wheelchair Hockey (Orthopaedically Disabled)
- Formulated adapted rules and regulations for the tournaments and officiating

Client Based Training Programmes

- Institution based programmes - adapted yoga, physical activities, therapeutic exercises and recreative games for the persons with disabilities
- Unified Play Day – Multidisciplinary training programme for the intellectually disabled children

Organizing Disability Sports Competitions

- National and state level Special Olympics and Paralympics Competitions
- Conducting adapted game tournaments and competitions at the District level

Research Work

- Enormous research works/projects and evaluation have been done in the area
- Our faculty members have also completed their PhD in the area of adapted physical education.

Obstacles Faced and Strategies Adopted

The financial assistance may prove to be burden but this is cheerfully overcome by various well-wishers. The management offers its share if the programme suffers for want of money.

Impact of the Practice

We strongly believe that an optimal development of a special child is achieved through application of various therapies in numerous ways. It will provide an interdisciplinary model and a platform to exchange from divergent fields to yield new and enhanced benefits. As a whole the college aims to provide programmes which creates an impact as well as awareness among the student teachers and the special population, to say, academic values and ethics, administration skills, social values, sports & games and problem solving.

The impacts are multi-fold and covers various aspects such as

- Inclusive recreational activities for persons with disabilities
- Based on the disability, the recreational and fitness activities were given by our students under the headship of Dr. S.Sukumari, Sports Physiotherapist.
- Seminars and Workshops for physical educators and special educators

- The students are given an opportunity to choose the adapted physical education as an elective subject at master's degree level.
- The differently abled are assisted in all their competitions by the college students particularly by those who have taken adapted physical education as an elective.
- Inter-school competitions are regular features at the campus for which our student volunteers to work with the organizers
- Special Olympics Programmes was organized at the campus under the leadership of Dr. M. S. Nagarajan, Sports Manager, Special Olympics Asia Pacific region.
- The college students are specially trained and are encouraged to work with differently abled children in evaluating the physical fitness levels of the special children and to offer physical fitness activities.

Resources Required

- Human resources like qualified physical educationists, physiotherapists, occupational therapists, medical officer, special education teachers, and social worker.
- Physical resources, like play fields, play equipments, gymnasium, indoor stadium, various therapeutic units and transportation facilities.
- Financial resources for conducting programmes and implantation of events and competitions

Contact Persons for Further Details

4. Dr. Ch.VST. Saikumar, Principal
5. Dr. S. Alagesan, Principal (retired), guest faculty
6. Mr. S.Sivasnagar, Assistant Professor
7. Dr. S.Sukumari, Sports Physiotherapist
