

**ANNUAL QUALITY ASSURANCE REPORT (AQAR) FOR INTERNAL QUALITY  
ASSURANCE CELL (IQAC) 2010-2011**

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Maruthi College of Physical Education

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**PART – A:**

**Section A: The plan of action chalked out by the Internal Quality Assurance Cell (IQAC) in the beginning of the year towards quality enhancement and the outcome achieved by the end of the year.**

The plan of action chalked out by the Internal Quality Assurance Cell (IQAC) in the beginning of the year (2010-2011) was held on 16.4.2010 at our conference hall and the members were suggested the following points:

1. The result of the semester examinations has to be published in the college website i.e. [www.srkvmcpe.org](http://www.srkvmcpe.org) within 15 days from the end of semester examinations.
  - ii. To ascertain qualitative teaching and learning among the students, the staff members are asked to prepare study materials.
2. More number of seminars/conferences and workshops have to be conducted to update and enrich the knowledge in research and teaching and learning for our staff and students.
3. All the staff members are asked to prepare Minor/Major Research Project Proposals and send to University Grants Commission (UGC)
4. University Grants Commission (UGC) Grant is to be allocated for purchasing new equipments for research laboratories
5. To enhance the teaching and learning in physical education and sports sciences a modern audio visual laboratory has to be established with all necessary accessories.
6. To extend and improve the library services for our students, research scholars, staff and others from various colleges, a new Xerox machine has to be purchased for copying the needed learning resources.
7. To innovate college administration works for students enrolment, accounts, miscellaneous activities such as documentation and repository works have to be automated through the computers with all necessary accessories.
8. To develop games skills up to the international level sustainable sports infrastructure and sports technology are to be improved by processing necessary latest gadgets.
9. To empower our students in the competitive employment opportunities, more number of stakeholders are to be approached and the required orientation is to be given for students.
10. The extension activities have to be conducted with more number of participants.
11. To know the latest academic developments, guest lectures are to be arranged for our students.

12.To develop the recreational attitude, cultural activities are to be introduced to our students through our student's welfare association.

13.To develop the computer and English communication skills a laboratory has to be established with all necessary accessories.

### **The outcome achieved by the end of the year (2010-2011)**

1. i.The results of the semester examinations were published in the college website [www.srkvmcpe.org](http://www.srkvmcpe.org). within 15 days from the last date of semester examination. To facilitate this web upload Rs.40000/- was utilized from UGC Autonomy Account and the details are given below:

- Development dynamic pages with web control system
- Software require for web development such as dream weaver
- Word press

ii.Development of teaching / learning materials:

From UGC Autonomy Account Rs.50499/- had been spent for the following:

- printing copies of learning materials to our BPEd, MPEd-I, and MPEd-II year students for all semesters
- Practice Teaching Record
- Practical Record

2. Our college organised seminars and workshop as follows:

- Workshop on '**Officiating and Coaching in Basketball and Volleyball**' was conducted for school teachers in and around Coimbatore on 27<sup>th</sup> and 28<sup>th</sup> September, 2010, at our GKD Auditorium.
- National Seminar on '**Characteristics of an Ideal Physical Education Teacher**' on 22 and 23 October, 2010 at our GKD Auditorium.
- NAAC sponsored National Seminar on "**Teaching Learning in Physical Education: Quality Concerns**" on 18th and 19th March, 2011 at our GKD Auditorium.

3. All of our staff had been submitted the following Minor/Major Research Project Proposals to University Grants Commission (UGC):

S.No.	Name of the staff	Title of the Research Project Proposal	Minor/Major Research Project
1	Dr. Ch. VST. Saikumar and Sri V. Saminathan	Exercise intervention in the prevention of Type II Diabetes in Rural Areas of Coimbatore District, Tamilnadu	Major Research Project
2	Sri S. Elango	“Compilation of an Annotated International e-Bibliography of Ph.D Dissertations on Physical Fitness Studies of Disabled Persons”	Major Research Project
3	Dr. T. Jayabal and Dr. A. Sathiyamoorthy	Effect of Physiotherapy Techniques on Selected Bio-Mechanical and Bio-Feedback Variables among Disabled Children”	Major Research Project

4. From University Grants Commission(UGC) Rs.25 lakhs had been spent to purchase the following equipments for laboratories under the scheme of ‘Additional Assistance to Colleges’ during the XI plan period:

- Sports Motion Analysis – Desktop D40 System with all accessories worth Rs.594455/- and Tanita BC-418
- Pro Segmented Body Composition Analyzer with stadiometer and Health monitor software cost of Rs.260850/- under this grant.
- High Definition Camera for our Kinesiology and Bio-Mechanics laboratory worth Rs.2.4 lakhs was procured for research purpose for our students

5. A modern Audio Visual laboratory had been established with the followings necessary accessories:

From University Grants Commission (UGC) Grant XIth Plan PG-Equipment Account Rs.80,000/- had been spent to purchase two computers.

6. From University Grants Commission (UGC) Autonomy Account Rs.85,000/- had been spent to purchase one new Ricoh Multifunctional (printing, scanning, fax and copying) Device Xerox machine for reprographic works in the library for our students, research scholars, staff and others from various colleges.

7. From University Grants Commission (UGC) Autonomy Account Rs.24,000/- had been spent to purchase a computer (Pentium 4 configuration) for college administration works such as students enrolment, accounts, miscellaneous activities (documentation and repository works).

8. To develop games skills to the higher standards, sustainable sports infrastructure and sports technology, the following facilities are being in progression:

**Construction of Indoor Synthetic Tennis stadium:**

University Grants Commission (UGC) sanctioned Rs.70 lakhs under the scheme 'Development of Sports Infrastructure and Equipment' during the XIth plan period. From the above sanctioned grant Rs.35 lakhs was received as 1<sup>st</sup> installment and had been spent to construct an indoor Synthetic Tennis stadium in the vacant space between the fitness centre building and the academic block wing is under construction.

**Laying of 607mm 'Grabo Synthetic' mat for shuttle badminton courts:**

From Ramakrishna Mission Vidyalaya Management Fund Rs.12.20 lakhs had been spent for our college gymnasium hall flooring and to re-lay with 607mm 'grabo synthetic' mat for synthetic shuttle badminton courts. Besides our students, it is also being used by regular members during morning hours and weekends. Training is being given to the school children.

9. Our College students had been absorbed by the Matriculation Higher Secondary Schools, Polytechnic Colleges, Engineering Colleges and Private Physical Education Franchises and the placement detail for the year (2010-2011) are given below:

Course	No.Students Enrolled	No.of Students Drop-out	No of Students Completed	Opted for Higher Studies	On Campus Placement			Off Campus	
					No of Students Appeared	No. of Students Placed	Percentage	No. of Students Placed	Percentage
BPEd (2010-2011 )	85	10	75	13	110	60	96%	2	4%
MPEd (2009-2011)	19	18	18	-		18	100%	-	-
Total	104	28	93	13	110	78	98%	2	2%

### Details of placement distribution (2010-2011):

S.No	Details of sources	On campus Placement		Off Campus
		Number of Students Appeared	Number of Students Placed	Number of Students Placed
1	Matriculation schools	61	53	2
2	CBSE schools	8	5	-
3	International schools	12	5	-
4	Private Physical Educational Franchise	10	5	-
5	Colleges	19	10	-
	Total	110	78	2

10. The following extension activities were conducted in our college for the year 2010-2011:

- Play Festival
- Walkers Club
- Adapted Physical Education
- Coaching Academies
- Maruthi Fitness Centre
- Sports Medicine Centre
- Bhagavan Ramakrishna Paramahansa Gurupuja Educational Exhibition
- Bhrathi Nagar slum area development
- Rural Coaching to youth
- Youth Rally
- Leadership Training Camp
- Sports and Games organisation and officiating to other institutions

11. The following guest lectures' had been arranged to our students and staff for their academic development:

- Dr. Ms. Nayana Nimkar, Head of Department of Physical Education, Pune University, Pune had delivered a lecture in connection with the UGC major and minor research projects, on 20.08.2010.
- Sri Rajaguru from vidyalaya College of Education, Sri Sridhar, Director, College of Arts and Science (SF), Dr. Thanikachalem, from Dr. Sivanthi Aditanar College of Arts and Science, Tiruchendur had delivered lectures for the first phase of UGC-NET coaching classes on 10,11 and 12 December, 2010.

- Dr. Sethu from Manonmaniam Sundaranar University, Tirunelveli, Dr. Sekar from Dr. Sivanthi Aditanar College of Arts and Science, Tiruchendur, had delivered lectures for the second phase of UGC-NET coaching classes on 17, 18 and 19 December, 2010.
- Dr. Pramoth Kumar, Salim Ali Sanctuary, Anaikatti, delivered a guest lecture on “Orientation on Forests” on 06.10.2010 to our students.
- Dr. N. Muthaiah, Principal, Sri Ramakrishna Mission Vidyalaya, College of Education delivered a lecture on “The role of students’ to enrich the society” on 29.07.2010.
- Sri K. Sathish Kumar, Principal, Sri Ramakrishna Mission Vidyalaya, Gandhi Teacher Training Institute delivered the Teachers’ day address on 04.09. 2010 to our students.
- Swami Nirmaleshanandaji Maharaj, Assistant Secretary, Ramakrishna Mission Vidyalaya delivered a lecture on “Teachers Values” in the Students welfare association meeting which was held on 08.09.2010

12. In our institution, the Kalaimagal Vizha cultural festival (September), Leadership Training Camp and Cultural Fest (October), and College day cultural activities (March) were conducted and these activities were helpful to bring out the hidden talents of the students.

13. The computer and English language laboratory had been established from the University Grants Commission (UGC) Autonomy Account Rs.116291/-



## **PART-B:**

### **1. Activities reflecting the goals and objectives of the institution:**

Ramakrishna Mission and Math was founded by Sri Ramakrishna's chief apostle, Swami Vivekananda (1863-1902), one of the foremost thinkers and religious leaders of the present age, who is regarded as 'one of the main moulders of the modern world', in the words of an eminent western scholar A.L. Basham. The Headquarters of these centres are situated in Belur Math, Howrah, West Bengal. All branch centres of the Ramakrishna Math come under the administrative control of the Board of Trustees, whereas all branch centres of the Ramakrishna Mission come under the administrative control of the Governing Body of the Ramakrishna Mission. Although Ramakrishna Math and Ramakrishna Mission are legally and financially separate, they are closely inter-related in several other ways, and are to be regarded as twin organizations. The Math and the Mission together have 172 branch centres all over India and in different parts of the world.

The motto of Ramakrishna Math and Ramakrishna Mission is: 'Atmano mokshartham jagad hitaya cha: For one's own liberation and for the welfare of the world'. The main goals and objectives of these twin organizations based on the principles of Practical Vedanta which are:

To spread the idea of the potential divinity of every being and how to manifest it through every action and thought. To spread the idea of harmony of religions based on Sri Ramakrishna's experience that all religions lead to the realization of the same Reality known by different names in different religions. The Mission honours and reveres the founders of all the world religions such as Buddha, Christ and Mohammed. To treat all work as worship, and service to man as service to God. To make all possible attempts to alleviate human suffering by spreading education, rendering medical service, extending help to villagers through rural development centres, etc. To work for all-round welfare of humanity, especially for the uplift of the poor and the downtrodden. To develop harmonious individuals through their combined practice of Jnana, Bhakti, Yoga and Karma.

The Maruthi College of Physical Education (MCPE) is one of the institutions in the Vidyalaya which was started in the year 1956. This institution has been named after the great Ramayana hero, Mahavir, also called as Maruthi or Hanuman. Faith and devotion are essential factors in the development of strength in any individual. Personal purity and devotion to a great cause are the necessary requisites for a healthy living. Maruthi, who personified in himself these great qualities, has stood as the ideal of manhood to millions of men in our country. And so it is only fitting that this institution is named after him.

#### **VISION**

The vision of the college is to provide personal, intellectual and professional growth of its students and staff and to produce an ideal physical education teacher with emphasis on man making and character building education.

#### **MISSION**

- Preparing physical education teachers of highest caliber both in theory and practical.
- Aspiring for global standards of quality teaching, research and publication and commitment to service and to the community.
- Imbibing Indian cultural values and work ethics in the minds of student teachers.

The Mission of the institution is to help the needy through

- Preparing leaders of Physical Education with over all development, who are called to serve the society through their profession
- Extension activities and out-reach programmes organized by the college
- Our institution extends its services to the schools and institutions in the following ways:
  - Helping the schools during Practice Teaching
  - Rural Coaching for school and college students
  - Assisting the schools during sports meets
  - Organizing tournaments at schools and colleges
  - Organizing play festival for elementary school children
  - Preparing Courts/Fields and Track Marking
  - Assisting the Government programmes through officiating and coaching activities
- The tradition of our institution is to serve the society through various programmes. The following programmes are organized at the campus which reflect the services rendered by our institution:
  - Tree planting in our campus
  - Cleaning the play area at the campus
  - Organising blood donation camp and medical camps
- Teachers and Principal are members of various Professional Bodies, Academic Bodies, Associations, Universities and Governmental and Non Governmental Agencies, who serve and contribute with their potential resources.

## **2. New academic programmes initiated (UG and PG):**

Certificate Course in Fitness Consultant was initiated and successfully progressing year long. Further a proposal is there to initiate the following certificate courses:

- Certificate course in Aerobics
- Certificate course in Fitness
- Certificate course in Kalari payattu
- Certificate course in Tennis
- Certificate course in Yoga

## **3. Innovations in curricular design and transaction:**

**The followings are the innovations in curricular design and transaction by our college:**

- Innovations in curricular design and transaction are confined to the needs of the educational institution's physical education teaching and to uphold their welfare.
- Our co-curricular activities are designed to tune with the commitment to serve the community.

- By organizing workshops, seminars periodically, and collecting the opinions from the experts and stakeholders, information was collected prior to formulate the curriculum. Our college organized a NAAC sponsored National Seminar on “**Teaching Learning in Physical Education: Quality Concerns**” on 18th and 19th March, 2011 at our GKD Auditorium.
- The curriculum development process is a close loop process which is functioned by the feedback mechanism from stakeholders i.e. students, examination cell and, faculty etc.
- All the above feedbacks are submitted to the internal board of studies and discussed elaborately.
- The discussion and the feedbacks are submitted to the Board of studies
- The recommendations of the Board of Studies are submitted to the Academic Council
- The resolutions of the Academic Council are approved in the College Committee Meeting
- The entire curriculum is implemented with a time table and a copy is issued to both the examination cell and to students.
- The revisions in the syllabus as suggested by the members of Board of Studies were as follows:

**Bachelor of Physical Education (BPEd)**

PART I – THEORY	PART II - PRACTICAL
Our curriculum composed of theory papers to transform the career needs: paper I: Principles of physical education and educational psychology, Paper III: Methods of physical education and introduction to test and measurement, Paper IV-A: History of physical education and tournaments. Paper VI: Organisation, administration and supervision in physical education, Paper VII: Officiating and coaching of sports and games, Paper VIII-A: Kinesiology and bio-mechanics.	To pass in practical internal examination a student has to score a minimum of 50% marks in aggregate.
Theory internal marks minimum passing marks may be removed and 50% minimum marks may be fixed as the passing eligibility (Including External and Internal).	
For each theory paper, 48 hours are to be fixed as teaching hours.	

## Master of Physical Education (MPed)

PART I - THEORY	PART II - PRACTICAL
Paper IV Sports Epidemiology and Talent Identification will be optional paper	In the Special games Kalari, Tennis, Shuttle badminton, Handball, Kalari, Wrestling, Gymnastics and Boxing were added.
Paper V will be named as Theories of Track and Field Specialization I	Talent Identification was replaced by Coaching
Paper VI will be named as Applied Biomechanics	The following Laboratories were added in practical a. Exercise Physiology (25 marks) b. Physiotherapy (25 marks), c. Biomechanics (25 marks), d. Sports psychology(25 marks), (Total 100 marks).
Paper VIII will be named as Fitness for Special Population	
Paper IX will be named as Software Based Statistical Application I	
Paper XI will be named as Rehabilitation in Sports Injuries	
Paper XII will be named as Adapted Physical Education / Fitness for the Differently Abled	
Paper XIII will be named as Officiating and Coaching in Specialization Game – II	
Paper XIV will be named as Software Based Statistical Application – II	
Paper XV will be named as Exercise Physiology / Nutrition in Sports	

#### 4. Inter-disciplinary programmes started:

- We have introduced various interdisciplinary subjects for B.P.Ed., and M.P.Ed., courses.
- In B.P.Ed., Anatomy, Physiology and Health Education, Kinesiology and Biomechanics and Management of sports injuries are included.
- Whereas in M.P.Ed., Sports Management, Sports Psychology and Sports Sociology, Rehabilitation of Sports Injuries, Scientific Basis of Yoga Education, Applied Bio Mechanics, Fitness for Special population, Software based statistical application, Adapted Physical Education, Exercise Physiology and Sports Nutrition are included.

#### 5. Examination reforms implemented:

i. The results of the semester examinations were published in the college website [www.srkvmcpe.org](http://www.srkvmcpe.org) within 15 days from the end semester examination. To facilitate this web upload, Rs.40000/- was utilized from UGC Autonomy Account as follows:

- Development dynamic pages with web control system
- Software required for web development such as dream weaver
- Word press

ii. Development of teaching / learning materials:

From UGC Autonomy Account Rs.50499/- had been spent for the following:

- printing copies of learning materials to our BPEd, MPEd-Ist, and IIInd year students of all semesters
- Practice Teaching Record
- Practical Record

#### 6. Candidates qualified: NET/SLET/GATE etc.

- Four (4) candidates appeared for NET, two (2) candidates qualified.
- There are two (2) candidates appeared for SLET and got qualified.

#### 7. Initiative towards faculty development programme:

No of Seminar/Conference/ Symposia Workshop, etc. attended / Paper presented by our staff as follows:

S.No.	Name of Staff	No of Seminar/Conference/ Symposia Workshop, etc. attended / Paper presented
1.	DR.S.ALAGESAN	6
2.	S.ELANGO LIBRARIAN	3
3.	DR.CH.V.S.T.SAIKUMAR	4
4.	DR.T.JAYABAL	3
5.	DR.V.SAMINATHAN	3
6.	M.GANESHKUMAR	3
7.	S.SIVASANKAR	6
8.	DR.M.SRINIVASAN	6
9.	DR.E.AMUTHAN	7
10.	DR.M.RAJKUMAR	5
11.	N.KUMAR	4
12.	R.KALIDASAN	3
13.	C.KUMARESAN	3
Total		56

Year	Month	Staff Name	Name of the Seminar/Conference/Symposia Workshop, etc.	Name of the Sponsoring Agency	Place and Date	S.No
2010 - 2011	October	Dr.S.Alagesan	National Seminar on 'Characteristics of an Ideal Physical Education Teacher'	Maruthi College of Physical Education, Coimbatore	Coimbatore, 22 and 23 October, 2010	1.
	December		A National Seminar on ' Software Based Statistical Application in Physical Education '	Ramakrishna Mission Vivekananda University, Faculty of General and Adapted Physical Education and Yoga	Coimbatore, on 17th and 18th December 2010	2.
	January		National Workshop on Physiological Adaptation on Training and Nutrition	Tamil Nadu Physical Education and Sports University	Chennai on 9th and 10th January 2011	3.

	February		National Workshop Flexibility Training w-10		Chennai, on 12th and 13th February 2011	4.
	March		National Seminar on Recent Trends in Yoga and Physical Education		Virudhunagar, on 2nd 3rd march 2011	5.
			NAAC sponsored National Seminar on "Teaching Learning in Physical Education: Quality Concerns"	Maruthi College of Physical Education, Coimbatore	Coimbatore, 18th and 19th March, 2011	6.
2010 - 2011	October	S.Elango	National Seminar on 'Characteristics of an Ideal Physical Education Teacher'	Maruthi College of Physical Education, Coimbatore	Coimbatore, 22 and 23 October, 2010	7.
	March		NAAC sponsored National Seminar on "Teaching Learning in Physical Education: Quality Concerns"	Maruthi College of Physical Education, Coimbatore	Coimbatore, 18th and 19th March, 2011	8.
	December		A National Seminar on ` Software Based Statistical Application in Physical Education `	Ramakrishna Mission Vivekananda University, Faculty of General and Adapted Physical Education and Yoga	Coimbatore, on 17th and 18th December 2010	9.
2010 - 2011	October	Dr.Ch.VST.Saikumar	National Seminar on 'Characteristics of an Ideal Physical Education Teacher'	Maruthi College of Physical Education, Coimbatore	Coimbatore, 22 and 23 October, 2010	10.
	December		National Seminar on ` Software Based Statistical Application in Physical Education `	Ramakrishna Mission Vivekananda University, Faculty of General and Adapted Physical Education and Yoga	Coimbatore, on 17th and 18th December 2010	11.
	June		National Seminar on Multi Disciplinary Approach to the Management of Pediatric Disabilities'	Ramakrishna Mission Vivekananda University Faculty of Disability Management and Special Education	Coimbatore, 17 to 21 June, 2010	12.
	March		NAAC sponsored National Seminar on "Teaching Learning in Physical Education: Quality Concerns"	Maruthi College of Physical Education, Coimbatore	Coimbatore, 18th and 19th March, 2011	13.
2010 - 2011	October	Dr.T.Jayabal	National Seminar on 'Characteristics of an Ideal Physical Education Teacher'	Maruthi College of Physical Education, Coimbatore	Coimbatore, 22 and 23 October, 2010	14.
	December		A National Seminar on ` Software Based Statistical Application in Physical Education `	Ramakrishna Mission Vivekananda University, Faculty of General and Adapted Physical Education and Yoga	Coimbatore, on 17th and 18th December 2010	15.

	March		NAAC sponsored National Seminar on "Teaching Learning in Physical Education: Quality Concerns"	Maruthi College of Physical Education, Coimbatore	Coimbatore, 18th and 19th March, 2011	16.
2010 - 2011	October	Dr.V.Saminathan	National Seminar on 'Characteristics of an Ideal Physical Education Teacher'	Maruthi College of Physical Education, Coimbatore	Coimbatore, 22 and 23 October, 2010	17.
	December		A National Seminar on ` Software Based Statistical Application in Physical Education `	Ramakrishna Mission Vivekananda University, Faculty of General and Adapted Physical Education and Yoga	Coimbatore,on 17th and 18th December 2010	18.
	March		NAAC sponsored National Seminar on "Teaching Learning in Physical Education: Quality Concerns"	Maruthi College of Physical Education, Coimbatore	Coimbatore, 18th and 19th March, 2011	19.
2010 - 2011	October	Dr.M.Ganeshkumar	National Seminar on 'Characteristics of an Ideal Physical Education Teacher'	Maruthi College of Physical Education, Coimbatore	Coimbatore, 22 and 23 October, 2010	20.
	March		NAAC sponsored National Seminar on "Teaching Learning in Physical Education: Quality Concerns"	Maruthi College of Physical Education, Coimbatore	Coimbatore, 18th and 19th March, 2011	21.
	December		A National Seminar on ` Software Based Statistical Application in Physical Education `	Ramakrishna Mission Vivekananda University, Faculty of General and Adapted Physical Education and Yoga	Coimbatore,on 17th and 18th December 2010	22.
2010 - 2011	October	Dr.S.Sivasankar	National Seminar on 'Characteristics of an Ideal Physical Education Teacher'	Maruthi College of Physical Education, Coimbatore	Coimbatore, 22 and 23 October, 2010	23.
	December		A National Seminar on ` Software Based Statistical Application in Physical Education `	Ramakrishna Mission Vivekananda University, Faculty of General and Adapted Physical Education and Yoga	Coimbatore,on 17th and 18th December 2010	24.
	March		NAAC sponsored National Seminar on "Teaching Learning in Physical Education: Quality Concerns"	Maruthi College of Physical Education, Coimbatore	Coimbatore, 18th and 19th March, 2011	25.
	September		International seminar on "Positive Perspectives of Adapted Physical Education" was held on 19th and 20th September 2011	Ramakrishna Mission Vivekananda University, Faculty of General and Adapted Physical Education and Yoga	Coimbatore,19th and 20th September 2011	26.
	November		Workshop on "athletics cum referee examination"	Maruthi College of Physical Education, Coimbatore	Coimbatore, 05 and 06 November, 2011	27.

	March		UGC Sponsored National Seminar on "Impact of Physical Education In Developing Wholesome Personality among Student Community"	Maruthi College of Physical Education, Coimbatore	Coimbatore, 16th and 17th March, 2012	28.
2010 - 2011	October		National Seminar on 'Characteristics of an Ideal Physical Education Teacher'	Maruthi College of Physical Education, Coimbatore	Coimbatore, 22 and 23 October, 2010	29.
	December		A National Seminar on ` Software Based Statistical Application in Physical Education `	Ramakrishna Mission Vivekananda University, Faculty of General and Adapted Physical Education and Yoga	Coimbatore, on 17th and 18th December 2010	30.
	January	Dr.E.Amudhan	International Conference on Yoga, Physiotherapy, Nutrition and Sports for Life Long Fitness (Paper entitled Efficacy of Specific Yogic Practices on Eye Hand Coordination)	Alagappa Unviersity, Karaikudi	Karaikudi 27 & 28.01.2011	31.
	March		National Conference on Recent Innovations in Sports Management and Sports Communication (Paper entitled Influence of Specific Yogic Practices on Kinesthesia Sense of Intellectually Disabled Children in the National Seminar)	Karunya University Coimbatore	Coimbatore 3 & 4.03.2011	32.
			NAAC sponsored National Seminar on "Teaching Learning in Physical Education: Quality Concerns"	Maruthi College of Physical Education, Coimbatore	Coimbatore, 18th and 19th March, 2011	33.
			Effect of Circuit Training on Speed and Strength in the UGC Sponsored National Seminar on Recent Technologies in Sports Sciences	Bharathiar University Coimbatore	Coimbatore 22 & 23.03.2011	34.
UGC Sponsored National Seminar on Training Prescription and Functional Responses on Different Population			Annamalai University	28 & 29.03.2011	35.	
2010 - 2011	October	Dr.M.Rajkumar	National Seminar on 'Characteristics of an Ideal Physical Education Teacher'	Maruthi College of Physical Education, Coimbatore	Coimbatore, 22 and 23 October, 2010	36.
	December		A National Seminar on ` Software Based Statistical Application in Physical Education `	Ramakrishna Mission Vivekananda University, Faculty of General and Adapted Physical Education and Yoga	Coimbatore, on 17th and 18th December 2010	37.
	March		NAAC sponsored National Seminar on "Teaching Learning in Physical Education: Quality Concerns"	Maruthi College of Physical Education, Coimbatore	Coimbatore, 18th and 19th March, 2011	38.
			National Conference on "Emerging Trends in Physical Education and Sports Sciences"	UGC Sponsor- Department of Physical Education, Bharathidasan University,	Tiruchirappalli, 12th March 2011.	39.



			National Seminar on "Recent Technologies in Sports sciences"	UGC Sponsor- Department of Physical Education, Bharathiar University.	Coimbatore 22nd and 23rd March 2011.	40.
	October		Physical Activity and Cholesterol Management	Ramakrishna Mission Vidyalaya Maruthi College of Physical Education, Coimbatore	22 <sup>nd</sup> & 23 <sup>rd</sup> October 2010	41.
			Effect of Yogasana and Pranayama Practices on Selected Physiological Variables of Adolescents.	Dept. of Physical Education & Health Sciences, Alagappa University, Karaikudi	29 <sup>th</sup> October 2010	42.
2010 - 2011	March	Dr.N.Kumar	Trained Elementary School Teachers	Ramakrishna Mission Vidyalaya Maruthi College of Physical Education, Coimbatore	18 & 19 <sup>th</sup> March 2011	43.
	January		The Impact of Yogasana and Pranayama exercise on selected Biochemical and Physiological Variables	Department of Physical Education & Health Sciences, Alagappa University, Karaikudi	27 <sup>th</sup> & 28 <sup>th</sup> January 2011	44.
2010 - 2011	October	Dr.M.Srinivasan	National Seminar on 'Characteristics of an Ideal Physical Education Teacher'	Maruthi College of Physical Education, Coimbatore	Coimbatore, 22 and 23 October, 2010	45.
	December		A National Seminar on ' Software Based Statistical Application in Physical Education '	Ramakrishna Mission Vivekananda University, Faculty of General and Adapted Physical Education and Yoga	Coimbatore, on 17th and 18th December 2010	46.
	January		National Workshop on Physiological Adaptation on Training and Nutrition	Tamil Nadu Physical Education and Sports University	Chennai on 9th and 10th January 2011	47.
	February		National Workshop Flexibility Training		Chennai, on 12th and 13th February 2011	48.
	March		National Seminar on Recent Trends in Yoga and Physical Education		Virudhunagar, on 2nd 3rd March 2011	49.
			NAAC sponsored National Seminar on "Teaching Learning in Physical Education: Quality Concerns"	Maruthi College of Physical Education, Coimbatore	Coimbatore, 18th and 19th March, 2011	50.
2010 - 2011	October	Dr.S.Kalidasan	National Seminar on 'Characteristics of an Ideal Physical Education Teacher'	Maruthi College of Physical Education, Coimbatore	Coimbatore, 22 and 23 October, 2010	51.

	December		A National Seminar on ` Software Based Statistical Application in Physical Education `	Ramakrishna Mission Vivekananda University, Faculty of General and Adapted Physical Education and Yoga	Coimbatore, on 17th and 18th December 2010	52.
	March		NAAC sponsored National Seminar on "Teaching Learning in Physical Education: Quality Concerns"	Maruthi College of Physical Education, Coimbatore	Coimbatore, 18th and 19th March, 2011	53.
	October		National Seminar on 'Characteristics of an Ideal Physical Education Teacher'	Maruthi College of Physical Education, Coimbatore	Coimbatore, 22 and 23 October, 2010	54.
2010 - 2011	December	C.Kumaresan	A National Seminar on ` Software Based Statistical Application in Physical Education `	Ramakrishna Mission Vivekananda University, Faculty of General and Adapted Physical Education and Yoga	Coimbatore, on 17th and 18th December 2010	55.
	March		NAAC sponsored National Seminar on "Teaching Learning in Physical Education: Quality Concerns"	Maruthi College of Physical Education, Coimbatore	Coimbatore, 18th and 19th March, 2011	56.

**No of staff acted as Resource Person in\_Seminar/Conference/ Symposia Workshop, etc.**

S.no	Name of the Staff	Resource Person in_Seminar/Conference/ Symposia Workshop, etc.
1.	Dr.S.ALAGESAN	4
2.	Dr.Ch.V.S.T.SAIKUMAR	5
3.	V.SWAMINATHAN	1
4.	Dr.M.RAJKUMAR	1
Total		11

Dr.S.ALAGESAN Principal (Retired on May 2010 and served as part time faculty till date)				
S.NO	Name of the Seminar/Conference/Symposia Workshop, etc.	Name of the Organizing Agency	Place and Date	Academic Year
1	National Seminar on "Characteristics of an Ideal Physical Education Teacher"	Ramakrishan Mission Vidyalaya Maruthi College of Physical Education	Coimatore, Tamilnadu, 22 and 23 October, 2010	2010-2011
2	Refresher course in Physical Education	Bharathiar University, Academic staff college.	Coimbatore, Tamilnadu on 13th November, 2010.	2010-2011

3	National Seminar on Physiological Adaptation of Training and Nutrition organized	Tamil Nadu Physical Education & Sports University, Chennai.	Chennai, Tamilnadu on 9th Febryary,2011	2010-2011
4	National Workshop on Physiological Adaptations on Training and Nutrition	Tamil Nadu Physical Education and Sports University, Chennai	Chennai, Tamilnadu February 2011	2010-2011
<b>Dr.Ch.V.S.T.SAIKUMAR, Principal from May 2010 and Secretary from August 2013</b>				
<b>S.NO</b>	<b>Name of the Seminar/Conference/Symposia Workshop, etc.</b>	<b>Name of the Organizing Agency</b>	<b>Place and Date</b>	<b>Academic Year</b>
5	National Seminar on "Characteristics of an Ideal Physical Education Teacher"	Ramakrishan Mission Vidyalaya Maruthi College of Physical Education	22 and 23 October 2010 ,Coimbatore, Tamilnadu	2010-2011
6	Resource person in Refresher course at Academic staff college	Bharathiar University, Coimbatore.	Coimbatore, Tamilnadu 13th November,2010	2010-2011
7	UGC sponsored National Conference and presented a paper on "Emerging Trends in Physical Education and Sports Sciences"	Department of Physical Education, Bharathidasan University, Tiruchirappalli.	Tiruchirappalli, Tamilnadu 12th March, 2011	2010-2011
8	UGC sponsored National Seminar on 'Recent Technologies in Sports Sciences'	Department of Physical Education, Bharathiar University, Coimbatore.	Coimbatore, Tamilnadu 22nd, March, 2011.	2010-2011
9	NAAC sponsored National Seminar on "Teaching Learning in Physical Education: Quality Concerns"	Ramakrishan Mission Vidyalaya Maruthi College of Physical Education	Coimbatore, Tamilnadu, 18th and 19th March, 2011	2010-2011
<b>V.SWAMINATHAN, Assistant Professor from July 2006 and relieved on -31-12-2012</b>				
<b>S.NO</b>	<b>Name of the Seminar/Conference/Symposia Workshop, etc.</b>	<b>Name of the Organizing Agency</b>	<b>Place and Date</b>	<b>Academic Year</b>
10	Resource person for State level Workshop on Officiating and Coaching in Basketball & Volleyball	Ramakrishan Mission Vidyalaya Maruthi College of Physical Education	Coimbatore, Tamilnadu, 27th and 28th September, 2010	2010-2011
<b>Dr.M.RAJKUMAR, Assistant Professor from September, 2010</b>				
<b>S.NO</b>	<b>Name of the Seminar/Conference/Symposia Workshop, etc.</b>	<b>Name of the Organizing Agency</b>	<b>Place and Date</b>	<b>Academic Year</b>
11	Resource person for District level Workshop on Officiating and Coaching in Basketball & Volleyball	Ramakrishan Mission Vidyalaya Maruthi College of Physical Education	Coimbatore, Tamilnadu, 27th and 28th September, 2010	2010-2011

All the teaching staff of our college attended the session of Dr. Ms. Nayana Nimkar, Head of Department of Physical Education, Pune University, Pune in connection with the UGC major and minor research projects, organized by RKMVU, FGAPEDY on 20.08.2010.

Dr. Ch. VST. Saikumar, Principal, of our college acted as resource person to the first phase of UGC-NET coaching classes which were conducted for our MPEd I and II year students during 10,11 and 12 December, 2010.

Dr. E. Amudhan and Dr. M. Rajkumar, Assistant Professors, of our college acted as resource persons to the Second phase of UGC-NET coaching classes which were conducted for our MPEd I and II year students on 17, 18 and 19 December, 2010.

#### 8. Total number of seminars/workshops conducted:

- Our college organised workshops and seminars as follows:
- Workshop on '**Officiating and Coaching in Basketball and Volleyball**' was conducted for school teachers in and around Coimbatore on 27<sup>th</sup> and 28<sup>th</sup> September, 2010, at our GKD Auditorium.
- National Seminar on '**Characteristics of an Ideal Physical Education Teacher**' on 22 and 23 October, 2010 at our GKD Auditorium.
- NAAC sponsored National Seminar on "**Teaching Learning in Physical Education: Quality Concerns**" on 18th and 19th March, 2011 at our GKD Auditorium.

#### 9. Research projects on going completed:

a)On going:

b)Completed:

A minor research project on "Situational based analysis on causation of injuries in Kabaddi" was completed by Dr. T.Jayabal during the year 2008 – 2009. Rs- 70,000 was sanctioned by UGC.

#### 10. Patents generated, if any:

#### 11. New collaborative research programmes:

S.No.	Name of the Staff	Collaborative Research Programme	Collaborative Institute
01	Dr. G. Palaniswamy	Effects of floor aerobics step aerobics and aqua aerobics on selected physical physiological and psychological variables of teacher's training students	Bharathiar University, Coimbatore
02	Dr. Ch. VST. Saikumar	Effect of specific yogic exercises and combination of specific yogic exercises with autogenic training on selected physiological, psychological and biochemical variables of climacteric women	Department of Physical Education, Avinashilingam Deemed University for Women, Coimbatore.

## 12. Research grants received from various agencies:

- From University Grants Commission (UGC) Rs.25 lakhs had been spent to purchase of equipments for laboratories under the scheme of 'Additional Assistance to Colleges' during the XI plan period as follows:
- Sports Motion Analysis – Desktop D40 System with all accessories worth Rs.594455/- and Tanita BC-418
- Pro Segmented Body Composition Analyzer with studio meter and Health monitor software cost of Rs.260850/- under this grant.
- Rs.2.4 lakhs worth has been spent for research to procure High Definition Camera for our Bio Mechanics laboratory.

## 13. Details of research scholars:

It is mandatory for MPEd second year students to complete a research project as part of their curriculum. A total number of 18 MPEd scholars carried out research during this academic year for their thesis. Details of research projects are as follows:

Sl. No	Title	Name of the Student	Name of the Guide
1	Dimensional Profile of Long Distance Runners	P.Karthik	Dr.M.Rajkumar
2	Effect of Fartlek Training Programme and Staircase Training Programme and Staircase training Programme on Selected Physical Fitness Variables and Performance Variables of Male Long Distance Runners	J.Suresh	Dr.Ch.V.S.T.Saikumar
3	Effect of Medicine Ball Training on Selected Physiological Variables and Skill Performance Variables Among Football Players	R.Kumaravel	Dr.Ch.V.S.T.Saikumar
4	Analysis of Stress and Self Concept Between Physical Education and Non Physical Education Collegiate Men	M.Manigandan	Shri.V.Saminathan
5	Effect of Brisk Walking on Physical Fitness Variables for Middle Aged Men	M.Vadivel	Dr.T.Jayabal
6	Study on Physical and Anthropometric Characteristics of Tamil Nadu State Physical Education Colleges Kabaddi Players	S.Raja	Dr.T.Jayabal
7	Effect of Yogic Asanas on Health Related Fitness Among Inter Collegiate Field Hockey Players	M.Prabu	Shri.V.Saminathan
8	Effect of Specific Yoga Asanas on Selected Anthropometric Variables and Body Mass Index of Over Weight Boys	M.Loganathan	Dr.E.Amudhan
9	Effect of Specific Drills on Selected Skills of College Level Badminton Players	A.Lakshmana Doss	Dr.Ch.V.S.T.Saikumar
10	Effect of Yogic Practice on Selected Psychological Variables Among the College Level Volleyball Players	C.Suresh	Dr.T.Jayabal

11	Effect of Plyometric Program on Leg Explosive Power of Hand Ball Players in School Level Boys	S.Suriya Kumar	Dr.T.Jayabal
12	Comparative Analysis of Selected Physical Fitness, Psychological and Anthropometric Variables Among District Handball Players at Different Topographies in Tamil Nadu	T.L.Kanthan	Dr.E.Amudhan
13	Comparative Analysis of Physical and Anthropometrical Variables Between Basketball and Volleyball Players	M.Prabaharan	Dr.M.Rajkumar
14	Effect Specific Training on Selected Physical Fitness and Skill Performance Variables among the Men Volley Ball Players	R.Seetharaman	Shri.V.Saminathan
15	Effect of Medicine Ball Training on Muscular Strength and Muscular Endurance of College Men Basketball Players	S.Prabu	Dr.M.Rajkumar
16	Efficacy of Specific Sports Skill Training Programme on Selected psychological Variables and Skill Performance of Volleyball Players	V.Karthik Raja	Dr.E.Amudhan
17	Comparative Analysis of Selected Physiological Anthropometric Variables and Body Mass Index Among Rural and Urban Schools Girls	M.Elangovan	Dr.E.Amudhan
18	Analysis of anxiety Aggression Achievement Motivation and Self Concept among the Inter University Filed Hockey Players	B.Vijayan	Shri.V.Saminathan

**14. Citation index of faculty members and impact factor:** Impact factor ratio 7:2

S.No	Name	Title of the Article	Name of the Journal with ISSN No.	Month and Year
1	Dr. S. Alagesan	Effect of Aerobic Circuit Training on Selected Physical Fitness Components of children,	Journal of Physical Education Sports and Allied Disciplines, Vol.1. No.1, April 2010, pp.62-67.	April, 2010
2	Dr. V. Saminathan	Influence of Psychological Skills Training on Selected Psychophysiological and Psychomotor Variables of High Level Participants	Journal of Physical and Sports Sciences. ISSN 0976 - 6618	January 2011
3	Dr. M.Srinivasan	Effects of treadmill training, yogic practices and their combination with treadmill training on selected physiological and hematological variables among college men students	Journal of Yoga Mimamsa ISSN 044 - 0507	January, 2011
4	Dr. E.Amudhan	Down syndrome - A study	Journal of Physical Education and Sports Sciences (JOPESS), Vol.3 Issue-I Coimbatore. ISSN:	January 2011
5	Dr. M.Rajkumar	“Effect of Plyometric Training and Maximal Power Training on selected Variables”	Journal for Research in physical education and sports sciences (IJRPESS) Tiruchendur. (October, 2010, ISSN: 0973-9025)	October, 2010
6	Dr. N. Kumar	Influence of Six Weeks Yoga Training on Social Adjustment of Destitute Children	IJRPESS (Indian Journal for Research in Physical Education and Sports Sciences) Vol.5 No.2 October 2010 ,ISSN: 0973-9025	October, 2010
		Effect of Comprehensive Training in Ashtanga Yoga on Selected Psychological Variables of Orphan Children	Yoga Mimamsa Vol. XLIII No.1 April 2011 ISSN: 0044-0507	April, 2011

**15. Honors/Awards to the faculty:**

S.No.	Name of the Staff	Designation	Name of the Honors/Awards	Honors/Awards by
01	Dr.Ch.VST. Saikumar	Principal	Cricket Paramacharya	Erode District Cricket Association
02	Dr.T.Jayabal	Associate Professor	Best coach award in Kabaddi	Coimbatore District Amateur Kabaddi Association

**16. Internal resources generated:**

- Tennis Indoor Synthetic Courts
- Laying of “Grabo synthetic” flooring in indoor badminton courts

**17. Details of departments getting SAP, COSIST(ASSIST)/DST. FIST, etc. assistance/recognition:****18. Community services:**

The following community services of our college were conducted with more number of participants:

- Play Festival
- Walkers Club
- Adapted Physical Education
- Coaching Academies
- Maruthi Fitness Centre
- Sports Medicine Centre
- Bhagavan Ramakrishna Paramahansa Gurupuja Educational Exhibition
- Bhrathi Nagar slum area development
- Rural Coaching to youth
- Youth Rally
- Leadership Training Camp and campus cleaning of the camp site
- Sports and Games organisation and officiating to other institutions

**19. Teachers and officers newly recruited:**

- The post of Principal falls vacant due to the retirement of Dr. S. Alagesan on 31.05.2010 AN. Dr. Ch. VST. Saikumar, Associate Professor has been made as the Principal-Incharge of the college on the forenoon of 01.06.2010 and also has been appointed as regular Principal of the college on 03.09.2010.
- Dr. E. Amudhan has been appointed as an Assistant Professor in Physical Education on 28.06.2010 and also he joined duty on the same day.
- Dr. M. Rajkumar has been appointed as an Assistant Professor in Physical Education on 13.09.2010 and also he joined duty on the same day.
- Sri.K.Ravi, joined as gardner on 05.07.2010
- Sri.P.Murugan, joined as scavenger on 22.11.2010
- Sri.R.Balu, joined as gardner on 28.03.2011



## 20. Teaching – Non-teaching staff ratio: 10:14

## 21. Improvements in the library services:

- Our college library is providing reference materials for BPEd, MPEd, M.Phil and Ph.D Scholars.
- Number of research scholars from other institutions are also utilizing our library.
- Our library is having many numbers of books, reference materials and journals along with computer facilities.
- Hence the students need teaching/learning and research materials to take Xerox copies from the library.
- For this purpose, from University Grants Commission (UGC) Autonomy Account Rs.85,000/- had been spent to purchase one new Ricoh Multifunctional (printing, scanning, fax and copying) Device Xerox machine provided for reprographic works in the library for our students, research scholars, staff and others from various colleges.

## 22. New books/journals subscribed and their cost:

New books purchased and their cost is as follows:

Academic Year 2010-2011				Period April - 2010 to March-2011			
Sl. No.	Accn.No		No of Books	Name of Vendor	Invoice No.	Date	Amount (Rs.)
	From	To					
1.	3409	3410	02	Krishnamacharya Yoga Mandiram, Madras	PUB 891	12/11/2010	1100.00
2.	3411	3412	02	SRKV,CBE	212	08/03/2011	110.00
3.	3413	-	01	Eswar Books, Chennai	2010/CSB/02796 2	26/03/2011	1180.00
4.	3414	3415	02	Eswar Books, Chennai	2010/CSB/02796 1	26/03/2011	294.00
TOTAL			07				2684.00

New journals subscribed and their cost is as follows:

Academic Year		Period April - 2010 to March-2011			
Sl. No.	Name of Journals	Name of Vendor	Invoice No.	Date	Amount (Rs.)
1.	American Journal Of Health Education	Rhino Intl. Agencies , Mumbai	0978	15/03/11	73633.50
2.	Strategies : A journal for Physical and Spore Educators				

3.	Applied research in coaching and athletics annual				
4.	Herald of health				
5.	international journal of physical education (up) agricultural				
6.	JOPERD:The Journal of Physical Education Recreation & DANCE				
7.	Journal of Applied Biomechanics				
8.	Journal of Exercise Science and Physiotherapy				
9.	journal of sports and sports sciences, sports research Quarterly				
10.	Olympic review				
11.	Research Quarterly for Exercise and Sports				
12.	Scientific Journal in sport and Exercise (LNCP)				
<b>Total</b>					<b>73633.50</b>

**List of purchased books:**

S. No.	Title	Authors	Publisher	Account Type
1.	Viniyi yoga of yoga	Desikachar TKV	Jaypee Publications	UGC
2.	Heart of yoga	Desikachar TKV	SRMV	
3.	Awakening india	Sw vivekananda	SRMV	
4.	Awakening india	Sw vivekananda	SRMV	
5.	Sport psychology	Issues	Addison wisely	
6.	Human values	Tripathi	Jaypee publications	
7.	Astral worship	Hill j h	Indian book house	

**List of journals subscribed:**

Sl. No.	Name of Journals
1.	American Journal Of Health Education
2.	Strategies : A journal for Physical and Spore Educators
3.	Applied research in coaching and athletics annual
4.	Herald of health
5.	international journal of physical education (up) agricultural
6.	JOPERD:The Journal of Physical Education Recreation & DANCE

7.	Journal of Applied Biomechanics
8.	Journal of Exercise Science and Physiotherapy
9.	journal of sports and sports sciences, sports research Quarterly
10.	Olympic review
11.	Research Quarterly for Exercise and Sports
12.	Scientific Journal in sport and Exercise (LNCP)

**23. Courses in which student assessment of teachers is introduced and the action taken on student feedback:**

Student assessment of teachers is introduced in B.P.Ed., and M.P.Ed., courses. Feedback entries are made in the e-Format and manuscripts. Students feedbacks are discussed in the subsequent IQAC meetings and possible outcomes are implemented.

**24. Unit cost of education: 2010-2011**

B.P.Ed.,	M.P.Ed., 1st year	M.P.Ed., IInd year
18300.00	18000.00	12150.00

**25. Computerization of administration and the process of admissions and examination results, issue of certificates:**

**Computerization of administration and the process of admissions:**

- i. From University Grants Commission (UGC) Autonomy Account Rs.24,000/- had been spent to purchase a computer (Pentium 4 configuration) for college administration works such as students enrolment, accounts, miscellaneous activities (documentation and repository works).
- ii. The candidates who wish to apply for our college are also facilitated with the online registration. The application form can be downloaded from our college web site i.e. [www.srkvmcpe.org](http://www.srkvmcpe.org).

**In the examination cell:**

i. The results of the semester examinations were published in the college website [www.srkvmcpe.org](http://www.srkvmcpe.org) within 15 days from the end of semester examination. To facilitate this web upload Rs.40000/- was utilized from UGC Autonomy Account towards the items:

- Development dynamic pages with web control system
- Software require for web development such as dream weaver
- Word press

ii. Development of teaching/learning materials:

From UGC Autonomy Account Rs.50499/- had been spent for the following items:

- printing copies of learning materials for our BPEd, MPEd-Ist, and IInd year students of all semesters
- Practice Teaching Record
- Practical Record

## **26. Increase in the infrastructural facilities:**

### **Construction of Indoor Synthetic Tennis stadium:**

University Grants Commission (UGC) sanctioned Rs.70 lakhs under the scheme 'Development of Sports Infrastructure and Equipment' during the XIth plan period. From the above sanctioned grant Rs.35 lakhs was received as 1<sup>st</sup> instalment and had been spent to construct an indoor Synthetic Tennis stadium in the vacant space between the fitness centre building and the academic block wing which is under construction.

### **Laying of 607mm 'grabo synthetic' mat for shuttle badminton courts:**

From Ramakrishna Mission Vidyalaya Management Fund Rs.12.20 lakhs had been spent for our college gymnasium hall flooring to re-lay out 607mm 'grabo synthetic' mat for synthetic shuttle badminton courts. Besides our students, it is being also used by regular members during morning hours and weekends. Training is being given to the school children.

## **27. Technology upgradation:**

- a) Broad band connection provided for the e-communications in the college administration and academic works.
- b) From University Grants Commission(UGC) Rs.25 lakhs had been spent to purchase the following equipments for laboratories under the scheme of 'Additional Assistance to Colleges' during the XI plan period:
  - Sports Motion Analysis – Desktop D40 System with all accessories worth Rs.594455/- and Tanita BC-418
  - Pro Segmented Body Composition Analyzer with stadio meter and Health monitor software cost of Rs.260850/-
  - High Definition Camera for our Bio Mechanics laboratory worth Rs.2.4 lakhs has been procure for research purpose
- c) A modern Audio Visual laboratory had been established with the followings necessary accessories:

From University Grants Commission (UGC) Grant XIth Plan PG-Equipment Account Rs.80,000/- had been spent to purchase two computers.

- d) From University Grants Commission (UGC) Autonomy Account Rs.24,000/- had been spent to purchase a computer (Pentium 4 configuration) for college administration works such as students enrolment, accounts, miscellaneous activities (documentation and repository works).

- e) The computer and English language laboratory had been established with all necessary accessories:

From University Grants Commission (UGC) Autonomy Account Rs.1,16,291/- had been spent for computer tables to accommodate 15 computers.

## **28. Computer and internet access and training to teachers and students**

- Our institution has an exclusive computer laboratory facility.
- The hardware consists of latest version Intel Pentium Dual Core I and softwares. They are: Microsoft Excel, Statistical Package for Social Sciences (SPSS), Structure Query Language (SQL), Visual Basic (VB) and Internet connectivity is available freely on all working days and working hours in our computer laboratory and the staff and students have the freedom to use the internet.
- Our Ramakrishna Mission Vidyalaya Polytechnic College conducted Computer and internet access and training to teachers and students.
- Add on classes during eleventh hour of the working days are conducted by Ramakrishna Mission Vidyalaya Polytechnic College staff.

## **29. Financial aid to students:**

The economically backward students get the benefit of financial assistance of the Government in the form of scholarships.

## **30. Support from the Alumni Association and its Activities:**

The college has established an alumni association from the year 1975 and elected office bearers for its smooth functioning of the association.

The Alumni Association activities are as follows:

- Membership drive
- Executive committee meetings
- Association arranges for the 'Alumni Home Coming' of various batches to meet at the college and to spend the day
- Workshops have been conducted every year. The following workshop is conducted as follows:

<b>S. No</b>	<b>Theme of the Workshop</b>	<b>Level</b>	<b>Date</b>
1	Officiating and Coaching in Basketball and Volleyball was conducted for school teachers in and around Coimbatore	State Level	27 <sup>th</sup> and 28 <sup>th</sup> September 2010

## **31. Support from the Parent-Teacher Association and its Activities:**

- Every year a parent teacher meeting was held at the beginning, and at the end of the odd semester. During these meetings the parents were explained about the various activities of the college, the progress of their ward and also about the various promotional activities of the college.
- Parents whole heartedly agreed that in terms of cooperation for the characteristic bearing of their ward with all disciplinary measures executed by our college.

### 32. Health services:

A qualified physiotherapist is available in our campus to give counseling on injuries, health, fitness and behavior etc., Experts are invited like medical doctors, fitness consultants and psychologists to address health, fitness and behavior etc., The college is having Memorandum of Understanding (MOU) with R.V.S College of Physiotherapy, Coimbatore and Parthiban hospital, Coimbatore. Experts from these institutions visit our college to extend medical assistance.

**Group Insurance Scheme:** All of our students are covered under the group insurance scheme in which any accidents and the sports injuries are reimbursed

**Vidyalaya Charitable Dispensary:** All of our students could get expertise consultancy services from the Vidyalaya charitable dispensary by paying Rs.5/- only. All the laboratory tests and medicines are available at fifty percent (50%) discount of the maximum retail price (MRP).

### 33. Performance in sports activities:

**i.The following teams of our college participated in the Tamilnadu Physical Education and Sports University Inter collegiate tournament 2010 – 11.**

S. No	Game	Date	Venue	Position
1	Kho-Kho	31st August to 1st September, 2010	Selvam College of Physical Education, Namakkal	---
2	Football	06th to 7th September, 2010	Tamilnadu Physical Education and Sports University, Chennai	Runner-up
3	Kabaddi	10th to 12th September, 2010	Koviloor Andavar College of Physical Education, Karaikudi	Runner-up
4	Handball			---
5	Cricket	23rd to 25th September 2010	Maruthi College of Physical Education, Coimbatore	---
6	Badminton			---
7	Tennis			---
8	Table tennis			---
9	Basketball	28th to 29th September, 2010	YMCA College of Physical Education, Chennai	---
10	Hockey			---
11	Best physique			R. Balamurugan, BPEd, secured first position in Best physique selection trials
12	Volleyball	07th to 08th October, 2010	Dr. SACPE College of Physical Education, Tiruchendur	Participation
13	Ball badminton	09th to 10th October, 2010	St. John's College of Physical Education, Veeravanallur	Participation

## ii.Organising Inter collegiate tournaments and coaching camps:

Our college organised Tamilnadu Physical Education & Sports University Tournaments 2010 – 11 in Cricket, Badminton, Tennis & Table tennis on 23<sup>rd</sup> to 25<sup>th</sup> September 2010  
The Tamilnadu Physical Education and Sports University hockey coaching camp was conducted at our college premises from 11.12.2010 to 15.12.2010.

## iii.Organising project sports meets:

BPEd, MPEd I & II year students conducted first project sports meet on 06.08.2010. Swami Samahitanandaji Maharaj, inaugurated the meet and also distributed the prizes.

Our college students organised second project sports meet on 17.09.2010. Swami Devaarchananandaji Maharaj, inaugurated the meet and Swami Tatprabhanandaji Maharaj, distributed the prizes.

Elango house of our college conducted project sports meet on 11-03-2011. Swami Harivratandaji Maharaj inaugurated the meet and Swami Balakrishnanandaji Maharaj delivered the valedictory address and distributed the prizes.

iv.Our college athletic team participated in the Tamilnadu Physical Education and Sports University Inter collegiate tournament during 27<sup>th</sup> to 29<sup>th</sup> October, 2010 at Dr. Sivanthi Aditanar College of Physical Education, Tiruchendur. Our students secured the following places:

S. No	Name of the Student	Event	Position
1	R. Balamurugan	Pole Vault	First
2	N. Kalyanasundaram	4x400 mts relay	Third
	D. Rajasekar		
	S. Yuvraj		
	N. Balasubramani		

v.The following students of our college represented Tamilnadu Physical Education and Sports University, Chennai, to participate in the South Zone Inter University Tournament:

S. No	Name of the student	Course of study	Game	Venue	Date
1	B. Vijayan	MPEd II	Hockey	Bharathiar University, Coimbatore	16th to 21st December, 2010
2	N.Kalyana Sundaram	MPEd I			
3	T. Mohamed Aslam	BPEd			
4	S. Muthukumar	BPEd			
5	D. Maharaj	BPEd			
6	M. Saraboji	MPEd I	Basketball	Annamalai University, Chidambaram	15th to 24th December, 2010

7	R. Suresh	MPEd I	Ball Badminton	SRM University, Katankulathur	10th to 14th January, 2011
8	K. Karthick	BPEd	Volleyball	Kuvempu University, Shimoga	22nd to 26th January, 2011
9	N. Venkateswaran				

### 34. Incentives to the outstanding sportspersons:

- The outstanding sportsman had been honored with the valuable gifts on the annual day celebration.
- In future the college management has proposed to provide sports scholarships for 10 meritorious sports men.

### 35. Student achievements and awards:

i. Our college students are the rank holders (first) in the academic year as follows:

S.No.	Name of the student	Name of the course	Academic year
1	Samson.R.K	B.P.Ed	2010-2011
2	Suriyakumar.S	M.P.Ed	2009-2011

ii. Our college students have secured distinctions (75% and above) in the academic year as follows:

S.No.	Name of the student	Name of the course	Academic year
1	Sankaralingam.S	B.P.Ed	2010-2011
2	Maharaj.D	B.P.Ed	2010-2011
3	Manigandan.M	M.P.Ed	2009-2011

iii. The best student is evaluated in the conduct, academics, sports performance and sociability categories and is awarded "Best Student" in the Gurupuja function:

S.No.	Name of the student	Name of the course	Academic year
1	Manikandan.M	MPEd	2010-2011

iv. The all rounder award is given by the Sri Ramakrishna Mission Vidyalaya Maruthi College of Physical Education as "Best Student" in the college annual day function:

S.No.	Name of the student	Name of the course	Academic year
1	S.Suriyakumar	MPEd	2010-2011



### **36. Activities of the Guidance and Counseling Cell:**

The activities of the guidance and counseling cell are as follows:

- Class teacher takes care of the general counselling and guidance of the concerned class students.
- In addition to this, in the tutor ward meeting, students will be given counselling by the concerned tutor.
- We have a staff in charge for the career counselling and placement cell. Experts in human resource personnel from the reputed educational institutions and employment franchises like Edu - Sports and Leapstart give career counselling to our students. Availability of job opportunities in the government and private sectors were also informed to our students.
- We also give educational counselling to our students for their higher studies
  - Our students are given awareness about the various courses available related to the sports and their eligibility criteria and also about the job opportunities.
  - Importances of NET/SET/JRF for lectureship are explained. Role of officiating examinations and their uses are also explained.
  - Avenues of the sports scholarships are informed to our students.
- Counselling was given to our students about the scope of entrepreneurship to start coaching academies and fitness and yoga centres.
- Students those who are having specific personal grievances, can have the guidance from the staff.
- Our staff members are taking care of low achievers by giving them special classes to improve their grades. Specific problems of the students are identified and appropriate measures are taken to address them. Special coaching classes are arranged for the low achievers in the practicals. Emphasis is given to understand and practice the fundamental skills.
- A qualified physiotherapist is available in our campus to give sports counselling on injuries, health, fitness and behavior etc., Experts are invited like medical doctors fitness consultants and psychologists to address health, fitness and behavior etc.,

**37. Placement services provided to students for the year 2010-2011:**

Course	No. Students Enrolled	No. of Students Drop-out	No of Students Completed	Opted for Higher Studies	On Campus Placement			Off Campus	
					No of Students Appeared	No. of Students Placed	Percentage	No. of Students Placed	Percentage
BPEd (2010-2011)	85	10	75	13	110	60	96%	2	4%
MPEd (2009-2011)	19	18	18	-		18	100%	-	-
Total	104	28	93	13	110	78	98%	2	2%

**Details of placement distribution (2010-2011):**

S.No	Details of sources	On campus Placement		Off Campus
		Number of Students Appeared	Number of Students Placed	Number of Students Placed
1	Matriculation schools	61	53	2
2	CBSE schools	8	5	-
3	International schools	12	5	-
4	Private Physical Educational Franchise	10	5	-
5	Colleges	19	10	-
	Total	110	78	2

**38. Development programmes for non-teaching staff:**

- Our college administration works had been automated through the computers with required accessories. In connection with this our non-teaching staff are encouraged to acquire office automation techniques and methods from Vidyalaya campus ICT faculties as follows:
  - E-Maintenance of records
  - E-Maintenance of registers and files
  - E-Maintenance of proper accounts
  - E-Preparation of salary bill
  - E-Maintenance of admission procedures
  - E-Appointments
  - E- documentation of students scholarship
  - E-Publication of examination results

- Non teaching staff of our office were sent to our Vidyalaya campus Arts and Science college computer laboratory at regular intervals to refresh their knowledge in the computer applications.
- Our college office staff have undergone online training for staff salary and students scholarship, conducted by the Joint Director of Collegiate Education, Coimbatore and Income Tax TDS Awareness programme conducted by the Income Tax department of Coimbatore TDS circle.
- Our college is taking care of non-teaching staff healthy life style by giving them fitness and wellness training regularly.

### **39. Best practices of the institution:**

Some of the best practices followed in teaching learning are as given below:

- Quality sustenance is maintained by collecting the feedback from all the stakeholders regarding the curricular aspects. The main stakeholders are students, subject teachers, alumni, employers, parents and the professional experts etc.
- Quality of Teaching-Learning Process is enhanced by introducing Innovative programmes, new course content, teaching methods, delivery system and evaluation pattern by making reformations.
- In teaching the theory subjects, all the teachers are encouraged to prepare power points extensively which will improve the attention span of the students and also concentration levels would be high as the presentations are very attractive and effective.
- While teaching the practical, our staff members make use of the following teaching aids to make the classes more interesting and efficient:
  - Lesson plan preparation through computer.
  - Computers are used for teaching
  - Use of LCD for seminars/workshops.
  - Match analysis, Gait analysis, Evaluation of performances, SPSS and Data Analysis.
  - Recording of practice teaching classes to correct the students in teaching, and as feedback mechanism.
  - Important events like Common Wealth Games, International Matches, World Cup etc. are screened using mega screen.
  - Using ICT based equipment, for scientific researches.
  - Learning officiating techniques
  - Computer projects, dissertation and assignments are prepared using ICT
- In our Vidyalaya campus more than 15 educational institutions are existing in 315 acres. All these institutions are in perfect understanding to share their infrastructure facilities and other resources mutually.
- Our institute is providing the services to the public like fitness centre, indoor shuttle badminton courts and tennis through membership. With this maintenance of the equipments and facilities have been improved.
- All the students of our institute are supplied with the English news paper, 'The New Indian Express' free of cost by our management.
- Group Insurance Scheme: All of our students are covered under the group insurance scheme in which any accidents and the sports injuries are reimbursed.
- Some of the student welfare measures which are in practice are given below:

- Well established laboratories and methods of application of theoretical knowledge.
- To take care about of the academic excellence of the students, tutor-ward system is followed in our institution.
- Observance of transparency in admission is highly appreciated by the students, parents and the society at large.
- The Academic Calendar is issued during the first week, to sensitize the students about the various college activities around the year.
- Supply of handouts and formation of e-groups for better learning process.
- In order to speed up the publication of the results of the students, examination were web uploaded.
- Students are given officiating opportunities, in various schools and colleges.
- The institution bears a major social responsibility and significantly strengthen the dialogue with all stakeholders as follows:
  - For schools and colleges (by organizing tournaments, refresher courses, helping them in officiating and organization)
  - Senior Teaching faculty as members of Governing Body of the Higher Educational Institutions (Syndicate Members, Academic Council, Ph.D.,. Evaluators, Experts, Committee members {UGC, NCTE, NAAC})
- Periodic and regular review performance for improvement through,
  - Audits (Examination audit, A.G. audit, Management audit, Government audit, work audit)
  - IQAC, Governing Body, Board of Management, Academic Council
- Effective use of autonomy and perfect mobilization
  - Autonomy
    - Periodic reformation and curriculum developments, introduction of new academic programs Examination reforms, optimal utilization of facilities and resources.
    - Introduction of 'Media centric teaching-learning process'.
    - Strengthening of the college infrastructure.
  - Teaching, Non-teaching and supportive staff are getting EPF, ESI, Medical allowances, Salary advances, Personal loan arrangement, Uniform.
- Our students are given life skill training by making them to participate in the Ramakrishna Mission Vidyalaya Gurupuja function's Annadhanam serving, vehicles security, games for public and demonstrating the fitness and wellness ideologies in educational exhibition.

#### **40. Linkages developed with National/International, academic/Research bodies:**

A statutory understanding has been developed between District Elementary Educational Office (DEO) and our college to collect the students from surrounding rural based government elementary schools to conduct play festival at our college.

#### **41. Any other relevant information:**

##### **Play festival**

From 1956 onwards the Maruthi College of Physical Education is conducting children play festival in memory of Sri Ramakrishna's centenary celebrations. This activity renders service to the children studying in Panchayat Union Elementary Schools impart them training in various physical activities related to health, recreation and social harmony. These Government schools do not offer systematic and organized physical education programs to their children due to non-availability of physical education teachers. Around 3000 children from 60 Panchayat Union Elementary schools from two Panchayats are taught various physical exercises such as free hand exercises, flag drills, wands drills, coconut shell drills, flower stick drills, oyilattom and minor games to the devotional and patriotic songs. Also, the students are given awareness of current scientific facts through specifically designed drills. The uniqueness of the programme is that, though the students of Maruthi College of Physical Education train the children approximately 60 schools for 20 days, a common synchronized demonstration by the children from all the schools, numbering 3000, is performed at a single venue before public without any rehearsal.

##### **Unified play day**

Unified play day is the concept in which a normal child partnering with an intellectually challenged child performing the various physical activities. We have been organizing unified play day in our college every year.

##### **Youth Convention**

To bring back the national consciousness among the youth, every year Ramakrishna Mission Vidyalaya regularly organizes three day residential youth convention, for the students of our institutions and other institutions across the state. Since it is optional, only the desiring students are taking part in this youth camp. The main objective of this youth convention is to create patriotism, and to make the youth to understand the rich cultural heritage of our country. The camp routine includes prayer, meditation, yoga and, value-oriented topics by special invitees. In this programme, all of our students participate and also serve as the volunteers.

##### **National youth day rally competitions**

The Government of India has declared 12<sup>th</sup> January, as the birthday of Swami Vivekananda, as the National Youth Day. Thereby, the youth of India are exhorted to follow in the footsteps of the great prophet of the modern world. To celebrate this occasion, our college organizes sports competitions, literary competitions, rangoli competitions and float competitions. A procession also is carried out in which about 700 school and college students participate from Vidyalaya institutions and neighboring educational institutions.

- Walkers Club
- Adapted Physical Education
- Coaching Academies
- Maruthi Fitness Centre
- Sports Medicine Centre
- Bhrathi Nagar slum area development
- Rural Coaching to youth
- Leadership Training Camp
- Sports and Games organisation and officiating to other institutions

## **PART - C**

### **Detailed plans of the institution for the next year 2011-2012**

#### **The followings are the detailed plans of the institution for the next year 2011-2012:**

1. A Plan has to be formulated to send a proposal to UGC for financial assistance for Golden Jubilee building renovation during the XI<sup>th</sup> Plan Period (2007-2012)
2. In the examination cell the following changes are to be made for further development:
  - Attendance software development of software for the students attendance
  - Designing the existing mark statement in to new format which includes internal mark statement
3. More number of national level seminars/conferences and workshops are to be conducted to widen the knowledge in research and teaching and learning for our staff and students
4. All the staff members are to be encouraged to present Minor/Major Research Project Proposals to University Grants Commission (UGC)
5. University Grants Commission (UGC) Grant is to be used for equipping with latest equipments for research laboratories and sports training gadgets
6. To improve the teaching and learning in physical education, the audio visual laboratory has to be further furnished with all necessary gadgets.
7. To overcome the inconvenience due to short of power supply in the library, an Ups has to be installed for uninterrupted power supply to enable the students and staff to use the library services properly.
8. Books and journals collection are to be increased to elevate the library from teaching and learning level to advanced research level.
9. The college administration works are to be automated with computers.
10. The 1st installment (Rs.35 lakhs) of University Grants Commission (UGC) Grant under the scheme 'Development of Sports Infrastructure and Equipment' during the XI<sup>th</sup> plan period, as per the procedure, the completed work has to be physically verified and the report to be sent to UGC to receive the 2nd installment to continue the construction of indoor Synthetic Tennis courts.
11. To improve the playing ability of cricket players, a cricket concrete pitch has to be prepared.
12. To develop the computer and English communication skills among the students, the computer and English laboratory are to be established with more number of computers.
13. The extension activities of our college are to be conducted with more number of participants.

14. Our placement cell has to conduct the followings:

- More number of orientation programmes by Human Resource (HR) experts of private franchises
- from physical education.
  
- To assure the 100% placement, our placement cell has to be facilitated to train our students in recruitment modalities of physical education teachers.

15. Through the students welfare association, students are to be motivated to take part in the social activities, cultural activities and literary activities organized by various college and associations.



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